

	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	
Sunday May 3	9:00 <b>Workshop:</b> <i>Intro to Birding Walk</i>	10:00 Bridge Defense 12:00 Line Dancing	9:30 Movement for Joy 10:00 Mind Matters <b>Zoom</b>	9:00 <b>Tech Workshop:</b> <i>Cybersecurity for Adults</i>	10:00 Park Walk 10:00 <b>Workshop:</b> <i>Ink Coaster Painting</i>	Saturday May 9
	9:30 Bridge II Play of Hand	1:00 Bridge Conventions	10:30 Tai Chi Drop-In	10:30 <b>Tech Workshop:</b> <i>Brain Health &amp; Technology</i>		
	10:00 <b>Brunch &amp; Learn:</b> <i>Choosing the Right Community</i>		12:00 <b>Lunch &amp; Learn:</b> <i>Legal First Aid Kit</i>	12:00 ACBL Bridge Game		
	10:00 <b>Workshop:</b> <i>Nordic Walking</i>		1:00 Trivia <b>Zoom</b>	1:30 <b>Travels with George:</b> <i>South America</i>		
	12:30 Duplicate Bridge (Non-Sanctioned)		1:30 Scrabble			
	1:00 <b>Workshop:</b> <i>Junk Journal/Vision Board</i>					
	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	
Sunday May 10	9:30 Bridge II Play of Hand	10:00 Bridge Defense	9:30 Fiber Arts	9:00 <b>Tech Workshop:</b> <i>Cybersecurity for Adults</i>	10:00 Park Walk	Saturday May 16
	10:00 <b>Brunch &amp; Learn:</b> <i>Estate Planning</i>	10:30 Tai Chi (All-Levels)	9:30 Movement for Joy		1:00 Strength Training	
	10:00 <b>Workshop:</b> <i>Nordic Walking</i>	12:00 Line Dancing	10:00 Mind Matters <b>Zoom</b>	10:30 <b>Tech Workshop:</b> <i>AI and Older Adults</i>		
	12:30 Duplicate Bridge (Non-Sanctioned)	1:00 Bridge Conventions	10:30 Tai Chi (Intermediate)			
	1:00 <b>Workshop:</b> <i>Junk Journal/Vision Board</i>		12:00 <b>Drive-Through:</b> <i>Spring is in the Air!</i>			
			1:30 Scrabble			
			2:00 Yoga Therapy			
			6:00 <b>Blue Grass Jam</b>			
	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	
Sunday May 17	9:30 Bridge II Play of Hand	10:00 Bridge Defense	9:30 Fiber Arts	9:00 <b>Tech Workshop:</b> <i>Cybersecurity for Seniors</i>	10:00 Park Walk	Saturday May 23
	10:00 <b>Brunch &amp; Learn:</b> <i>Prediabetes/Diabetes</i>	10:30 Tai Chi (All-Levels)	9:30 Movement for Joy		1:00 Strength Training	
	12:30 Duplicate Bridge (Non-Sanctioned)	12:00 Line Dancing	10:00 Mind Matters <b>Zoom</b>	12:00 ACBL Bridge Game		
	1:00 <b>Workshop:</b> <i>Junk Journal/Vision Board</i>	1:00 Bridge Conventions	10:30 Tai Chi (Intermediate)			
		1:30 Watercolors	12:00 <b>Lunch &amp; Learn:</b> <i>Fall Prevention</i>			
		1:00 Trivia <b>Zoom</b>				
		1:30 Scrabble				
		2:00 Yoga Therapy				
	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	
Sunday May 24	<b>Closed for Memorial Day</b>		9:30 Fiber Arts	9:00 <b>Tech Workshop:</b> <i>Cybersecurity for Seniors</i>	10:00 Park Walk	Saturday May 30
			9:30 Movement for Joy		1:00 Strength Training	
			10:00 Mind Matters <b>Zoom</b>	12:00 ACBL Bridge Game		
			10:30 Tai Chi (Intermediate)			
			12:00 <b>Lunch &amp; Learn:</b> <i>Long-Term Brain Health</i>			
			1:30 Scrabble			
2:00 Yoga Therapy						
		6:00 <b>Blue Grass Jam</b>				