

PROCLAMATION
Mental Health Action Day
The 3rd Thursday of May annually

WHEREAS, the mission of Mental Health Action Day is to shift mental health culture from awareness to action.

WHEREAS, Mental Health Action Day encourages and empowers each person to take action for themselves, for their loved ones and for their community so that every person can get the support they need for their emotional wellbeing.

WHEREAS, this year, Thursday, May 16, marks the 4th anniversary of Mental Health Action Day; and

WHEREAS, Invest In Access, along with a growing coalition of more than 2,000 nonprofits, brands, government agencies and influential leaders from more than 32 countries have joined together to affirm that, just like our physical health, we can take actions to improve our mental health.

WHEREAS, the observance of Mental Health Action Day in Ann Arbor provides a special time to act, engage, reflect, and express gratitude for the time we have to make a collective impact.

NOW, THEREFORE, I, Christopher Taylor, Mayor of Ann Arbor, Michigan, join Angela Johnson, the founder of Invest In Access, to celebrate the 4th year of Mental Health Action Day, and do hereby declare the 3rd Thursday in May annually as Mental Health Action Day in the City of Ann Arbor. We encourage all community members to join us in this special observance.

*I hereby set my hand and seal
This 12th day of April 2024*



A handwritten signature in blue ink that reads "Christopher Taylor".

*Christopher Taylor
Mayor of the City of Ann Arbor*