

March 2026

	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	
Sunday March 1	9:30 Bridge II Play of Hand 10:00 Brunch & Learn: <i>Normal Aging Vs. Memory Loss</i> 12:30 Duplicate Bridge (Non-Sanctioned)	10:00 Bridge Defense 10:30 Tai Chi (All Levels) 12:00 Line Dancing 1:00 Bridge for Beginners 1:30 Watercolors	9:30 Movement for Joy 10:00 Mind Matters Zoom 10:30 Tai Chi (Intermediate) 12:00 Lunch & Learn: 10 Essential Questions 1:00 Trivia Zoom 1:30 Scrabble 2:00 Yoga	12:00 ACBL Bridge Game	9:30 Fiber Arts 10:00 Mall Walk 10:30 Workshop: All About Acupuncture! 1:00 Strength Training	Saturday March 7
	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	
Sunday March 8	9:30 Bridge II Play of Hand 10:00 Brunch & Learn: <i>Music Therapy</i> 12:30 Duplicate Bridge (Non-Sanctioned)	10:00 Bridge Defense 10:30 Tai Chi (All Levels) 12:00 Line Dancing 1:00 Beginning Bridge 1:30 Watercolors	9:30 CMBN Consults 9:30 Movement for Joy 10:00 Mind Matters Zoom 10:30 Tai Chi (Intermediate) 12:00 Drive-Through: National Eat Your Noodles Day! 1:30 Scrabble 2:00 Yoga 6:00 Blue Grass Jam	12:00 ACBL Bridge Game 1:30 Travels with George: Southeast Asia	9:30 Fiber Arts 10:00 Mall Walk 1:00 Strength Training	Saturday March 14
	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20	
Sunday March 14	9:30 Bridge II Play of Hand 10:00 Workshop: White Chicken Chili & Cornbread 12:30 Duplicate Bridge (Non-Sanctioned)	10:00 Bridge Defense 10:30 Tai Chi (All Levels) 12:00 Line Dancing 1:00 Beginning Bridge 1:30 Watercolors	9:30 Movement for Joy 10:00 Mind Matters Zoom 10:30 Tai Chi (Intermediate) 12:00 Lunch & Learn: Aging at Home w/ Dignity 1:00 Trivia Zoom 1:30 Scrabble 2:00 Senior Yoga	12:00 ACBL Bridge Game	9:30 Fiber Arts 10:00 Mall Walk 1:00 Strength Training 1:00 Mind Matters In Person!	Saturday March 21
	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27	
Sunday March 22	9:30 Bridge II Play of Hand 10:00 Brunch & Learn: <i>Healthy Aging</i> 12:30 Duplicate Bridge (Non-Sanctioned)	10:00 Bridge Defense 10:30 Tai Chi (All Levels) 1:00 Beginning Bridge 1:30 Watercolors	9:30 Movement for Joy 10:00 Mind Matters Zoom 10:30 Tai Chi (Intermediate) 12:00 Lunch & Learn: Communicating through Dementia 1:00 Scrabble 6:00 Blue Grass Jam	12:00 ACBL Bridge Game 2:00 Workshop: Make Your Own Birdfeeder! 5:30 Nature Nerd Book Club	9:30 Fiber Arts 10:00 Mall Walk 11:00 Tech Workshop: Hacks & Scams 12:30 Workshop: Next Steps for Seniors 1:00 Strength Training	Saturday March 28
	MONDAY 30	TUESDAY 31				
Sunday March 29	9:30 Bridge II Play of Hand 12:30 Duplicate Bridge (Non-Sanctioned)	10:00 Bridge Defense 1:00 Beginning Bridge 1:30 Watercolors				