

## Local Resources for Older Adults in Washtenaw County

*This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.*

*If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.*

*Michigan Medicine Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors. Please contact us at (734) 998-9353 or [tswp.info@umich.edu](mailto:tswp.info@umich.edu) to suggest changes.*

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**ADULT DAY CARE / RESPITE SERVICES - rev June 2022**

**Many assisted living and nursing facilities offer respite care based on availability.**

**Be sure to inquire at the specific facility.**

**Many home care agencies offer respite care in the home; also check with them.**

**AgeWays Nonprofit Senior Services (formerly AAA 1-B) — Caregiver Respite Voucher Program**

**Website:** [www.ageways.org](http://www.ageways.org) (multiple languages)

**Phone:** (248) 292-5500

**Services:** Gives eligible caregivers up to \$575 annually (depending on available funding) to spend on respite care. **Eligibility:** Provide unpaid care for someone 60 or older; provide at least 2 hours of care a week. Professional referral required. Use CareLinx online site to hire a caregiver with these funds.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

**AJ Lightfoot Adult Day Care Center**

**Address:** 503 Miller Avenue, Ann Arbor, MI 48103

**Phone:** (734) 213-0566

**Services:** Provides recreational and therapeutic day services to dependent adults 55+, including those with Alzheimer's, dementia, Parkinson's & stroke. Can accommodate wheelchairs. Cannot accommodate smokers.

**Hours:** Tuesdays and Thursdays 9 am - 4 pm

**Fees:** Call for current rates.

**ALS of Michigan - In-Home Respite**

**Website:** [alsofmi.org](http://alsofmi.org)

**Toll Free:** (800) 882-5746

**Services:** Assistance program funds for respite care provided by local home healthcare agencies. Must have Amyotrophic Lateral Sclerosis (ALS/Lou Gehrig's disease).

**Hours:** Monday - Friday 8:30 am - 4:30 pm

**Fees:** No fee.

**Alzheimer's Association - Michigan Chapter - Respite Care Financial Assistance**

**Website:**

[www.alz.org/gmc/helping\\_you/supportive\\_services/respite\\_care\\_financial\\_assistance#Respite](http://www.alz.org/gmc/helping_you/supportive_services/respite_care_financial_assistance#Respite)

**Toll Free:** (800) 272-3900 24 Hours

**Email:** [helplinegmc@alz.org](mailto:helplinegmc@alz.org)

**Services:** Respite scholarships help cover the costs of adult day programs, in-home care, and/or overnight care. Eligibility requirements may apply.

**Hours:** 24 Hours

**Fees:** No fee.

**American House Senior Living Residence**

**Website:** [www.americanhouse.com/carpenter](http://www.americanhouse.com/carpenter)

**Address:** 3470 Carpenter Road, Ypsilanti MI 48197

**Phone:** (734) 961-4578

**Services:** Short- or long-term respite with care coordination and available medical services.

**Hours:** Call for hours.

**Fees:** Call for current rates.

**Ageways Nonprofit Senior Services (formerly Area Agency on Aging 1B)**

**Website:** [www.ageways.org/caregiver-resources/adult-day-programs/](http://www.ageways.org/caregiver-resources/adult-day-programs/)

**Address:** 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

**Phone:** (248) 357-2255

**Toll Free:** (800) 852-7795

**TTY Toll Free:** (800) 649-3777

**Fax:** (248) 262-9971

**Services:** A directory of selected adult day care programs in Washtenaw County. For additional help finding an adult day or respite care program nearby, call the toll free number.

**Hours:** Information and assistance: Monday - Friday 8 am - 5 pm

**Fees:** Call programs for current rates and discounts. Some programs have eligibility requirements.

**Catholic Charities of Washtenaw County (formerly: Catholic Social Services) - Volunteer Caregiver Respite (VCR)**

**Website:** [ccwcwashtenaw.org/seniors/volunteer-caregiver-respite/](http://ccwcwashtenaw.org/seniors/volunteer-caregiver-respite/)

**Phone:** (734) 971-9781 ext. 511

**Services:** Trained volunteers provide in-home companionship visits for homebound Washtenaw County older adults, 2-4 hours per week. Clients must be at least 60 years old. No medical attention or assistance with toileting.

**Hours:** Scheduled visits of 2-4 hours per week.

**Fees:** No fee; donations accepted.

**Chelsea Retirement Community - Respite & Short Stay Programs**

**Website:** [umrc.com/communities/chelsea-retirement-community/respite-short-stay/](http://umrc.com/communities/chelsea-retirement-community/respite-short-stay/)

**Address:** 805 W. Middle Street, Chelsea Michigan 48118

**Phone:** (734) 385-1323

**Services:** provide assistance with everyday tasks in Glazier Assisted Living.

**Hours:** Stays from 30 days minimum up to 6 months.

**Fees:** Call for current rates.

**Chelsea Senior Center - Ease the Day**

**Website:** [chelseaseniors.org/programs-activities/ease-the-day-memory-support-programs/](http://chelseaseniors.org/programs-activities/ease-the-day-memory-support-programs/)

**Address:** 512 Washington St, Chelsea, MI 48118

**Phone:** (734) 475-9242

**Email:** [caregiversupport@chelseaseniors.org](mailto:caregiversupport@chelseaseniors.org)

**Services:** Gives family caregivers and their older adult loved ones (55 and better) a much-needed break without worry or guilt.

**Hours:** Tuesdays and Thursdays

**Fees:** Suggested contribution of \$5-35 per hour

**Dottie Crim Adult Day Education Center - EHM Senior Solutions**

**Website:** [ehmss.org/services/adult-day-program/](http://ehmss.org/services/adult-day-program/)

**Address:** 200 Brecon Drive and 101 Brecon Drive, Saline MI 48176

**Phone:** (734) 429-1155

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Services:** Housed in the Memory Support Center and Brecon Village, Adult Day Care provides secure environments with specially trained staff to offer daily recreation, social support, and individually-based activities. Overnight respite is available.

**Hours:** Adult Day Services Monday – Friday; Respite & Overnight Services – 7 days a week.

**Fees:** Call for current rates. Hourly rates available.

### **Hillside Terrace**

**Website:** [www.hillside terrace.net](http://www.hillside terrace.net)

**Address:** 1939 Jackson Avenue, Ann Arbor MI 48103

**Phone:** (734) 761-4451

**Services:** Respite care available. LGBT-friendly.

**Hours:** Based on availability.

**Fees:** Call for current rates.

### **Jewish Family Services of Washtenaw County - Caregiver Assessment, Respite, Education & Support (CARES)**

**Website:** [www.jfsannarbor.org/cares/](http://www.jfsannarbor.org/cares/)

**Address:** 2245 S. State Street, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Respite care includes COMPANION CARE -- meal preparation, companionship, household chores, errands and/or SKILLED CARE -- bathing, dressing, dementia care, chronic condition care.

**Hours:** Vary. Limited to 36 hours during a 90 day period.

**Fees:** No fee.

### **Jewish Family Services of Washtenaw County - WISE**

**Address:** 2245 S. State Street, Ann Arbor MI 48104

**Website:** [www.jfsannarbor.org/wise.html](http://www.jfsannarbor.org/wise.html)

**Phone:** (734) 769-0209

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Personalized support for older adults and caregivers; care coordination and management; and caregiver support, education and respite.

**Hours:** Vary.

**Fees:** No fee.

### **Linden Square Assisted Living Center - Respite Care**

**Website:** [linden-square-assisted-living-center-saline-michigan/](http://linden-square-assisted-living-center-saline-michigan/)

**Address:** 650 Woodland Drive East, Saline MI 48176

**Phone:** (734) 429-7600

**Email:** [lindensquarealc@heritagepmi.com](mailto:lindensquarealc@heritagepmi.com)

**Services:** Adult Day Care ranges from a few hours to overnight and includes medication assistance, structured activities, snacks and/or meals, and quiet space as needed. Short-term stays are available for a week or a few months.

**Hours:** Provided hourly to monthly.

**Fees:** Call for current rates. Offers limited free Respite Ministry through area churches.

### **Michigan Parkinson Foundation - Respite Subsidies**

**Website:** [parkinsonsmi.org](http://parkinsonsmi.org)

**Phone:** (248) 433-1011

**Toll Free:** (800) 852-9781

**Services:** Provides individuals with Parkinson's disease with financial assistance of up to \$1,575 for respite care in a facility of their choice or for care in their home.

- **Out of home respite:** Must suffer from Parkinson's disease, be a Michigan resident, and attend a day care program in Michigan.
- **In-home respite:** Must have physician-diagnosed Parkinson's disease. Financial assistance for in-home care is income-based.

**Hours:** Call for hours.

**Fees:** No fee.

### **No Place Like Home Health**

**Website:** <http://www.nplhh.com/>

**Address:** 37695 Pembroke Ave. Livonia, MI 48152

**Phone:** (734) 259-4200

**Fax:** (734) 259-4201

**Email:** [info@nplhh.com](mailto:info@nplhh.com)

**Services:** Offers a free in-home evaluation to discuss the type and length of respite care needed, and will develop a plan of service. Covers a few hours, a day, a week or longer.

**Hours:** Call for hours

**Fees:** Vary by service.

### **PACE (Program of All-Inclusive Care for the Elderly) - Huron Valley**

**Website:** [www.HuronValleyPACE.org](http://www.HuronValleyPACE.org)

**Address:** 2940 Ellsworth Road, Ypsilanti MI 48197

**Phone:** (734) 572-5777

**Toll Free:** (855) 483-7223

**TDD/TTY Toll Free:** (800) 649-3777

**Services:** Adult Day program and respite care for enrolled participants. Eligibility is based on medical criteria. Must be 55+ or with disabilities and live in the service area. Transportation provided.

**Hours:** Varies according to services provided. Office: Monday - Friday 8:30 am - 5 pm

**Fees:** No cost if on Medicaid / Medicare. If on Medicare only, responsible for portion of cost. Call for additional information.

### **Shelter Association of Washtenaw County - Recuperative Care Center**

**Website:** [www.annarborshelter.org](http://www.annarborshelter.org)

**Address:** Delonis Center, 312 W. Huron Street, Ann Arbor MI 48103

**Phone:** (734) 662.2829

**Services:** A medically based shelter that provides homeless individuals with time to recover from illness. Has medical supervision, case management and a bridge to permanent housing.

**Hours:** Admin Monday - Friday 9 am - 4:30 pm; Shelter 24 Hours.

**Fees:** No fee.

### **St. Louis Center**

**Website:** [stlouiscenter.org](http://stlouiscenter.org)

**Address:** 16195 Old U.S. 12, Chelsea MI 48118

**Phone:** (734) 475-8430

**Fax:** (734) 475-0310

**Email:** [mail@stlouiscenter.org](mailto:mail@stlouiscenter.org)

**Services:** Respite care for individuals 18+ with intellectual/developmental disability & cognitive impairment. Must meet admission criteria. Typical stays are 2-7 days.

**Hours:** Call for availability

**Fees:** Call for information.

### **St. Joseph's Village - Ann Arbor & Ypsilanti**

**Website:** [www.trinityhealthseniorcommunities.org/st-josephs-village](http://www.trinityhealthseniorcommunities.org/st-josephs-village)

**Address:** 5341 McAuley Drive, Ypsilanti MI 48197

**Phone:** (734) 712-1610

**Services:** Respite care based on availability. Thirty (30) day minimum for independent or assisted living. Language services available for non-English speakers.

**Hours:** Office 8:30 am - 4 pm

**Fees:** Call for current rates.

### **Silver Club Memory Programs - Michigan Medicine**

**Website:** [michmed.org/silver-club-memory](http://michmed.org/silver-club-memory)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105

**Phone:** (734) 998-9352

**Fax:** (734) 998-9340

**Email:** [GerMedSilverClub@umich.edu](mailto:GerMedSilverClub@umich.edu)

**Services:** Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available. Memory Care Cafe for individuals with dementia and their caregivers.

**Hours:** Monday through Friday 10 am - 3 pm. Early stage memory loss programs meet one day a week; call for information.

**Fees:** Hourly rates based on ability to pay; donations accepted.

### **Silver Maples of Chelsea**

**Website:** [silvermaples.org/living-options/short-stay/](http://silvermaples.org/living-options/short-stay/)

**Address:** 100 Silver Maples Drive, Chelsea MI 48118

**Phone:** (734) 475-4111

**Email:** [info@silvermaples.org](mailto:info@silvermaples.org)

**Services:** Short-term respite stays in The Meadows assisted living residence. Includes social and recreational activities, art, musical and intellectual interests. Based on availability.

**Hours:** One week minimum to several months. Office: Monday - Friday 8 am - 5 pm

**Fees:** Call for current rates; prepayment required with refunds as appropriate.

### **Unforgettable Memory Care**

**Website:** [www.unforgettablememorycare.com/](http://www.unforgettablememorycare.com/)

**Address:** 5504 New Meadow Drive, Ypsilanti MI 48197

**Phone:** (734) 489-5839

**Email:** [unforgettablememorycare@gmail.com](mailto:unforgettablememorycare@gmail.com)

**Services:** Offers caregiver burnout support via day and evening respite care and overnight/short-term stays for ages 55+ at a licensed adult foster care home. Provides guidance, resources and nurse consulting to caregivers.

**Hours:** 24 Hours

**Fees:** Private pay.

### **VA - Geriatrics and Extended Care & Program of Comprehensive Assistance for Family Caregivers (PCAFC)**

**Website:** [www.patientcare.va.gov/geriatrics.asp](http://www.patientcare.va.gov/geriatrics.asp)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Contact agencies directly for current hours / services.**

**Phone:** (734) 222-7101 Caregiver Support

**Toll Free:** (855) 260-3274 Caregiver Support Line

**Services:** Offers Adult Day Health Care (ADHC) and Home or Nursing Home Respite Care for veterans. PCAFC offers up to 30 days of respite care per year.

**Hours:** Monday - Friday 8 am - 4:30 pm

**Fees:** Varies according to income and/or military service-connected disability.

## **COUNSELING / MENTAL HEALTH - rev Dec 2022**

### **988 Suicide and Crisis Lifeline**

**Website:** [988lifeline.org](https://988lifeline.org)

[Ayuda En Español](#)

**Toll Free or text:** 988

**TTY Toll Free:** 711 then 988



**Online Live Chat:** [988lifeline.org/chat/](https://988lifeline.org/chat/)

**Services:** Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for individuals who are deaf, hard of hearing or who have hearing loss. Has specialized resources for individuals with neurodiversity, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQ+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.

**Hours:** 24 Hours

**Fees:** No fee.

**Ann Arbor Center for Independent Living (CIL)**

**Website:** [www.annarborcil.org](http://www.annarborcil.org)

**Address:** 3941 Research Park Drive, Ann Arbor MI 48108

**Phone:** (734) 971-0277 AA & Livingston Co.

**Fax:** (734) 971-0826

**Email:** [info@aacil.org](mailto:info@aacil.org)

**Services:** The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Livingston and Monroe Counties.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee; donations accepted.

**Ann Arbor Center for the Family**

**Website:** [www.annarborcenter.com](http://www.annarborcenter.com)

**Address:** 2395 Oak Valley Drive Suite 100, Ann Arbor MI 48103

**Phone:** Service/Intake (734) 995-5181 Alternate (734) 995-9010

**Fax:** (734) 995-9011

**Services:** Psychotherapy for individuals, couples, families, and groups; divorce and other mediation; and family business consultation.

**Hours:** Varies according to therapist

**Fees:** Varies. Some insurances accepted.

**Catholic Charities of Washtenaw County (formerly: Catholic Social Services) - Behavioral Health Counseling Services**

**Website:** [www.cccwashtenaw.org/bhs/counseling](http://www.cccwashtenaw.org/bhs/counseling)

**Address:** 4925 Packard Road, Ann Arbor MI 48108

**Phone:** (734) 926-0155 Intake

**Fax:** (734) 971-2730

**Services:** Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available. Provides psychiatric evaluation and medication monitoring when appropriate.

**Hours:** Monday - Friday 8:30 am - 4:30 pm; Saturday by appointment

Telehealth (phone and Zoom) appointments available.

**Fees:** Most insurance policies accepted, sliding scale available, self-pay rate.

**Dawn Farm**

**Website:** [www.dawnfarm.org](http://www.dawnfarm.org)

**Address:** 315 N. Main, 1st Floor, Ann Arbor MI 48104 - Outpatient Services



6633 Stony Creek Road, Ypsilanti MI 48197

Spera (Detox) Recovery Center, 502 W. Huron, Ann Arbor MI 48104

**Phone:** (734) 821-0216 AA or (734) 485-8725 Ypsi or (734) 669-8265 Detox Intake

**Email:** [info@dawnfarm.org](mailto:info@dawnfarm.org)

**Services:** Addiction treatment center providing assessments, case management, detox, residential services, and out-patient group/family/individual counseling to adolescents & adults.

**Hours:** Call for information.

**Fees:** Sliding scale, Medicaid.

### **Elder Abuse Hotline & Resources - Michigan - Dept. of Attorney General**

**Website:** [www.michigan.gov/ag/elder\\_abuse](http://www.michigan.gov/ag/elder_abuse)

**Toll Free:** (855) 444-3911 Report Abuse (800) 24 ABUSE (2-2873) Resources

**Services:** Call or complete a complaint form online to report suspected elder or vulnerable adult neglect, abuse or exploitation. AG site advises on how to document the situation.

**Hours:** 24 Hours

**Fees:** No fee.

### **EMU Community Behavioral Health Clinic (formerly *EMU - Psychology Clinic*)**

**Website:** [www.emich.edu/psychology/psychologyclinic](http://www.emich.edu/psychology/psychologyclinic)

**Address:** 1075 N. Huron River Drive, Ypsilanti MI 48197

**Phone:** (734) 487-4987 Older Adults & Caregivers (734) 627-7620 leave name & number

**Fax:** (734) 487-4989

**Email:** [psychclinic\\_admin@emich.edu](mailto:psychclinic_admin@emich.edu)

**Services:** Comprehensive cognitive and neuropsychological assessments and group and/or individual psychotherapy are provided to the Ypsilanti community and surrounding areas. Speciality programming available for caregivers and for older adults 60+ who have concerns about thinking, remembering or problem-solving.

**Hours:** Monday & Thursday 8 am – 7 pm; Tuesday - Wednesday 9 am - 7 pm; Friday 8:30 am – 4 pm

Telehealth sessions available.

**Fees:** \$5 per group session, \$10 per individual session; \$300 for a full psychological assessment. Fees due at time of service.

### **Family Crisis Center of Washtenaw**

**Website:** [www.familycrisiscenterwashtenaw.org](http://www.familycrisiscenterwashtenaw.org)

**Address:** 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

**Phone:** (734) 660-7059

**Services:** Provides professional mental health assistance as well as resources to families, individuals, and couples. Holds small group sessions and workshops. Grief/loss support meetings are every Wednesday.

**Hours:** Call for hours.

**Fees:** Vary; call for information.

### **Hoarding Task Force of Washtenaw County % Synod Community Services**

**Website:** [htfwashtenaw.org](http://htfwashtenaw.org)

**Address:** 615 S. Mansfield, PO Box 980465, Ypsilanti MI 48198

**Phone:** (734) 340-5813

**Email:** [hoarding@htfwashtenaw.org](mailto:hoarding@htfwashtenaw.org)

**Services:** Provides Hoarding Behavior Assessments, counseling referrals, clutter assistance volunteer program, speakers and links to support groups for individuals.

**Hours:** Call for information.

**Fees:** Medicare and most insurances; some free or donation suggested on a sliding scale. Costs for code compliance are not covered.

### **Home of New Vision**

**Website:** [homeofnewvision.org](http://homeofnewvision.org)

**Address:** 3115 Professional Drive, Ann Arbor MI 48104

**Phone:** (734) 975-1602

**Fax:** (734) 975-1604

**Email:** [admin@homeofnewvision.org](mailto:admin@homeofnewvision.org)

**Services:** Various programs for those affected by substance abuse including recovery housing, recovery support program, and early intervention. Special programs include:

- **The Engagement Center** is a 24-hour crisis intervention facility providing a supervised, supportive setting for individuals with substance use and co-occurring disorders.
- **The Assessment and Referrals Program** serves clients referred from courts, Friend of the Court, Child Protective Services, Secretary of State, private attorneys, and other service agencies by performing psychosocial diagnostic assessments.
- **Washtenaw Recovery Advocacy Project** (under *Recovery Support Services*) - Seeks to save lives and to reduce the stigma surrounding Substance Use Disorders (SUD) through activities and events.
- **Detoxification Program** (under *Clinical Services*) provides non-medical (sub-acute or social) detoxification in a safe, home-like environment.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** Services covered by Medicare/Medicaid and other insurances.

### **Kettles VA Medical Center (VA Ann Arbor) – Mental Health**

**Website:** [www.va.gov/ann-arbor-health-care/health-services/#mental-health-care](http://www.va.gov/ann-arbor-health-care/health-services/#mental-health-care)

**Address:** 2215 Fuller Road, Ann Arbor MI 48103

**Phone:** (734) 845-3471

**Toll Free:** (800) 361-8387 Ext. 53471 Veterans Crisis Line 888 press 1 24 Hours

**Services:** General mental health, PTSD, substance use disorder, neuropsychology, geropsychiatry (persons 50+), returning veterans program, Military sexual trauma, suicide prevention, and women's mental health. Offers clinical videoconferencing.

**Hours:** Call for hours. Crisis Line 24 Hours.

**Fees:** Covered by VA health care.

### **LGBT National Help Center - Senior Hotline**

**Website:** [www.glbthotline.org/senior-hotline](http://www.glbthotline.org/senior-hotline)

**Toll Free:** (888) 234-7243

**Online Live Chat:** Yes, Peer Support

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Services:** Provides anonymous and safe space where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide,

and more. Offers factual information and local resources for the senior community via the [GLBTnearme.org](http://GLBTnearme.org) national database.

**Hours:** Monday - Friday 4 pm - 12 am (midnight); Saturdays 12 pm - 5 pm

**Fees:** No fee.

### **Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)**

**Website:** [mcedsv.org](http://mcedsv.org)

**Phone:** (517) 347-7000

**Toll Free:** (855) VOICES4 (855) 864-2374 Sexual Assault (866) 864-2338 Domestic Violence

**Fax:** (517) 347-1377

**TTY:** (517) 381-8470

**Text:** (866) 238-1454 Sexual Assault (877) 861-0222 (Domestic Violence)

**Online Live Chat:** [mcedsv.org/hotline/hotline-chat/](http://mcedsv.org/hotline/hotline-chat/) - Sexual Assault

[mcedsv.org/hotline-domestic-violence/hotline-chat/](http://mcedsv.org/hotline-domestic-violence/hotline-chat/) - Domestic Violence

**Services:** Develop and promote efforts to end domestic and sexual violence in Michigan. Resources include information on relationship violence and sexual violence in LGBT communities.

- [UMOJA, or Unity](#), an anti-oppression group forms social connections & provides education.
- [Survivor Law Clinic](#) provides legal representation; education, technical support and training; and expert witness referrals.

**Hours:** 24 Hour hotline, chat and text

**Fees:** No fee.

### **Michigan Medicine - Geriatrics Center - Social Work and Community Programs**

**Website:** [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)

**Address:** 4260 Plymouth Road, Ann Arbor MI 48109

**Phone:** (734) 764-2556

**Fax:** (734) 647-8535 Clinic fax

**Services:** Various therapy groups available to anyone in the community; individual counseling for Turner Geriatric Clinic patients.

**Hours:** Monday - Friday 8 am – 5 pm

**Fees:** Services reimbursed by Medicare and most insurances.

### **Michigan Medicine Hospital - Psychiatric Emergency Services – 24 Hour Crisis Center**

**Website:** [www.medicine.umich.edu/dept/psychiatric-emergency-service](http://www.medicine.umich.edu/dept/psychiatric-emergency-service)

**Address:** Michigan Medicine Hospital, 1500 E. Medical Drive, Floor B1, Room A240, Ann Arbor MI 48109 (use Emergency Dept. entrance)

**Phone:** (734) 936-5900 24 Hours (734) 996-4747

**Toll Free:** 988 or 1-800-273-TALK (8255) National Suicide Prevention Lifeline

**Services:** Psychiatric Emergency Services (PES) provides crisis phone services and emergency/urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; and mental health referral information.

**Hours:** 24 Hours

**Fees:** Charges are the same as an ER Visit. Covered by insurance plans and Medicare.

### **Michigan Mental Health Networker**

**Website:** [mhweb.org](http://mhweb.org)

**Email:** [networker@mhweb.org](mailto:networker@mhweb.org)

**Services:** Provides alphabetic listings, under county names, for agencies & therapists and for therapists by city. The "Bulletin Board Announcements" have upcoming programs & offers of services,

**Hours:** 24 Hours

**Fees:** No fee.

### **Muslim Social Services of Washtenaw County**

**Website:** [www.muslimsocialservices.net](http://www.muslimsocialservices.net)

**Address:** 2301 Plymouth Road, Ann Arbor MI 48105

**Phone:** (734) 206-2239

**Services:** Mental health and behavioral health counseling.

**Hours:** By appointment only

**Fees:** No fee.

### **NAMI (National Alliance of Mental Health) Washtenaw County**

**Website:** [namiwc.org](http://namiwc.org)

**Address:** 1100 N. Main Street, Ann Arbor MI 48104

**Phone:** (734) 994-6611

**Toll Free:** (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm

**Text:** "NAMI" to 741-741 Crisis SMS Service

**Email:** [office@namiwc.org](mailto:office@namiwc.org) [info@nami.org](mailto:info@nami.org) Monday - Friday 10 am - 6 pm

**Services:** Offers support groups and educational programs plus advocates for mental health issues.

**Hours:** Call for hours

**Fees:** No fee.

### **National Domestic Violence Hotline**

**Website:** [www.thehotline.org](http://www.thehotline.org) [espanol.thehotline.org](http://espanol.thehotline.org)

**Toll Free:** (800) 799-SAFE (7233)

**TTY Toll Free:** (800) 787-3224

**Text:** START to 88788

**Online Live Chat:** [Yes](#)

**Video Phone:** (855) 812-1001 National Deaf Domestic Violence Hotline

**IM:** DeafHotline

**Email:** [nationaldeafhotline@adwas.org](mailto:nationaldeafhotline@adwas.org) Abused Deaf Women's Advocacy Services

**Services:** Trained advocates talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Additional links to services for Native Americans. Provides information on [Legal Help](#).

**Hours:** 24 Hours

**Fees:** No fee.

### **THRIVE - Jewish Family Services of Washtenaw County**

**Website:** [thrivecounselinga2.com](http://thrivecounselinga2.com)

**Address:** 2245 S. State Street, Suite 1100, Ann Arbor MI 48104

**Phone:** (734) 436-4249

**Email:** [hello@ThriveCounselingA2.com](mailto:hello@ThriveCounselingA2.com)

**Services:** Clinical counseling services for individuals, couples and families.

**Hours:** Monday - Thursday 9 am - 5 pm & Friday 9 am - 3 pm

**Fees:** Many insurances, including Medicare & Medicaid, and employee assistance programs (EAP) accepted. Sliding scale available for uninsured.

### **Trans Lifeline**

**Website:** [translifeline.org](http://translifeline.org) [Español](#)

**Toll Free:** (877) 565-8860 24 Hour hotline (has Español-speaking operators.)

**Services:** A trans-led organization that connects trans people to the community, support, and resources needed to survive and thrive. Family & Friends Line callback available on request.

**Hours:** 24 Hours

**Fees:** No fee.

### **Trinity Health Michigan - Chelsea Hospital Behavioral Health - Clocktower Commons**

**Website:** [chelsea-hospital-behavioral-health-clocktower-commons](http://chelsea-hospital-behavioral-health-clocktower-commons)

**Address:** 350 N. Main, Chelsea MI 48118 Outpatient

**Phone:** (734) 593-5251

**Fax:** (734) 593-5255

**Services:** Outpatient and inpatient programs are available. Services include individual and family counseling as well as support groups.

**Hours:** Call for hours.

**Fees:** Most insurance policies accepted.

### **Trinity Health St. Joseph Mercy Ann Arbor - Behavioral Health**

**Website:** [www.stjoesannarbor.org/behavioral-health](http://www.stjoesannarbor.org/behavioral-health) (language services available)

**Address:** SJM-AA Hospital, 5301 McAuley Drive, Ann Arbor MI 48197

Huron Oaks - 5401 McAuley Drive, Ann Arbor MI 48106 (Adult Partial Hospitalization)

Greenbrook Recovery Center - 5401 McAuley Drive. PO Box 995, Ann Arbor MI 48106

**Phone:** (734) 712-3456

(734) 786-2300 AA, 2006 Hogback Road, Suite 1, Ann Arbor MI 48105 - Outpatient

(734) 593-5251 Chelsea, 350 N. Main Street, Suite 150, Chelsea MI 48118 - Outpatient

(734) 712-2762 AA & (734) 593-5200 Chelsea Hospital - Inpatient

(734) 712-5850 Adult Partial Hospitalization

(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center

(734) 786-2300 Psychological Testing - Huron Oaks, 5401 McAuley Dr, Ypsilanti MI 48197

(734) 712-5762 Transition Clinic, 5401 McAuley Drive, Ann Arbor MI 48106

**Services:** Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers.

**Hours:** Varies by program; call for hours.

**Fees:** Covered by Medicare and most insurances.

### **University of Michigan - Eisenberg Family Depression Center - Depression Toolkit**

**Website:** [depressioncenter.org/outreach-education/community-education/depression-toolkit](http://depressioncenter.org/outreach-education/community-education/depression-toolkit)

**Services:** Information, tools, support, and resources for mental health journeys.

**Hours:** 24 Hours

**Fees:** No Fee

### **Veterans Crisis Line**

**Website:** [www.veteranscrisisline.net](http://www.veteranscrisisline.net) or any VA website - top right corner

[Español](#)

**Toll Free:** 988, press 1

**TTY Toll Free:** 711 then 988



**Text:** 838255

**Online Live Chat:** [Yes](#)

**Services:** Counseling for veterans, family members, National Guard and Reserve members, and friends or supporters.

**Hours:** 24 Hours

**Fees:** No fee.

### **Washtenaw County - Community Mental Health - Access/Crisis**

**Website:** [www.washtenaw.org/839/Community-Mental-Health](http://www.washtenaw.org/839/Community-Mental-Health) (multiple languages)  
[www.washtenaw.org/2936/Crisis-Services](http://www.washtenaw.org/2936/Crisis-Services)

**Address:** Adult Services Clinics, 555 Towner Street, Ypsilanti MI 48197

Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107

Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108

**Phone:** 24 Hours (734) 544-3050

**Toll Free:** 24 Hours (800) 440-7548

**Services:** Crisis planning, stabilization and support for substance abuse and mental health.

- Project Outreach (PORT) Services for the Homeless - crisis management and transition to mainstream services
- OBRA Services for Older Adults - Nursing Home Screening and Services.

Includes Crisis Residential Services (CRS), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis; and Self-Determination / Choice Voucher program. Offers mobile crisis services for Washtenaw County residents.

**Hours:** Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour crisis services hotlines.

Telehealth (Zoom) appointments available with Trained Medical Interpreters available.

**Fees:** Some insurances and based on ability to pay.

### **The Women's Center of Southeastern Michigan**

**Website:** [www.womenscentersemi.org](http://www.womenscentersemi.org)

**Address:** 1100 Victors Way, Suite 10, Ann Arbor MI 48108

**Phone:** (734) 973-6779

**Fax:** (734) 973-6609

**Email:** [info@womenscentersemi.org](mailto:info@womenscentersemi.org)

**Services:** Personal counseling, job and financial coaching, divorce education & support, career coaching, and community [resource](#) information.

**Hours:** Monday - Friday 9 am - 5 pm; other hours by appointment.

**Fees:** Insurance or based on ability to pay.

## **EDUCATION - rev May 2023**

### **ALI (Adult Learners Institute) Michigan (formerly Adult Learners Institute of Chelsea MI)**

**Website:** [alimichigan.org/](http://alimichigan.org/)

**Address:** PO Box 134, Chelsea MI 48118

**Phone:** (734) 292-5540

**Email:** [info@ALIMichigan.org](mailto:info@ALIMichigan.org)

**Services:** ALI provides a diverse selection of quality community-based learning experiences and camaraderie for adults in central Southern Michigan. ALI is a Lifelong Learning Institute (LLI) affiliated



with the [RoadScholar LLI Resource Network](#). Programs are also conducted in cooperation with [Washtenaw Community College](#), the Chelsea District Library and the Chelsea Senior Center.

**Hours:** Leave message for call to be returned. Registration for in-person and online (Zoom) classes and for free classes is via printed registration form submitted by mail or email. (Online registration is coming soon.) Payments made by credit card assess an additional 5% charge.

**Fees:** Vary by course offered; assistance program available; some are no fee.

### **American Association of Retired Persons (AARP) - Virtual Community Center**

**Website:** [local.aarp.org/virtual-community-center/](http://local.aarp.org/virtual-community-center/)

**Services:** Free interactive online events and classes designed for learning, self improvement and fun. Also offers free online showings of select [Movies For Grownups](#). Registration required for events and movies.

**Hours:** See scheduled events for dates and times

**Fees:** No fees; membership not required.

### **American Association of Retired Persons (AARP) - Driver Safety Program**

**Website:** [www.aarp.org/auto/driver-safety/](http://www.aarp.org/auto/driver-safety/) [Español](#) [Chinese](#)

**Address:** 309 N. Washington Square, Suite 110 Lansing MI 48933

**Toll Free:** (517) 267-8931 (866) 227-7448 Call Center

**TTY Toll Free:** National (877) 434-7598 (English) or (866) 238-9488 (Español)

**Email:** [miaarp@aarp.org](mailto:miaarp@aarp.org)

**Online Live Chat:** 24 Hours

**Services:** Offers live virtual (Zoom) & online classes. Call for dates & times or see schedules online.

- Smart DriverTEK™ - The latest high-tech safety features in cars
- Car Fit - Find the right vehicle fit
- Smart Driver™ - Refresh driving skills

Also offers free online seminars such as "[We Need to Talk](#)" on assessing a loved one's driving skills and tools to help with conversations about limiting or stopping driving.

**Hours:** Monday – Friday 9 am – 5 pm

**Fees:** Vary by course offered; some are no fee.

### **American Association of Retired Persons (AARP) - Skills Builder for Work<sup>SM</sup>**

**Website:** [www.aarp.org/work/skills-builder/](http://www.aarp.org/work/skills-builder/)

**Services:** Earn certificates after completing self-paced, online courses in various fields.

**Hours:** 24 Hours

**Fees:** One free course then discounts on courses offered by MindEdge Learning. AARP members get bigger discounts.

### **Elderwise**

**Website:** [www.elderwiselearning.org/](http://www.elderwiselearning.org/)

**Address:** Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor MI 48104

**Phone:** (734) 340-4691

**Email:** [elderwiselearning@gmail.com](mailto:elderwiselearning@gmail.com)

**Services:** In-person, online and hybrid classes offer in-depth courses and interactive learning with peer teaching, plus social activities. Programs may include the arts, film, music, literature, history, nature, politics and more.

**Hours:** Monday – Friday 9 am – 5 pm

**Fees:** Varies according to program - \$30/year membership fee, which can be prorated by term, entitles member to a discount on course fees; membership is not required for class enrollment.

**Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services - Technology Training**

**Website:** [ccwcwashtenaw.org/seniors/](http://ccwcwashtenaw.org/seniors/)

**Phone:** (734) 971-9781 ext. 352

**Services:** In partnership with AskKevin, EMU College of Health & Human Services - Occupational Therapy, and Jewish Family Services, provides in-home technology assessment and training on how to navigate the Internet, including the [Senior Resource Connect](#) website.

**Hours:** By appointment.

**Fees:** No fee. (Grant from the Senior Citizens Housing of Ann Arbor / SCHAA Fund)

**GetSetUp - Michigan Department of Health & Human Services**

**Website:** [www.getsetup.io/partner/michigan](http://www.getsetup.io/partner/michigan)

**Toll Free:** (888) 559-1614

**Email:** [help@getsetup.io](mailto:help@getsetup.io)

**Services:** Live online interactive classes for mental, physical and social health; technology, travel, art and series on cooking and photography. Offers videos on setting up a profile, registering and 1:1 help.

**Hours:** Call for hours

**Fees:** No fee for Community Programs. Premium membership of \$19.99/month is available — cost may be covered by Medicare Advantage Plans, government programs or community organizations.

**Jewish Family Services of Washtenaw County**

**Website:** [www.jfsannarbor.org/](http://www.jfsannarbor.org/)

**Address:** 2245 S. State Street, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** [ESL](#) (English as a Second Language) and [Citizenship](#) classes.

**Hours:** Daytime, call for schedule.

**Fees:** No fee.

**MSU Extension - Washtenaw County**

**Website:** [www.canr.msu.edu/washtenaw/](http://www.canr.msu.edu/washtenaw/)

**Address:** 705 N. Zeeb Road, PO Box 8645, Ann Arbor MI 48103

**Phone:** (734) 997-1678

**Fax:** (734) 222-3990

**Email:** [msue.washtenaw@county.msu.edu](mailto:msue.washtenaw@county.msu.edu)

**Services:** Free educational programs: Food safety; children and caregivers, finances, agriculture, horticulture, natural resources, master gardener training, small business and physical & mental health topics. Open to Washtenaw County residents; mostly held online.

**Hours:** Monday - Tuesday and Thursday - Friday 10 am - 2 pm; Wednesdays - closed

**Fees:** Varies according to program; some have no fee.

**Osher Lifelong Learning Institute at the University of Michigan (OLLI) - Michigan Medicine**

**Website:** [www.lli-umich.org/](http://www.lli-umich.org/)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9351

**Fax:** (734) 998-9340

**Email:** [olli.info@umich.edu](mailto:olli.info@umich.edu)

**Services:** Lectures, study groups, shared interest groups, mini classes, plus travel. Ages 50+. Some events offered via Zoom. Online video catalog available for members — search by category & year.

**Hours:** Monday – Friday 9 am – 5 pm

**Fees:** \$35 basic annual membership fee; \$100 and \$300 for enhanced and all-inclusive memberships. Additional fees vary by program; scholarships available; some events are free and open to the public.

### **Road Scholar (formerly *Elderhostel*)**

**Website:** [www.roadscholar.org](http://www.roadscholar.org)

**Address:** PO Box 56033, Boston MA 02205-6033

**Toll Free:** (800) 454-5768

**Email:** [contact@roadscholar.org](mailto:contact@roadscholar.org)

**Services:** Educational field trips, excursions, and a variety of activities around the world. Offers [Caregiver Grants or scholarships](#) for respite and renewal.

**Hours:** Monday – Friday 9 am - 6:30 pm

**Fees:** Varies according to program; no membership fee.

### **Senior Planet from AARP - Digital Skills Ready@50+™**

**Website:** [seniorplanet.org/digitalskillsready/](http://seniorplanet.org/digitalskillsready/) (en Español and Chinese)

**Toll Free:** (888) 713-3495 Technology Trainer Hotline

**Services:** Online classes, free class recordings and how-to videos, and instructional handouts help older adults find and secure jobs, change careers or explore entrepreneurship.

**Hours:** Hotline Monday - Friday 9 am - 8 pm. Classes have set times; recordings, videos and handouts are available 24 Hours.

**Fees:** No fee.

### **Trinity Health - Events (formerly St. Joseph Mercy, Ann Arbor)**

**Website:** [www.trinityhealthmichigan.org/health-and-wellness/classes-and-events/](http://www.trinityhealthmichigan.org/health-and-wellness/classes-and-events/)

**Services:** Search by categories such as Exercise, Health, Lifestyle and/or by location to find classes of interest. Currently (May 2024) most classes are virtual and oriented toward surgeries.

**Hours:** Varies

**Fees:** No fee or minimal fee; varies according to class.

### **Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Fax:** (734) 998-9340

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Services Provided:** Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55+). Has a small online library of Healthy Living topics.

**Hours:** Monday – Friday 9 am – 5 pm

**Fees:** Varies according to the program. Scholarships available. Some are free.

### **University of Michigan – Center for Education of Women+**

**Website:** [www.cew.umich.edu](http://www.cew.umich.edu)

**Address:** 330 E. Liberty Street, 2<sup>nd</sup> Floor, Ann Arbor MI 48104-2274

**Phone:** (734) 764-6360

**Email:** [contactcew@umich.edu](mailto:contactcew@umich.edu)

**Services:** Workshop and programs: career development, finances, leadership development, personal development, work/life balance. Job search assistance: members of the surrounding community, men and women, students, faculty, and staff from the University of Michigan. [Virtual Presentations and Resources](#) are available for past presentations, webinars and virtual workshops.

**Hours:** Tuesdays 1 - 4 pm; Wednesdays, Thursdays & Fridays 8:30 am - 4 pm

**Fees:** Fees apply to some programs.

### **Washtenaw Community College - Emeritus Scholarship Program**

**Website:** [www.wccnet.edu/financial-aid/scholarships/emeritis](http://www.wccnet.edu/financial-aid/scholarships/emeritis)

**Address:** Student Welcome Center, Student Center Bldg., 2nd Floor - Virtual visits available  
4800 E Huron River Drive, Ann Arbor MI 48105

**Phone:** (734) 973-3543

**Email:** [info@wccnet.edu](mailto:info@wccnet.edu)

**Services:** For Washtenaw County residents 65+. Covers tuition for non-credit and credit classes and some fees for credit classes. Scholarship does not apply to mandatory fees.

**Hours:** By phone: Monday – Thursday 8 am – 7 pm; Fridays 10 am - 5 pm; Saturdays 9 am - 1 pm

In person: Monday - Thursday 8 am - 6 pm; Fridays 10 am - 5 pm

Virtual visits: Monday - Thursday 10 am - 6 pm; Fridays 10 am - 4 pm

Hours may vary with the academic year schedule.

**Fees:** Tuition but no fees for most non-credit classes. Regular tuition & fees for credit classes. Many basic courses have no book cost through use of [Open Education Resource \(OER\)](#) textbooks and other educational materials. A listing of [Free Videos](#) may also be useful.

### **Washtenaw Community College – Senior Focus**

**Website:** [www.wccnet.edu/personal-enrichment/seniors](http://www.wccnet.edu/personal-enrichment/seniors)

**Address:** Morris Lawrence - ML 104, 4800 E Huron River Drive, Ann Arbor MI 48105

**Phone:** (734) 667-5060

**Email:** [ecdevelopment@wccnet.edu](mailto:ecdevelopment@wccnet.edu)

**Services:** Community Enrichment at WCC offers classes that are requested by and designed for older adults. Classes meet at convenient sites, including community and senior centers, throughout Washtenaw County and are available to county residents 65+. [Contact information is given for each participating location.](#)

**Hours:** Monday – Friday 8 am – 5 pm

**Fees:** Varies according to program.

### **Washtenaw Literacy**

**Website:** [www.washtenawliteracy.org](http://www.washtenawliteracy.org) (available in multiple languages)

**Address:** 5577 Whittaker Road, Ypsilanti MI 48197

**Phone:** (734) 337-3338

**Email:** [info@washtenawliteracy.org](mailto:info@washtenawliteracy.org)

**Services:** One-on-one and group tutoring for adults in various locations for basic literacy skills, educational attainment training and jobs and workforce literacy. Also offers English as a Second Language (ESL) tutoring, citizenship tutoring, computer literacy, and more. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County. Currently offered both in-person and virtually. Also offers Community Tutoring, a quick-start, drop-in option.

**Contact agencies directly for current hours / services.**

**Hours:** Mondays & Wednesdays 9:30 am - 2:30 pm; Fridays 10 am - 12:30 pm — Office; tutoring sessions at various times and places in Washtenaw County.

**Fees:** No fee.

***Check with local public school districts to discover inexpensive, discounted or free community education classes, events and programs***

**Washtenaw County schools contact information given below.**

<a href="#">Ann Arbor Public Schools</a>	(734) 994-2300	<a href="mailto:recedstaff@a2schools.org">recedstaff@a2schools.org</a>
<a href="#">Chelsea District Schools</a>	(734) 433-2208 x 4	no department email
<a href="#">Dexter Community Schools</a>	(734) 424-4180	no department email
<a href="#">Lincoln Consolidated Schools</a>	(734) 484-7007	no department email
<a href="#">Manchester Community Schools</a>	(734) 428-9711	no department email
<a href="#">Milan Area Schools</a>	(734) 439-5272	no department email
<a href="#">Saline Area Schools</a>	(734) 401-4020	no department email
<a href="#">Whitmore Lake Public Schools</a>	(734) 449-4461 ext. 3057	<a href="mailto:wlcinfo@wlps.net">wlcinfo@wlps.net</a>
<a href="#">Ypsilanti Community Schools</a>	(734) 221-1200	no department email

### **EMERGENCY SERVICES - rev Nov 2022**

#### **Aid in Milan (AIM)**

**Website:** [www.aidinmilan.org](http://www.aidinmilan.org)

**Address:** 89 W. Main Street, Milan MI 48160

**Phone:** (734) 439-8420

**Email:** [info@aidinmilan.org](mailto:info@aidinmilan.org)

**Services:** Rent and utility crisis intervention, emergency food pantry via pickup or via mobile pantry, personal care items, groceries and meals delivered for seniors, and winter clothing. Generally reserved for residents of Milan School District or 48160 zip [with proof of residency and income](#).

**Hours:** Monday, Wednesday - Friday 9 am - 3 pm; [Tuesdays](#) 12 pm - 5 pm;

Pantry pickup available — Tuesdays 12 pm - 5 pm, Wednesday & [Thursday](#) 9 am - 3 pm

**Fees:** No fee.

#### **American Red Cross - Southeast Michigan**

**Website:** [www.redcross.org/local/michigan](http://www.redcross.org/local/michigan) or [www.redcross.org](http://www.redcross.org) (also en Español)

**Address:** 7800 Outer Drive W., Suite 205, Detroit MI 48235



Blood, **Platelet & Plasma** Donation Center: 4624 Packard Road, Ann Arbor MI 48108

**Phone:** (313) 833-4440      Military family emergency (877) 272-7337

**Toll Free:** (800) RED-CROSS 733-2767

**Services:** Works to meet immediate needs after an emergency or disaster; provides shelter, food, personal and other emergency supplies, plus health and mental health services. In addition, provides emergency communication services between the military and a soldier's family. Smartphone apps available; also works with Amazon Alexa.

**Hours for Blood Donations:** [Find A Drive](#) by zip code

**Fees:** No fee.

### **The Ann Arbor Thrift Shop**

**Website:** [www.annarborthriftshop.org](http://www.annarborthriftshop.org)

**Address:** 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104

**Phone:** (734) 662-6771

**Services:** Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, transportation or other needs.

**Hours:** Monday - Tuesday & Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm

**Fees:** No fee.

### **The Back Door Food Pantry**

**Website:** [www.backdoorfoodpantry.org](http://www.backdoorfoodpantry.org)

**Address:** Wisdom House, Genesis Campus, 2309 Packard Street, Ann Arbor MI  
pantry drive is off Eastover

**Phone:** (734) 662-2449

**Services:** A "client choice" pantry with order forms in English, Español, Arabic, and Chinese for pickup at the site.

**Hours:** Thursdays 4 - 7 pm

**Fees:** No fee.

### **Catholic Charities of Washtenaw County (formerly Catholic Social Services) of Washtenaw County - Food Pantry**

**Website:** [ccwcwashtenaw.org/family-children/ccwc-food-pantry/](http://ccwcwashtenaw.org/family-children/ccwc-food-pantry/)

**Address:** Northside Community Center, 815 Taylor, Ann Arbor MI 48105

**Phone:** (734) 662-4462

**Services:** In partnership with Food Gatherers, distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels.

**Hours:** Tuesdays 2 - 5:30 pm; Thursdays 10 am - 2:30 pm;

**Fees:** No fee. Food donations are accepted.

### **Emmanuel Lutheran Church - Food Pantry & Clothes Closet**

**Website:** [www.emmanuelpsi.org/calendar](http://www.emmanuelpsi.org/calendar)

**Address:** 201 N. River Street, Ypsilanti MI 48198      Clothes Closet - Education Hall, N. Entrance

**Phone:** (734) 482-7121

**Email:** [info@EmmanuelPsi.org](mailto:info@EmmanuelPsi.org)

**Services:** A drive-thru Food Pantry is open year-round except for Thanksgiving Day and Christmas Eve. Clothes Closet is open for bag of free clothes once a month on Wednesdays, weather



permitting. Curbside service will be available on days with inclement weather. No referrals necessary for food or clothing.

**Hours:** Food Pantry - Wednesdays & Thursdays 3 - 3:45 pm  
Clothes Closet - Wednesdays 9 - 10:30 am

**Fees:** No fee.

### **Faith in Action (FIA) - Chelsea & Faith in Action - Dexter Food Pantry**

**Website:** [www.faithinaction1.org](http://www.faithinaction1.org)

**Address:** 603 S. Main Street, Chelsea MI 48118      7651 Dan Hoey Road, Dexter MI 48103

**Phone:** (734) 475-3305 Chelsea      (734) 426-7002 Dexter Food Pantry

**Services:** A "client choice" pantry with food for 3–5 days available weekly by appointment or curbside pickup. For residents of Chelsea and Dexter school districts, Scio Farms neighborhood, and Grass Lake zip code.

Clothing available: no residency requirement but limited to every 2 weeks & no more than 12 times per year. Household and other supplies not purchasable with food stamps; and financial assistance for rent and utilities: must be low income and live within the Dexter and Chelsea School Districts.

Medical equipment closet.

**Hours:** Chelsea: Mondays, Tuesdays, Thursdays 9 am - 4 pm; Wednesdays 9 am - 7 pm;  
Fridays 10 am - 2 pm

Dexter Food Pantry: Mondays 9 am - 4 pm; Wednesdays 12 - 7 pm; Fridays 10 am - 2 pm

**Fees:** No fee.

### **The Farm at Trinity Health, Ann Arbor**

**Website:** [stjoesfarm.org/need-help-getting-food/](http://stjoesfarm.org/need-help-getting-food/) (multiple languages)

**Address:** 5557 McAuley Drive, Ypsilanti MI 48197

**Email:** [TheFarm@stjoeshealth.org](mailto:TheFarm@stjoeshealth.org)

**Services:** Improves access to fresh food through weekly or bi-weekly farm shares — boxes of seasonal fruits and vegetables from local farms, at low or reduced cost with free shares available for qualified applicants. Season is April - December.

- **Farm Share Assistance (Sliding Scale)** – Pay a sliding scale amount for Farm Share based on income (formally known as the Farm Share Assistance Program)
- **Farm Share Assistance (SNAP/EBT)** – Use SNAP/EBT card to pay a discounted amount per Farm Share box.

**Hours:** Pick up Wednesdays 3 pm - 6 pm, Food Hub

Wednesdays 12 pm - Sunday evenings, Outside Food Hub Share Cooler

**Fees:** Vary depending on program selected.

### **Focus: HOPE Food Distribution**

**Address:** Pittsfield Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48104 - parking lot

**Phone:** (313) 494-4600 Focus: HOPE

**Services:** Free Supplemental Food Program Food Packages contain: milk, pasta/grains, cereal, protein, meat, vegetables/soup, fruits/juice and cheese. Income limitations: single seniors with annual income of \$18,954; or a two senior family with annual income of \$25,636. If income is slightly over, Focus: HOPE may be able to help. Please bring identification, proof of age, proof of residency, and household size.

**Hours:** Second Thursday of every month, 11-11:30 am

**Fee:** No fee.

### **Food Gatherers - Find Food**

**Website:** [www.foodgatherers.org/foodresources](http://www.foodgatherers.org/foodresources)

(also in Español / en Español, Arabic, Chinese (Simplified))

**Services:** Provides a Food Map and calendars of food and meal sites within Washtenaw County. There are also separate Food Lists for Ann Arbor, Ypsilanti, outside of AA/Ypsi & Open Now sites.

**Phone:** (734) 761-2796; call individual sites to confirm if open

**Email:** [info@foodgatherers.org](mailto:info@foodgatherers.org)

**Hours:** Vary by site — see map / calendars

**Fees:** No fee.

### **Friends in Deed**

**Website:** [www.friendsindeedmi.org](http://www.friendsindeedmi.org)

**Address:** 1196 Ecorse Road, Ypsilanti MI 48198

**Phone:** (734) 484-4357 Helpline

**Furniture Line:** (734) 484-7607 Tuesday - Friday 9:30 am - 12:30 pm

**Fax:** (734) 484-5335

**Email:** [Helpline@FriendsInDeedMI.org](mailto:Helpline@FriendsInDeedMI.org) and [Furnitureline@FriendsinDeedMi.org](mailto:Furnitureline@FriendsinDeedMi.org)

**Services:** Provides furniture, transportation assistance and utility shut-off help. Information and referrals for housing, health and employment-related needs, childcare, clothing, prescriptions/Rx, and medical needs. Focuses on unmet needs for Washtenaw County residents, such as those that other human services agencies cannot meet.

**Hours:** Monday - Friday 9:30 am - 2 pm Helpline Document drop-off by appointment.

**Fees:** No fee.

### **Grace's List**

**Website:** [GracesList.org/](http://GracesList.org/)

<https://new.graceslist.org/services/tags/ann-arbor/>

**Services:** Lists emergency services and other social services by geographic region worldwide. The most listings for [Ann Arbor](#) are in the categories of Education, Emergency, Health, Homeless Shelters, Housing – including domestic violence and women's shelters, and Meals.

**Hours:** 24 Hours

**Fees:** No fee to access information online

### **House by the Side of the Road**

**Website:** [www.housebythesideoftheroad.org](http://www.housebythesideoftheroad.org)

**Address:** 2051 S. State Street, Ann Arbor MI 48104

**Phone:** (734) 769-4085

**Email:** [housebyroad@gmail.com](mailto:housebyroad@gmail.com)

**Services:** Free clothing and small household items available to people in need.

**Hours:** Monday - Friday 10 am - 2 pm

**Fees:** No fee.

### **Housing Access for Washtenaw County (HAWC)**

**Website:** [www.housingaccess.net](http://www.housingaccess.net)

**Address:** 100 Arbana Drive, Ann Arbor MI 48103

**Phone:** (734) 961-1999

**Email:** [HAWC@washtenaw.org](mailto:HAWC@washtenaw.org)

**Services:** Central intake or single point of entry for all emergency shelters and housing resources that are available to serve residents experiencing homelessness in Washtenaw county. Assistance available en Español. Links to **Housing Resource List** for affordable rental housing in the county.

**Hours:** Monday - Friday 8:30 am - 5:00 pm Call Center

**Fees:** No fee.

**Kettles VA Medical Center (VA Ann Arbor) - Homeless Veterans**

**Website:** [www.va.gov/ann-arbor-health-care/health-services/homeless-veteran-care/](http://www.va.gov/ann-arbor-health-care/health-services/homeless-veteran-care/)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 845-5058

**Toll Free:** 24 Hours (877) 424-3838

**Online Live Chat:** Yes

**Services:** Combines HUD housing vouchers with VA supportive services to help Veterans who are homeless (HUD-VASH), and their families (SSVF), find and sustain permanent housing. Also provides support for community employment (HVCES), compensated work therapy (CWT), and dental and/or health care (HCHV) for homeless veterans.

**Hours:** Varies; call.

**Fees:** No fee.

**Kiwanis Club of Ann Arbor - Foundation Voucher Program**

**Website:** [a2kiwanisfoundation.org/voucher-program/](http://a2kiwanisfoundation.org/voucher-program/) and [www.kiwanissale.com](http://www.kiwanissale.com)

**Address:** 100 N. Staebler at Jackson (1 mile west of Zeeb), Ann Arbor MI 48103

**Phone:** (734) 665-0450

**Services:** Social workers trained by Kiwanis may bring clients to the Thrift Sale to shop. Ann Arbor Kiwanis sells used furniture, household goods, and clothing.

**Hours:** Thursdays 9 - 9:30 am; building closes at 11 am (Voucher Services by appointment with caseworkers trained by Kiwanis.)

**Fees:** No fee w/voucher. Merchandise as priced.

**Lions of Michigan Service Foundation - Emergency Disaster Relief Program**

**Website:** [www.lmsf.net/programs/emergency-disaster-relief-program](http://www.lmsf.net/programs/emergency-disaster-relief-program)

**Address:** 5730 Executive Drive, Lansing MI 48911

**Phone:** (517) 887-6640

**Fax:** (517) 887-6642

**Email:** [info@lmsf.net](mailto:info@lmsf.net)

**Services:** Provides help for people victimized by floods, forest fires, tornadoes, and other natural disasters. Funding may be provided for food, clothing, shelter and other personal needs.

**Hours:** Call for information.

**Fees:** No fee.

**Manchester Community Resource Center**

**Website:** [manchestercrc.org](http://manchestercrc.org)

**Address:** 710 E. Main Street, Riverside Intermediate School, PO Box 433, Manchester MI 48158

**Phone:** (734) 428-7722

**Email:** [info@manchestercrc.org](mailto:info@manchestercrc.org)

**Services:** Assistance includes Medicare issues, respite care referrals, emergency services and more. Older Adults can meet with a Senior Resource Advocate from Catholic Charities of Washtenaw County (formerly Catholic Social Services). Serves the Village of Manchester and surrounding townships: Freedom, Bridgewater, Sharon and Manchester. Call for appointment. Manchester School District must meet income guidelines to shop the entire food pantry; all others can receive limited assistance. Food pantry open for phone-in orders and scheduled pick up only.

**Hours:** Office & Food Pantry - Monday - Thursday 9 am - 3 pm

**Fees:** No fee.

**Manchester Family Services, Inc.**

**Address:** PO Box 471, Manchester MI 48158

**Phone:** (734) 428-7183

**Services:** Vouchers given any time for food, rent, and utility assistance. Location for food pick up varies each month. Must call in advance to participate in the food program and live in Freedom, Manchester, Bridgewater, or Sharon Townships. Based on need.

**Hours:** Food pantry available 3rd Wednesday each month 1 - 3 pm      call for locations

**Fees:** No fee.

**Michigan Department of Human Services - Adult Protective Services**

**Website:** [www.michigan.gov/mdhhs/adult-protective-services](http://www.michigan.gov/mdhhs/adult-protective-services)

**Toll Free:** (855) 444-3911

**Services:** Call to report adults 18+ of being abused, neglected or exploited. Caller can remain anonymous.

**Hours:** Call for hours

**Fees:** No fee.

**MissionA2 (Mission Itinerant Shelter System Independent Out of Necessity)**

**Website:** [www.missiona2.org/](http://www.missiona2.org/)

**Phone:** (734) 929-4404

**Email:** [ask.missiona2@gmail.com](mailto:ask.missiona2@gmail.com)

**Services:** Provides temporary housing, food and personal services — showers and laundry facilities, via “houses of hospitality” — Hill House (currently closed), Peace House Ypsi, Mercy House, and the Ypsi Gathering Space to combat homelessness in Ann Arbor and Ypsilanti.

**Hours:** Vary by place.

**Fees:** No fee.

**Peace Neighborhood Center**

**Website:** [www.peaceneighborhoodcenter.org](http://www.peaceneighborhoodcenter.org)

**Address:** 1111 N. Maple Road, Ann Arbor MI 48103

**Phone:** (734) 662-3564

**Email:** [info@peaceneighborhoodcenter.org](mailto:info@peaceneighborhoodcenter.org)

**Services:** Provides **emergency** assistance — aid for food, rent and unexpected expenses plus regular food assistance. Coordinates with other agencies to provide services.

**Hours:** Monday - Friday 9:30 am - 5:30 pm

Food Pantry (fruits & vegetables only): Fridays, arrive 8:30 or later to take a number; distribution begins 9:30-10 am - ends 11 am (September - June)

**Fees:** No fee.

**Poison Control Center aka National Capital Poison Center**

**Website:** [www.poison.org](http://www.poison.org)

**Toll Free:** (800) 222-1222

**Services:** Telephone guidance for poisoning emergencies. Provides guided online help via [webPOISONCONTROL.org](http://webPOISONCONTROL.org) website.

**Hours:** 24 Hours

**Fees:** No fee.

**SOS Community Services - Food Pantry & Housing Crisis Center**

**Website:** [www.soscs.org](http://www.soscs.org)

**Address:** Resource Center, 114 N. River Street, Ypsilanti MI 48198

**Phone:** Food Pantry (734) 484-9945      Housing via HAWC (734) 961-1999  
Office (734) 485-8730      Resource Center & Utility Assistance (734) 484-5411

**Fax:** Office (734) 485-8739

**Email:** [info@soscs.org](mailto:info@soscs.org)

**Services:** Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance, & transportation. Must be a Washtenaw County resident for some services. "Choice" food pantry is available weekly. Personal care items and meats from Pantry for eligible residents by appointment.

**Hours:** Resource Center — Mondays 9 am - 1 pm; Tuesdays & Fridays 9 am - 1 pm by appointment  
Food Pantry — Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm

**Fees:** No fee.

**SafeHouse Center**

**Website:** [www.safehousecenter.org](http://www.safehousecenter.org) (also en Español)

**Address:** 4100 Clark Road, Ann Arbor MI 48105

**Phone:** 24 Hour Helpline (734) 995-5444 uses Language Line for interpreters as needed  
Office (734) 973-0242

**Fax:** (734) 973-7817

**TTY:** Helpline (734) 973-2227

**Email:** [info@safehousecenter.org](mailto:info@safehousecenter.org)

**Services:** Provides safety, support, legal advocacy, and resources for survivors (female, male & LGBT) of sexual assault and domestic violence and their children. Has a 20-room, 50-bed emergency shelter, limited to a 35 day stay. Must be a survivor of an intimate partner of domestic violence to use the services. All domestic violence services are confidential.

**Hours:** Monday - Friday 9 am - 2 pm for counseling and legal advocacy. 24 Hour helpline.

**Fees:** No fee.

**Saline Area Social Service**

**Website:** [salinesocialservice.com](http://salinesocialservice.com)

**Address:** 1259 Industrial Drive, Saline MI 48176

**Phone:** (734) 429-4570

**Email:** [info@salinesocialservice.com](mailto:info@salinesocialservice.com)

**Services:** Has a food pantry which provides up to 15 meals per week plus special items (monthly) such as household essentials, toiletries, and feminine hygiene products. Provides temporary emergency financial aid for car repairs, energy bills, prescription/Rx co-pays, and rent to residents of Saline Area School District. Must provide ID & meet income guidelines.

**Hours:** Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.

**Fees:** No fee.

**Salvation Army - Washtenaw County (Ann Arbor & Ypsilanti)**

**Website:** [centralusa.salvationarmy.org/washtenaw](http://centralusa.salvationarmy.org/washtenaw)

**Address:** 100 Arbana, Ann Arbor MI 48103      3020 Packard, Suite 1, Ypsilanti, MI 48197

**Phone:** (734) 668-8353 AA      (734) 481-4700 Ypsilanti

**Email:** [salarmya2@gmail.com](mailto:salarmya2@gmail.com)



**Services:** Non-perishable and fresh foods and hygiene items weekly; utility assistance and shelter provided during an emergency. Call to make appointments; application must be picked up in person. Eligibility determined on an individual basis. Must be a Washtenaw County resident.

**Hours:** Monday - Friday 8 am - 4:30 pm AA & Ypsi

Food Pantry (AA) Tuesdays & Thursdays 9:30 - 11:30 am and 1 - 3 pm

**Fees:** No fee.

### **Shelter Association of Washtenaw County (SAWC) - Delonis Center**

**Website:** [www.annarborshelter.org](http://www.annarborshelter.org)

**Address:** 312 W. Huron Street, Ann Arbor MI 48103

PO Box 7370, Ann Arbor MI 48107

**Phone:** Office (734) 662-2829 Ext. 254

**Email:** [shelterassociation@ewashtenaw.org](mailto:shelterassociation@ewashtenaw.org)

**Services:** Provides temporary shelter and supportive services on a walk-in or appointment basis. Employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and other community resources are offered to clients 18+, drug-free, and sober. Washtenaw County residents served first; all others will be on a 30-day wait list pending availability. Offers a Medical Recuperative Care program by referral; Pathways program (substance abuse detoxification); Winter program November - March; and a [Shelter Clinic](#).

**Hours:** 24 Hours; Packard Health Clinic Mondays 8 am - 12 pm & Thursdays 1 - 5 pm

Admin Monday - Friday 9 am - 4:30 pm

**Fees:** No fee.

### **Staples Family Center - Salvation Army of Washtenaw County**

**Website:** [centralusa.salvationarmy.org/washtenaw/provide-housing](http://centralusa.salvationarmy.org/washtenaw/provide-housing)

**Address:** 336 Packard Street, Ann Arbor MI 48108

**Phone:** (734) 961-1999 (HAWC)

**Services:** A drug-free homeless shelter of 36 beds. Phone screening required.

**Hours:** 24 Hours

**Fees:** No fee.

### **St. Thomas Catholic Church - St. Vincent de Paul Outreach**

**Website:** [sta2.org/church/ministries/outreach/](http://sta2.org/church/ministries/outreach/)

**Address:** Parish Office Bldg., 530 Elizabeth Street, Ann Arbor MI 48104

**Phone:** Office (734) 761-8606 Ext. 2901

**Email:** [vdepaul530@gmail.com](mailto:vdepaul530@gmail.com)

**Services:** Provides help with rent, security deposits, utility bills, sometimes medical supplies, and information on local resources. Parishioners leave a message at the number above; other Washtenaw County residents must have social workers request assistance on their behalf.

**Hours:** Monday - Thursday 8 am - 8 pm & Friday 8 am - 6 pm (office closed 12-1 pm all days)

**Fees:** No fee.

### **State of Michigan - Department of Health & Human Services - Assistance Programs**

**Website:** [www.michigan.gov/mdhhs/AssistancePrograms](http://www.michigan.gov/mdhhs/AssistancePrograms)

**Address:** MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**TTY Toll Free:** 711

**Services:** The Emergency Relief Program provides immediate help to individuals or families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, it helps low-income



households meet emergency needs such as heat & utilities, home repairs, relocation assistance, home ownership services, and burial. Designed for low-income households which occasionally need help when unexpected emergency situations arise, not for chronic difficulties. Includes migrant and refugee assistance. Must meet eligibility requirements. Apply online via [MI Bridges](#) or visit local office.

**Hours:** Monday - Friday 8 am - 5 pm excluding state holidays; MI Bridges 24 Hours

**Fees:** No fee.

### **University of Michigan. Department of Psychiatry - Psychiatric Emergency Services**

**Website:** [www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service](http://www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service)

**Address:** Michigan Medicine Hospital, 1500 E. Medical Center Drive, Floor B1, Room A240; Ann Arbor MI 48109 (use Emergency Department entrance)

**Phone:** (734) 936-5900 (734) 996-4747 both 24 Hours

**Services:** Offers assistance with psychological emergencies, including suicide prevention. Provides psychiatric evaluations, treatment recommendations, crisis intervention, screening for inpatient psychiatric hospitalization and mental health referral information.

**Hours:** 24 Hours

**Fees:** Patient's insurance is billed for services. If uninsured, other billing agencies may be considered.

### **Veteran's Haven of Hope House - Salvation Army of Washtenaw County**

**Website:** [centralusa.salvationarmy.org/washtenaw/provide-housing/](http://centralusa.salvationarmy.org/washtenaw/provide-housing/)

**Address:** 809 Henry Street, Ann Arbor MI 4810

**Phone:** (734) 961-1999 (HAWC)

**Services:** Provides transitional housing (no meals) with 7 beds for male veterans at Hope House and 4 beds for male, female or veterans with families at Staples Family Center.

**Hours:** 24 Hours

**Fees:** No fee.

### **Washtenaw County - Community Mental Health - Access/Crisis** (multiple languages)

**Website:** [www.washtenaw.org/2935/Programs-Services](http://www.washtenaw.org/2935/Programs-Services)

[www.washtenaw.org/2936/Crisis-Services](http://www.washtenaw.org/2936/Crisis-Services)

**Address:** Adult Services Clinic, 555 Towner Street, Ypsilanti MI 48197

Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107

Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108

**Phone:** 24 Hours (734) 544-3050

**Toll Free:** 24 Hours (800) 440-7548

**Fax:** (734) 544-6732 Ypsilanti

**Services:** Crisis planning, stabilization and support for substance abuse and mental health.

- **Project Outreach (PORT) Services for the Homeless** - crisis management and transition to mainstream services
- **OBRA Services for Older Adults - Nursing Home Screening and Services.** Includes
  - **Crisis Residential Services (CRS)**, crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis
  - **Self-Determination / Choice Voucher program.** Offers mobile crisis services for Washtenaw County residents.

**Hours:** Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.

**Fees:** Some insurances and based on ability to pay.

### **Ypsilanti Thrift Shop**

**Website:** [www.ypsithriftshop.org](http://www.ypsithriftshop.org)

**Address:** 14 S. Washington Street, Ypsilanti MI 48197

**Phone:** (734) 483-1226

**Services:** Provides housewares; toys & books; clothing for men, women & children; jewelry, and small appliances. Vouchers accepted from area agencies and must be signed by the Thrift Shop social worker.

**Hours:** Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm;  
Saturdays 11 am - 2 pm

**Fees:** Cash and vouchers accepted.

### **FINANCIAL ASSISTANCE - rev January 2023**

In addition to entries in this section relating to financial assistance for prescription or Rx co-pays or coverage, there is a section [Health Services - Prescription Assistance Programs](#) that has more information on discount drug cards or coupons, prescription assistance organizations, coverage for the uninsured or under-insured, and drug company programs.

#### **AARP Foundation - TaxAide**

**Website:** [www.aarp.org/money/taxes/aarp\\_taxaide/locations.html](http://www.aarp.org/money/taxes/aarp_taxaide/locations.html)

**Services:** Provides free tax preparation in Washtenaw County via appointment for Drop-Off services. Register online or call the site. Also offers free coaching help from IRS-certified tax counselors for [Preparing Taxes Online](#). Income restrictions for filing via [OnlineTaxes](#).

Preparation services during 2024 are held at

- **Chelsea Senior Center**, 512 Washington Street, Chelsea MI (734) 475-9242
- **Housing Bureau for Seniors** (734) 998-9341
  - KKMS Building, 3621 S. State Street, Door #710, Ann Arbor MI
- **Milan Senior Center**, 45 Neckel Court, Milan MI (734) 508-6229
- **Saline Area Senior Center**, 7190 N Maple Road, Saline MI (734) 429-9274
- **Ypsilanti District Library**
  - Superior, 1900 N Harris Road, Ypsilanti MI (734) 482-4110
  - Whittaker Road, 5577 Whittaker Road, Ypsilanti MI (734) 482-4110

#### **American Association of Daily Money Managers (AADMM)**

**Website:** [secure.aadmm.com](http://secure.aadmm.com)

**Address:** 174 Crestview Drive, Bellefonte, PA 16823-8516

**Phone:** (814) 357-9191

**Fax:** (814) 355-2452

**Email:** [info@aadmm.com](mailto:info@aadmm.com)

**Services:** Daily Money Managers deliver essential personal financial services to seniors and older adults, people with disabilities and others. Search the directory to find a money manager locally and/or who works remotely and who specializes in seniors and older adults.

**Fees:** Vary with services provided.

### **Ann Arbor Thrift Shop**

**Website:** [www.annarborthriftshop.org](http://www.annarborthriftshop.org)

**Address:** 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104

**Phone:** (734) 662-6771

**Services:** Takes referrals from social service case workers on behalf of local residents who need short-term support / emergency aid for clothing, housing, utilities, medical or dental care, transportation, or other needs. Provides monthly grants to agencies for emergency aid plus program and capacity-building grants.

**Hours:** Monday - Tuesday, Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm

**Fees:** No fee.

### **B&B Payee Services**

**Website:** [www.bbpayeeservices.org](http://www.bbpayeeservices.org)

**Address:** PO Box 980295, Ypsilanti MI 48198

**Phone:** (734) 480-1347

**Fax:** (734) 480-1327

**Email:** [info@bbpayeeservices.org](mailto:info@bbpayeeservices.org)

**Services:** A non-profit organization provides budgeting, bill payment, reports, maintenance of benefits (federal fiduciary services), conservator services & financial management assistance.

**Hours:** Call for hours

**Fees:** Vary by service; Social Security & VA determine flat rates for clients as does the Probate Court; others pay hourly, prorated.

### **BenefitsCheckUp - National Council on Aging**

**Website:** [www.benefitscheckup.org](http://www.benefitscheckup.org) (also en Español)

**Services:** Finds benefits programs for seniors and for people with disabilities with limited income and resources. Search by zip code for information on: medication/Rx, food and nutrition, income assistance, health care, housing and utilities, discounts, tax relief, transportation, education, employment, veterans, and other assistance such as legal aid for civil matters. Helps find out where to apply online or how to get help from a benefits counselor.

**Hours:** 24 Hours

**Fees:** No fee.

### **Consumers Energy - Payment Plans & Assistance**

**Website:** [www.consumersenergy.com/residential/programs-and-services/payment-assistance](http://www.consumersenergy.com/residential/programs-and-services/payment-assistance)

**Toll Free:** (800) 477-5050

**Toll Free Fax:** (800) 363-4806

**TTY Toll Free:** 711

**Services:** Offers programs for emergency and ongoing assistance including senior citizens.

- **Consumers Affordable Resource for Energy (CARE) Program** - a portion of the monthly bill is paid and past due balances are gradually forgiven for on-time payments.
- **Critical Care Program** - shut-off protection for those on life support or with a life-threatening medical condition; must enroll every year.
- **Electric Senior Citizen Bill Credits** - offers a monthly credit to heads of household meeting age requirements.
- **Medical Emergency Protection** - for qualified, documented medical emergencies, protects from shut-off for up to 21 days.
- **Shut-Off Protection Plan** - for seniors 65+ and qualifying customers; monthly payments of estimated usage plus payments on past due balance
- **Winter Protection Plan** - for those 65+ and qualifying customers; pay partial charges during winter months

**Hours:** Monday - Friday 7 am - 6 pm; Saturdays 8 am - 2 pm

**Fees:** Varies according to service.

### **Department of Veterans Affairs - Washtenaw County**

**Website:** [washtenaw.org/959/Veterans-Affairs](http://washtenaw.org/959/Veterans-Affairs) (multiple languages)

**Address:** 2155 Hogback Road, Ann Arbor MI 48108

**Phone:** (734) 973-4540

**Fax:** (734) 973-4560

**BUILDING LOCKED TO  
CUSTOMER TRAFFIC**

**Services:** Help offered to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical costs, transportation and utilities. Acts as liaison with the Michigan Veterans Trust Fund, which has emergency funds for assistance with employment and burial expenses.

**Hours:** Monday - Thursday 8:30 am - 12 pm & 1 - 5:30 pm

Telephone & Video Appointments 1 - 5:30 pm

Closed for Lunch 12 - 1 pm; Closed Fridays - Sundays & Holidays

**Fees:** No fee.

### **DTE - Energy Efficiency Assistance (EEA)**

**Phone:** (734) 544-3008 Washtenaw Co. OCED (734) 358-8100 Habitat for Humanity HV

**Website:** [dteenergy.com/residential/save-money-energy/](http://dteenergy.com/residential/save-money-energy/)

**Services:** For help paying energy bills, DTE offers a [Shut-Off Protection Plan](#) - for low-income customers year round and seniors 65+ (Age 62+ before 10/31/2023 are grandfathered.)

Home energy assessments may result in the installation of energy-efficient products. Contact these contractors serving Washtenaw County:

EverGreen Energy Savers - Manchester (734) 358-3909

Habitat for Humanity Huron Valley - Ann Arbor (734) 358-8100

Pro Energy Consultants - Ann Arbor (734) 827-1003

Spink Insulation - Ann Arbor (734) 622-8260

Transcending Services - Belleville (734) 378-8958

**Hours:** Call for hours.

**Fees:** Varies according to service.

### **Faith in Action (FIA) – Chelsea & Dexter**

**Website:** [www.faithinaction1.org](http://www.faithinaction1.org)

**Address:** St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main Street, Chelsea MI 48118  
7651 Dan Hoey Road, Community Building C, Dexter MI 48130 (food pantry)

**Phone:** (734) 475-3305 Chelsea (734) 426-7002 Dexter

**Services:** Financial help with heat, electric, water, and rent when shut-off notice or notice to quit/eviction is received. Social work staff negotiate with utility companies and landlords to clarify expectations. Free medical equipment closet. Referral to Kiwanis sale for furniture. Emergency food. Available primarily to residents of Chelsea and Dexter School Districts.

**Hours:** Call for hours.

**Fees:** No fee. Income eligibility requirements.

### **Financial Empowerment Center (FEC) - Washtenaw County**

**Website:** [www.washtenaw.org/3061/Financial-Empowerment-Center](http://www.washtenaw.org/3061/Financial-Empowerment-Center)

**Phone:** (734) 544-6748

**Email:** [fec@washtenaw.org](mailto:fec@washtenaw.org)

**Services:** In partnership with Engage@EMU, Jewish Family Services, and Faith in Action the FEC offers professional, one-on-one financial counseling. [Schedule an appointment](#) at one of four locations or virtually. No income limits or residency requirements. Interpreting and translation services are available upon request. In-personal appointments are held at:

- **Washtenaw County Office of Community and Economic Development** - 415 W Michigan Avenue, Ypsilanti, Second floor
- **Jewish Family Services** - 2245 S State Street, Ann Arbor
- **Eastern Michigan University** - University Advising and Career Development Center, 200 McKenny Hall, 878 Cross Street, Ypsilanti
- **Faith in Action** - 7275 Joy Road, Dexter

**Hours:** Call for hours.

**Fees:** No fee.

### **Friends for Life - Humane Society of Huron Valley**

**Website:** [www.hshv.org/friendsforlife/](http://www.hshv.org/friendsforlife/)

**Phone:** (734) 661-3550

**Services:** Offers help for those experiencing difficulties — health, transportation or financial — caring for companion animals.

- **Essential Services & Supplies** — Distributes pet food at HSHV, Meals on Wheels Ypsilanti and Ann Arbor, Community Action Networks and Manchester Family Services.
- **Veterinary Services** — Discounted service rates for senior pet owners, in-home veterinary visits and financial assistance (as available).
- **Short-Term Housing** — Boarding with a foster family after surgery or during an emergency.
- **Pet Behavior Advice** — Online resources; classes & Q&A coming soon
- **Pet Visitation & Adoption** — Adoption consultations for seniors, [free senior-to-senior adoptions](#),

**Hours:** See website or call.

**Fees:** Discounts or free for seniors 62+

### **Friends in Deed**

**Website:** [www.friendsindeedmi.org](http://www.friendsindeedmi.org)

**Address:** 1196 Ecorse Road, Ypsilanti MI 48198

**Phone:** (734) 484-4357 (Helpline/Transportation) or (734) 484-7607 (Furniture)

**Fax:** (734) 484-5355

**Email:** [Helpline@FriendsInDeedMi.org](mailto:Helpline@FriendsInDeedMi.org) and [furniture@FriendsInDeedMi.org](mailto:furniture@FriendsInDeedMi.org)

**Services:** Financial help or referrals for unmet needs of Washtenaw County residents such as utility shut off and transportation — car repair assistance, gasoline, tags/registration, bus rides, used cars, etc. With other social service agencies refers to shelter, food banks, clothing & medical equipment.



**Hours:** Monday - Friday 9:30 am - 2 pm (Helpline); Tuesday - Friday 9:30 - 12:30 (Furniture)

**Fees:** No fee.

### **GreenPath Financial Wellness**

**Website:** [www.greenpath.com](http://www.greenpath.com)

**Address:** 2470 Collingwood St., Detroit, MI 48206 and 36500 Corporate Drive, Farmington Hills, MI 48331 and c/o People Driven Credit Union, 24333 Lahser, Southfield, MI 48033

**Toll Free:** (800) 550-1961

**Services:** Non-profit company provides confidential credit reports, money management assistance, debt counseling and consolidation, foreclosure prevention, home-buying and reverse mortgage counseling.

**Hours:** Call for hours and in-person appointments.

**Fees:** Varies according to service.

### **Habitat for Humanity - Huron Valley - Critical Home Repair & Weatherization**

**Address:** 950 Victors Way, Suite 50, Ann Arbor MI 49108

**Website:** [www.h4h.org/criticalhomerepair](http://www.h4h.org/criticalhomerepair)

**Phone:** (734) 677-1558

**Fax:** (734) 215-9843

**Services:** Provides assistance with pre- and post-energy audits; roof replacement, bathroom modifications, refrigerator and water heater replacement; furnace test and tune-up; and additional home repairs. Based on need and available funding. Special Veterans Home Repair Program. Some programs in cooperation with DTE.

**Hours:** Monday - Friday 10 am - 2 pm

**Fees:** No fee. Income eligibility requirements.

### **HealthWell Foundation**

**Website:** [www.healthwellfoundation.org](http://www.healthwellfoundation.org) (also [en Español](#))

**Address:** Head Office, PO Box 489, Buckeystown MD 21717

**Toll Free:** (800) 675-8416

**Fax:** (800) 282-7692

**Email:** [Grants@HealthWellfoundation.org](mailto:Grants@HealthWellfoundation.org)

**Services:** A non-profit organization for improving access to care for America's underinsured. Assists with copays, premiums, deductibles and out-of-pocket expenses including travel for specific diseases. Also covers behavioral health. Eligibility is determined by financial, medical, and insurance information. Apply online or via automated phone system. Additional [resources](#) include organizations which may help, a medication list by manufacturer, and a mental health screening tool.

**Hours:** Monday - Friday 9 am - 5 pm.

**Fees:** No fee.

### **Hope Clinic**

**Website:** [thehopeclinic.org](http://thehopeclinic.org)

**Address:** 518 Harriet Street, Ypsilanti MI 48197

**Phone:** (734) 484-2989

**Email:** [info@thehopeclinic.org](mailto:info@thehopeclinic.org)

**Services:** Provides limited financial help for [medical care & prescription co-pays](#), and help with other emergency financial needs including [food & meals](#), [vision screening & glasses](#), [dental care](#) and [behavioral health / counseling](#).

**Hours:** Monday - Friday 9 am – 4 pm; Saturdays 8:30 am - 12 pm



**Fees:** No fee.

### **Housing Bureau for Seniors - Michigan Medicine**

**Website:** [www.uofmhealth.org/hbs/housing-bureau-seniors-home](http://www.uofmhealth.org/hbs/housing-bureau-seniors-home)

**Address:** 3621 S. State Street, Door #710, Ann Arbor MI 48108

**Phone:** (734) 998-9339

**Email:** [housingbureauseniors@umich.edu](mailto:housingbureauseniors@umich.edu)

**Services:** Offers support and resources for older adults in search of sustainable housing. Staff social workers conduct assessments, provide appropriate information and offer decision-making tools to help find and maintain stable, affordable living arrangements. Through the [Foreclosure Prevention](#), [Housing Counseling](#) and [Elder Eviction Prevention](#) programs, HBS provides resources and helps find community support systems for those planning or making housing transitions, and/or those handling housing-related crises.

**Hours:** Monday - Friday Call for hours

**Fees:** No fee. Donations accepted.

### **Jewish Family Services of Washtenaw County - Community Assistance**

**Website:** [www.jfsannarbor.org/](http://www.jfsannarbor.org/)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Fax:** (734) 769-0224

**TTY Toll Free:** 711

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Helps Washtenaw County residents access a variety of emergency community funds, based on those programs' income and asset guidelines.

**Hours:** Monday - Thursday 9 am – 5 pm; Friday 9 am – 3 pm

**Fees:** No fee.

### **Lifeline - Universal Service Fund**

**Website:** [www.lifelinesupport.org/](http://www.lifelinesupport.org/)

[/www.fcc.gov/lifeline-consumers](http://www.fcc.gov/lifeline-consumers)

**Toll Free:** (800) 234-9473

**Email:** [LifelineSupport@usac.org](mailto:LifelineSupport@usac.org)

**Services:** Provides up to a \$9.25 monthly discount on telephone or Internet service for eligible low-income subscribers. Those participating in SNAP, Medicaid, Federal Public Housing Assistance, SSI, or the Veterans and Survivors Pension Benefit are also eligible. Administered by USAC which notifies participants

**Fees;** No fee.

### **Low Income Home Energy Assistance Program (LIHEAP)**

**% Washtenaw County Office of Community and Economic Development**

**Website:** [liheapch.acf.hhs.gov/profiles/Michigan.htm#charitable](http://liheapch.acf.hhs.gov/profiles/Michigan.htm#charitable) [www.washtenaw.org//oced](http://www.washtenaw.org//oced)

**Address:** 415 W. Michigan Avenue, Suite 2200, PO Box 915, Ypsilanti MI 48197

**Phone:** (734) 544-6748

**Services:** Assistance with ongoing heating costs and emergencies. income eligibility levels. Apply online through [MI Bridges](#).

**Hours:** Normal business hours. MI Bridges 24 Hours.

**Fees:** No fee.

### **Manchester Family Services, Inc. (MFS, Inc.)**

**Address:** 17000 Bethel Church Road, PO Box 471, Manchester MI 48158

**Phone:** (734) 428-7183

**Email:** [manchesterfamilyservice@gmail.com](mailto:manchesterfamilyservice@gmail.com)

**Services:** Emergency aid for residents of Manchester School District or the townships of Bridgewater, Freedom, Manchester or Sharon. Can provide food or help with rent, utility payments, and prescription costs.

**Hours:** Monday – Friday Call for hours

**Fees:** No fee.

### **MI Bridges**

**Website:** [newmibridges.michigan.gov/](http://newmibridges.michigan.gov/)

**Phone:** (844) 799-9876 Helpdesk

**Services:** Online site to find help and benefits for healthcare coverage, food assistance (SNAP), cash assistance, state emergency relief and more. Registration required for various benefits.

[Resources](#) can be explored without registration.

**Hours:** 24 Hours for Resources; Helpdesk Monday - Friday 8 am - 5 pm

**Fees:** No fee for finding help and benefits.

### **MiCafe - ELM (Elder Law of Michigan, Inc.)**

**Website:** [elderlawofmi.org/micafe](http://elderlawofmi.org/micafe)

**Toll Free:** (877) 664-2233

**Services:** Assists in applying for SNAP (Supplemental Nutrition Assistance Program - USDA) benefits.

**Hours:** Monday - Friday 9 am - 3 pm

**Fees:** No fee.

### **Michigan Ability Partners (MAP) - Representative Payee**

**Website:** [www.mapagency.org/payee](http://www.mapagency.org/payee)

**Address:** 3810 Packard Road, Suite 260, Ann Arbor MI 48108

**Phone:** (734) 975-6880

**Fax:** (734) 975-2956

**Email:** [info@mapagency.org](mailto:info@mapagency.org)

**Services:** Provides financial management assistance. Helps participants increase money management skills, build and maintain credit, and achieve financial stability. Also offers varied [veterans services](#) and [housing support](#).

**Hours:** Monday - Friday 8:30 am - 12 pm and 1:30 - 4:30 pm

**Fees:** Typically flat rate as set by Social Security, currently \$43 per month.

### **Michigan Department of Health and Human Services - Assistance Programs**

**Website:** [www.michigan.gov/mdhhs/Assistance Programs](http://www.michigan.gov/mdhhs/Assistance%20Programs)

**Address:** MDHHS, Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**Fax:** (734) 481-8362

**Services:** Handles applications for Medicaid, State Emergency Relief, and other state financial programs - cash, food (SNAP), medical, home, utilities and water, & burial assistance. Also offers migrant and refugee assistance. Must meet income limits.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

**Michigan Medicare/Medicaid Assistance Program, Inc. (MMAPI)**

**Website:** [www.mmapinc.org](http://www.mmapinc.org)

**Address:** Services offered at various locations

**Toll Free:** (800) 803-7174

**Services:** A health-benefit counseling service which assists in choosing a Medigap plan and/or Part D Medicare plan for prescription/Rx coverage, applying for Extra Help through Social Security, applying for Medicaid, getting a Medigap Subsidy, exploring long term care financing options, and understanding medical bills.

**Hours:** 9 am - 4:30 pm

**Fees:** No fee.

**Michigan Parkinson Foundation**

**Website:** [www.parkinsonsmi.org](http://www.parkinsonsmi.org)

**Address:** 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025

**Phone:** (248) 433-1011

**Toll Free:** Michigan (800) 852-9781

**Email:** [info@parkinsonsmi.org](mailto:info@parkinsonsmi.org)

**Services:** Assists Michigan residents who have Parkinson's disease and who meet financial criteria obtain relief for medication/Rx costs and respite care. Can help find sources of funding for medication/Rx costs.

**Hours:** Monday - Friday 8:30 am - 5 pm

**Fees:** No fee.

**National Kidney Foundation of Michigan, Inc.**

**Website:** [www.nkfm.org](http://www.nkfm.org)

**Address:** 1169 Oak Valley Drive, Ann Arbor MI 48108

**Phone:** (734) 222-9800

**Toll Free:** Michigan (800) 482-1455

**Fax:** (734) 222-9801

**Email:** [info@nkfm.org](mailto:info@nkfm.org) or [patientservices@nkfm.org](mailto:patientservices@nkfm.org)

**Services:** Partners with organizations in Michigan to offer assistance to residents with basic needs — food assistance, housing and utility assistance, The NKFM offers [Senior SNAP](#) application assistance for those 60+ in English by calling (313) 259-1574 ext. 3160 or by emailing [snap@nkfm.org](mailto:snap@nkfm.org). For assistance in another language, contact MIBridges Language Assistance Services at (517) 241-2112.

**Hours:** Monday - Friday Call for hours

**Fees:** No fee.

**Pathlight Community Services - Special Needs Trusts**

**Website:** [mipath.org](http://mipath.org)

**Address:** 615 S. Mansfield Street, PO Box 980465, Ypsilanti MI 48198

**Phone:** (734) 483-9363

**Email:** [info@mipath.org](mailto:info@mipath.org)

**Services:** Safely provides for expenses that are unaffordable or not covered by benefits.

**Hours:** Regular business hours.

**Fees:** Call for fees.

**SOS Community Services - Food Pantry & Resource Center**

**Website:** [www.soscs.org](http://www.soscs.org)

**Address:** 114 N. River Street, Ypsilanti MI 48198

**Phone:** Food Pantry (734) 484- 9945    Housing (734) 961-1999    Office (734) 485-8730  
(734) 484-5411 for Utility Assistance

**Fax:** (734) 485-8739

**Email:** [info@soscs.org](mailto:info@soscs.org)

**Services:** Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County ([HAWC](#)). Personal care items and meats from Pantry for eligible residents by appointment only.

**Hours:** Monday - Friday    Walk-in hours temporarily suspended

**Food Pantry:** Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm    Pickup appointments recommended

**Fees:** No fee.

### **Saline Area Social Service**

**Website:** [salinesocialservice.com](http://salinesocialservice.com)

**Address:** 1259 Industrial Drive, Saline MI 48176

**Phone:** (734) 429-4570

**Email:** [info@salinesocialservice.com](mailto:info@salinesocialservice.com)

**Services:** Short-term help with prescriptions/Rx co-pays, car repair, food and personal items, rent, and utility bills. For help other than food, must live in the Saline School District or work in Saline and meet household income criteria.

**Hours:** Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.

**Fees:** No fee.

### **Salvation Army - Washtenaw County (Ann Arbor & Ypsilanti)**

**Website:** [centralusa.salvationarmy.org/washtenaw](http://centralusa.salvationarmy.org/washtenaw)

**Address:** 100 Arbana, Ann Arbor MI 48103

3020 Packard Suite 1, Ypsilanti MI 48197

**Phone:** (734) 668-8353 (AA)

(734) 482-4700 (Ypsi)

**Email:** [salarmya2@gmail.com](mailto:salarmya2@gmail.com)

**Services:** Emergency financial assistance – Food, clothing, and information on shelter provided during an emergency. Call to make an appointment; application must be picked up in person; eligibility determined on an individual basis. Offers utility assistance plus food and nutrition programs. Must be a Washtenaw County resident.

**Hours:** Monday - Friday 8 am - 4 pm

Food Pantry (AA): Tuesdays & Thursdays 9:30 - 11:30 am & 1 - 3 pm

Meals (carryout): Hope Clinic, 518 Harriet Street, Ypsilanti MI 48197

Daily except Wednesdays 5 - 6 pm

**Fees:** No fee.

### **SilverBills, LLC**

**Website:** [www.silverbills.com](http://www.silverbills.com)

**Address:** 300 West 57th Street, 40th Floor, New York NY 10019

**Toll Free:** (800) 825-1924

**Fax Toll Free:** (866) 817-8198

**Email:** [info@silverbills.com](mailto:info@silverbills.com)

**Services:** A bill management service for seniors or caregivers at flat rates from \$50/month depending on the number of bills handled. Regular communication does not require a computer and can be conducted via phone, email, text, fax or videoconference. Requires 30 day cancellation notice.

**Hours:** Call for hours.

**Fees:** Flat monthly fee..

**Social Security Administration - Medicare Part D & SSI**

**Website:** [www.ssa.gov/benefits/medicare/prescriptionhelp/](http://www.ssa.gov/benefits/medicare/prescriptionhelp/) & [www.ssa.gov/benefits/ssi/](http://www.ssa.gov/benefits/ssi/)  
(multiple languages)

**Address:** 3971 Research Park Drive, Suite A, Ann Arbor MI 48108

**Toll Free:** (877) 402-0825 Ann Arbor (800) 772-1213 National

**TTY Toll Free:** (800) 325-0778 National

**Fax:** (734) 759-9916

**Services:** Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription/Rx costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income.

**Hours:** Monday - Friday 9 am - 4 pm;

**Fees:** No fee.

**Social Security Administration - Representative Payee Program**

**Website:** [www.ssa.gov/payee/](http://www.ssa.gov/payee/) (multiple languages)

**Toll Free:** (800) 772-1213

**TTY Toll Free:** (800) 325-0778

**Services:** Provides benefit payment management for beneficiaries incapable of managing their Social Security or Supplemental Security Income (SSI) payments. Appoints a suitable representative payee who manages the payments on behalf of the beneficiaries. Generally, family or friends serve as payees. When friends or family members are not able to serve as payees, SSA looks for qualified organizations. SSA also offers the option to advance designate up to three individuals who could serve as payee if the need arises.

**Hours:** Regular business hours.

**Fees:** Organizational payees receive the lesser of 10% or \$43/month.

**THAW (The Heat and Warmth Fund)**

**Website:** [thawfund.org/](http://thawfund.org/)

**Phone:** (313) 226-9465

**Toll Free:** (800) 866-THAW / 8429

**Services:** In partnership with agencies across the state, THAW distributes energy and utility assistance to Michigan households including the elderly and disabled who are facing financial crisis. Contact utility providers first to see what options may be available to you.

**Hours:** Monday - Friday 8:30 am - 5 pm

**Fees:** No fee.

**United States Department of Agriculture. Supplemental Nutrition Assistance Program (SNAP)**

**Website:** [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)  
[www.michigan.gov/mdhhs/assistance-programs/food](http://www.michigan.gov/mdhhs/assistance-programs/food)

**Toll Free:** (888) 642-7434 Michigan

**Services:** Provides food benefits to low-income families to supplement their grocery budget. Must apply in the state of Michigan and must meet certain requirements, including resource and income limits. Special rules for the elderly (60+) and disabled.

**Hours:** 24 Hours websites

**Fees:** No fee

**United Way of Southeast Michigan - Get the Tax Facts (Tax Preparation Assistance)**

**Website:** [unitedwaysem.org/get-help/community-resources/tax-assistance/](https://unitedwaysem.org/get-help/community-resources/tax-assistance/)

**Toll Free:** 211

**Live Chat:** Yes

**Services:** IRS certified tax experts from Accounting Aid Society and Way Metro volunteer to work with taxpayers to file accurate tax returns for free. Appointment scheduling begins late January or early February. How to File [unitedwaysem.org/get-help/community-resources/tax-assistance/need-to-file/](https://unitedwaysem.org/get-help/community-resources/tax-assistance/need-to-file/) links to pre-registration and shows the documents needed. Participants may also file taxes online through [myfreetaxes.com/](https://myfreetaxes.com/) My Free Taxes with VITA support specialists available via email, chat and phone.

**Hours:** Daytime, evening and weekend appointments available during tax season..

**Fees:** No fee.

**University of Michigan Credit Union - Financial Wellness Program**

**Website:** [www.umcu.org/Resources/Financial-Wellness](https://www.umcu.org/Resources/Financial-Wellness)

**Address:** Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ [branches](#))

**Phone:** (734) 662-8200

**Toll Free:** (800) 968-8628

**Fax:** (734) 996-4522

**Email:** [umcu@umcu.org](mailto:umcu@umcu.org)

**Services:** Free online access to educational videos, webinars and audio segments via links to YouTube or within YouTube; search for University of Michigan Credit Union then click on videos and/or playlists. Offers free workshops on budgeting, credit, debt reduction, home buying, preventing fraud and other topics via WebEx.

**Hours:** YouTube 24 hours; workshops as scheduled.

**Fees:** No fee.

**Washtenaw County - Income Tax Assistance**

**Website:** [www.washtenaw.org/2351/Income-Tax-Assistance](https://www.washtenaw.org/2351/Income-Tax-Assistance)

**Phone:** (734) 998-9339 seniors via UM Housing Bureau for Seniors

211 households with annual income less than \$64,000 via United Way of Southeast MI

**Services:** Free income tax preparation and filing via [MyFreeTaxes.com](https://MyFreeTaxes.com) or the offices listed above. Briefly explains the Homestead Property Tax Credit and Earned Income Tax Credit.

**Hours:** Call offices above; website 24 Hours.

**Fees:** No fee.

**Washtenaw County - Poverty Exemptions [for Property Taxes]**

**Website:** [www.washtenaw.org/2339/Poverty-Exemptions](https://www.washtenaw.org/2339/Poverty-Exemptions)

**Services:** Links to guidelines and applications for one year city, village or township property tax reductions within Washtenaw County for eligible, low-income homeowners. Exemption application must be filed annually at the March, July or December Boards of Review; owner of property must be its principal resident. Other requirements are given on the website and its link to the 2024 City and Township Poverty Exemption Guidelines [www.washtenaw.org/DocumentCenter/View/4013/2024-Poverty-Exemption-Guidelines-PDF?bidId=](https://www.washtenaw.org/DocumentCenter/View/4013/2024-Poverty-Exemption-Guidelines-PDF?bidId=) . Free [income tax assistance](#) is available for qualifying households.

**Hours:** Call city, village or township offices.

**Fees:** No fee.

**Washtenaw Health Project - Medicaid**



**Website:** [washtenawhealthproject.org/medicaid-for-adults/](http://washtenawhealthproject.org/medicaid-for-adults/)

**Address:** Washtenaw Health Project, 555 Towner Street, Ypsilanti MI 48198  
plus others

- **St. Joseph Mercy Ann Arbor & Chelsea** - [St. Joseph Mercy Health Financial Assistance Programs](#) (734) 712-2009
- **Michigan Medicine, Ann Arbor** - [Michigan Medicine - Patient Financial Counselors](#)
  - (877) 326-9155 or Email: [PFC-Counselors@med.umich.edu](mailto:PFC-Counselors@med.umich.edu)
- **Packard Health** - [Packard Health - Insurance Enrollment Assistance](#) (multiple sites)
- **Manchester Community Resource Center** - (734) 428-7722 or Email: [info@manchestercrc.org](mailto:info@manchestercrc.org)
- **Faith in Action - Chelsea & Dexter** [www.faithinaction1.org/programs-services/](http://www.faithinaction1.org/programs-services/)
  - (734) 475-3305 Chelsea & (734) 426-7002

**Phone:** Ypsi (734) 544-5030

**Email:** [whp@washtenaw.org](mailto:whp@washtenaw.org)

**Services:** Assists in applying for expanded Medicaid. Must be a Michigan resident, ages 16-64, and not in or qualified for Medicare. Zoom appointments available. Ypsi has Español, Arabic & French in-person interpretation services available.

**Hours:** Ypsi Monday - Friday 9 am – 12 and 1 - 4 pm

**Fees:** No fee.

### **Washtenaw County - WHP (Washtenaw Health Plan - Plan B)**

**Website:** [www.washtenaw.org/1878/Plan-B-Information](http://www.washtenaw.org/1878/Plan-B-Information) (multiple languages)

**Address:** 555 Towner Street, Ypsilanti MI 48198

**Phone:** (734) 544-3030

**Toll Free:** (866) 291-8691

**Services:** Health coverage which provides medical care at reduced prices, some on a sliding scale, to low-income county residents. Limited yearly benefit for certain types of medical equipment and supplies. Includes immunizations and a discount prescription/Rx drug program for County residents of all ages who have limited, exhausted, or no prescription/Rx drug coverage. Links to a ["Guide to Free & Low Cost Health Care in Washtenaw County"](#) (dated 2019) for the uninsured.

**Hours:** Monday – Friday 9 am - 4 pm

**Fees:** No fee for membership.

### **World Medical Relief - Local Programs**

**Website:** [www.worldmedicalrelief.org/local-programs](http://www.worldmedicalrelief.org/local-programs)

**Address:** 21725 Melrose Avenue, Southfield MI 48075

**Phone:** (313) 866-5333

**Fax:** (313) 866-5588

**Email:** [info@worldmedicalrelief.org](mailto:info@worldmedicalrelief.org)

**Services:** Facilitates the distribution of surplus medical resources where they are needed. Goods are distributed in a non-discriminatory manner without regard to race, color, gender, religion, nationality or political beliefs. Flyers in English and Español.

- **Affordable Prescriptions Program** - Available for financially-qualified individuals 18+. Financial guidelines: low/medium income as determined by federal guidelines and are uninsured or underinsured. Must have no or insufficient prescription/Rx coverage; not enrolled in Medicaid. May qualify with Medicare Part D.

- **Medical Supply Service** (*metro Detroit*) - Provides a variety of medical supplies to people in need — dressings, bandages, nutritional supplements, and incontinence supplies.
- **Durable Medical Equipment (DME) Program** (*metro Detroit*) - **Must have the ability to pick up medical equipment from the Southfield warehouse.**

**Hours:** Call for business hours.

**Fees:** \$ 8.30 per 30-day prescription/Rx. DME handling fee.

### **Ypsilanti Thrift Shop**

**Website:** [www.ypsithriftshop.org](http://www.ypsithriftshop.org)

**Address:** 14 S. Washington Street, Ypsilanti MI 48197

**Phone:** (734) 483-1226

**Services:** Accepts vouchers for clothing, household items and other goods from the store. Provides temporary emergency funding, on a case-by-case basis, for housing, utilities and medical or dental care to individuals and families. Agency social workers must apply online or contact the shop's Director of Social Services at (734) 483-3932 for approval of vouchers or emergency funding.

**Hours:** Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm; Saturdays 11 am - 2 pm    Donations accepted Tuesdays, Thursdays & Saturdays

**Fees:** Cash and vouchers accepted.

**HEALTH SERVICES - ALZHEIMER'S / DEMENTIA / MEMORY LOSS - rev Feb 2023**

**Alzheimer's Association - Greater Michigan Chapter**

**Website:** [www.alz.org/gmc](http://www.alz.org/gmc) [www.alz.org](http://www.alz.org) (En Español)

**Toll Free:** 24 Hour (800) 272-3900 (Helpline)

**Fax:** (734) 369-2816

**Email:** [helplinegmc@alz.org](mailto:helplinegmc@alz.org)

**Services:** Provides care consultation, resource referral, support groups and message boards, publications/newsletters, educational programs, professional training, a speakers' bureau, a resource library with free lending, [SafeReturn®](#) (A nationwide program for wandering support), and opportunities for clinical trials. Provides multiple language services.

**Hours:** Helpline available 24 Hours

**Fees:** Varies according to service – most are offered at no cost.

**Kettles VA Medical Center (VA Ann Arbor) - Specialty Care - Neurology**

**Website:** [www.va.gov/ann-arbor-health-care/health-services/#specialty-care](http://www.va.gov/ann-arbor-health-care/health-services/#specialty-care)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 769-7100

**Toll Free:** (800) 361-8387

**TTY Toll Free:** (800) 361-8387 Ext. 711

**Services:** Veterans requiring evaluation of dementias and movement disorders are seen in the Neurology Clinic. A referral is required from the patient's primary care provider.

**Hours:** Call for hours.

**Fees:** Varies according to income and/or military service-connected disability.

**Michigan Medicine - Geriatrics Specialty Clinic - Cognitive Disorders Clinic**

**Website:** [www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty](http://www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty)

**Address:** East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109

**Phone:** (734) 764-6831

**Toll Free:** (877) 865-2167

**TTY Toll Free:** (800) 649-3777

**Fax:** (734) 647-8535

**Services:** Provides diagnosis and management of people with memory loss, cognitive impairment due to Alzheimer's and related disorders, and other neurodegenerative diseases.

**Hours:** Call for hours

**Fees:** Varies according to insurance.

**Michigan Medicine - Michigan Alzheimer's Disease Center (MADC)**

**Website:** [alzheimers.med.umich.edu](http://alzheimers.med.umich.edu)

**Address:** 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105

**Phone:** (734) 936-8803

**Email:** [UM-Ask-MADC@med.umich.edu](mailto:UM-Ask-MADC@med.umich.edu)

**Services:** The MADC, part of the Dept. of Neurology, provides information on Alzheimer's disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals / families affected by memory loss. Participation in research studies available.

**Hours:** Call for hours

**Fees:** No fee. Stipend may be offered for participation in research studies.

**HEALTH SERVICES – DENTAL rev July 2022**

**Hope Clinic - Dental Clinic**

**Website:** [www.thehopeclinic.org/dental-clinic/](http://www.thehopeclinic.org/dental-clinic/)

**Address:** 518 Harriet Street, Ypsilanti MI 48197

**Phone:** (734) 484-2989 outgoing message & voicemail options only

**Services:** Provides limited dental treatment to low income persons without dental insurance or the ability to pay for dental care. If not seen at the clinic before, call or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income, photo ID, and Covid-19 vaccination card are required during new patient sign-up.

**Hours:** Monday - Friday 9 am - 12 pm and 1 - 5 pm

**Fees:** Does not accept patients with any dental insurance.

**University of Michigan - Dental School**

**Website:** [www.dent.umich.edu/patient-care](http://www.dent.umich.edu/patient-care)

**Address:** 1011 N. University, Ann Arbor MI 48109

**Phone:** Dental Student appts. (734) 763-6933

Dental Faculty appts. (734) 764-3155

Community Clinic (734) 998-9640

Graduate General Dentistry appts. (734) 764-1532

**Toll Free:** (888) 707-2500 Special Care Clinic

**Services:** Comprehensive dental care provided by students, graduate students and expert dentists. Special Care Clinic treats patients 16+ with disabilities including dementia; progressive neurologic conditions; and physical disabilities that limit mobility, vision, or hearing.

**Hours:** Call for hours.

Follows the academic schedule for holidays and semester breaks.

**Fees:** Most major insurances accepted.

**Washtenaw County Dental Clinic**

**Website:** [www.washtenaw.org/Dental-Clinic](http://www.washtenaw.org/Dental-Clinic)

**Address:** Haab Health Building, 111 N. Huron Street, Ypsilanti MI 48197

**Phone:** (734) 480-4250

**Toll Free:** (877) 313-6232 Patient registration

**Services:** Dental services for adults who are uninsured and low income or who are enrolled in Medicaid. Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages. A program in partnership with Trinity Health AA Hospital, the Washtenaw Health Plan, Washtenaw County and [My Community Dental Centers](#).

**Hours:** Call for Information.

**Fees:** Sliding scale for the uninsured. Reduced fees for uninsured veterans. Call for more information.

**HEALTH SERVICES – GERIATRIC HEALTH ASSESSMENT - rev June 2022**

**Kettles VA Medical Center (VA Ann Arbor) - Geriatrics and Extended Care Program**

**Website:** [www.patientcare.va.gov/geriatrics.asp](http://www.patientcare.va.gov/geriatrics.asp)

**Phone:** (734) 769-7100 (Kettles Center) (734) 222-7600 (Packard)

**Address:** Kettles VA Medical Center, 2215 Fuller Road, Ann Arbor MI 48105

**Packard Road Clinic** - 3800 Packard Road, Suite 120, Ann Arbor, MI 48108

**Services:** Kettles Center specialists evaluate and treat conditions and diseases of the brain, spine, and nervous system, including headache, stroke, Alzheimer's disease, epilepsy, Parkinson's disease and other conditions. Packard Road offers consultation, evaluation, and treatment for confused thinking, memory problems and more.

**Hours:** Monday - Friday 8 am - 4:30 pm

**Fees:** Varies according to income and/or military service-connected disability.

**Michigan Medicine - Geriatrics Center Clinics**

**Website:** [medicine.umich.edu/dept/dgpm/geriatrics-center-clinics](http://medicine.umich.edu/dept/dgpm/geriatrics-center-clinics)

**Address:** East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109  
and West Ann Arbor Health Center Parkland Plaza, 380 Parkland Plaza, Ann Arbor MI 48103

**Phone:** (734) 764-6831 Careline: (734) 764-6831 24 Hours

**Toll Free:** (877) 865-2167

**Fax:** (734) 647-8535

**Services:** Provides comprehensive, multidisciplinary geriatric assessment as well as ongoing primary care, transitional care and specialty care for elderly patients. The **Neurology Cognitive Disorders Clinic** provides diagnosis and management for people with memory loss, cognitive impairment due to Alzheimer's disease and related disorders, and other neurodegenerative disorders that affect memory and thinking. Includes a Chinese Clinic with a Chinese-speaking physician and a Chinese language interpreter.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Varies according to insurance.

**Trinity Health IHA Medical Group - Senior Care**

**Website:** [ihacares.com/locations/iha-senior-health](http://ihacares.com/locations/iha-senior-health)

**Address:** 5361 McAuley Drive, Ypsilanti MI 48197

**Phone:** (734) 712-9968

**Fax:** (734) 222-3106

**Services:** Provides support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. An IHA Senior Health visit may be

beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of change in living situation, assistance with advance care planning and concerns about depression or isolation. No ongoing care. Requires referral from a health provider.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Covered by Medicare and most insurances.

**Trinity Health Michigan - Ann Arbor & Livingston - Neurology**

**Website:** [Trinity Health Michigan IHA Neurology, Ann Arbor Campus](#)

[Trinity Health Michigan - Neurology, IHA Livingston Campus](#)

**Address:** 5301 McAuley Drive, Suite 6109, Ypsilanti MI 48197 (Ann Arbor)

820 Byron Road, Suite 200, Howell MI 48843 (Livingston campus)

**Phone:** (734) 712-1400 Ann Arbor / Ypsilanti and Livingston / Howell

**Services:** Neurological treatment and care of Alzheimer's disease and dementia, cognitive disorders, and Parkinson's disease.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Covered by Medicare and most insurances.



## **HEALTH SERVICES – HEALTH CARE ORGANIZATIONS - rev Dec 2022**

### **Alzheimer's Association – Greater Michigan**

**Website:** [www.alz.org](http://www.alz.org) [www.alz.org/gmc](http://www.alz.org/gmc) (also en Español)

**Toll Free:** (800) 272-3900 24 Hour National

**TTY Toll Free:** (866) 403-3073 24 Hour

**Services:** Provides a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, and opportunities for [clinical trials](#). The Alzheimer's Association provides multi-lingual services.

**Hours:** -24 Hour helpline

**Fees:** Varies according to service – most are offered at no cost.

### **American Cancer Society Michigan**

**Website:** [www.cancer.org](http://www.cancer.org) or [www.cancer.org/about-us/local/michigan.html](http://www.cancer.org/about-us/local/michigan.html) (multiple languages)

**Address:** PO Box 10069, Detroit MI 48210

**Toll Free:** (800) 227-2345 24 Hours National

**Online Live Chat:** Yes, via 800 number at bottom right, opens Skype

**Services:** Offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, and cancer facts and figures.

**Hours:** Helpline 24 Hours..

**Fees:** Fees vary according to service – most are offered at no cost.

### **American Diabetes Association**

**Website:** [diabetes.org](http://diabetes.org)

**Address:** 2451 Crystal Drive, Suite 900, Arlington VA 22202 or PO Box 7023, Merrifield VA 22116

**Phone:** (248) 433-3830

**Toll Free:** (800) DIABETES (342-2383) National

**Email:** [ADAMI@diabetes.org](mailto:ADAMI@diabetes.org) Michigan  
[askada@diabetes.org](mailto:askada@diabetes.org) or [Preguntas@diabetes.org](mailto:Preguntas@diabetes.org) (en Español)

**Services:** Provides information and other services to people with diabetes, their families, health professionals and the public. Advocates for the rights of people with diabetes.

**Hours:** National Helpline Monday - Friday 9 am - 5:30 pm ET

**Fees:** Fees vary according to service; most are offered at no cost.

### **American Heart Association - Detroit**

**Website:** [www.heart.org/en/affiliates/michigan/detroit](http://www.heart.org/en/affiliates/michigan/detroit) [www.heart.org](http://www.heart.org)

**Address:** 26555 Evergreen Road, Suite 570, Southfield MI 48076

**Phone:** (248) 936-5800

**Toll Free:** National (800) 242-8721

**Fax:** (248) 936-5784

**Services:** Offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts. Selected brochures available en Español. Affiliated with the American Stroke Association.

**Hours:** Monday - Friday 8 am - 8 pm & Saturday 10 am - 6 pm National

**Fees:** Varies with program/service.

### **American Lung Association**

**Website:** [www.lung.org](http://www.lung.org) (multiple languages)

**Toll Free:** National (800) 586-4872 press 2

**TTY Toll Free:** (800) 501-1068

**Services:** Offers information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air. Some online / virtual programs. [Spanish resources.](#)

**Hours:** Call for hours.

**Fees:** Varies according to program.

### **American Red Cross of Southeast Michigan**

**Website:** [www.redcross.org/local/michigan](http://www.redcross.org/local/michigan) or [www.redcross.org](http://www.redcross.org) (also en Español)

**Address:** 7800 Outer Drive W., Suite 205, Detroit MI 48235

Blood. Platelet & Plasma Donation Center - 4624 Packard Road, Ann Arbor MI 48108

**Phone:** (313) 833-4440

**Toll Free:** (866) RED-CROSS (733-2767) 24 Hours

**Services:** Trains the community in First Aid, CPR, AED, Babysitting, Pet First Aid, Aquatics, and Nurse Assistant / CNA. Some classes available online / virtually. Holds blood drives; schedule all donations online or by phone (800 number, above.)

**Fees:** Varies according to class or program.

### **American Stroke Association - Southeast Michigan**

**Website:** [www.heart.org/en/affiliates/michigan/detroit](http://www.heart.org/en/affiliates/michigan/detroit) [www.stroke.org](http://www.stroke.org)

**Address:** 26555 Evergreen Road, Suite 570, Southfield MI 48076

**Phone:** (248) 936-5800

**Toll Free:** National (888) 4-STROKE (478-7653)

**Services:** Offers information and resources pertaining to stroke warning signs, prevention, treatment and certification, and recovery information. Selected brochures available en Español. Affiliated with the American Heart Association.

**Hours:** Monday - Friday 8 am - 8 pm; Saturday - Sunday 10 am - 6 pm National

**Fees:** Varies with program or service.

### **Arthritis Foundation - Great Lakes Region - Michigan**

**Website:** [www.arthritis.org](http://www.arthritis.org) (also en Español)

**Address:** 888 W. Big Beaver, Suite 305, Troy MI 48084

**Phone:** (947) 282-2955

**Toll Free:** (800) 283-7800 National

**Email:** [Michigan@arthritis.org](mailto:Michigan@arthritis.org)

**Services:** Offers support for more than 100 types of arthritis and related conditions. Provides public health education; does advocacy, public policy, and legislation; leads and funds research to improve the quality of life for those living with arthritis. Has some virtual events.

**Hours:** Regular business hours; returns messages the next business day

**Fees:** Varies according to program.

**The Association for Frontotemporal Degeneration**

**Website:** [theaftd.org](http://theaftd.org) (multiple languages)

**Toll Free:** (866) 507-7222

**Email:** [info@theaftd.org](mailto:info@theaftd.org)

**Services:** Links to resources on managing FTD, general support, research & clinical trials, support groups, and [publications](#).

**Hours:** Call for hours.

**Fees:** No fee.

**Bone Health and Osteoporosis Foundation (formerly *National Osteoporosis Foundation*)**

**Website:** [www.bonehealthandosteoporosis.org](http://www.bonehealthandosteoporosis.org) ([also en Español](#))

**Services:** Gives information on preventing osteoporosis and broken bones, promoting strong bones for life, educating clinicians, advocacy and research. Includes information on Paget's disease. Links to support groups, some virtual.

**Hours:** 24 Hours website

**Fees:** No fee.

**Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)**

**Website:** [www.gdabvi.org](http://www.gdabvi.org) (links to Google Translate for translation services)

**Address:** 16625 Grand River Avenue, Detroit MI 48227

**Phone:** (313) 272-3900

**Email:** [info@gdabvi.org](mailto:info@gdabvi.org)

**Services:** Provides services that increase self-reliance, productivity and dignity for persons with severe vision loss. Offers in-home rehabilitation services to adults and seniors, and community education programs on eye health and safety. Eligibility: Adults, age 60+ (age limit is flexible) who are blind or visually impaired.

**Hours:** Monday - Friday 8:30 am - 4:30 pm

**Fees:** No fee.

**Huntington's Disease Society of America (HDSA) - Michigan Chapter**

**Websites:** [michigan.hdsa.org](http://michigan.hdsa.org) [www.hdsa.org](http://www.hdsa.org) (multiple languages)

**Address:** 1221 Bowers Street, PO Box 1091, Birmingham MI 48012

**Phone:** (989) 832-4170 MI Chapter

**Toll Free:** (800) 909-0073 MI Chapter (800) 345-HDSA (4372) National

**Email:** [michigan@hdsavolunteer.org](mailto:michigan@hdsavolunteer.org) [HDSAinfo@hdsa.org](mailto:HDSAinfo@hdsa.org)

**Services:** Promotes and supports research and medical efforts, assists people and families affected by Huntington's Disease, and educates the public and health professionals about Huntington's disease. Sponsors several online support groups; the Royal Oak, MI group is virtual.

**Hours:** The HDSA-MI social worker will return all phone calls left on the Chapter Helpline voicemail or to emails sent to [sforbes@hdsa.org](mailto:sforbes@hdsa.org).

**Fees:** No fee for support groups that operate throughout Michigan.

**Lewy Body Dementia Association**

**Website:** [www.lbda.org](http://www.lbda.org)

**Phone:** (404) 935-6444 National

**Toll Free:** (800) 539-9767 Lewy Line

**Services:** Education, research, support and resource materials. Lists support groups by state.

**Hours:** Call for hours.

**Fees:** No fee.

### **Mesothelioma Prognosis Network**

**Website:** [www.mesotheliomaprognosis.com](http://www.mesotheliomaprognosis.com)

**Toll Free:** (888) 797-2649

**Online Live Chat:** Yes (lower right of screen)

**Services:** Provides free information and resources to those affected by mesothelioma cancer. Patient advocates help match patients with doctors, find treatment grants and explore mesothelioma trust funds and VA benefit claims. Online monthly support group.

**Hours:** Call for information

**Fees:** No fee.

### **Michigan Parkinson Foundation**

**Website:** [www.parkinsonsmi.org](http://www.parkinsonsmi.org)

**Address:** 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025

**Phone:** (248) 433-1011

**Toll Free:** (800) 852-9781

**Fax:** (248) 433-1150

**Email:** [info@parkinsonsmi.org](mailto:info@parkinsonsmi.org)

**Services:** Educates and supports people with Parkinson's and related disorders, their loved ones and physicians/allied health professionals. Provides support groups for people with PD and their families. Lists exercise groups in each county. Links to various state and national organizations and resources.

**Hours:** Monday - Friday 8:30 am – 5 pm or leave voicemail

**Fees:** Varies according to program.

### **National Alliance on Mental Illness -- NAMI Michigan**

**Website:** [www.namimi.org](http://www.namimi.org)      [www.nami.org](http://www.nami.org)

**Address:** 401 S. Washington Suite 104, Lansing MI 48933

**Phone:** (517) 485-4049

**Toll Free:** (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm ET

**Text:** NAMI to 741741

**Email:** [info@namimi.org](mailto:info@namimi.org)      [info@nami.org](mailto:info@nami.org)

**Services:** Grassroots mental health organization works to raise awareness and provide support and education to those in need.

**Hours:** Monday - Friday 9 am - 4 pm

Helpline Monday - Friday 10 am - 6 pm ET

**Fees:** No fee.

### **National Kidney Foundation of Michigan, Inc.**

**Website:** [www.nkfm.org](http://www.nkfm.org) (also en Español)

**Address:** 1169 Oak Valley Drive, Ann Arbor MI 48108

**Phone:** (734) 222-9800

**Toll Free:** Michigan (800) 482-1455

**Email:** [info@nkfm.org](mailto:info@nkfm.org)

**Services:** Works to prevent chronic kidney disease and its leading causes: diabetes, obesity, and high blood pressure and tobacco usage -- through education and research. Provides distance learning options. Promotes organ and tissue donation.

**Hours:** Call for hours.

**Fees:** No fee.

**National Multiple Sclerosis Society - Michigan Chapter**

**Website:** [www.nationalmssociety.org/Chapters/MIG](http://www.nationalmssociety.org/Chapters/MIG) [www.nationalmssociety.org](http://www.nationalmssociety.org)  
([also en Español](#))

**Address:** 29777 Telegraph Road (Onyx Office Building), Suite 1651, Southfield MI 48034

**Toll Free:** (800) 344-4867

**Services:** Educates; provides support, including many online programs; and information on living with MS, finding doctors and support,. Includes links to research studies.

**Hours:** Monday - Friday 9 am - 7 pm phone support

**Fees:** No fee.

**Washtenaw County Medical Society**

**Website:** [wcms-mi.org](http://wcms-mi.org)

**Address:** 5 Research Drive, Suite C, Ann Arbor MI 48103

**Phone:** (734) 668-6241

**Fax:** (734) 668-8928

**Services:** Offers a physician directory and answers inquiries regarding medical and public health programs in the community. Covers Michigan medical legislation efforts.

**Hours:** Call for hours

**Fees:** No fee.

## **HEALTH SERVICES – HEARING AND SPEECH IMPAIRMENT - rev July 2023**

*Caption telephones are free to those experiencing hearing loss.  
Consult an audiologist or contact your telephone company for more information.  
Smartphones provide many accessibility options.*

### **AT&T Accessibility - Hearing & Speech**

**Website:** [www.att.com/features/accessibility](http://www.att.com/features/accessibility) [about.att.com/sites/accessibility/hearing-speech](http://about.att.com/sites/accessibility/hearing-speech)

**Toll Free Disability & Aging Center Support:** (800) 772-3140

**DACS TTY Toll Free:** (800) 651-5111

**DACS Hours:** Monday - Friday 9 am - 9 pm ET & Saturdays 11 am - 8 pm

**Toll Free National Center for Customers with Disabilities:** (866) 241-6568 *for wireless customers*

**NCCD TTY Toll Free:** (866) 241-6567

**NCCD Hours:** Monday - Friday 10 am - 10 pm ET

**TTY Toll Free:** 711

**Online Live Chat:** Scroll down to “Contact Us” - [wireless](#) & [U-Verse TV](#), or “Let's Chat” [DirecTV Services](#):

- Closed captioning for U-Verse TV and DirecTV customers.
- Wireless rate plans for customers unable to effectively communicate over voice networks. Plans provide data-only access to AT&T's network and typically include real-time text messaging, email, Internet access, video calling or multimedia messaging (when not restricted by device), text to 911 and hearing aid compatibility. *Not for use on tablets.*
- Customers using a TTY will receive a discount for local and toll calls, based on need. Offers TTY-compatible phones.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
- Directory Assistance Exemption Program for 411 calls.
- LED flash alerts for calls

**Hours:** see above

**Fees:** Varies, discounted services.

### **Comcast / Xfinity - Accessibility Support Center**

**Website:** [www.xfinity.com/support/articles/accessibility-services](http://www.xfinity.com/support/articles/accessibility-services)

**Toll Free:** (855) 270-0379 (800) 934-6489 ASL via videophone

**Online Live Chat:** Yes [support.xfinity.com/accessibility\\_chat](http://support.xfinity.com/accessibility_chat)

**Email:** [accessibility@comcast.com](mailto:accessibility@comcast.com)

**Services:** Assistance with tv closed captioning and with obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides Braille bills, channel lineups, and Xfinity User Guides plus large-button Xfinity remotes. Offers support in American Sign Language — [ASL Support Center](#), 10 am to 12 am. [Xfinity Mobile accessibility features](#) include text to 911 where available, real-time-texting and hearing aid compatibility.

**Hours:** Daily 8 am - 11 pm

**Fees:** Varies with services.



**Deaf and Hearing Interpretive Services, Inc.**

**Website:** [www.dhisonline.org](http://www.dhisonline.org)

**Address:** 2804 Orchard Lake Road, Suite 208, Keego Harbor MI 48320

**Phone:** (248) 473-1888

**Fax:** (248) 474-7938

**Email:** [dhissvcs@gmail.com](mailto:dhissvcs@gmail.com)

**Services:** Provides assistance obtaining interpreters (including bilingual and bicultural). Serves deaf individuals in southeastern Michigan or older adults with hearing loss.

**Hours:** Monday - Friday 9 am – 5 pm

**Fees:** Fee varies according to service; also based on ability to pay.

**Deaf Health Clinic at Dexter Health Center - Michigan Medicine**

**Website:** [www.uofmhealth.org/our-locations/deaf-health](http://www.uofmhealth.org/our-locations/deaf-health)

**Address:** 7300 Dexter-Ann Arbor Road, Suite 110, Dexter MI 48130

**Phone:** (734) 426-2796

**Video Phone:** (734) 539-5000

**Email:** [deafhealth@med.umich.edu](mailto:deafhealth@med.umich.edu) and [deafmentalhealth@med.umich.edu](mailto:deafmentalhealth@med.umich.edu)

**Services:** Provides in-person primary care, and [deaf mental health](#) services by ASL-signing physicians or social workers. Also provides video mental health services.

**Hours:** Call for appointments.

**Fees:** Varies according to insurances.

**Eastern Michigan University - Speech and Hearing Clinic**

**Website:** [www.emich.edu/coe/clinical-services/speech-hearing-clinic.php](http://www.emich.edu/coe/clinical-services/speech-hearing-clinic.php)

**Address:** 135 Porter Building, EMU Campus, Ypsilanti MI 48197

**Phone:** (734) 487-4410

**Services:** Speech and hearing services, including audiology testing and hearing aid evaluation and fitting, provided by graduate students under direct supervision of faculty and staff.

**Hours:** Monday - Thursday 8:30 am - 5 pm; Friday 8:30 am - 4 pm

**Fees:** No fee.

**Hearing Loss Association of America, Michigan**

**Websites:** [www.hearingloss-mi.org/](http://www.hearingloss-mi.org/) (Michigan) [www.hearingloss.org/](http://www.hearingloss.org/) (National)

**Phone:** (248) 983-HLAA (4522)

**Email:** [info@hearingloss-mi.org](mailto:info@hearingloss-mi.org) [macomb-co@hearingloss-mi.org](mailto:macomb-co@hearingloss-mi.org)

**Services:** HLAA offers assistance and resources for people with hearing loss and their families. Active chapters in Macomb (in-person meetings) and Royal Oak (monthly via Zoom)

**Hours:** Macomb - 4th Thursday, 1 – 3 p.m., September to June

Trinity Lutheran Church, 38900 Harper Avenue, Clinton Township MI 48036

Royal Oak: 4th Tuesday 7 – 8:30 p.m. via Zoom. To get on the Zoom mailing list, send email to [mathiasbahnmueeller@gmail.com](mailto:mathiasbahnmueeller@gmail.com)

**Fees:** No fee; \$15 annual membership fee for national association.

**Lions of Michigan Foundation - Lions Clubs of Michigan**

**Website:** [www.lmsf.net](http://www.lmsf.net) [www.lionsofmi.com](http://www.lionsofmi.com)

**Address:** 5730 Executive Drive, Lansing MI 48911

**Phone:** (517) 887-6640

**Fax:** (517) 887-6642

**Email:** [info@lmsf.net](mailto:info@lmsf.net) [lions@lionsofmi.com](mailto:lions@lionsofmi.com)

**Services:** Programs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs. Accepts donations of eyeglasses and hearing aids.

**Hours:** Call for hours.

**Fees:** Varies based on club in local area.

**Michigan Assistive Technology Loan Fund (MATLF) - United Cerebral Palsy of Michigan**

**Website:** [www.matlf.org/](http://www.matlf.org/) [www.mi-ucp.org/](http://www.mi-ucp.org/)

**Address:** c/o United Cerebral Palsy of MI, 23077 Greenfield Road, Suite 205, Southfield MI 48075  
or 1325 S. Washington Avenue, Lansing MI 48910

**Phone:** (248) 557-5070 Southfield (517) 203-1200 x2 Lansing

**Toll Free:** (800) 827-4843

**Fax:** (248) 557-0224 Southfield (517) 203-1203 Lansing

**Email:** [MATLFFund@mi-ucp.org](mailto:MATLFFund@mi-ucp.org) up to \$30,000 [attech@mi-ucp.org](mailto:attech@mi-ucp.org) up to \$2,500

**Services:** Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan and have a disability or be 65+. Loans available via [MSU Federal Credit Union](#), which requires \$5 to join by opening a savings account.

**Hours:** Monday - Friday 8:30 am – 5 pm

**Fees:** Varies, low-interest loans available.

**Michigan Dept. of Civil Rights (MDCR) - Division on Deaf, DeafBlind and Hard of Hearing**

**Website:** [www.michigan.gov/mdcr/](http://www.michigan.gov/mdcr/)

**Address:** Cadillac Place, 3054 W. Grand Blvd., Suite 3-600, Detroit MI 48202

**Phone:** (313) 437-7035

**Fax:** (313) 456-3721

**Email:** [DODDBHH@michigan.gov](mailto:DODDBHH@michigan.gov)

**Services:** The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns including technical support, information and referral, accommodations, and interpreters. Links to DoDDHH [videos](#) in American Sign Language.

**Hours:** Monday - Friday 8 am – 5 pm

**Fees:** No fee.

**Michigan Medicine - Geriatrics Center - Community Programs - Turner Senior Wellness Program**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48109

**Phone:** (734) 998-9353

**Fax:** (734) 998-9340

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Services:** Quarterly hearing loss education groups offered. Call for specific topics, dates and times.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

**Michigan Medicine - Otolaryngology-Head and Neck Surgery - Division of Otology-Neurotology — Audiology**

**Website:** [medicine.umich.edu/dept/otolaryngology/clinical-divisions/division-otology-neurotology](http://medicine.umich.edu/dept/otolaryngology/clinical-divisions/division-otology-neurotology)

**Address:** Taubman - 1500 E. Medical Center Drive, Floor 1, Suite 1300, Ann Arbor MI 48109

East Ann Arbor - 4260 Plymouth Road, Room B 1-113 Ann Arbor MI 48109

West Ann Arbor - 380 Parkland Plaza, Ann Arbor MI 48103

**Phone:** Taubman (734) 936-8051 East AA (734) 936-8051 West AA (734) 998-7380

**Services:** Michigan Hearing provides hearing assessment plus hearing aid evaluation and dispensing, fitting and tuning.

**Hours:** Varies by location.

**Fees:** Varies based on services and insurance coverage.

### **Michigan Online Interpreter System - Michigan Bureau of Professional Department of Licensing and Regulatory Affairs**

**Website:** [interpreter.apps.lara.state.mi.us](https://interpreter.apps.lara.state.mi.us)

**Phone:** (517) 335-1980

**Email:** [LARA-BCHS-Qualified-Interpreter@michigan.gov](mailto:LARA-BCHS-Qualified-Interpreter@michigan.gov)

**Services:** Online directory listing all Qualified Interpreters holding the Michigan Certification that is required to work in the state.

**Hours:** 24 Hours

**Fees:** No fee to search; interpreter fees vary by services.

### **T-Mobile Accessibility**

**Website:** [www.t-mobile.com/responsibility/consumer-info/accessibility-policy](https://www.t-mobile.com/responsibility/consumer-info/accessibility-policy)

**Toll Free:** Accessibility Customer Care (833) 428-1785

**TTY Toll Free:** 711

**Online Live Chat:** No

**Services:** Offers Magenta Deaf or Hard of Hearing (DHH) / Data-Only plans — including unlimited texting, to hearing-impaired customers' smartphones. Has real-time texting (RTT) on select devices and text-to-911 service where supported and is hearing aid compatible.

**Hours:** TTY and Customer Care daily 7 am - 3 am

**Fees:** Varies according to service.

### **Verizon - Accessibility Resource Center**

**Website:** [www.verizon.com/about/accessibility/](https://www.verizon.com/about/accessibility/)

**Toll Free:** Wireless National Accessibility Customer Service Center (888) 262-1999 for Mobile  
Verizon Center for Customers with Disabilities - FIOS 800-974-6006 Voice for Home

**TTY:** (508) 251-5301

**Email:** [vccd@verizon.com](mailto:vccd@verizon.com)

**Online Live Chat:** Yes [Contact Us](#)

**Services:** Offers Live Captions for phone calls or playing music; sound amplification; text-to-911 (where supported), Braille / large print / audio bills and TTY support for its phones, LED flash alerts for calls, and real-time texting (RTT) for people who don't use voice. Also provides Video calling / chat and is hearing aid compatible. Offers many tutorials on the above services.

**Hours:** Wireless customers Monday - Saturday 8 am - 7 pm; Sunday 8 am - 5 pm  
FIOS and traditional customers 8:30 am - 5 pm

**Fees:** Varies by service.

*Note: Other mobile / wireless carriers may also support those with hearing and speech impairments.*

**[Best Cell Phones for Hearing Impaired Seniors for 2024](#) - [SeniorLiving.org](https://SeniorLiving.org)**

### **Over-the-Counter (OTC) Hearing Aids**

**[5 Ways Over-the-Counter Hearing Aids Are Different From Prescription Ones](#)** (September 2022, updated n.d.) - AARP.org

**7 Best Over-the-Counter (OTC) Hearing Aids of 2024** - (February 2024) National Council on Aging (NCOA) [www.ncoa.org/adviser/hearing-aids/best-otc-hearing-aids/](http://www.ncoa.org/adviser/hearing-aids/best-otc-hearing-aids/)

**[Hearing Aids and Personal Sound Amplification Products: What to Know](#)** (May 2023 - FDA.gov

**[Over-the-Counter Hearing Aids](#)** (June 2024) - National Institute on Deafness and Other Communication Disorders

**Where to Get Over-the-Counter Hearing Aids in 2023** - *Medical News Today* (January 2023) [www.medicalnewstoday.com/articles/where-to-get-over-the-counter-hearing-aids#summary](http://www.medicalnewstoday.com/articles/where-to-get-over-the-counter-hearing-aids#summary)

## **HEALTH SERVICES – HOSPICE & PALLIATIVE CARE** - rev July 2022

### **Explanation:**

**Hospice** □ Hospice care involves a team-oriented approach to expert medical care, pain management, and emotional and spiritual support for people facing a life-limiting illness or injury. It is appropriate when it is not possible to cure an illness or a patient chooses not to undergo certain treatments. Hospice must be ordered by a physician and is generally provided in the patient's living environment. It may also be provided in an inpatient hospital setting.

**Palliative Care** □ Palliative care is focused on providing relief from the symptoms and stress of a serious illness and to help patients understand their choices for medical treatment. The goal is to improve quality of life for both the patient and the family. One's primary care physician can provide information about palliative care specialists and will continue to be involved in the patient's care.

A specially-trained team of doctors, nurses and other specialists work together with a patient's other doctors to provide medical, social, emotional and practical support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. Palliative care may be provided in a hospital, outpatient clinic or in the home.

[Choosing a Hospice Provider - Questions to Ask](#)  
(Hospice Foundation of America, 2p.)

**Angela Hospice Home Care - Livonia Care Center**

**Website:** [angelahospice.org/our-care-center/](http://angelahospice.org/our-care-center/)

**Address:** 14100 Newburgh Road, Livonia MI 48154

**Toll Free:** (734) 464-7810 Hospice & Palliative Care (734) 464-3277 Grief Care

**Services:** Offers 32 private patient rooms which are also open for temporary stays covering respite or advanced symptom control. 24 Hour visitations; pets welcome during the day. Also provides hospice home care with optional telehospice (24 Hours), as well as hospice in nursing homes, assisted living and other care facilities. Offers home palliative care and free grief care. A Felician-sponsored ministry. Language assistance available at (888) 464-2341. Volunteers provide companionship, massage therapy and spiritual support to patients.

**Fees:** Hospice and Palliative care — Medicare Part B. Medicaid or private insurance. Co-pays depend on individual plan. Grief care is free to the community.

**Arbor Hospice**

**Website:** [www.arborhospice.org](http://www.arborhospice.org)

**Address:** 2366 Oak Valley Drive, Ann Arbor MI 48103 Admin

**Phone:** (734) 662-5999 Admin

**Toll Free:** (888) 992-CARE (2273) 24 Hours

**Fax:** (734) 662-2330 Admin

**Fax Toll Free:** Referrals (888) 466-7578

**Email:** [WebContact@arborhospice.org](mailto:WebContact@arborhospice.org)

**Services:** Provides palliative and hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes and assisted living facilities. Participates in the "We Honor Veterans" program. A variety of grief support groups are offered to patient families and the community. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

● **NorthStar Palliative Care**

**Website:** [northstarpalliative.org](http://northstarpalliative.org)

**Toll Free:** (877) 227-8823

**Fax:** (734) 929-3294

**Fees:** Typically covered by Medicare, Medicaid, and other insurances. If someone doesn't have the insurance coverage or financial means to pay for our services, Arbor Hospice will provide care regardless.

### **As-Sojood Muslim Spiritual Care and Hospice Network**

**Website:** [islamic-american-cc.com/English/Index.html](http://islamic-american-cc.com/English/Index.html)

**Address:** 2377 Auburn Road, Shelby Township MI 48317

**Phone:** (248) 854-7726

**Services:** Offers physician care, visiting nurses, counseling, bereavement counseling and support groups for family members. Available in homes, hospitals, nursing homes, or other facilities.

**Fees:** No fee. Accepts donations.

### **Evergreen End of Life Care Michigan**

**Website:** <https://www.evergreeneolcfm.org/about.html>

**Phone:** none - Contact is via website only

**Services:** Provides financial support to individuals and families for access to essential end of life services such as end of life doulas, music therapies, massage therapies, and other non-insurance-covered services.

**Fees:** No fee. Accepts donations.

### **Grace Hospice**

**Website:** [www.ghospice.com/](http://www.ghospice.com/)

**Address:** 1194 Oak Valley Dr, Suite 80A. Ann Arbor MI 48108

**Phone:** (734) 975-0499

**Fax Toll Free:** (855) 618-6650

**Services:** A team of doctors, nurses, social workers, counselors, hospice aides, chaplains, and trained volunteers work together focusing on the patient's physical, psychological, or spiritual needs. Serves veterans via a "We Honor Veterans" partnership. Offers a bereavement program. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

**Fees:** Medicare, Medicaid, and other insurances.

### **Harmony Care Medical Group (formerly Visiting Physicians)**

**Website:** [harmonycares.com/service-areas/michigan/ann-arbor-mi/](http://harmonycares.com/service-areas/michigan/ann-arbor-mi/)

**Address:** 1194 Oak Valley Drive, Suite 80-B, Ann Arbor MI 48108

**Phone:** (734) 975-5000

**Fax:** (734) 975-0376

**Services:** Offers hospice and palliative care.

**Hours:** Monday - Friday 8:30 am - 5 pm;

**Fees:** Accepts Medicare, Medicaid and other insurances. Provides good faith estimates to the uninsured or those not using insurance.

### **Hospice of Michigan - NorthStar Care Community**

**Website:** [www.hom.org](http://www.hom.org)

**Address:** 2366 Oak Valley Drive, Ann Arbor MI 48103

**Toll Free:** (888) 247-5701 24 Hours

**Services:** Hospice care is provided in the home, at the hospital, in assisted living, or at the nursing home. Serves Washtenaw County through Arbor Hospice. A member of "We Honor Veterans."



Provides support groups. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

**Fees:** Medicare, Medicaid, and other insurances. Provides care for all—regardless of age, diagnosis, or ability to pay.

### **The Jewish Hospice & Chaplaincy Network (JHCN)**

**Website:** [jewishhospice.org/](http://jewishhospice.org/)

**Address:** 6555 W. Maple Road, West Bloomfield MI 48322

**Phone:** (248) 592-2687 24 Hour Crisis Line

**Fax:** (248) 592-2688

**Email:** [info@jewishhospice.org](mailto:info@jewishhospice.org)

**Services:** Provides a combination of palliative care, hospice care, life enrichments and bereavement care to Jewish patients, families and caregivers in southeast Michigan. Partners with hospices, hospitals, assisted living communities and health care agencies.

**Fees:** No fee; funding comes from donations and grants.

### **Kettles VA Medical Center (VA Ann Arbor) - Home & Community Care Programs - Palliative & Hospice Care**

**Website:** [www.va.gov/ann-arbor-health-care/health-services/#specialty-care](http://www.va.gov/ann-arbor-health-care/health-services/#specialty-care)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105 (multiple languages)

**Phone:** (734) 769-7100

**Toll Free:** (800) 698-2411 National

**TTY Toll Free:** 711

**Services:** Offers inpatient palliative care consultation, an outpatient palliative care clinic and home hospice care.

**Fees:** Covered under VA benefits. May also be covered by Medicaid or Medicare.

### **Michigan Medicine - Palliative Care**

**Website:** [www.uofmhealth.org/conditions-treatments/home-care/palliative-care](http://www.uofmhealth.org/conditions-treatments/home-care/palliative-care)

**Addresses & Phone:** UM Hospital (via page) or at these clinics

- **East Ann Arbor Health and Geriatrics Center - Adult Palliative and Supportive Care Clinic** (734) 764-6831
- **Rogel Cancer Center Symptom Management and Supportive Care Program** (877) 907-0859 Available only for U-M Rogel Cancer Center patients
- **Chelsea Health Center - Palliative and Supportive Care Clinic** (734) 475-1321

**Services:** Help patients with chronic conditions or life-limiting illnesses enhance their quality of life and stay independent and symptom-free for as long as possible. Palliative care delivered by an interdisciplinary team of nurses, physicians, social workers, chaplains, pharmacists and others who focus on advanced disease management.

**Fees:** Medicare, Medicaid, and other insurances.

### **Promedica Hospice & Palliative Care (formerly *Heartland*)**

**Website:** [www.promedica hospice.org/find-an-agency/promedica-hospice-ann-arbor/](http://www.promedica hospice.org/find-an-agency/promedica-hospice-ann-arbor/)  
[www.promedicapalliativecare.org](http://www.promedicapalliativecare.org)

**Address:** 1300 Eisenhower Place, Suite 1390, Ann Arbor MI 48108

**Toll Free:** (877) 329-1001

**Fax Toll Free:** (800) 878-9657

**Email:** [annarbor@heartlandhospice.com](mailto:annarbor@heartlandhospice.com)

**Services:** Provides hospice and palliative care in homes, skilled nursing centers, and assisted or independent living facilities.-

**Fees:** Medicare, Medicaid, and other insurances. Provides hospice care for all—regardless of the ability to pay or insurance coverage.

### **SouthernCare Hospice**

**Website:** [www.southerncarehospice.com](http://www.southerncarehospice.com)

**Address:** 1965 Boardman Road, Unit B, Jackson MI 49202

**Phone:** 24 Hours (517) 788-6838

**Toll Free:** 24 Hours (866) 546-3733

**Services:** Provide physical, emotional and spiritual resources and grief support for families as well as palliative care. Provides personal care and grief support. Participates in "We Honor Veterans."

**Fees:** Covered by Medicare, Medicaid and other private insurance.

### **The Dying Year**

**Website:** [www.thedyingyear.org/](http://www.thedyingyear.org/)

**Phone:** (734) 395-9660

**Email:** [thedyingyear@gmail.com](mailto:thedyingyear@gmail.com)

**Services:** Merilynne Rush and her team work with diverse cultures and the LGBT+ community to provide

- **Advance Care Planning Consultation** to discuss values and wishes and to complete Advance Directives.
- **End-of-Life Doula referrals** for non-medical comfort, guidance, and accompaniment for the dying person and their loved ones from as early as initial diagnosis through death and bereavement, including education about palliative and hospice care and other local resources.
- **Home Funeral and Green Burial Consultation** on how to care for your loved one at home in the hours/days after death and/or information about how to have a green burial.
- **Ann Arbor Death Cafe** the 3<sup>rd</sup> Saturday monthly 11 am - 1 pm, Crazy Wisdom Bookstore, 114 S. Main Street, Ann Arbor. Merilynne Rush facilitates conversation about all things related to death and dying. Not a grief support group, rather a "death positive" event. Participants join in small and large group discussion — no agenda, no presentation. Coffee/tea provided; open to all adults; accessible; confidential. For more information about the Death Cafe movement, visit [www.DeathCafe.com](http://www.DeathCafe.com).
- **Online conversation with Merilynne Rush** - 1<sup>st</sup> Saturday monthly 10:30 am. Send an email stating your interest in The Death Cafe to register for link.
- **Resources** links to articles, videos & podcasts, and books plus lists of certified green cemeteries in the U.S. and hybrid cemeteries in Michigan that have a natural burial section.

**Fees:** Fees vary for training, community presentations, and home consultations. Scholarships and discounts may be available. End-of-Life Care Referrals are free.

### **Trinity Health at Home (was St. Joseph Mercy Home Care and Hospice) - Southeast Michigan**

**Website:** [www.trinityhealthathome.org/michigan/our-services/understanding-our-services](http://www.trinityhealthathome.org/michigan/our-services/understanding-our-services)

**Address:** 20555 Victory Parkway, Livonia MI 48152

**Toll Free:** Michigan (855) 559-7178

**TTY Toll Free:** 711

**Fax Toll Free:** (866) 754-4220 New patient referrals

**Services:** The hospice program provides support, comfort and care for patients with serious, possibly terminal illnesses. Gives psychological, emotional, social and spiritual support for patients and their families. Its community-based palliative care program provides relief from the symptoms and stress of a serious illness, while patients are still receiving curative treatment. Community Health Accreditation Partner (CHAP) accredited. Provides language assistance for non-English speakers.

**Fees:** Medicare, Medicaid, and other insurances.

**HEALTH SERVICES – HOSPITALS - rev June 2022**

**Chelsea Hospital**

**Website:** [www.trinityhealthmichigan.org/location/chelsea-hospital](http://www.trinityhealthmichigan.org/location/chelsea-hospital)

**Address:** 775 S. Main Street, Chelsea MI 48118

**Phone:** (734) 593-6000

**Services:** A joint venture of Trinity Health and University of Michigan Health.

**Kettles VA Medical Center (VA Ann Arbor)**

**Website:** [www.va.gov/ann-arbor-health-care/](http://www.va.gov/ann-arbor-health-care/)

**Contact agencies directly for current hours / services.**

**Address:** 2215 Fuller, Ann Arbor MI 48105

**Phone:** (734) 769-7100

**Toll Free:** (800) 361-8387

**Trinity Health - Ann Arbor Hospital**

**Website:** [www.trinityhealthmichigan.org/location/trinity-health-ann-arbor-hospital](http://www.trinityhealthmichigan.org/location/trinity-health-ann-arbor-hospital)

**Address:** 5301 McAuley Drive, Ypsilanti MI 48197

**Phone:** (734) 712-3456 (734) 712-3000 Emergency

**University Hospital - Michigan Medicine, University of Michigan**

**Website:** [www.uofmhealth.org/our-locations/university-hospital](http://www.uofmhealth.org/our-locations/university-hospital)

**Address:** 1500 E. Medical Center Drive, Ann Arbor MI 48109

**Phone:** (734) 936-4000

**Services:** Offers Survival Flight (800) 822-2233 to transport critically ill and injured patients; non-emergency dispatch (734) 936-6035

**HEALTH SERVICES - IN HOME PROVIDERS - rev Sept 2024**

*Nurses plus physical, occupational, and speech therapists are available  
through Skilled Home Health Care agencies  
which are listed under [Home Care](#).*

**BetterMyMeds**

**Website:** [bettermymeds.com/](http://bettermymeds.com/)

**Phone:** (734) 649-2270

**Email:** [Betty@BetterMyMeds.com](mailto:Betty@BetterMyMeds.com)

**Services:** Pharmacist offers medication management for individuals using 3+ medications / dietary supplements; has more than one health condition; has questions or concerns about medications; and more. Meetings can be face-to-face in the community or home, via video or telephone.

**Hours:** By appointment

**Fees:** Varies by service; extra cost for meetings more than 10 miles round trip from Dexter.

### **Canton Foot and Ankle Specialists**

**Website:** [cantonfoot.com](http://cantonfoot.com)

**Address:** 43050 Ford Road, Suite 150, Canton MI 48187

**Phone:** (734) 981-7800

**Fax:** (734) 981-0487

**Services:** Offers nail appointments for homebound people in the Ann Arbor area. No referrals necessary.

**Hours:** Saturday appointments for the homebound.

**Fees:** Accepts Medicare and other insurance. Patients without a referral must pay in full at time of service.

### **Dr. Leo Santoro, Jr., DPM**

**Website:** [docsantoro.weebly.com](http://docsantoro.weebly.com)

**Address:** 2440 W. Stadium Blvd., Ann Arbor MI

**Phone:** (734) 665-1215

**Services:** Home visits are available for podiatry services in much of Washtenaw County – call for specific areas. No physician referral required.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** Accepts Medicare and PPO insurance..

### **Eye Travel**

**Website:** [eyetraveldoc.com](http://eyetraveldoc.com)

**Phone:** (248) 376-6046

**Services:** Provides eye tests and offers an optical shop for frame selection.

**Hours:** Call for hours.

**Fees:** Vary based on service.

### **Kettles VA Medical Center (VA Ann Arbor) - Home & Community Based Care**

**Website:** [www.va.gov/GERIATRICS/pages/Home and Community Based Services](http://www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services)

**Address:** 2215 Fuller Road, Ann Arbor, MI 48105

**Phone:** (734) 769-7100 or 845-3664

**Services:** Provides home-based primary care and Telehealth (video) care.

**Hours:** 8 am - 4:30 pm

**Fees:** Covered under VA benefits. May also be covered by Medicaid or Medicare.

### **Mature Vision: Mobile Eye Care Clinic**

**Website:** [mobileicare.com](http://mobileicare.com)

**Address:** PO Box 2044, Dearborn MI 48123

**Phone:** (313) 737-6289

**Fax:** (313) 278-5180

**Email:** [contact@mobileicare.com](mailto:contact@mobileicare.com)

**Services:** Offers primary eye care, contact lenses, optical services (glasses), and treats eye diseases in private homes, private businesses, and various living facilities – nursing homes, skilled nursing, assisted living, rehabilitation and hospice.

**Hours:** Call for hours.

**Fees:** Accepts Medicare, Medicaid and vision insurance.

### **Michigan Medicine - HouseCalls**

**Website:** [homecare.med.umich.edu/HouseCalls](http://homecare.med.umich.edu/HouseCalls) (multiple languages)

**Phone:** (734) 477-7256

**Services:** An interdisciplinary team of nurse practitioners, a care manager, and a pharmacist care for patients who are homebound or have limited mobility. This includes care management visits, and regular care through transitions of care visits, one-time assessments and urgent visits. Referral required from a Michigan Medicine provider.

**Hours:** 8 am - 5 pm Monday - Friday

**Fees:** Varies with service.

### **Semma Podiatry (House Calls Only) - Nationwide Food and Ankle**

**Website:** [www.nationwidefootandankle.com/](http://www.nationwidefootandankle.com/)

**Address:** Livonia MI 48150

**Phone:** (248) 956-0177

**Services:** Offers house calls for podiatry services to those with mobility issues or busy schedules.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Accepts insurance.

### **Senior Counseling Services, LLC**

**Website:** [www.seniorcounseling.info/](http://www.seniorcounseling.info/)

**Address:** 37899 W. 12 Mile Road, Suite 130, Farmington Hills MI 48334

**Phone:** (248) 476-2229

**Fax:** (248) 476-4434

**Email:** [admin@seniorcounseling.info](mailto:admin@seniorcounseling.info)

**Services:** In-home mental health counseling via telephone or TeleHealth (video) for seniors, homebound, and disabled individuals in southeast Michigan. Provides supportive counseling for family members and caregivers. Assists with resources and referrals. "In-home" includes senior residences and assisted living facilities.

**Hours:** Office Monday - Friday 9 am – 5 pm; Confidential voicemail and fax available 24 Hours.

**Fees:** Bills Medicare; accepts some insurances and private pay.

### **Visiting Counselors LLC**

**Website:** [www.seniorcounselinghome.com](http://www.seniorcounselinghome.com)

**Address:** Box 971961 Ypsilanti, MI 48197

**Phone:** (734) 635-7004

**Fax:** (734) 219-7197

**Services:** Provides social work services and psychotherapy for a range of mental health needs. Specializes in gerontology and rehabilitation counseling.

**Hours:** Call for hours.

**Fees:** Bills Medicare and other insurance as well as accepts private pay patients.

### **HarmonyCares Medical Group (formerly Visiting Physicians Association (VPA))**



**Website:** [harmonycares.com/service-areas/michigan/ann-arbor-mi/](http://harmonycares.com/service-areas/michigan/ann-arbor-mi/)

**Address:** 1194 Oak Valley Drive, Suite 80-B, Ann Arbor MI 48108

**Phone:** (734) 975-5000

**Fax:** (734) 975-0376

**Services:** Offers physician care, laboratory services, mobile radiology and x-rays.

**Hours:** Monday - Friday 8:30 am - 5 pm;

**Fees:** Accepts Medicare, Medicaid and other insurances. Provides good faith estimates to the uninsured or those not using insurance.

### **Voiage Dental / Voiage Portable Dentistry**

**Website:** [www.voiagedental.com](http://www.voiagedental.com)

**Address:** 26024 Pontiac Trail, South Lyon MI 48178

**Phone:** (248) 931-4828

**Fax Toll Free:** (855) 778-2780

**Email:** [VoilageDental@gmail.com](mailto:VoilageDental@gmail.com)

**Services:** Provides dental care for residents of assisted living facilities, nursing homes and hospitals in the Detroit Metropolitan area. Specializes in mobile geriatric dental care for medically and cognitively impaired patients.

**Hours:** Call office for appointment or consultation.

**Fees:** Fee-for-service; submits bills to dental insurance for patient reimbursement and bills patient.

## **HEALTH SERVICES – LOW VISION AND BLINDNESS - rev Aug 2023**

### **American Council of the Blind**

**Website:** [www.acb.org](http://www.acb.org)

**Toll Free:** (800) 424-8666

**Email:** [info@acb.org](mailto:info@acb.org)

#### **Services:**

- Publishes the [ACB Braille Forum](#) in text (html or plain text), braille, large print, digital cartridge, podcast and e-mail.
- Provides [ten live streams](#) including Community Events via the [ACB Radio Community Channel](#) and old-time radio shows from the 1920s to 1950s on the [Treasure Trove](#) stream.

- [The Audio Description Project](#) - A webpage listing movies; described DVDs; broadcast television; performing arts; plus museums, parks, exhibits and tours. The site includes separate and master lists of titles from a variety of streaming services. The site is searchable; updates are available via email.

**Hours:** Call for hours.

**Fees:** \$10 annual membership fee includes the Michigan Council of the Blind and Visually Impaired (see below); no charge to join as a Friend, listen to streams or search The Audio Description Project.

### **AT&T Accessibility - Vision**

**Website:** [about.att.com/sites/accessibility/vision](http://about.att.com/sites/accessibility/vision)

**Toll Free Disability & Aging Center Support:** (800) 772-3140 *for landline/VOIP customers*

**DACS TTY Toll Free:** (800) 651-5111

**DACS Hours:** Monday - Friday 9 am - 9 pm & Saturdays 11 am - 8 pm

**Toll Free National Center for Customers with Disabilities:** (866) 241-6568 *for wireless customers*

**NCCD TTY Toll Free:** (866) 241-6567

**NCCD Hours:** Monday - Friday 10 am - 10 pm ET

**TTY Toll Free:** 711

### **Services:**

- Talking guide for DirecTV; video description for U-Verse TV; U-Verse app provides access to verbal and motion feedback for visually impaired users.
- [Data-Only Plans](#) provide access to AT&T's network — messaging, email, Internet access, video calling, multimedia messaging. Offers monthly and [prepaid data plans](#) for hotspots, tablets, laptops.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
- [Operator / Directory Assistance Exemption Program](#)
- Bills available in large print or Braille.
- AT&T classic email works with screen readers and browsers.
- Voice control features like Siri or Google Assistant, can help with routine tasks on the phone.

**Hours:** see above

**Fees:** Varies, discounted services.

### **Comcast / Xfinity - Accessibility Support Center**

**Website:** [www.xfinity.com/support/articles/accessibility-services](http://www.xfinity.com/support/articles/accessibility-services)

**Toll Free:** (855) 270-0379

**Email:** [accessibility@comcast.com](mailto:accessibility@comcast.com)

**Online Live Chat:** Yes, at [support.xfinity.com/accessibility\\_chat](http://support.xfinity.com/accessibility_chat)

**Services:** Assistance with audio description, using voice guidance, and obtaining operator services & directory assistance exemptions for the disabled (as verified by a physician). Provides braille bills, large print channel lineups plus large-button Xfinity remotes, **Hours:** Daily 8 am - 10 pm

**Fees:** No additional fees.

### **Detroit Radio Information Services (DRIS)**

**Website:** [wdet.org/dris/](http://wdet.org/dris/)

**Address:** DRIS, c/o WDET 101.9 FM, 4600 Cass Avenue, Detroit MI 48201

**Phone:** (313) 577-4146

**Email:** [dris@wayne.edu](mailto:dris@wayne.edu)

**Services:** Radio Reading/Audio Information Service for people with disabilities from WDET 101.9 FM and Wayne State University. Volunteers read verbatim from more than 100 local and national

newspapers and magazines each week. Special interest materials include this week's grocery and department store ads, senior citizen issues, hobbies, and literature. Rehabilitation programs focus on topics like adjustment, employment, education and legislation. Program schedule available. Also offers playlists, podcasts. Listen/stream online via the web site or use a specially built radio receiver which is loaned free of charge to qualified applicants to listen over a private radio signal. Applicants for receivers must be registered with a Library for the Blind and Physically Handicapped or certified by a qualified healthcare provider such as doctor, social worker or rehabilitation counselor.

**Hours:** 24 Hours.

**Fees:** No fee.

**Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)**

**Website:** [www.gdabvi.org](http://www.gdabvi.org) (offers Google Translate for website)

**Address:** 26777 Central Park Blvd., Suite 150, Southfield MI 48076

**Phone:** (313) 272-3900

**Email:** [Infor@gdabvi.org](mailto:Infor@gdabvi.org)

**Services:** Adult services include vision rehabilitation therapy, orientation and mobility therapy, activities of daily living, and technology training. Provides information on eye health and vision facts. Also has community programs and education, and information and referral. After completing annual intake forms online, one can book online for services and programs. Covers Washtenaw County.

**Hours:** Call for hours.

**Fees:** No fee.

**Kellogg Eye Center - University of Michigan Health**

**Website:** [www.umkelloggseye.org](http://www.umkelloggseye.org)

**Address:** 1000 Wall Street, Ann Arbor MI 48105

Kellogg Community Clinics in Washtenaw County

**Chelsea Health Center**, 14700 E. Old U.S. Hwy 12, Chelsea MI 48118

**Phone:** (734) 764-4190 **Fax:** (734) 433-3151 **Hours:** Mon - Fri 8 am - 5 pm

**West AA:** 380 Parkland Plaza, Ann Arbor MI 48103

**Phone:** (734) 764-4190 **Fax:** (734) 998-7370 **Hours:** Mon - Fri 7:30 am - 5 pm

**Ypsilanti:** River Place Offices Bldg., 1974 N. Huron River Drive, Ypsilanti MI 48196

**Phone:** (734) 764-4190 **Fax:** (734) 547-1000 **Hours:** Mon - Fri 8 am - 5 pm

**Phone:** (734) 764-4190 Comprehensive Ophthalmology Clinic

**Services:** Provides diagnostic evaluation and treatment through various clinics and locations. Offers recommendations for optical aids and appliances as well as occupational therapy services.

- [Low Vision and Visual Rehabilitation Service](#) (734) 764-5106
- **Living With Low Vision** support group meets 2nd Wednesday from 1 - 3 pm.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Varies based on insurance coverage and service..

**Kettles VA Medical Center (VA Ann Arbor) - Visual Impairment Service Team (VIST)**

**Website:** [www.va.gov/ann-arbor-health-care/programs/visual-impairment-services-team-vist/](http://www.va.gov/ann-arbor-health-care/programs/visual-impairment-services-team-vist/)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 845-3934

**Services:** Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. VA referral needed. Support groups and community activities available.

**Hours:** [Call](#) for appointment; contact primary care physician at the VA for more information.

**Fees:** Varies based on eligibility for benefits.

**Lions of Michigan - Projects - Leader Dogs for the Blind**

**Website:** [www.lionsofmi.com/index.php/state-projects](http://www.lionsofmi.com/index.php/state-projects)

**Address:** 1039 S. Rochester Road, Rochester Hills MI 48307

**Toll Free:** 888-777-5332

**Fax:** (248) 651-5812

**Email:** [leaderdog@leaderdog.org](mailto:leaderdog@leaderdog.org)

**Services:** Provide people who are blind or visually impaired with the tools and training to reintroduce them to a life of confidence, safety and independence. A project of Lions Clubs of Michigan.

**Hours:** Call for hours.

**Fees:** No fee.

**Lions of Michigan Foundation - Lions Clubs of Michigan - Lions International**

**Website:** [www.lmsf.net](http://www.lmsf.net)

[www.lionsofmi.com](http://www.lionsofmi.com)

[www.lionsclubs.org/](http://www.lionsclubs.org/)

**Address:** 5730 Executive Drive, Lansing MI 48911

**Phone:** (517) 887-6640

**Fax:** (517) 887-6642

**Email:** [info@lmsf.net](mailto:info@lmsf.net) [lions@lionsofmi.com](mailto:lions@lionsofmi.com)

**Services:** Programs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs. Works to end preventable blindness. Accepts donations of eyeglasses and hearing aids.

**Hours:** Call for hours.

**Fees:** Varies based on clubs in the local area; low vision aids and canes are usually free for individuals who have financial need.

**Michigan - Bureau of Services for Blind Persons (BSBP)**

**Website:** [www.michigan.gov/BSBP](http://www.michigan.gov/BSBP)

**Address:** 702 W. Kalamazoo Street, PO Box 30007, Lansing Michigan 48909

**Phone:** (517) 241-1086

**Toll Free:** (800) 292-4200

**Fax:** (517) 335-0254

**Services:** Provides information and referral to its programs:

- [Vocational Rehabilitation Services](#),
- [Independent Living Services](#) for those 55+
- [BSBP Training Center](#) - residential facility for the blind.
- [Braille and Talking Book Library](#) - A regional network providing service through the Washtenaw Library for the Blind and Physically Disabled (WLBPD, see below).
- [Technology Related to Blindness and Visual Impairment](#) - some free equipment. software, etc.

**Hours:** Call for hours.

**Fees:** No fee.

**Michigan Council of the Blind and Visually Impaired** (an American Council of the Blind affiliate)

**Website:** [www.michigancounciloftheblind.org](http://www.michigancounciloftheblind.org)

[acb.org](http://acb.org)

**Phone:** (206) 666-3696

**Email:** [info@michigancounciloftheblind.org](mailto:info@michigancounciloftheblind.org)

**Services:** Offers [resources](#) and forums. Provides MCBVI radio [www.mcbviradio.com/](http://www.mcbviradio.com/) online.

**Hours:** Leave voicemail for return call.

**Fees:** \$10 annual membership fee includes national association.. No fee to listen to radio online..

### **Michigan Secretary of State**

**Website:** [www.michigan.gov/sos](http://www.michigan.gov/sos) (multiple languages)

**Address:** 295 N. Maple Road, Ann Arbor MI 48103  
4675 Washtenaw Avenue, Ypsilanti MI 48108  
1113 S. Main Street / M-52, Chelsea MI 48118  
MI [Self Service Stations](#) (search by zip code)

**Phone:** (734) 418-6582 to "Get in Line" Ann Arbor only

**Text:** (734) 619-0650 ann arbor to "Get in Line":

**Toll Free:** (888) 767-6424 (SOS-MI) Mondays - Fridays 8:30 am - 5 pm

**Fax:** (734) (665-9491 Ann Arbor; (734) 475-6383 Chelsea; (734) 528-0925 Ypsilanti

**Services:** State identification cards, standard and enhanced, are free for Michigan residents who are legally blind or 65+. First-time IDs must be done in an office. Renewals may be done online or via self-service stations (see above)

**Hours:** Washtenaw County offices Monday, Tuesday & Thursday 9 am - 5 pm; Wednesday 11 am - 7 pm, Friday 9 am - 5 pm. No offices close for lunch. Appointments for office visits may be made [online](#).

**Fees:** Varies, standard ID free for legally blind or those 65+.

### **National Federation of the Blind - Michigan**

**Website:** [www.nfbmi.org](http://www.nfbmi.org) [nfb.org](http://nfb.org)

**Email:** [nfb@nfb.org](mailto:nfb@nfb.org)

**Services:** Provides advocacy, education, research, free white canes, and free Braille slates/styluses.

- [NFB Newslines](#)® - Audio news service for anyone who is blind, low-vision, deafblind, or otherwise print-disabled. Offers access to more than 500 publications, emergency weather alerts, job listings, and more. Access via touch tone phones, smartphone apps, online, and via email. May need certification from the regional Library for the Blind and Print Disabled. **Toll**

**Free:** (866) 504-7300 or **Email:** [nfbnewslines@nfb.org](mailto:nfbnewslines@nfb.org)

**Hours:** Call for hours.

**Fees:** No fee.

### **Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Fax:** (734) 998-9340

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Services:** Offers low vision resources and an in-person Low Vision Support Group which meets the fourth Wednesday 1 - 2:30 pm.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee.

### **Verizon - Accessibility Resource Center**

**Website:** [www.verizon.com/about/accessibility/](http://www.verizon.com/about/accessibility/)

**Toll Free:** Wireless National Accessibility Customer Service Center (888) 262-1999  
FIOS & Traditional customers (800) 974-6006

**TTY:** (508) 251-5301 FIOS & Traditional customers

**Email:** [vccd@verizon.com](mailto:vccd@verizon.com)

**Online Live Chat:** Yes [Contact Us](#)

**Services:** Offers free 411/directory assistance (with physician verification), text to 911, Braille / large print / [audio \(CD or mp3\) bills](#) and channel guide and audio manuals for its products. Offers text-to-

speech Fios TV on-screen guide and descriptive video service (DVS). Provides free Fios TV big button remote control. Also provides Video calling / chat.

**Hours:** Wireless customers Monday - Friday 8 am - 7 pm

FIOS & Traditional customers Monday - Friday 8:30 am - 5 pm

**Fees:** Varies by service.

### **Washtenaw Library for the Blind & Print Disabled (WLBPD) at Ann Arbor District Library**

**Website:** [www.aadl.org/wlbpd](http://www.aadl.org/wlbpd)

**Address:** Downtown AADL, 343 S. Fifth Avenue, Ann Arbor MI 48104

**Phone:** (734) 327-4224

**Toll Free:** (888) 460-0680

**Email:** [wlbpd@aadl.org](mailto:wlbpd@aadl.org)

**Services:** Loans books, magazines, videos in alternative formats, and audiobooks in cartridges or for download; connects participants to the NFB newsline (local and national newspapers), and the Braille and Audio Reading Download ([BARD](#)) site. Materials and a talking book machine are shipped free to the home. Offers Large Print Books-by-Mail. A collection of assistive technologies is available at the Downtown AADL facility. The following libraries in Washtenaw County serve as WLBPD demonstration sites for machines and materials: Chelsea, Dexter, Manchester, Milan, Northfield Township, Saline, and Ypsilanti. For individuals who are certified as unable to read or use standard print materials. Apply through local libraries and some senior centers. *Note that most libraries have large print, audio materials (CDs and downloads), and ebook downloads (where fonts can be enlarged) available for patrons.*

**Hours:** Daily 10 am - 8 pm. Check [AADL locations](#) for current hours.

**Fees:** No fee.

## **HEALTH SERVICES – OUTPATIENT SERVICES - rev July 2022**

### **Hope Clinic**

**Website:** [thehopeclinic.org](http://thehopeclinic.org)

**Address:** 518 Harriet Street, Ypsilanti MI 48197

**Phone:** (734) 481-0111 Medical Clinic (734) 436-1186 Eye Exams

**Email:** [info@thehopeclinic.org](mailto:info@thehopeclinic.org) [communitysightprogram@gmail.com](mailto:communitysightprogram@gmail.com)

**Services:** Provides free primary care to uninsured and underinsured patients and free medications/Rx to qualified patients. Area hospitals partner with Hope to provide discounted lab and radiology services for qualified patients. Provides SBIRT (Screening, Brief Intervention, and Referral to Treatment) assessments, screening for substance use, depression and anxiety. Behavioral health services are available on a limited basis. Also offers free vision screening and glasses.

**Hours:** Monday - Friday 9 am - 4 pm; Saturdays 8:30 am - 12 pm

**Fees:** No or discounted fees; varies by service.

### **Michigan Medicine (U of M Health)**



**Website:** [www.uofmhealth.org/our-locations](http://www.uofmhealth.org/our-locations) (multiple languages)

**Address:** various sites in Ann Arbor, Chelsea, Saline and Ypsilanti.

**Phone:** see individual locations / clinics for phone numbers

**Toll Free:** [24-Hour Nurse Triage Line](#) for existing patients of UM primary care providers - call the clinic and follow the prompts to be connected to a live registered nurse. See the website linked above for services provided and for those not available from the nurse.

**Services:** In addition to Geriatric care, U of M Health Offers adult medicine, primary care, family medicine, general medicine, holistic or integrative medicine, and nutrition services.

**Hours:** Call for hours.

**Fees:** Varies according to service. Medicare and most insurances accepted.

### **Michigan Medicine - Turner Geriatric Clinic and Geriatrics Center Clinics**

**Website:** [medicine.umich.edu/dept/geriatrics-center](http://medicine.umich.edu/dept/geriatrics-center)

**Address:** 4260 Plymouth Road, Ann Arbor MI 48109 (East Ann Arbor)  
380 Parkland Plaza, Ann Arbor MI 48103 (West Ann Arbor, Parkland)

**Phone:** Appts. (734) 764-6831 Social Work (734) 764-2556

**Toll Free:** Appts. (877) 865-2167

**Fax:** (734) 647-8535

**Services:** Comprehensive primary care and geriatric assessments for adults 70+ staffed by teams of physicians, nurses, social workers, pharmacists, and medical assistants. Specialty clinics with varying age eligibility also available at East Ann Arbor in the following areas: cognitive disorders, foot care, endocrinology and diabetes care, gastroenterology, incontinence, mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy, psychiatry, rheumatology, and transitional care. Chinese clinic at East Ann Arbor. Laboratory at both sites and pharmacy at East Ann Arbor. Geriatric psychiatry also at West Ann Arbor, Parkland **(734) 998-7380**.

**Hours:** Call for hours.

**Fees:** Varies according to service, Medicare and most insurances accepted.

### **Packard Health**

**Website:** [www.packardhealth.org](http://www.packardhealth.org)

**Address:** 2650 Carpenter Road, Ann Arbor MI 48108 (Main)  
1915 Pauline Blvd., Ann Arbor MI 48103 (Packard Health West)  
200 Arnet St., Suite 150 (first floor), Ypsilanti MI 48198 (Packard Health Ypsilanti)

**Phone:** Packard Health Main (734) 971-1073  
Packard Health West (734) 926-4900  
Packard Health Ypsilanti (734) 985-7200

**Fax:** Packard Health Main (734) 971-8545  
Packard Health West (734) 926-4901  
Packard Health Ypsilanti (844) 215-8479

**Services:** Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management for the uninsured. Assistance with obtaining medication/Rx and transportation for medical appointments is available when a financial need is demonstrated. Has free language assistance via qualified interpreter services and written translation to patients who have limited English proficiency. The practice is open to all individuals. Clients must call, use their patient portal, or an online web form to make an appointment.

**Hours:** Monday - Friday 8 am - 12 pm & 1 - 5 pm.  
Packard Main Saturdays 8 am - 12 pm (in-person only)

**Fees:** Most major insurances are accepted; private fees are established on a sliding fee basis.

**Shelter Association of Washtenaw County - Packard Health Shelter Clinic**

**Website:** [www.annarborshelter.org/on-site](http://www.annarborshelter.org/on-site)

**Address:** Delonis Center, 312 W Huron Street, Ann Arbor MI 48103

**Services:** Operated by Packard Health, this clinic serves the community's most vulnerable population, and is available to anyone in need in the community as a primary care site.

**Hours:** Mondays 8 am - 12 pm & Thursdays 1 - 6 pm

**Fees:** No fee.

**Trinity Health Primary Care - Ypsilanti (was St. Joseph Mercy Neighborhood Family Health)**

**Website:** [hacares.com/locations/mi/ypsilanti/trinity-health-neighborhood-primary-care-ypsilanti](http://hacares.com/locations/mi/ypsilanti/trinity-health-neighborhood-primary-care-ypsilanti)

**Address:** Haab Health Building, 111 N. Huron Street, Suite 200, Ypsilanti MI 48197

**Phone:** (734) 547-7977

**Fax:** (734) 572-4855

**Services:** Offers primary health care services, internal medicine, care management, and some in-office testing and procedures, and lab services.

**Hours:** Monday 8 am - 5 pm; Tuesday 8 am - 7 pm; Wednesday & Thursday 8 am - 7 pm; Fridays 7 am - 5 pm; Saturdays 8 am - 12 pm

**Fees:** Varies per service. All insurances accepted, including Medicare, Medicaid, Washtenaw Health Plan, and VA Healthcare.

**Washtenaw County Health Department Clinics**

**Website:** [www.washtenaw.org/1131/Clinics](http://www.washtenaw.org/1131/Clinics) (multiple languages)

**Address:** Human Services Building, 555 Towner Street, Ypsilanti MI 48198

**Phone:** (734) 544-6700

**Fax:** (734) 544-6705

**Email:** [health@washtenaw.org](mailto:health@washtenaw.org)

**Services:** Routine immunizations plus sexual health and tuberculosis clinics and screenings.

**Hours:** See specific clinic.

**Fees:** Varies per service. Some free tests. Medicaid and BCBS of Michigan accepted. No private insurance.

**Ypsilanti Health Center - University of Michigan**

**Website:** [www.uofmhealth.org/our-locations/ypsilanti-health](http://www.uofmhealth.org/our-locations/ypsilanti-health)

**Address:** 200 Arnet Street, Suite 200, Ypsilanti MI 48198

**Phone:** (734) 647-7321

**Hours:** Monday - Friday 8 am - 5 pm; Monday & Wednesday Virtual 5 - 7 pm; Saturday 8 am - 12 pm

**Services:** Family medicine. Location also offers behavioral health, cardiology, dermatology and a lab.

## **HEALTH SERVICES - PRESCRIPTION ASSISTANCE PROGRAMS - rev Nov 2024**

[\*Rx Discount Savings Cards and/or Coupons\*](#)

[\*Prescription Assistance Help\*](#)

[\*Prescription Programs for the Uninsured or Under-Insured\*](#)

[\*Drug / Pharmaceutical Company Programs\*](#)

In addition to Medicare options, there are other medication benefits available. They may be offered by commercial companies, states, and / or drug companies. Some have income limits and most are free. They fall into three categories listed below. Note that all hours listed are for telephone contact. Websites are available 24 Hours.

Also, search the agencies listed under the [Financial Assistance](#) section since many help with or provide guidance for Rx / prescription assistance.

The State of Michigan DDHS offers a drug cost comparison tool for the 150 most commonly prescribed medications in Michigan's Medicaid formulary. Costs are for the uninsured - [MichiganDrugPrices.com](http://MichiganDrugPrices.com)

[\*\*\*Rx Discount Savings Cards and/or Coupons\*\*\*](#)

*Prescription card companies provide Rx discount savings cards, Rx coupons or both; either will provide discounts for prescription medications. One card or coupon may be used multiple times for the same or different medications at one or several pharmacies. Most discount cards or RX coupons may be **printed, texted, or emailed**. Some require enrollment in the program. The cards or coupons are free to use, **even for non-citizens**, but may not always be used along with prescription insurance. Most cards and coupons are accepted in large chain pharmacies although some are accepted only at specific pharmacies. Check with local or community pharmacies to see if they participate in any discount card or coupon programs.*

*Note that a phone number or email address is needed to get card or coupon via text or email. Name and address is required to get a physical card mailed.*

*Note that some pharmacies will not accept discount cards / coupons for certain drug classes such as controlled substances, including opioids.*

### **AARP® Rx Discount Program - Optum Rx**

**Toll Free:** (877) 442-7718

**Website:** [aarppharmacy.com](http://aarppharmacy.com)

**Smartphone app:** No

**Requires enrollment:** No

**Services:** Available to all; but AARP members may get their card in virtual wallets and get home delivery. May be used for any family member including pets. Search results for price comparisons appear from lowest to highest price. Cannot be used with Medicare Part D.

**Hours:** 24 Hours

**Fees:** AARP membership required to get home delivery.

### **America's Pharmacy™**

**Website:** [www.americaspharmacy.com](http://www.americaspharmacy.com)

**Toll Free:** (888) 495-3181

**Smartphone app:** Yes

**Requires enrollment:** No

**Services:** Search by drug name to find cost at nearby pharmacies. Provides a drug discount card to use at participating pharmacies for both human and pet medications. Drug prices set by participating pharmacies. Can not be used with Medicaid or with Medicare co-pays.

**Hours:** 24 Hours

**Fees:** No fee.

### **Ann Arbor/Ypsilanti Regional Chamber - A2Y Rx Plus Card**

[a2ychamber.org/benefits-3/savings/a2y-rxplus-card/](http://a2ychamber.org/benefits-3/savings/a2y-rxplus-card/)

**Phone:** (734) 665-4433

**Toll Free:** (877) 321-6755 Customer Service

**Smartphone app:** No

**Requires enrollment:** No

**Services:** A prescription savings coupon/card offered to local residents. Can print, text, email and save/download card. Scroll down to search medication prices and/or to locate pharmacies. Cannot be used with any other plan.

**Hours:** Monday - Friday 9 am - 5 pm A2Y office      24 Hours for toll free numbers

**Fees:** No fee

**Discount Drug Network - Optum Perks**

**Website:** [www.discountdrugnetwork.com](http://www.discountdrugnetwork.com)

**Toll Free:** (877) 537-5537

**Email:** [support@discountdrugnetwork.com](mailto:support@discountdrugnetwork.com)

**Smartphone app:** No

**Requires enrollment:** No

**Services:** Search by zip code and get results grouped by national pharmacies, grocery stores, and other independent pharmacies with the best local price. Print, text or email savings information to show pharmacist. Must give name, address, & email to get physical card.

**Hours:** Daily 9 am - 8 pm; Saturdays 10 am - 3 pm

**Fees:** No fee

**Good Rx**

**Website:** [www.GoodRx.com](http://www.GoodRx.com)

**Toll Free:** (855) 268-2822

**Smartphone app:** Yes

**Requires enrollment:** No

**Services:** A free price comparison website for drugs, including pet medications. Searching by drug shows a discount or coupon and allows it to be printed, texted or emailed. May be used instead of insurance. Offers GoodRx Gold, a monthly membership program offering many \$10 prescriptions, free home delivery and licensed healthcare provider visits starting at \$19.

**Hours:** Monday - Sunday 7 am - 10 pm

**Fees:** No fee for searching or accessing basic discounts or coupons. May enroll in **Good Rx Gold** by monthly subscription for more savings.

**Health Well Foundation®**

**Website:** [healthwellfoundation.org](http://healthwellfoundation.org) (also en Español)

**Toll Free:** (800) 675-8416

**Fax Toll Free:** (800) 282-7692

**Email:** [grants@healthwellfoundation.org](mailto:grants@healthwellfoundation.org) - grant, claims and pharmacy cards  
[portal@healthwellfoundation.org](mailto:portal@healthwellfoundation.org) - patient, provider and pharmacy portal  
[support@healthwellfoundation.org](mailto:support@healthwellfoundation.org) - donation inquiries (no grants questions)

**Smartphone app:** Yes

**Requires enrollment:** Yes

**Services:** Reimburses prescription copays; health insurance premiums; deductibles and out-of-pocket expenses including travel costs and behavioral health services. Reimburses costs or provides a pharmacy card. Eligibility for grants depends on disease, medication, household income, and is limited to treatment in the United States. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee

**MI Health / MiRx (My Prescription) Card**

**Website:** [mirx.mihealth.org/](http://mirx.mihealth.org/)

**Toll Free:** (877) 681-7540 Rx Hotline 24 Hours  
(877) 681-7540 Help in applying

**Smartphone App:** No

**Requires enrollment:** Yes

**Services:** Free discount card/coupon for residents with no prescription drug coverage. Income limits apply. Has a searchable list of pharmacies: [mirx.mihealth.org/Pharmacy](http://mirx.mihealth.org/Pharmacy)

**Hours:** Monday - Friday 8 am - 7 pm

**Fees:** No fee

**Michigan Rx Card**

**Website:** [michiganrxcard.com](http://michiganrxcard.com)

**Smartphone App:** No

**Requires enrollment:** No

**Services:** In partnership with the Michigan Association of Counties and the Michigan Academy of Physician Assistants, offers a free discount card/coupon to use for Rx not covered by health insurance or Medicare Part D. May be used instead of insurance if cost is less than copay. Can text, email, save/download or print coupon. Search pharmacies by zip code.

**Hours:** 24 Hours

**Needy Meds Drug Discount Card**

**Website:** [www.needymeds.org](http://www.needymeds.org)

**Toll Free:** (800) 503-6897

**Fax:** (206) 260-8850

**Email:** [info@needymeds.org](mailto:info@needymeds.org)

**Smartphone App:** Yes - Google only

**Requires enrollment:** No

**Services:** Offers searchable databases of drugs, pharmacies and prescription assistance programs. Provides a drug discount card — using printer or via text, email, or mail — or a smartphone app, to use at participating pharmacies. Name, address, email & SASE required to receive a physical card. Has drug cost calculator for pharmacies by zip code or address.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee

**Rx4 Miracles - Rx Savings Card**

**Website:** [www.rx4miracles.org](http://www.rx4miracles.org)

**Toll Free:** (833) 511-9500 Helpline (855) 569-6337 patient advocate

**Smartphone App:** Yes - not mentioned on or linked from website

**Requires enrollment:** No

**Services:** Provides free Rx savings coupons via text, email, print or save/download or a free physical card for brand name and generic medications. Can use instead of health insurance. Can use coupon via drive-through or home delivery. Must give name, address, & email to get physical card via mail. Open to everyone; benefits Children's Miracle Network hospitals. Site includes a link for searching Medication Pricing by drug name and zip code. [www.rx4miracles.org/medication-pricing.php](http://www.rx4miracles.org/medication-pricing.php)

**Hours:** Monday - Sunday 9 am - 8 pm patient advocate; 24 Hours website

**Fees:** No fee

**RxSaver™**

**Website:** [www.rxsaver.com](http://www.rxsaver.com)

(Help articles also en [Español](#))

**Toll Free:** (855) 569-6337 Patient Advocate

**Smartphone app:** Yes

**Requires Enrollment:** No



**Services:** Search by drug name to see discounted price from multiple pharmacies and to print coupon. Coupon is limited to pharmacy named on it. Cannot be combined with insurance or Medicare/Medicaid. Can also be used for all over-the-counter (OTC) items at [www.rxsaver.com/blog/how-to-use-rxsaver-card-on-over-the-counter-medications](http://www.rxsaver.com/blog/how-to-use-rxsaver-card-on-over-the-counter-medications) (with Rx from provider).

**Hours:** Monday - Friday 8 am - 7 pm

**Fees:** No fee

### **ScriptSave WellRx**

**Website:** [www.wellrx.com](http://www.wellrx.com)

**Toll Free:** (800) 407-8156

**Smartphone app:** Yes

**Requires Enrollment:** Only to manage medications, alerts, etc.

**Services:** Search for any FDA approved medication to find prices in the geographic area. Can search by pharmacy name, state, city or 24 Hour pharmacy. Request by email, text, download or print. One card covers a household including pets. Can be used with no insurance or instead of insurance plans. May provide email to get price alerts.

**Hours:** Monday - Friday 9 am - 8 pm

**Fees:** No fee

### **Single Care**

**Website:** [www.singlecare.com](http://www.singlecare.com) (available en Español)

**Toll Free:** (844) 234-3057

**Email:** [support@singlecare.com](mailto:support@singlecare.com)

**Smartphone app:** Yes

**Requires Enrollment:** Optional to receive extra discounts.

**Services:** Gives drug search results in order from lowest cost to highest. Coupon valid only at the pharmacy named. Provides extensive information on the drug named. One card covers the whole family including pets. Home Delivery may be available from local pharmacies or existing mail-order companies. SingleCare also offers a home delivery option on some prescriptions through a partner company,

**Hours:** 24 Hours (except major holidays)

**Fees:** No fee.

*In addition to the general discount card or coupon programs listed above, individual stores have Rx discount or reward programs. See the listings below.*

### **Michigan Drug Prices - Retail Discount Drug Programs**

**Website:** [michigandrugprices.com/Home/RetailDiscountDrugPrograms](http://michigandrugprices.com/Home/RetailDiscountDrugPrograms)

**Toll Free:** (800) 642-3195 Medicaid Beneficiary Support

**TTY Toll Free:** 711 or (800) 649-3777 and ask for the number above

**Email:** [MDHHSParmacyServices@michigan.gov](mailto:MDHHSParmacyServices@michigan.gov) or [BeneficiarySupport@michigan.gov](mailto:BeneficiarySupport@michigan.gov)

**Services:** Lists select retail pharmacies which offer discounted pricing on a large range of generic equivalents and brand name prescription drugs. Drug discount cards, retail drug discount programs, and other programs may offer substantial savings from retail prices.

**Hours:** 24 Hours

**Fees:** No fee

**Costco - Pharmacy and Mail Order Pharmacy**

**Website:** [www.costco.com/pharmacy/warehouse-pickup](http://www.costco.com/pharmacy/warehouse-pickup) [www.costco.com/home-delivery](http://www.costco.com/home-delivery)

**Phone:** (800) 607-6861 Mail order pharmacy

**Fax Toll Free:** (800) 633-0334

**Email:** [webpharmacy@costco.com](mailto:webpharmacy@costco.com)

**Online chat:** Yes - General Customer Service

**Smartphone app:** Yes

**Requires enrollment:** Yes

**Services:** In-store pharmacy service available to non-members; discounts available to members. Drug prices available in smartphone app and includes prices at other select pharmacies. Mail Order Pharmacy limited to Costco members and includes free standard shipping via USPS. Expedited shipping available. Includes pet medications. Language translation services available. Offers virtual doctor visits via Sesame.

**Hours:** 24 Hours online; Monday - Friday 8:00 am - 10:00 pm; Saturdays 12:30 pm - 5:00 pm  
Pharmacy agent

**Fees:** No fee for in-store service; discounts and mail order with membership card

**CVS - Extra Care Pharmacy & Health Rewards®**

**Website:** [www.cvs.com/extracare-cvs/rxrewards](http://www.cvs.com/extracare-cvs/rxrewards)

**Phone:** Call local CVS [www.cvs.com/store-locator/](http://www.cvs.com/store-locator/)

**Smartphone app:** Yes

**Requires enrollment:** Yes

**Services:** Members of the free ExtraCare Rewards program may join this program and earn up to \$50 Pharmacy & Health ExtraBucks Rewards® for filling prescriptions, etc. at 1-3 credits each. Rewards reset at the end of each calendar year. Pet medications are included. CVS Pharmacy at Target customers may request a Target merchandise coupon in lieu of receiving ExtraBucks Rewards. Offers optional paid membership in its **CarePass** program which provides free delivery of prescriptions, free shipping (with limitation), and discounts on CVS Health® brand products.

**Hours:** contact local CVS pharmacy

**Fees:** No fee.

**Kroger Health Savings Club - by Rx Sense**

**Website:** [www.krogerhealthsavings.com/](http://www.krogerhealthsavings.com/)

**Toll Free:** (833) 317- 2937 **Requires Enrollment:** Yes

**Services:** Free and \$3 drugs for common prescriptions. Also offers \$3 (30 day) and \$6 (90 day) supplies of select medications; no insurance needed.

**Hours:** Monday - Friday 9 am - 9 pm; Saturdays 9 am - 6 pm & Sundays 10 am - 5 pm

**Fees:** Membership fee for individuals or family(6 members).

**Meijer - Select Free Prescriptions and MPerks Pharmacy Rewards**

**Website:** [www.meijer.com/services/pharmacy/pharmacy-rewards.html?](http://www.meijer.com/services/pharmacy/pharmacy-rewards.html?)

**Phone:** contact local Meijer pharmacy

**Smartphone app:** Yes

**Requires enrollment:** Yes

**Services:** **Free** - Select medications are free; not valid with other offers. **Rewards** - Earn 10 points for every \$1 spent and then redeem digital reward. Includes pet medications.

**Hours:** contact local Meijer pharmacy

**Fees:** No fee

**Sam's Club - RxSavings Program (powered by America's Pharmacy)**

**Website:** [www.samsclub.com/pharmacy/rxsavings](http://www.samsclub.com/pharmacy/rxsavings)

**Smartphone app:** Yes

**Requires enrollment:** No

**Services:** Members, spouses, minor children and pets in household automatically qualify for this program. Show membership card at pharmacy to get discounts. Cannot be used with other cards / coupons, vouchers, insurance or government programs like Medicare. Discounts apply to immunizations, diabetic supplies and select pet medications. Does not provide discounts on controlled substance medications. In-store interpreting services available for multiple languages. Online drug search results also show prices at nearby pharmacies for comparison. In-store pharmacy services available for non-members. Sam's Club Plus Members get additional pharmacy benefits.

**Hours:** contact local Sam's Club pharmacy

**Fees:** Membership fee.

**Walmart Prescription Program**

**Website:** [www.walmart.com/cp/pharmacy/](http://www.walmart.com/cp/pharmacy/)

**Phone:** contact local Walmart pharmacy

**Smartphone app:** Yes

**Requires Enrollment:** No for \$4 Rx

**Services:**

- [\\$4 Prescriptions](#) - Offers \$4 (30 day) and \$10 (90 day) supplies of medications; no insurance needed.
- [Mail Order Pharmacy](#) - Free shipping
- [Walmart Pet Pharmacy](#)

**Hours:** contact local Walmart pharmacy

**Fees:** No additional fee for \$4 Prescription program.

**Prescription Assistance Help**

*These are organizations, companies and websites that help  
find prescription assistance for individuals.  
Usually patients must be U.S. citizens or residents.*

**BenefitsCheckUp - National Council on Aging (NCOA)**

**Website:** [benefitscheckup.org](http://benefitscheckup.org) (also en Español)

**Toll Free:** (866) 400-9164 Elder Law of Michigan (ELM)

**Fax:** (571) 372-0792 ELM

**Email:** [info@elderlawofmi.org](mailto:info@elderlawofmi.org)

**Requires enrollment:** Yes, for personalized assistance

**Services:** Helps individuals find prescription benefits online using zip code or complete personal information.

**Hours:** 24 Hours (online); Monday - Friday 9 am - 5 pm

**Fees:** No fee

**Medicine Assistance Tool (MAT) - Pharmaceutical Research and Manufacturers of America (PhRMA)**

**Website:** [medicineassistancetool.org](http://medicineassistancetool.org) (also en Español)

**Phone:** (571) 350-8643

**Requires enrollment:** No.

**Services:** Online tool to find help for accessing medications from various biopharmaceutical industry programs. The Patient Resources section at the bottom of the page links to prescription discount [Savings Cards](#), and under [Additional Resources](#) lists government agencies, various disease-specific organizations, and other resources for prescription assistance. Most have links for online applications, phone numbers to call or email.

**Hours:** Normal business hours

**Fees:** No fee

### **Needy Meds**

**Website:** [www.needymeds.org](http://www.needymeds.org)

**Toll Free:** (800) 503-6897

**Fax:** (206) 260-8850

**Email:** [info@needymeds.org](mailto:info@needymeds.org)

**Requires Enrollment:** No

**Services:**

- Offers searchable databases of drugs, pharmacies and prescription assistance programs.
- Provides a drug discount card — using printer or via text, email, or mail — or a smartphone app (Google only) to use at participating pharmacies.
- Has drug cost calculator for pharmacies by zip code or address.

**Hours:** Monday - Friday 8 am - 8pm.

**Fees:** No fee

### **Patient Access Network - PAN Foundation**

**Website:** [www.panfoundation.org](http://www.panfoundation.org) (also en Español)

**Toll Free:** (866) 316-7263

**Online Chat:** via Skype

**Requires enrollment:** Yes

**Services:** Help insured people living with life-threatening, chronic and rare diseases with the out-of-pocket costs for their prescribed medications through 12-month renewable grants. Grants cover reimbursement for out-of-pocket medication costs, including co-pays, health insurance premiums, and transportation costs associated with medical care. Search by disease fund or medication for open, closed or wait list grant opportunities.

**Hours:** Monday - Friday 9 am - 5:30 pm

**Fees:** No fee

### **Patient Advocate Foundation (PAF) - Co-Pay Relief**

**Website:** [copays.org](http://copays.org) (English only) [www.patientadvocate.org](http://www.patientadvocate.org) (available in multiple languages)

**Toll Free:** (866) 512-3861 Co-Pay Relief (800) 532-5274 Foundation

**Fax:** (757) 952-0119

**Requires enrollment:** Yes

**Services:** Provides grants to help with medication copayments and deductibles for patients who are facing chronic, life-threatening or debilitating diseases. Also covers health insurance premiums — including Medicare Supplement Plans, Medicare Part B and/or Part D Premium reimbursement. From the Patients & Family page, search under “Find Your Fund” for open, closed and health equity (selected U.S. county) funds or browse by condition.

**Hours:** Monday – Friday 8:30 am - 5 pm

**Fees:** No fee

**Patient Assistance Program/s**

**Website:** [patientassistanceprograms.net](http://patientassistanceprograms.net)

**Toll Free:** (855) 889-3707

**Requires enrollment:** Yes

**Services:** An advocate helps facilitate the completion of forms and applications for pharmaceutical company programs for free or discounted prescriptions. Patients must be U.S. citizens or residents and are usually low-to-moderate-income, uninsured or under-insured and meet certain other guidelines.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** Yes. Cancellation and refund policies.

**Patient Help Network (PHN)**

**Website:** [www.patienthelpnetwork.org](http://www.patienthelpnetwork.org)

**Toll Free:** (866) 218-0694

**Requires enrollment:** Yes

**Services:** An advocate acts as liaison between the patient and the drug manufacturers for pre-qualification, application preparation, application submission, and managed refills, as well as re-enrollments. Ten (10) days to cancel initial enrollment; cancel service at any time.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** Application fee (non-refundable); monthly fee depends on medications.

**Prescription Lifeline**

**Website:** [prescriptionlifeline.org](http://prescriptionlifeline.org)

**Toll Free:** (888) 331-1002

**Requires enrollment:** Yes

**Services:** Patient advocates for lowest cost prescription drugs for U.S. residents who are uninsured or covered by Medicare Part D.

**Hours:** Monday - Friday 9 am - 6 pm

**Fees:** \$50 application fee; service fees begin at \$79/month. Cancellation and refund policies.

**RxAssist - Patient Assistance Program (PAP) Center**

**Website:** [www.rxassist.org/patients](http://www.rxassist.org/patients)

**Toll Free:** (800) 997-7739 (800) 537-5537 Pharmacy Helpline / Customer Service

**Email:** [info@rxassist.org](mailto:info@rxassist.org)

**Services:** Directory of patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy medicine. In addition to a search by individual drug or company name, the site provides a Multiple Drug Search for up to 5 drugs at once. An alphabetic list by name of manufacturer has a list of drugs for which assistance are provided along with a phone number for each and sometimes an online application. Eligibility is usually U.S. citizen or legal resident; no prescription insurance, although some companies allow Medicare Part D coverage; income under 200% of the Federal Poverty Level. Offers a [Rx Assist Prescription Savings Card](#) with links to [medication pricing](#) and [pharmacy locator](#).

**Hours:** Normal business hours.

**Fees:** No fee

**Prescription Programs for the Uninsured or Under-Insured**

*When a person has problems paying for some or all of his or her prescription medications, these programs can help.*

### **Accessia Health**

**Website:** [accessiahealth.org/patient-programs/](https://accessiahealth.org/patient-programs/)

**Toll Free:** (800) 366-7741 Interpreter services available

**Fax:** (804) 744-9388

**Email:** [assistance@accessiahealth.org](mailto:assistance@accessiahealth.org)

**Smartphone app:** No

**Requires enrollment:** Yes

**Services:** Helps pay for medication, via a pharmacy benefit card, provides health insurance premium and copay assistance for specific diseases, assists with travel costs and other medical expenses. Presents programs by disease then by type of insurance — public, private or uninsured. Can check eligibility based on family size, disease & income before beginning application. Programs may be open, closed or have a waitlist.

**Hours:** Monday - Tuesday & Thursday - Friday 8:30 am - 12 pm & 1:30 - 5 pm  
Wednesdays 9:30 am - 12 pm & 1:30 - 5 pm

**Fees:** No fee

### **CancerCare - Co-Pay Assistance**

**Website:** [www.cancercare.org/copayfoundation](https://www.cancercare.org/copayfoundation) (also en Español)

**Toll Free:** (866) 55-COPAY (552-6729)

**Email:** [information@cancercarecopay.org](mailto:information@cancercarecopay.org)

**Smartphone app:** No

**Requires enrollment:** Yes

**Services:** For individuals who need help with co-payment for cancer treatments. A list of covered diagnoses shows fund availability and eligibility requirements such as insurance and income for each fund. Must be U.S. citizen or legal resident of U.S. or territories. Provides a searchable database ([Helping Hand Online Resources for People with Cancer](#)) of organizations providing financial or practical help.

**Hours:** Monday - Thursday 9 am - 7 pm; Friday 9 am - 5 pm

**Fees:** No fee

### **Good Days**

**Website:** [www.mygooddays.org/patients](https://www.mygooddays.org/patients)

**Toll Free:** (877) 968-7233

**Live Chat:** Yes

**Email:** [info@mygooddays.org](mailto:info@mygooddays.org)

**Smartphone app:** Yes, for reimbursement requests

**Services:** Helps with co-pays and/or insurance premiums for selected [Diseases](#) for one year; re-enrollment eligibility may be available. Must have SSN, valid medical insurance with at least 50% coverage, and be treated in the U.S. with a FDA-approved medication. Income limits apply. Partners with In-House Interpreting to offer translation services in more than 300 languages.

**Hours:** Monday-Friday 9 am - 1pm & 2 pm - 6 pm

**Fees:** No fee

### **Health Well Foundation**



**Website:** [healthwellfoundation.org](http://healthwellfoundation.org) (also en Español)

**Toll Free:** (800) 675-8416

**Fax Toll Free:** (800) 282-7692

**Email:** [grants@healthwellfoundation.org](mailto:grants@healthwellfoundation.org)

**Smartphone app:** Yes [www.healthwellfoundation.org/patient-mobile-app/](http://www.healthwellfoundation.org/patient-mobile-app/)

**Requires enrollment:** Yes

**Services:** Covers prescription copays; health insurance premiums; deductibles and out-of-pocket expenses; and travel costs. Provides a pharmacy benefit card, reimburses costs and pays insurers directly. Eligibility depends on disease, medication, household income, and is limited to treatment in the U.S. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee

### **Leukemia & Lymphoma Society - Financial Support**

**Website:** [www.lls.org/lls-services-and-support](http://www.lls.org/lls-services-and-support)

[www.lls.org](http://www.lls.org) (both also en Español)

**Toll Free:** (800) 955-4572

**Fax Toll Free:** (800) 808-3793

**Email:** [FinancialAssistance@LLS.org](mailto:FinancialAssistance@LLS.org)

**Smartphone app:** No

**Live Chat:** Yes Monday - Friday 10 am - 7 pm

**Requires enrollment:** Yes

**Services:** Offers a number of different assistance programs including [Co-Pay Assistance Program](#), [Patient Aid Program](#), [Patient Travel Assistance Program](#) and [Urgent Need Programs](#). There is a [summary](#) chart which gives eligibility and criteria for eight programs.

**Hours:** Monday - Friday 9 am - 7 pm

**Fees:** No fee

### **Medicare - Limited Income NET (Newly Eligible Transfer) Program**

**Website:** [www.cms.gov/Medicare/Eligibility-and-](http://www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET)

[Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET](http://www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET)

**Toll Free:** (800) 633-4227

**Fax Toll Free:** (877) 210-5592

**TTY Toll Free:** (877) 486-2048

**Email:** [MedicareLINET@cms.hhs.gov](mailto:MedicareLINET@cms.hhs.gov)

**Requires Enrollment:** Yes

**Services:** Provides immediate temporary Part D prescription coverage for those who qualify for "Extra Help" and have no prescription drug coverage. Enrollment in LINET is temporary (1-2 months) with retroactive coverage up to 30 days (Low-Income Subsidy) or for Full Benefit Dual Eligible / SSI-only for up to 36 months. Enrollment may be auto-enrollment by CMS, at point-of-service use, or by submitting receipts for previous purchases. The benefits of the program include: No premiums, co-pays based on "Extra Help" level, covers all Medicare Part D approved medications, use any pharmacy in good standing.

**Hours:** Normal business hours

**Fees:** No fee

### **Medicare Prescription Drug Plans "Extra Help" - Social Security Administration**

**Website:** [www.ssa.gov/benefits/medicare/prescriptionhelp](http://www.ssa.gov/benefits/medicare/prescriptionhelp) (also multiple languages)

**Toll Free:** (800) 772-1213

**TTY Toll Free:** (800) 325-0778

**Requires Enrollment:** Yes

**Services:** People with limited resources and income may get Extra Help with the costs — monthly premiums, annual deductibles, and prescription co-payments — related to a Medicare prescription drug plan. Also known as the “Low Income Subsidy,” [Video appointments](#) available.

**Hours:** Monday - Friday 8 am - 7 pm

**Fees:** No fee

### **National Organization for Rare Disorders (NORD) - RareCare® Patient Assistance Programs**

**Website:** [rarediseases.org/patient-assistance-programs/financial-assistance/](http://rarediseases.org/patient-assistance-programs/financial-assistance/) (also en Español)

**Toll Free:** (800) 999-6673 (844) 259-7178 Español

**Requires Enrollment:** Yes

**Services:** Lists programs which provide medication or financial assistance with insurance premiums and co-pays. Must live in the U.S., have a diagnosis or referral, and meet financial need criteria. Must re-apply each year.

**Hours:** Monday - Thursday 8:30 am – 7 pm & Friday 8:30 am – 6 pm

**Fees:** No fee

### **Prescription Lifeline**

**Website:** [prescriptionlifeline.org](http://prescriptionlifeline.org)

**Toll Free:** (888) 331-1002

**Requires enrollment:** Yes

**Services:** Provides name brand drugs, when no generic drug is available, to U.S. residents who are uninsured or covered by Medicare. A membership-based service.

**Hours:** Monday - Friday 9 am - 6 pm

**Fees:** \$50 application / administration fee. Service fees as low as \$79/mo Cancellation and refund policies.

### **RxHope**

**Website:** [www.rxhope.com](http://www.rxhope.com)

**Requires enrollment:** Yes, by select persons (see below)

**Service:** Provides a free research and electronic application process for drug company patient assistance programs. A medication search is available by brand name, patient assistance program, or pharmaceutical company. There is also a list of pharmaceutical companies which sponsor patient assistance programs. Application must be completed by a physician, physician assistant, office manager, or social worker although the patient may research and initiate the process.

**Fees:** No fee

### **Rx Outreach**

**Website:** [rxoutreach.org](http://rxoutreach.org) (also en Español)

**Toll Free:** (888) 796-1234 from landline or (314) 222-0472 from mobile/cell

**Fax Toll Free:** (800) 875-6591

**Email:** [questions@rxoutreach.org](mailto:questions@rxoutreach.org)

**Requires enrollment:** Yes

**Services:** A non-profit mail order pharmacy providing affordable or free medications for those with minimal or no insurance and meeting income eligibility requirements. Has a separate [Men's Pharmacy](#) for select medications. Medication lists are available (not searchable and not alphabetic)

online and as downloads (by disease and by drug, the latter with prices). Will transfer existing prescriptions from other pharmacies.

**Hours:** Monday - Thursday 8 am – 7:00 pm; Friday 8 am - 6:30 pm

Pharmacists return call same as above plus Saturday 10 am - 3 pm

**Fees:** No fee to enroll; fees for medications

### **Simple Fill**

**Website:** [simplefill.com](http://simplefill.com)

**Toll Free:** (877) 386-0206

**Email:** [questions@simplefill.com](mailto:questions@simplefill.com)

**Requires enrollment:** Yes

**Service:** Researches, qualifies, and maintains patients' enrollment in all sources of assistance available to them — pharmaceutical companies and foundations that offer grant funding for chronic diseases. Call to determine eligibility.

**Hours:** Monday - Friday 10 am - 7 pm

**Fees:** \$10 non-refundable processing fee plus monthly fees. Cancellation policy.

### **The Assistant Fund (TAF)**

**Website:** [tafcares.org](http://tafcares.org)

**Toll Free:** (855) 845-3663

**Fax Toll Free:** (833) 789-1228

**Email:** [info@tafcares.org](mailto:info@tafcares.org)

**Online Chat:** Yes

**Requires enrollment:** Yes; requires a phone number

**Services:** Provides financial assistance for 90+ disease programs through reimbursement of prescription co-pays to US citizens and permanent residents. Eligibility based on household size, income, and insurance. Funds provided on an annual basis; re-enrollment may be available. Patients may cancel enrollment online or via phone.

**Hours:** Monday - Friday 8 am - 7 pm

**Fees:** No fee

### **The Rx Advocates**

**Website:** [therxadvocates.com](http://therxadvocates.com)

**Toll Free:** (844) 559-8331 or (844) 748-1160

**Email:** [membership@therxadvocates.com](mailto:membership@therxadvocates.com)

**Requires enrollment:** Yes

**Services:** Helps apply for pharmaceutical company programs supplying brand name drugs at no cost. [Medication List](#) provides links to cost of select drugs through The Rx Advocates compared to prescription discount cards. Income eligibility criteria varies by program.

**Hours:** Normal business hours

**Fee:** \$35 enrollment fee. Service fee of \$80/mo for 1 medication, \$90/mo for 2, \$100/mo for 3 and \$110 for 4 or more medications. Cancellation and refund policies.

### **World Medical Relief - Affordable Prescription Program**

**Website:** [www.worldmedicalrelief.org/local-programs](http://www.worldmedicalrelief.org/local-programs)

**Phone:** (313) 866-5333

**Fax:** (313) 866-5588

**Email:** [info@worldmedicalrelief.org](mailto:info@worldmedicalrelief.org) or [GetHelpLocal@worldmedicalrelief.org](mailto:GetHelpLocal@worldmedicalrelief.org)

**Requires enrollment:** Yes

**Services:** Provides prescription medicines to financially qualified individuals, age 18 and older living in Michigan. For the uninsured or under-insured. Requires proof of income and copy of identification card. May not have prescription drug insurance coverage. May still qualify if you have a discount prescription card or are a senior on Medicare Part D. Has a separate Diabetes Program which includes prescriptions and supplies.

**Hours:** Call for business hours.

**Fees:** \$8.30 per prescription, plus \$4.50 postage if mailed to the home

### **Drug / Pharmaceutical Company Assistance Programs**

Drug or pharmaceutical companies — GlaxoSmithKline, Johnson&Johnson, Pfizer, and many others — offer assistance by supplying some of their products for free or at discounts.

The easiest way to find out if a specific medication is covered is to visit the [Needy Meds](#) website (also en Español) and search by drug name or call **Toll Free (800) 503-6897**. The search results show whether the drug is a brand name or generic, and, if generic, whether it is part of the **\$4 Prescription Discount Program** and at which stores.

Entries show, via icons, which assistance program/s cover the drug; whether there are \$4 generics; if there are coupons or rebates; a link to support pages on the product website; links to videos, package inserts, medication guides and more; and a link to [Drugs.com](#) for additional information.

For the assistance program which covers the drug, listed are the eligibility requirements, the application process, and the medication itself — amount/supply, delivery, refills, limits, and re-application, and the type of assistance.

One can also Search Coupons by drug name to find special discount cards / coupons available for a specific drug.

Be sure to read the fine print for limitations on the number of prescriptions covered and/or exclusions on the programs — many will not help with costs if the recipient is covered by Medicare.

## **HOME CARE - rev Feb 2023**

### **Explanations:**

**Skilled Home Health Care - Billable to Medicare:** Medicare will pay for some home care if the patient meets "homebound" criteria, as decided by a physician, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, as decided by a physician, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

**Non-Skilled Home Care:** These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, and transportation. Call the agency for a specific list of services.

**Care Management:** Planning, generating and organizing care and services in collaboration with the client and his or her support system and/or a set of activities intended to improve patient care and reduce the need for medical services by enhancing coordination of care, eliminating duplication, and helping patients and caregivers more effectively manage health conditions. More information can be found at [AgingLifeCare.org](https://www.AgingLifeCare.org).

### **Helpful resources:**

**"Hiring Guide — Non-Medical Home Health Care Agencies"** - ask for this handout which was created by Turner Geriatric Center social workers and TSWP staff.

**Home Health Compare:** From Medicare.gov, this site provides information about the quality of care provided by "Medicare-certified" home health agencies throughout the nation. "Medicare-certified" means the home health agency is approved by Medicare and meets certain federal health and safety requirements. Can help in choosing a quality home health agency that has the skilled home health services needed.

**Home Health Agency Checklist** (Medicare.gov, 1 p.)

**Medical Alert Systems:** Wearable devices can help summon assistance in an emergency. [AARP](#) (October 2021), [Consumer Reports](#) (October 2020) and [AgingInPlace.org](#) (January 2023) have guides on selecting a system. They also provide information on 8-10 monitored systems — CR "[Best Medical Alert Systems](#)" (April 2024), AgingInPlace.org "[Best Medical Alert Systems of 2023](#)" (August 2023)

2023) as does PC Magazine ["The Best Medical Alert Systems for 2024"](#) (November 2023), respectively. (These and other technologies are **not** listed in this resource directory.)

*Be sure that the device/s and associated smartphone apps will work on 5G cellular networks, as 4G started being phased out in 2022.*

### **Acclaimed Home Care**

**Address:** 24901 Northwestern Hwy., Suite 605, Southfield MI 48075

**Phone:** (248) 352-0400

**Fax:** (248) 352-0408

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management

### **Accredited - We Are Home Care**

**Website:** [www.accreditedhomecare.com](http://www.accreditedhomecare.com)

**Address:** 27733 Schoenherr Road, Warren MI 48088

**Phone:** (586) 427-6640

**Toll Free:** (888) 813-6244

**Fax:** (586) 427-6642

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **Angels at Home Care**

**Website:** [www.angelsathomecare.com](http://www.angelsathomecare.com)

**Address:** 32781 Middlebelt Road, Suite G, Farmington Hills MI 48334

**Toll Free:** (877) 735-1050 24 Hours

**Fax:** (248) 254-1717

**Classification:** Non-Skilled Home Care

### **Angels in Scrubs**

**Website:** [angelsinscrubshc@gmail.com](mailto:angelsinscrubshc@gmail.com)

**Phone:** (517) 937.3889

**Classification:** Non-Skilled Home Care

### **Arcadia Home Care & Staffing**

**Website:** [www.arcadiahomecare.com](http://www.arcadiahomecare.com)

**Address:** 20750 Civic Center Drive, Suite 100, Southfield MI 48076 (HQ) plus offices in Birmingham and Jackson

**Toll Free:** (866) 224-7541 24 Hours

**Notes:** Offers traumatic brain and spinal cord injury care. Language assistance available.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.

### **BrightStar Care - Ann Arbor**

**Website:** [www.brightstarcare.com/ann-arbor](http://www.brightstarcare.com/ann-arbor)

**Address:** 3810 Packard St. Suite 210, Ann Arbor, MI 48108

**Phone:** (734) 302-4215 24 Hours

**Notes:** Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).



**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

**Care Home Health Agency**

**Website:** [www.carehha.com](http://www.carehha.com)

**Address:** 3020 Packard Road, Suite 3, Ypsilanti MI 48197

**Phone:** (734) 481-8888

**Fax:** (734) 418-1011

**Email:** [info@carehha.com](mailto:info@carehha.com)

**Note:** Has medical social workers.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

**Care Management by Natalie**

**Website:** [www.caremanagementbynatalie.com](http://www.caremanagementbynatalie.com)

**Phone:** (734) 224-4144

**Email:** [info@cmbynatalie.com](mailto:info@cmbynatalie.com)

**Note:** Also offers outpatient transportation and companionship services.

**Classification:** Other - Care Management.

**Care on Wheels - Ypsilanti Meals on Wheels**

**Website:** [ymow.org](http://ymow.org) (multiple languages)

**Phone:** (734) 487-9669

**Notes:** Case manager, occupational therapist, community health worker, nurse and handyperson work with caregiver and senior for 4-24 weeks to ease caregiver load and improve the senior's ability to live safely at home.

**Fees:** No fee.

**Classification:** Non-Skilled Home Care

**CareLinx**

**Website:** [www.carelinx.com/care4u](http://www.carelinx.com/care4u)

**Toll Free:** (855) 444-9329

**Notes:** Provides tools for care seekers and screened care providers to connect online. Care seekers can post a job, interview and hire via CareLinx. Affiliated with Trinity Health at Home.

**Fees:** Service fee.

**Classification:** Non-Skilled Home Care

**CareYaya**

**Website:** <http://www.careyaya.org/>

**Address:** 1105 N. University Avenue, Ann Arbor MI 48109

**Phone:** (919) 346-4821

**Notes:** Allows families to find and book care online from pre-health college students from the University of Michigan - Ann Arbor who are vetted, background checked, and trained in providing companion care. Track caregivers' hours and payments.

**Email:** [welcome@careyaya.org](mailto:welcome@careyaya.org)

**Classification:** Non-Skilled Home Care

**Carian**

**Website:** [www.carian.care](http://www.carian.care)

**Address:** 9864 E. Grand River, Suite 125, Brighton MI 48116

**Phone:** (248) 792-0564

Email: [info@carian.com](mailto:info@carian.com)

Classification: Non-Skilled Home Care

### **Caring Partners Home Health**

Address: 3909 Research Park Drive, Suite 600, Ann Arbor MI 48108

Phone: (734) 769-5758

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **ComForCare Home Care - Washtenaw County**

Website: [comforcare.com//michigan/washtenaw-county](http://comforcare.com//michigan/washtenaw-county)

Address: 124 Pearl Street, Suite 203, Ypsilanti MI 48197

Phone: (734) 739-2273

Classification: Non-Skilled Home Care

### **Comfort Keepers® of Ann Arbor**

Website: [annarbor.comfortkeepers.com](http://annarbor.comfortkeepers.com)

Address: 502 S. Main, Ann Arbor MI 48104

Phone: (734) 234-8277

Online Chat: Yes

Classification: Non-Skilled Home Care.

### **Cornerstone Caregiving - Ann Arbor MI**

Address: 2500 Packard St Suite 1, Ann Arbor MI 48104

Website: [cornerstonecaregiving.com/locations/ann-arbor-mi/](http://cornerstonecaregiving.com/locations/ann-arbor-mi/)

Phone: (734) 822-5477

Email: [annarbormi@cornerstonecaregiving.com](mailto:annarbormi@cornerstonecaregiving.com)

Classification: Non-Skilled Home Care.

### **EHM Senior Solutions**

Website: [ehmss.org/](http://ehmss.org/)

Address: EHM Senior Solutions, 400 W. Russell Street, Saline MI 48176

Phone: [Shared Services Home Health Care](#) (734) 222-4037

[Shared Care Services](#) (734) 222-4000

[LifeChoices® Membership Plan](#) (734) 295-9292

Classification: *Shared Care Services* — Non-Skilled Home Care & *Shared Services Home Health Care* — Skilled Home Health Care - Billable to Medicare. (Life Choices Membership Program - Private Pay)

### **Enriched Life Home Care Services**

Website: [www.elhcs.com](http://www.elhcs.com)

Address: 10811 Farmington Road, Livonia MI 48150

Phone: 24 Hours (734) 259-4464

Email: [Care@enrichedlifehomecare.com](mailto:Care@enrichedlifehomecare.com)

Notes: Offers respite care.

Classification: Non-Skilled Home Care.

### **FirstLight Home Care**

Website: [www.firstlighthomecare.com/home-healthcare-greater-ann-arbor/](http://www.firstlighthomecare.com/home-healthcare-greater-ann-arbor/)

Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104

**Phone:** (734) 794-3896

**Classification:** Non-Skilled Home Care.

### **Friends of the Family Home Health Care**

**Website:** [www.trustingcare.com](http://www.trustingcare.com)

**Address:** 2035 Hogback Road #206, Ann Arbor MI 48105

**Phone:** (734) 548-8647

**Email:** [info@trustingcare.com](mailto:info@trustingcare.com)

**Online Live Chat:** Yes, via [FB Messenger](#)

**Notes:** Offers pet care.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **Friends Who Care**

**Website:** [www.friendswhocare.com/](http://www.friendswhocare.com/)

**Address:** 2770 Carpenter Road, Suite 200, Ann Arbor MI 48108

**Phone:** (734) 971-6300

**Toll Free:** (800) 288-2167

**Fax:** (734) 971-1026

**Notes:** Community Health Accreditation Partner (CHAP) accredited.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **Global Home Health Care, Inc.**

**Website:** [www.ghhcmichigan.com/](http://www.ghhcmichigan.com/)

**Address:** 4870 W Clark Road Suite 203, Ypsilanti MI 48197

**Phone:** (734) 483-2700

**Email:** [info@ghhcmichigan.com](mailto:info@ghhcmichigan.com)

**Notes:** Community Health Accreditation Partner (CHAP) accredited.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **G.R. and M.A - Graying Respectfully and Moving Advisory**

**Website:** [www.facebook.com/MichiganGRandMA/](https://www.facebook.com/MichiganGRandMA/)

**Email:** [michelle@michigangrandma.com](mailto:michelle@michigangrandma.com)

**Phone:** (248) 794-9422

**Services:** Helps families find senior living communities and home care options in Michigan. Michelle Miller, Certified Dementia Practitioner.

**Hours:** Call for hours

**Fees:** No fee. (30% Medicaid recipients; consulting fee from private pay companies.)

**Classification:** Other - Care Management.

### **Griswold Home Care for Southeast Michigan**

**Website:** [www.griswoldhomecare.com/ann-arbor-bloomfield/](http://www.griswoldhomecare.com/ann-arbor-bloomfield/)

**Address:** 2531 Jackson Avenue, Suite 141, Ann Arbor MI 48103

**Phone:** (734) 707-4847

**Classification:** Non-Skilled Home Care

### **HarmonyCares Home Health (formerly *Pinnacle Senior Care*)**

**Website:** [harmonycarehomehealth.com/](http://harmonycarehomehealth.com/)

**Address:** 1194 Oak Valley Drive, Suite 80C, Ann Arbor MI 48108

**Phone:** (734) 477-8044

**Toll Free:** (888) 873-9595 Patient Access Customer Service

**Fax:** (734) 477-8045

**Notes:** Community Health Accreditation Partner (CHAP) accredited.

**Classification:** Skilled Home Health Care - Billable to Medicare.

### **Home Instead Senior Care®**

**Website:** [www.homeinstead.com/AnnArbor&Brighton](http://www.homeinstead.com/AnnArbor&Brighton) [www.homeinstead.com/](http://www.homeinstead.com/)

**Address:** 2160 S. Huron Pkwy., Suite 4, Ann Arbor MI 48104

**Phone:** (734) 971-9023

**Toll Free:** (888) 673-1166 National

**Classification:** Non-Skilled Home Care.

### **Homewatch CareGivers**

**Website:** [www.homewatchcaregivers.com/ann-arbor/](http://www.homewatchcaregivers.com/ann-arbor/)

**Address:** 525 Avis Drive, Suite 3, Ann Arbor MI 48108

**Phone:** (734) 530-4217

**Note:** No minimum hours required.

**Classification:** Non-Skilled Home Care.

### **IndeQuest Nurse Care Management**

**Website:** [www.indequestreet.com/](http://www.indequestreet.com/) (multiple languages)

**Address:** 14855 Galleon Court, Suite B, Plymouth MI 48170

**Toll Free:** (800) 422-7364

**Note:** Private pay. Geriatric care managers provide assessment and education, direct care coordination, and assistance in navigating the health care system.

**Classification:** Other - Care Management.

### **Interim Healthcare**

**Website:** [www.interimhealthcare.com/location/ann-arbor-mi](http://www.interimhealthcare.com/location/ann-arbor-mi)

**Address:** 3810 Packard Road, Suite 230, Ann Arbor MI 48103

**Phone:** (734) 368-9102

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

### **Kaizen Home Care, Inc**

**Website:** [www.kaizenhomecare.com/](http://www.kaizenhomecare.com/)

**Address:** 740 Woodland Drive E., Suite 2A, Saline MI 48176

**Phone:** (734) 404-6053

**Fax:** (734) 404-6059

**Notes:** Community Health Accreditation Program (CHAP) accredited.

**Classification:** Skilled Home Health Care - Billable to Medicare.

### **Kennedy Care - CuraVitae**

**Website:** [www.kennedycare.com/](http://www.kennedycare.com/) [curavitae.com/](http://curavitae.com/)

**Address:** 150 S. Fifth Avenue, Suite 205, Ann Arbor MI 48104

**Phone:** (734) 657-3528

**Toll Free:** (800) 796-CARE (2273)

**Fax Toll Free:** (877) 533-6177

**Email:** [info@kennedycare.com](mailto:info@kennedycare.com)

**Note:** Offers concierge services such as pet care, airport transportation, and arranging home services; veteran care and care in senior communities.

**Classification:** Non-Skilled Home Care & Other - Care Management.

**Kettles VA Medical Center (VA Ann Arbor) - Home and Community-Based Care (HCBC)**

**Website:** [www.va.gov/GERIATRICS/pages/Home\\_and\\_Community\\_Based\\_Services](http://www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 769-7100

**Toll Free:** (800) 361-8387

**Note:** Programs manage care in veterans homes and community settings.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

**MI Choice Waiver Program - Michigan - Department of Health & Human Services**

**Website:** [www.michigan.gov/mdhhs/](http://www.michigan.gov/mdhhs/) [aaa1b.org/](http://aaa1b.org/)

**Address:** Area Agency on Aging 1B - 29100 Northwestern Highway, Suite 400, Southfield MI 48034

**Phone:** (248) 357-2255

**Toll Free:** (800) 852-7795

**TTY Toll Free:** Michigan Relay (800) 649-3777

**Fax:** (248) 948-9691

**Services:** Michigan Medicaid long term care program to help residents remain in their homes.

**Eligibility:** Age 60+ and medically eligible for nursing home admission. Income limits (change yearly), individual asset limits (not including house); different rules apply for couples (nursing home financial eligibility rules apply).

**Classification:** Non-Skilled Home Care. Other - Care Management.

**Michigan Visiting Nurses**

**Website:** [homecare.med.umich.edu/Michigan-Visiting-Nurses](http://homecare.med.umich.edu/Michigan-Visiting-Nurses)

**Address:** 2850 S. Industrial Hwy., Suite 75, Ann Arbor MI 48104

**Phone:** (734) 677-1515

**Toll Free:** (800) 842-5504

**Classification:** Skilled Home Health Care - Billable to Medicare.

**No Place Like Home**

**Website:** <http://www.nplhh.com/>

**Address:** 37695 Pembroke Ave. Livonia, MI 48152

**Phone:** (734) 259-4200

**Fax:** (734) 259-4201

**Email:** [info@nplhh.com](mailto:info@nplhh.com)

**Notes:** As a Community Care Provider, accepts VA Pay — for Veterans who qualify, offers no-cost home care paid by the VA. Also provides hospital accompaniment: taking people to the hospital and staying with them up to 24/7, then taking them home.

**Classification:** Non-Skilled Home Care; Skilled Home Health Care - Billed to Medicare or VA.

**Ohioans Home Healthcare**

**Website:** [ohioanshhc.com/](http://ohioanshhc.com/)

**Address:** 1705 Woodland Drive East, Suite 204A, Saline, MI 48176

**Phone:** (734) 287-4184

**Toll Free:** (855) 600-0806 National office

**Email:** [contact@ohioanshhc.com](mailto:contact@ohioanshhc.com)

**Notes:** [Ohioans Select](#) affiliate offers in-home lab services.

**Phone:** (567) 331-1703

**Fax Toll Free:** (833) 788-9930 **Email:** [schedule@ohionsselect.com](mailto:schedule@ohionsselect.com)

**Classification:** Skilled Home Health Care - Billable to Medicare.

### **Our Family Friend**

**Website:** [www.ourfamilyfriend.com](http://www.ourfamilyfriend.com)

**Address:** 610 S. Brown Street, Jackson MI 49203

**Phone:** (734) 224-8158

**Note:** Serves Washtenaw County. Offers clients "on call" services for emergencies.

**Classification:** Non-Skilled Home Care.

### **Personal Touch Home Health Care Services, Inc.**

**Website:** [www.pthhc.com/](http://www.pthhc.com/)

**Address:** 300 N. Huron Street, Suite 10, Ypsilanti MI 48197

**Phone:** (734) 480-0125

**Fax:** (734) 480-0015

**Fax Toll Free:** (866) 655-1320

**Email:** [info.pthhc@gmail.com](mailto:info.pthhc@gmail.com)

**Note:** Provides minor home repair and yard maintenance. Community Health Accreditation Partner (CHAP) accredited.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **Promedica Home Health Care (formerly *Heartland*)**

**Website:** [promedicahomehealth.org/find-an-agency/promedica-home-health-ann-arbor/](http://promedicahomehealth.org/find-an-agency/promedica-home-health-ann-arbor/)

**Toll Free:** (877) 329-1001

**Fax Toll Free:** (800) 878-9657

**Email:** [AnnArborHomeHealth@ProMedica.org](mailto:AnnArborHomeHealth@ProMedica.org)

**Classification:** Skilled Home Health Care - Billable to Medicare.

### **Reliable Home Care, LLC**

**Website:** [www.reliablecare2.com/](http://www.reliablecare2.com/)

**Address:** PO BOX 130557, Ann Arbor MI 48113

**Phone:** (734) 395-7887 (M-F)

**Classification:** Non-Skilled Home Care.

### **Right at Home**

**Website:** [www.rightathome.net/washtenaw](http://www.rightathome.net/washtenaw)

**Address:** 2355 E. Stadium Blvd., Suite 2, Ann Arbor MI 48104

**Phone:** (734) 971-5000

**Fax:** (734) 971-5105

**Classification:** Non-Skilled Home Care.

### **Senior Helpers**

**Website:** [www.seniorhelpers.com/mi/ann-arbor](http://www.seniorhelpers.com/mi/ann-arbor)

**Address:** 2020 Hogback Road, Suite 9, Ann Arbor MI 48105

**Phone:** (734) 927-3111



**Online Live Chat:** Yes

**Classification:** Non-Skilled Home Care

### **Senior Key Care**

**Website:** [www.seniorkeycare.com](http://www.seniorkeycare.com)

**Address:** PO Box 971159, Ypsilanti MI 48197

**Toll Free:** (800) 583-0063

**Email:** [welcome@seniorkeycare.com](mailto:welcome@seniorkeycare.com)

**Online Live Chat:** Yes

**Services:** Uses care coordinators. Works with [Kibage Care Network](#) to connect with family caregivers.

**Classification:** Non-Skilled Home Care

### **Seniors Helping Seniors**

**Website:** [seniorcarewestland.com](http://seniorcarewestland.com) (also en Español)

**Address:** 13 N. Washington Street, Ypsilanti MI 48197

**Phone:** (734) 355-4719

**Email:** [seniorshelpingseniors14@gmail.com](mailto:seniorshelpingseniors14@gmail.com)

**Notes:** Offers companionship, respite care, personal care, meal preparation, light housekeeping, running errands, medication reminders, transportation, pet care, and yard work plus light handyman services and small repairs. Washtenaw County services for Ypsilanti area residents.

**Classification:** Non-Skilled Home Care

### **Shared Services Home Health Care; Personal Care & Companion Care - EHM Senior Solutions**

**Website:** [ehmss.org/healthcare/home-health-care/](http://ehmss.org/healthcare/home-health-care/) and [ehmss.org/healthcare/personal-caregivers/](http://ehmss.org/healthcare/personal-caregivers/)

**Address:** 400 W. Russell Street. Saline MI 48176

**Phone:** (734) 222-4037 Home Health Care (734) 222-4000 Personal & Companion Care

**Fax:** (734) 622-8297

**Fax:** 734-222-4004

**Fax Toll Free:** (866) 312-3981

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Notes:** Includes handyman services and home modifications. Community Health Accreditation Program (CHAP) accredited.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

### **Stefanie Sinks, Geriatric Care Management**

**Website:** [www.stefaniesinks.com](http://www.stefaniesinks.com)

**Phone:** (734) 649-9600

**Email:** [stefanie@stefaniesinks.com](mailto:stefanie@stefaniesinks.com)

**Classification:** Other - Care Management.

### **Traditional Home Healthcare**

**Address:** 317 Ecorse Road, Suite 1, Ypsilanti MI 48198

**Phone:** (734) 547-9289

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

### **Trinity Health at Home aka St. Joseph Mercy Home Care & Hospice - SE Michigan**

**Website:** [www.trinityhealthathome.org](http://www.trinityhealthathome.org) (also [Language assistance available](#))

**Phone:** (734) 475-4190 (Chelsea)

**Toll Free:** Michigan (855) 559-7178 info and new patient referrals

**Fax Toll Free:** New patient referrals (866) 754-4220

**Notes:** Military and veterans program. Provides [Home Care Connect™](#) virtual care service. Offers language assistance. Non-skilled care available only in some zip codes.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

**United Home Health Services at Garden City Hospital - Home Health Care / UHHS**

**Website:** [gch.org/services/homecare/](http://gch.org/services/homecare/)

**Address:** 6245 Inkster Road, Garden City MI 48135

**Phone:** (734) 981-8820

**Notes:** Serves only Ypsilanti in Washtenaw County. Community Health Accreditation Program (CHAP) accredited.

**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

**Visiting Angels - Washtenaw County**

**Website:** [www.visitingangels.com/ann-arbor](http://www.visitingangels.com/ann-arbor)

**Address:** 2765 Carpenter Road, #1SW, Ann Arbor MI 48108

**Toll Free:** (877) 618-4748(61-VISIT) or (800) 365-4189

**Classification:** Non-Skilled Home Care.

**Wellness Home Care**

**Website:** [www.wellnessshhc.com/](http://www.wellnessshhc.com/)

**Address:** 3879 Packard Road, Unit B, Ann Arbor MI 48108

**Phone:** (734) 531-6431

**Fax:** (734) 531-6438

**Email:** [wellness@wellnessshhc.com](mailto:wellness@wellnessshhc.com)

**Classification:** Skilled Home Health Care - Billable to Medicare;

**WSC Home Care (Work Skills Corporation) (formerly *Action Home Health Care*)**

**Website:** [www.wskills.com/wsc-home-care](http://www.wskills.com/wsc-home-care)

**Address:** 100 Summit Street, Brighton MI 48116

**Phone:**-(810) 227-4868 (810) 534-6128

**Fax:** (810) 227-1344

**Notes:** 501(c3) non-profit.

**Classification:** Non-Skilled Home Care.

**HOME MAINTENANCE - rev March 2023**

### **AARP - HomeFit Guide (2021)**

**Website:** [www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html](http://www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html)

**Toll Free:** (888) 687-2277

**Email:** [livable@aarp.org](mailto:livable@aarp.org)

**Services:** Use the *HomeFit Guide* to determine whether a residence is "fit" for independent living. The guide also includes tips for hiring a contractor. Workshops are offered periodically; or, download from link above or request a free printed copy using publication number: D18959. Printable [worksheets](#) are available as is a [video tour](#).

**Hours:** 24 Hours

**Fees:** No fee

### **Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Home Maintenance and Safety Services**

**Website:** [ccwcwashtenaw.org/seniors/home-and-safety-services/](http://ccwcwashtenaw.org/seniors/home-and-safety-services/)

**Address:** 4925 Packard Street, Ann Arbor MI 48108

**Phone:** (734) 971-9781 ext. 352

**Services:** A variety of basic maintenance services are available to help older adults maintain their independence and keep them safe at home.

- **Home Safety Installations:** Smoke alarms & carbon monoxide detectors, battery & light bulb exchanges; grab bars & shower chairs, raised toilet seats and hand-held showers
- **Home Maintenance & Minor Repairs:** Basic household repairs and routine maintenance; minor plumbing, minor electrical, minor carpentry, weather stripping.
- **Outdoor Chores:** Window washing, leaf raking.

**Hours:** Monday - Friday 8:30 am - 5 pm

**Fees:** Based on ability to pay; no one is denied service if unable to contribute.

### **City of Ann Arbor - Trash, Recycling & Compost - Curbside Assistance**

**Website:** [www.a2gov.org/departments/trash-recycling/](http://www.a2gov.org/departments/trash-recycling/)

**Address:** Customer Service, Larcom City Hall, 1<sup>st</sup> Floor, 301 E. Huron Street, Ann Arbor MI 48104

**Phone:** (734) 794-7336

**Email:** [customerservice@a2gov.org](mailto:customerservice@a2gov.org)

**Service:** Provides side door or porch set-out service for refuse or recycling containers when "Special Pick-up Service" is requested.

**Eligibility:** Requires an on-site visit to begin this service; must be renewed every 2 years.

**Hours:** Monday - Friday 7:30 am - 5:30 pm except holidays

**Fees:** No additional fee.

### **Evangelical Homes of Michigan - Senior Solutions - LifeChoice Solutions® - Handyman & Home Modifications**

**Website:** [ehmss.org/services/handyman-home-modifications/](http://ehmss.org/services/handyman-home-modifications/)

**Phone:** (734) 295-9292

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Service:** Offers home modification – safety assessments, home adaptation and installation services – and handyman / maintenance services. Call for free quotes.

**Hours:** Regular business hours.

**Fees:** Hourly fee for services.

### **Habitat for Humanity, Huron Valley - Home Improvement Programs**

**Website:** [www.h4h.org/home-improvement-program](http://www.h4h.org/home-improvement-program)

**Address:** 950 Victors Way, Suite 50, Ann Arbor MI 48108 (Office is currently closed to the public.)

**Phone:** (734) 677-1558

**Fax:** (734) 215-9843

**Services:** Provide critical home repairs, exterior projects, appliance replacements and other home improvements for families, individuals, seniors and veterans. Free furnace test & tune-up, LED light bulbs, thermostats and water flow regulators to eligible home-owners.

- [Aging in Place Home Improvement Program](#) targets seniors providing older adults with improvements and modifications to help age safely and comfortably at home. Eligibility: Must meet income guidelines.

**Hours:** Regular business hours.

**Fees:** Applicable repayments.

### **Michigan Department of Health and Human Services - State Emergency Relief Program (SER)**

**Website:** [www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)

**Address:** Washtenaw County Office - 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**Services:** Provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services are provided through direct financial assistance and contracts with a network of non-profit organizations to help with home repairs and ownership services. Asset and income guidelines. Local DHS specialists determine eligibility.

**Hours:** Call for hours.

**Fees:** No fee.

### **Pittsfield Charter Township - Residential Solid Waste Service Information**

**Website:** [www.pittsfield-mi.gov/Residential Solid Waste Service Information](http://www.pittsfield-mi.gov/Residential%20Solid%20Waste%20Service%20Information)

**Address:** 6201 W. Michigan Avenue, Ann Arbor MI 48108

**Phone:** (734) 822-3105

**Fax:** (734) 944-1103

**Email:** [utilities@pittsfield-mi.gov](mailto:utilities@pittsfield-mi.gov)

**Services:** If unable to place rubbish at the curbside for pick-up due to a physical challenge or advanced age, contact the Township to arrange for assistance.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No additional fee.

### **Washtenaw County - Office of Community & Economic Development**

**Website:** [www.washtenaw.org/732/Home-Maintenance-Repair](http://www.washtenaw.org/732/Home-Maintenance-Repair) (multiple languages)

**Address:** 451 W. Michigan Avenue, 2nd Floor, Ypsilanti MI 48197

**Phone:** (734) 544-3008

**Services:**

- **Accessibility Ramp Program** - [www.washtenaw.org/Accessibility-Ramp-Program](http://www.washtenaw.org/Accessibility-Ramp-Program)

Provides grants for the installation of exterior ramps at owner-occupied homes. Eligibility: Income guidelines. Grants are limited to one-time assistance per dwelling during a five-year period.

- **Home Rehabilitation Program** - [www.washtenaw.org/Home-Rehabilitation](http://www.washtenaw.org/Home-Rehabilitation)

Assists income-eligible county homeowners with needed home repairs. Eligibility: First-come, first served for income-eligible applicants; there is a waiting list. Includes [Emergency Repair Program](#) for owner-occupied homes; covers furnaces, water heaters and sewer issues via low-interest loans.

- **Home Weatherization Program** - [www.washtenaw.org/Home-Weatherization](http://www.washtenaw.org/Home-Weatherization)

**Contact agencies directly for current hours / services.**

Provides weatherization services such as insulation, caulking, weather-stripping. Inspects & repairs furnaces and hot water heaters; inspects & replaces inefficient refrigerators. Homeowners and renters who meet eligibility requirements may apply.

**Hours:** Call for hours.

**Fees:** No fee. See individual programs for eligibility requirements.

## **HOUSING – INDEPENDENT / ASSISTED LIVING / MEMORY CARE - rev Oct 2023**

**The Housing Bureau for Seniors** - Michigan Medicine - (734) 998-9339 or email: [housingbureauseniors@umich.edu](mailto:housingbureauseniors@umich.edu) offers information on housing options and helps prevent eviction and foreclosure.

### ***Independent Living***

- [Independent Living Checklist](#) - SeniorAdvisor.com, 3 p.
- [Independent Living Community Checklist](#) - SeniorHousingNet™, 8 p.
- [Independent Living Visit Checklist](#) - Where You Live Matters & American Senior Housing Association, 2 p.

### ***Assisted Living***

- [Assisted Living - What to Ask](#) - AARP, 9 p.
- [Assisted Living Program Checklist](#) - Iowa Dept. on Aging, 9 p.
- [Touring Checklist: Assisted Living](#) - A Place for Mom, 1 p.

### ***Memory Care***

- [Alzheimer's and Dementia Facility Checklist](#) - AGIS (AssistGuide Information Services), 8 p.
- [Choosing a Residential Care Setting](#) - Alzheimer's Association, 5 p.
- [Long Term Care Checklist](#) - Alzheimer's Society of Canada, 4 p.

#### **All Seasons Ann Arbor**

**Website:** [www.allseasons-annarbor.com](http://www.allseasons-annarbor.com)

**Address:** 4600 All Seasons Circle, Ann Arbor MI 48105

**Phone:** (734) 589-1744

**Online Chat:** Yes

**Eligibility:** 55+

**Levels of Care:** Independent

#### **American House Senior Living Residence**

**Website:** [www.americanhouse.com/carpenter](http://www.americanhouse.com/carpenter)

**Address:** 3470 Carpenter Road, Ypsilanti MI 48197

**Phone:** (734) 961-4578

**Online Chat:** Yes

**Email:** [carpenterassistant@americanhouse.com](mailto:carpenterassistant@americanhouse.com)

**Eligibility:** 55+ ; pet friendly; smoke-free

**Respite:** Short- or long-term; based on availability

**Levels of Care:** Independent, Assisted

#### **Atria Park of Ann Arbor**

**Website:** [www.atria-annarbor.com](http://www.atria-annarbor.com)

**Address:** 1901 Plymouth Road, Ann Arbor MI 48105

**Phone:** (734) 741-9500

**Online Chat:** Yes

**Eligibility:** 60+ (some exceptions); pet friendly; smoking allowed outside

**Respite:** Based on availability

**Levels of Care:** Independent, Assisted, Memory Care

#### **Baker Commons**



**Website:** [www.a2gov.org/departments/Housing/programs/Pages/Baker-Commons.aspx](http://www.a2gov.org/departments/Housing/programs/Pages/Baker-Commons.aspx)

**Address:** 106 Packard Street, Ann Arbor MI 48104

**Phone:** (734) 794-6720 Ann Arbor Housing Commission

**Fax:** (734) 994-0781

**Email:** [housingcommission@a2gov.org](mailto:housingcommission@a2gov.org)

**Eligibility:** 62+ and/or disabled; smoke-free

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

### **Balfour Senior Living - Ann Arbor**

**Website:** [balfourcare.com/locations/ann-arbor](http://balfourcare.com/locations/ann-arbor)

**Address:** 2830 S. Main Street, Ann Arbor MI 48103

**Phone:** (734) 887-1630 (844) 354-8877 Respite Care Day Program

**Online Chat:** Yes

**Email:** [info@balfourcare.com](mailto:info@balfourcare.com)

**Eligibility:** 55+; pet friendly; smoke-free; trial stay available

**Respite:** Short-term for assisted living and memory care.

**Levels of Care:** Independent, Assisted, Memory Care

### **Brecon Village; Primrose Assisted Living; Memory Support Center**

**Website:** [ehmss.org/senior-living/](http://ehmss.org/senior-living/)

**Address:** EHM Senior Solutions, 200 Brecon Drive, Saline MI 48176

**Phone:** (734) 429-1155 Brecon Village & Primrose (734) 295-9811 Memory Support Center  
(734) 355-6744 Director

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Eligibility:** 55+ for condominiums, 60+ for apartments; pet-friendly in apartment and condos

**Respite:** Based on availability

**Levels of Care:** Independent, Assisted, Memory Care

### **Brookdale Ann Arbor**

**Website:** [www.brookdale.com/en/communities/brookdale-ann-arbor.html](http://www.brookdale.com/en/communities/brookdale-ann-arbor.html)

**Address:** 2190 Ann Arbor-Saline Road, Ann Arbor MI 48103

**Phone:** (734) 327-1350

**Eligibility:** 60+ or younger with waiver; pet friendly

**Levels of Care:** Independent, Assisted, Memory Care

### **Brookdale West Eisenhower (Clare Bridge & Solace)**

**Website:** [www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy](http://www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy)

**Address:** 750 W. Eisenhower Parkway, Ann Arbor MI 48103

**Phone:** (734) 213-1708

**Eligibility:** 60+ or younger with waiver; pet friendly

**Levels of Care:** Memory Care

### **Brookhaven Manor Senior Living**

**Website:** [www.brookhavenmanorapartments.com](http://www.brookhavenmanorapartments.com)

**Address:** 401 W. Oakbrook Drive, Ann Arbor MI 48103

**Phone:** (734) 747-8800

**Fax:** (734) 747-9288

**Eligibility:** 55+; smoke-free; pet friendly

**Levels of Care:** Independent

**Carpenter Place Apartments**

**Website:** [www.carpenterplaceapartments.com](http://www.carpenterplaceapartments.com)

**Address:** 3400 Carpenter Road, Ypsilanti MI 48197

**Phone:** (734) 973-8377

**Fax:** (734) 973-8310

**Email:** [carpenterplacemgr@envovellc.com](mailto:carpenterplacemgr@envovellc.com)

**Eligibility:** 62+ and/or disabled; live-in caregiver with verification; pet friendly; smoke-free facility; designated outdoor smoking areas

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**The Cedars of Dexter - Brio Living Services**

**Website:** [thecedars.mybrio.org](http://thecedars.mybrio.org) and [mybrio.org/the-cedars-of-dexter/](http://mybrio.org/the-cedars-of-dexter/)

**Address:** 411 Cedars Lane, Dexter MI 48130

**Phone:** (734) 792-9702

**Eligibility:** 60+; pet friendly

**Levels of Care:** Independent - CRC w/Chelsea Retirement Community

**Chelsea Retirement Community**

**Independent — Prairie Cottages, Garden Cottages, Garden Homes, Dancey House**

**Assisted — Glazier Commons & The Oasis**

**Memory Care — Towsley Village**

**Website:** [chelsearetirement.mybrio.org](http://chelsearetirement.mybrio.org)

**Address:** 805 W. Middle Street, Chelsea MI 48118

**Phone:** (734) 433-1000 or (734) 803-3610

**Fax:** (734) 475-4421

**Eligibility:** 62+; pet friendly in some locations

**Respite:** Assisted & Memory Care

**Levels of Care:** Independent, Assisted, Memory Care

**Chidester Place**

**Address:** 330 Chidester Place, Ypsilanti MI 48197

**Phone:** (734) 487-9400

**Eligibility:** 62+ and/or disabled; smoke-free; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Clark East Tower - Senior Apartments**

**Website:** [www.nationalchurchresidences.org/communities/clark-east-tower/](http://www.nationalchurchresidences.org/communities/clark-east-tower/)

**Address:** 1550 E. Clark Road, Ypsilanti MI 48198

**Phone:** (734) 482-5511

**TTY Toll Free:** 711

**Eligibility:** 62+; live-in caregiver (over 18) with doctor's note; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Courthouse Square Senior Apartments**

**Address:** 100 S. Fourth Avenue, Ann Arbor MI 48104

**Phone:** (734) 995-5511

**Fax:** (734) 995-5533

**Email:** [courthousesq@firstcentrum.com](mailto:courthousesq@firstcentrum.com)

**Eligibility:** 55+; smoke-free; live-in caregiver with physician's note; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Cranbrook Tower**

**Website:** [rentlinx.kmgprestige.com/2901-Northbrook-Place-Ann-Arbor-MI-48103-7](http://rentlinx.kmgprestige.com/2901-Northbrook-Place-Ann-Arbor-MI-48103-7)

**Address:** 2901 Northbrook Place, Ann Arbor MI 48103

**Phone:** (734) 668-8914

**Fax:** (734) 668-7760

**Email:** [cranbrook@kmgprestige.com](mailto:cranbrook@kmgprestige.com)

**Eligibility:** 62+ and disabled; live-in caregiver with doctor's note; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Cross Street Village**

**Address:** 210 W. Cross Street, Ypsilanti MI 48197

**Phone:** (734) 483-8300

**Fax:** (734) 487-1592

**Email:** [cross@imsteam.net](mailto:cross@imsteam.net)

**Eligibility:** 55+; pet friendly; smoke-free

**Levels of Care:** Independent

**The Emmanuel House**

**Facebook:** [www.facebook.com/EmmanuelhouseAA](https://www.facebook.com/EmmanuelhouseAA)

**Address:** 475 Evergreen Drive, Ann Arbor MI 48103

**Phone:** (734) 780-7667

**Email:** [ehypsi@gmail.com](mailto:ehypsi@gmail.com) or [emmanuelhse@gmail.com](mailto:emmanuelhse@gmail.com)

**Eligibility:** Older adults

**Levels of Care:** Assisted

**Gilbert Residence**

**Website:** [www.gilbertresidence.com](http://www.gilbertresidence.com)

**Address:** 203 S.Huron Street, Ypsilanti MI 48197

**Phone:** (734) 482-9498

**Fax:** (734) 482-1848

**Email:** [info@gilbertresidence.com](mailto:info@gilbertresidence.com)

**Eligibility:** 60+

**Levels of Care:** Assisted, Memory Care

**Glacier Hills Retirement Community - The Meadows (Independent); The Manor (Independent & Assisted); and The Pavilion (Independent) under construction**

**Website:** [www.trinityhealthseniorcommunities.org/michigan/glacier-hills/](http://www.trinityhealthseniorcommunities.org/michigan/glacier-hills/)

**Address:** 1200 Earhart Road, Ann Arbor MI 48105

**Phone:** (734) 769-6410 info & reservations (734) 929-6780 appointments

**Fax:** (734) 769-3092

**Email:** [info@glacierhills.org](mailto:info@glacierhills.org)

**Eligibility:** 62+; pet friendly

**Levels of Care:** Independent, Assisted, Memory Care

**Hillside Terrace Senior Living - The Vineyard & The Gardens (Assisted), The Orchards (Independent), The Palms (Specialized Care), and H.T. Memory Care (open Fall 2024)**

**Website:** [www.hillside terrace.net](http://www.hillside terrace.net)

**Address:** 1939 Jackson Avenue, Ann Arbor MI 48103

**Phone:** (734) 761-4451

**Fax:** (734) 761-7047

**Email:** [marketing@hillside terrace.net](mailto:marketing@hillside terrace.net)

**Eligibility:** 60+; pet friendly

**Respite:** Yes

**Levels of Care:** Independent, Assisted, Memory Care

**Linden Square**

**Website:** [www.lindensquarealc.com](http://www.lindensquarealc.com)

**Address:** 650 Woodland Drive East, Saline MI 48176

**Phone:** (734) 429-7600

**TTY Toll Free:** Michigan Relay (800) 649-3777

**Eligibility:** 60+ ; pet friendly

**Respite:** Short-term.

**Levels of Care:** Assisted, Memory Care

**Lockwood of Ann Arbor**

**Website:** [www.LockwoodofAnnArbor.com](http://www.LockwoodofAnnArbor.com)

**Address:** 2197 E. Ellsworth Road, Ann Arbor MI 48108

**Phone:** (248) 203-0991 Southfield HQ

**Email:** [AnnArbor@lockwoodgrp.com](mailto:AnnArbor@lockwoodgrp.com) or [rentAnnArbor@lockwoodgrp.com](mailto:rentAnnArbor@lockwoodgrp.com)

**Eligibility:** 55+ ; pet friendly

**Levels of Care:** Independent

**Lurie Terrace**

**Website:** [www.a2gov.org/departments/Housing/programs/Pages/Lurie-Terrace.aspx](http://www.a2gov.org/departments/Housing/programs/Pages/Lurie-Terrace.aspx)

**Address:** 600 W. Huron Street, 3 Parkview Place, Ann Arbor MI 48103

**Phone:** (734) 665-0695

**Fax:** (734) 665-1580

**Eligibility:** 62+ ; smoke-free; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Lynden Parke Apartment Homes (formerly Lexington Club)**

**Website:** [www.mylyndenparke.com](http://www.mylyndenparke.com)

**Address:** 2224 Golfside Road, Ypsilanti MI 48197

**Phone:** (734) 934-3012

**Email:** [lyndenpark@mthmgry.com](mailto:lyndenpark@mthmgry.com)

**Eligibility:** 55+; pet friendly

**Levels of Care:** Independent

### **Melvin T. Walls Manor**

**Address:** 2189 Glory Lane, Ypsilanti MI 48197

**Phone:** (734) 484-3820

**Eligibility:** 62+ ; pet friendly

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

### **Memory Lane Assisted Living**

**Website:** [memorylanemichigan.com](http://memorylanemichigan.com)

**Address:** Office 8064 Carpenter Rd. Ypsilanti MI 48197

**Phone:** (734) 707-4039

**Eligibility:** Call for information

**Respite:** Short-term.

**Levels of Care:** Memory

### **Milan Village Apartments**

**Website:** [milanvillage.wodagroup.com/](http://milanvillage.wodagroup.com/)

**Address:** 71 Hurd Street Milan MI 48160

**Phone:** (734) 439-8179

**TTY Toll Free:** (800) 649-3777

**Eligibility:** 62+ or disabled

**Levels of Care:** Independent; pet friendly

**Type:** Affordable or Subsidized

### **Mill Pond Manor**

**Website:** [www.rhf.org/location/mill-pond-manor/](http://www.rhf.org/location/mill-pond-manor/)

**Address:** 460 Russell Road, Saline MI 48176

**Phone:** (734) 429-3838

**Fax:** (734) 429-3390

**Eligibility:** 62+ or mobility impaired; pet friendly; smoke-free

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

### **Mission Point Nursing & Physical Rehabilitation Center of Superior Woods**

**Website:** [missionpointhealthcare.com/superiorwoods/](http://missionpointhealthcare.com/superiorwoods/)

**Address:** 8380 Geddes Road, Ypsilanti MI 48198

**Phone:** (734) 547-7600

**Fax:** (734) 547-7779

**Email:** [admissions@mphssuperiorwoods.com](mailto:admissions@mphssuperiorwoods.com)

**Eligibility:** 60+ ; language assistance available

**Respite Care:** Short-term

**Levels of Care:** Assisted

**Parkway Meadows Apartments**

**Website:** [parkwaymeadowsapts.com](http://parkwaymeadowsapts.com)

**Address:** 2575 Sandalwood Circle, Ann Arbor MI 48105

**Phone:** (734) 662-5055

**Fax:** (734) 662-7872

**Email:** [parkway@kmgprestige.com](mailto:parkway@kmgprestige.com)

**Eligibility:** 62+ or with a disability

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**The Pines Senior Apartments**

**Website:** [thepines.mybrio.org](http://thepines.mybrio.org)

**Address:** 325 Wilkinson Street, Chelsea MI 48118

**Phone:** (734) 433-9130

(734) 433-9681

**Eligibility:** 55+ ; pet friendly

**Levels of Care:** Independent - CRC w/Chelsea Retirement Community

**Sequoia Place - Samaritas**

**Website:** [www.samaritas.org/AffordableLiving/Locations/AnnArbor](http://www.samaritas.org/AffordableLiving/Locations/AnnArbor)

**Address:** 1131 N. Maple Road, Office Number 1025, Ann Arbor MI 48103

**Phone:** (734) 669-8840

**Eligibility:** 62+

**Levels of Care:** Independent

**Type:** Affordable or Subsidized; Smoke-free community

**Silver Fox Senior Condominiums**

**Website:** [www.seniorhousingnet.com/seniorliving-detail/silver-fox-senior](http://www.seniorhousingnet.com/seniorliving-detail/silver-fox-senior)

**Address:** 317 Silver Fox Drive (off Redman Road), Milan MI 48160

**Phone:** (734) 476-8970

**Eligibility:** 55+ ; pet friendly; smoke-free

**Levels of Care:** Independent

**Type:** Affordable or Subsidized

**Silver Maples of Chelsea Retirement Neighborhood - *The Maples, The Meadows, Woodland Villas, Deer Ridge Villas***

**Website:** [silvermaples.org](http://silvermaples.org)

**Address:** 100 Silver Maples Drive, Chelsea MI 48118

**Phone:** (734) 977-1090 (734) 475-4111 (734) 627-6544

**Email:** [info@silvermaples.org](mailto:info@silvermaples.org)

**Eligibility:** 62+ ; pet friendly

**Respite:** Short-term (The Meadows)

**Levels of Care:** Independent, Assisted, Memory Care

**StoryPoint Saline**

**Website:** [www.storypoint.com/community/saline-mi/](http://www.storypoint.com/community/saline-mi/)



**Address:** 6230 S. State Street, Saline MI 48176  
**Phone:** (734) 389-7871  
**Chat:** Yes  
**Eligibility:** Call for information; pet friendly  
**Levels of Care:** Independent, Assisted Living, Memory Care

#### **St. Joseph's Village Ann Arbor**

**Website:** [www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti](http://www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti)  
**Address:** 5341 McAuley Drive, Ypsilanti MI 48197  
**Phone:** (734) 712-1600  
**Eligibility:** 55+ ; language assistance available  
**Respite Care:** Available  
**Levels of Care:** Independent, Assisted

#### **St. Louis Center**

**Website:** [stlouiscenter.org](http://stlouiscenter.org)  
**Address:** 16195 Old U.S.12, Chelsea MI 48118  
**Phone:** (734) 475-8430  
**Fax:** (734) 475-0310  
**Email:** [mail@stlouiscenter.org](mailto:mail@stlouiscenter.org)  
**Eligibility:** 18+ with intellectual/developmental disability (1/DD) & cognitive impairment (IQ of 70 or below) & a diagnosed disability.  
**Respite:** Short-term.  
**Levels of Care:** Assisted, Memory care

#### **Towne Centre Place**

**Website:** [rosecommunity.com/apartments/towne-centre-place/](http://rosecommunity.com/apartments/towne-centre-place/)  
**Address:** 401 W. Michigan Avenue, Ypsilanti MI 48197  
**Phone:** (734) 482-5500  
**Toll Free:** (844) 284-9329  
**Fax:** (734) 482-0581  
**Email:** [townecentreplace@rosecommunity.com](mailto:townecentreplace@rosecommunity.com)  
**Eligibility:** 62+; pet friendly  
**Levels of Care:** Independent  
**Type:** Affordable or Subsidized

#### **Towner Apartments - A Deborah Strong Housing Property**

**Website:** [www.ypsilantihc.org/communities](http://www.ypsilantihc.org/communities)  
**Address:** 711-741 Towner Street, Ypsilanti MI 48198  
**Phone:** (734) 482-4300 Ypsilanti Housing Commission  
**Eligibility:** One-bedroom units waiting list preference for elderly applicants.  
**Levels of Care:** Independent

#### **University Commons [Condominiums]**

**Website:** [www.universitycommons.org](http://www.universitycommons.org)  
**Address:** 817 Asa Gray Drive, Ann Arbor MI 48105  
**Phone:** (734) 332-1221  
**Fax:** (734) 332-1222

**Eligibility:** 55+ ; graduate of accredited 4-year college or university; UM affiliation not required; smoking policy; pet friendly

**Levels of Care:** Independent

**University Living (A Provision Living Senior Living Community)**

**Website:** [www.provisionliving.com/ann-arbor-mi/](http://www.provisionliving.com/ann-arbor-mi/)

**Address:** 2865 S. Main Street, Ann Arbor MI 48104

**Phone:** (734) 228-1926

**Eligibility:** 60+; UM affiliation not required; pet friendly Assisted Living; smoke free

**Respite:** Available

**Levels of Care:** Assisted, Memory Care

**Vibrant Life Senior Living**

**Website:** [vibrantlifeseniorliving.com/superior/](http://vibrantlifeseniorliving.com/superior/)

**Address:** 8100 Geddes Road, Superior Township MI 48198

**Phone:** (734) 484-4740

**Eligibility:** 55+

**Respite:** Short- and long-term.

**Levels of Care:** Assisted, Memory Care

**HOUSING – NURSING HOMES - rev Aug 2022**

**Explanation:** Nursing Homes are medical facilities which are highly regulated by the State and Federal governments, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term care provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid typically covers payment when eligibility requirements are met.

**The Housing Bureau for Seniors - Michigan Medicine**

**Phone:** (734) 998-9339

**Email:** [housingbureauseniors@umich.edu](mailto:housingbureauseniors@umich.edu)

Offers information on nursing homes, housing and other care options and helps prevent eviction and foreclosure.

**Nursing Home Compare:** From Medicare.gov, this website allows one to find and compare nursing homes certified by Medicare and Medicaid. This website contains quality of resident care and staffing information for more than 15,000 nursing homes around the country. (also en Español)

- [Checklist for Choosing a Nursing Home](#) - MDCH (Michigan Dept. Community Health) 7 p.
- [Nursing Home Checklist](#) (Nov. 2022, Medicare.gov, 8 p.)
- [Nursing Home Checklist](#) (AARP, 3 p.)

**Chelsea Retirement Community - Kresge Healthcare & Rehabilitation Center**

**Website:** [mybrio.org/kresge-healthcare-rehabilitation-center/](http://mybrio.org/kresge-healthcare-rehabilitation-center/)

**Address:** 805 W. Middle Street, Chelsea MI 48118

**Phone:** (734) 475-7310

**The Emmanuel House**

**Website:** [www.facebook.com/EmmanuelhouseAA](https://www.facebook.com/EmmanuelhouseAA)

**Address:** 475 Evergreen Drive, Ann Arbor MI 48103

**Phone:** (734) 780-7667

**Evangelical Home - Saline EHM Senior Solutions**

**Website:** [ehmss.org/senior-living/long-term-care/](http://ehmss.org/senior-living/long-term-care/)

**Address:** 200 Brecon Drive, Saline MI 48176

**Phone:** (734) 429-9401

**Fax:** (734) 944 3482

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Gilbert Residence**

**Website:** [www.gilbertresidence.com/nursing-care/](http://www.gilbertresidence.com/nursing-care/)

**Address:** 203 S. Huron Street, Ypsilanti MI 48197

**Phone:** (734) 482-9498

**Fax:** (734) 482-1848

**Email:** [info@gilbertresidence.com](mailto:info@gilbertresidence.com)

**Glacier Hills Care & Rehabilitation Center - Trinity Health Senior Communities**

**Website:** [glacierhills.org/lifestyle-options/care-rehabilitation/](http://glacierhills.org/lifestyle-options/care-rehabilitation/)

**Address:** 1200 Earhart Road, Ann Arbor MI 48105

**Phone:** (734) 769-6410

**Email:** [info@glacierhills.org](mailto:info@glacierhills.org)

**Kettles VA Medical Center (VA Ann Arbor) - Community Living Centers (VA Nursing Homes)**

**Website:-** [www.va.gov/GERIATRICS/pages/VA\\_Community\\_Living\\_Centers](http://www.va.gov/GERIATRICS/pages/VA_Community_Living_Centers)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 769-7100

**Kettles VA Medical Center (VA Ann Arbor) - Medical Foster Home Program**

**Website:-** [www.annarbor.va.gov/services/medicalfosterhome.asp](http://www.annarbor.va.gov/services/medicalfosterhome.asp)

[www.va.gov/GERIATRICS/pages/Medical\\_Foster\\_Homes](http://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes)

**Address:** 2215 Fuller Road, Ann Arbor MI 48105

**Phone:** (734) 769-7100

**Mission Point Nursing & Physical Rehabilitation Center of Superior Woods**

**Website:** [missionpointhealthcare.com/superiorwoods/](http://missionpointhealthcare.com/superiorwoods/)

**Address:** 8380 Geddes Road, Ypsilanti MI 48198

**Phone:** (734) 547-7600

**Email:** [admissions@mphssuperiorwoods.com](mailto:admissions@mphssuperiorwoods.com)

**ProMedica Skilled Nursing and Rehabilitation (Ann Arbor) (formerly Heartland)**

**Website:** [www.promedicasillednursing.org/locations/promedica-skilled-nursing-and-rehabilitation-ann-arbor/](http://www.promedicasillednursing.org/locations/promedica-skilled-nursing-and-rehabilitation-ann-arbor/)

**Address:** 4701 E. Huron River Drive, Ann Arbor MI 48105

**Phone:** (734) 975-2600

**Fax:** (734) 677-5857

**Email:** [AnnArborSkilledNursingandRehab@promedica.org](mailto:AnnArborSkilledNursingandRehab@promedica.org)

**The Redies Center for Rehabilitation & Healthy Living**

**Website:** [ehmss.org/healthcare/skilled-nursing-rehabilitation/](http://ehmss.org/healthcare/skilled-nursing-rehabilitation/)

**Address:** 440 W. Russell Street, Saline MI 48176

**Phone:** (734) 429-9401

**Fax:** (734) 669-3775

**Email:** [marketing@ehmss.org](mailto:marketing@ehmss.org)

**Regency at Bluffs Park - Ciena Healthcare**

**Website:** [www.cienahealthcare.com/locations/regency-at-bluffs-park/#top](http://www.cienahealthcare.com/locations/regency-at-bluffs-park/#top)

**Address:** 355 Huron View Blvd., Ann Arbor MI 48103

**Phone:** (734) 887-8700

**Regency at Whitmore Lake - Ciena Healthcare**

**Website:-** [www.cienahealthcare.com/locations/regency-at-whitmore-lake/](http://www.cienahealthcare.com/locations/regency-at-whitmore-lake/)

**Address:** 8633 Main Street, Whitmore Lake MI 48189

**Phone:** (734) 449-4431

**Villa at Parkridge**

**Website:** [www.villaatparkridge.com](http://www.villaatparkridge.com)

**Address:** 28 S. Prospect Street, Ypsilanti MI 48198

**Phone:** (734) 714-5600

**Fax:** (734) 483-8972

**Text:** (313) 910-3526

**INFORMATION / REFERRAL / ADVOCACY - rev Aug 2022**

**Alzheimer's Association – Greater Michigan Chapter**

**Website:** [www.alz.org/gmc](http://www.alz.org/gmc) [www.alz.org](http://www.alz.org) (also en Español)

**Toll Free:** 24 Hour (800) 272-3900

**Email:** [helplinegmc@alz.org](mailto:helplinegmc@alz.org)

**Services:** Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers' bureau, a resource library with free lending opportunities. The Alzheimer's Association provides multi-lingual services.

**Hours:** 24 Hours.

**Fees:** No fee for most services.

**American Association of Retired Persons (AARP) - Michigan Office**

**Website:** [local.aarp.org/mi/](http://local.aarp.org/mi/) (also Español & Chinese)

**Address:** AARP Michigan State Office, 123 W. Allegan Street, Suite 500, Lansing MI 48933

**Toll Free** (866) 227-7448 Michigan (888) 687-2277 National (877) 342-2277 Español

**Fax:** (517) 316-9958

**TTY Toll Free:** 711 (877) 434-7598 National (866) 238-9488 Español

**Text:** 833-259-2277

**Email:** [miaarp@aarp.org](mailto:miaarp@aarp.org)

**Services:** AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50 +. Membership provides access to various insurance, financial, health, technology and travel benefits.

**Hours:** Monday – Friday 9 am – 5 pm (MI office);  
and 8 am - 8 pm & Saturday 9 am - 5 pm National office

**Fees:** Membership is \$16 per year with discounted rates for multi-year memberships.

### **Ann Arbor Center for Independent Living (CIL)**

**Website:** [www.annarborcil.org](http://www.annarborcil.org)

**Address:** 3941 Research Park Drive, Ann Arbor MI 48108

**Phone:** (734) 971-0277

**FAX:** (734) 971-0826

**Email:** [info@aacil.org](mailto:info@aacil.org)

**Services:** Information and referral services are provided by phone, email, or in person to people with disabilities and other members of the community seeking disability-related information. Also has an online resource directory at [www.annarborcil.org/resources/](http://www.annarborcil.org/resources/). Has a medical equipment loan closet.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee.

### **Ann Arbor Community Center**

**Website:** [annarbor-communitycenter.org](http://annarbor-communitycenter.org)

**Address:** 625 N. Main Street, Ann Arbor MI 48104

**Phone:** (734) 662-3128 (leave message for return call)

**Fax:** (734) 662-1099

**Services:** Combines local volunteers and funding from the community to provide high quality programs, information, and services such as senior citizen care, food assistance, etc. The Wendy Fund helps provide heat and electricity/utilities help.

**Hours:** Monday - Friday 9 am - 3 pm

**Fees:** No fee

### **AgeWays Nonprofit Senior Services (formerly AAA-1B)**

**Website:** [www.ageways.org/](http://www.ageways.org/)

**Address:** 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

**Phone:** (248) 357-2255

**Toll Free:** (800) 852-7795

**TTY Toll Free:** (800) 649-3777 Michigan Relay

**Fax:** 248-262-9971

**Services:** Certified resource specialists provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, meals, long-term care, transportation, personal care, respite care, support groups and legal services. Covers Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties. Also provide referral numbers for other counties in Michigan and for all states.

- **Help for Caregivers**

**Website:** [www.ageways.org/caregiver-resources/](http://www.ageways.org/caregiver-resources/)

**Toll Free:** (800) 852-7795



**Services:** Links to information on training, respite, support groups, transportation, grandparents raising grandchildren and other resources.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

**Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services Department**

**Website:** [ccwcwashtenaw.org/seniors/](http://ccwcwashtenaw.org/seniors/)

**Address:** 4925 Packard Street, Ann Arbor MI 48108

**Phone:** (734) 971-9781 ext. 352

**Fax:** (734) 971-2730

**Services:** Resource Advocates provide information and referral by telephone or in-home assessment to residents of Washtenaw County, age 60+. Publishes a free annual "[Senior Resource Directory](#)" for Washtenaw County listing agencies and phone numbers. The directory can be downloaded (from link above), requested by phone, or viewed online at [blueprintforaging.org/washtenaw-county-senior-resources/](http://blueprintforaging.org/washtenaw-county-senior-resources/)

**Hours:** Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm

**Fees:** No fee.

**Chelsea Community Senior Services (C2S2)**

**Website:** [chelseaseniors.org/c2s2](http://chelseaseniors.org/c2s2)

**Address:** Chelsea Senior Center, WSEC, 512 Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Services:** Helps seniors 60+ in the Chelsea School District remain in their own homes by providing access to needed services using volunteers or through referrals to vetted, discounted providers.

**Hours:** Monday - Friday 8:30 am - 4 pm

**Fees:** Donations accepted..

**City of Ann Arbor - Supportive Connections**

**Website:** [www.a2gov.org/services/Pages/Supportive-Connections.aspx](http://www.a2gov.org/services/Pages/Supportive-Connections.aspx)

**Phone:** (734) 794-6934

**Email:** [supportiveconnections@a2gov.org](mailto:supportiveconnections@a2gov.org)

**Services:** Provides social services to assist anyone with a connection to Ann Arbor from becoming involved or re- involved with the criminal justice system. Works with community service providers to address potential causes of criminal justice-system involvement, such as substance abuse issues, mental health challenges, and housing insecurity. Self-referral accepted; other referrals confidential.

**Hours:** Normal business hours for phone; emails may be sent 24/7 and are not for emergency services.

**Fees:** No fee.

**Connect2Affect - AARP**

**Website:** [connect2affect.org/find-help/](http://connect2affect.org/find-help/) (multiple languages)

**Services:** Directory of support services by zip code. Covers financial assistance, food, medical care, housing, transportation, legal assistance and more. Search by keyword or program name. Clicking on program category reveals drop-down menu of subcategories. Can filter searches / limit results by seniors (55+ ).

**Hours:** 24 Hours

**Fees:** No fee; AARP membership NOT required.

### **Dexter Senior Center - Resources**

**Website:** [dexterseniors.org/community-resources/](http://dexterseniors.org/community-resources/)

**Phone:** (734) 426-7737

**Services:** Links Dexter-area residents to information on Caregivers, Transportation, Home Services, Medicare Counseling, Legal Resources and other directories/resources.

**Hours:** 24 Hours

**Fees:** No fee

### **Eldercare Locator - United States - Administration on Aging**

**Website:** [eldercare.acl.gov](http://eldercare.acl.gov)

**Toll Free:** (800) 677-1116

**Email:** [eldercarelocator@n4a.org](mailto:eldercarelocator@n4a.org)

**Online Live Chat:** Yes

**Services:** Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.

**Hours:** 9 am - 8 pm

**Fees:** No fee.

### **Friends in Deed**

**Website:** [www.friendsindeed.info](http://www.friendsindeed.info)

**Address:** 1196 Ecorse Road, Ypsilanti MI 48198

**Phone:** (734) 484-4357

**Fax:** (734) 484-5355

**Email:** [Helpline@FriendsInDeedMI.org](mailto:Helpline@FriendsInDeedMI.org)

**Services:** Fills the gaps of assistance offered by other agencies / organizations in Washtenaw County by providing information about or making a referral to another organization that has a program of services that better fits a client's needs.

- **Food Banks** - includes community services, shelters and hot meals locally and county-wide.
- **Clothing and Medical Closets** - covers free or low cost clothing, household & medical items.

**Hours:** Monday - Friday by appointment for document and furniture drop off

**Fees:** No fee.

### **Great Lakes Loan Closets - Washtenaw County (MI) Loan Programs**

**Website:** [loanclosets.org/michigan/washtenaw](http://loanclosets.org/michigan/washtenaw)

**Address:** P.O. Box 19614, Kalamazoo MI 49019

**Services:** Help those in need find places to borrow medical equipment within their community. Also provides information on how and where to [donate medical equipment](#), [hearing aids](#), and [medications](#).

**Hours:** 24 Hours

**Fees:** No fee.

### **The Information Center - Where to Turn Community Resource Guide**

**Website:** [theinfocenter.org/](http://theinfocenter.org/)

**Phone:** (734) 282-7171

**Email:** [info@theinfocenter.org](mailto:info@theinfocenter.org)

**Online Chat:** Y via [Skype](#)

**Services:** Provides a guided or keyword searchable online resource database and a downloadable "Where to Turn" resource guide (must provide email address) as well as telephone support. Includes

assistance, information and access to public resources, community services and activities such as aging and disability, food, rent, healthcare, home care, other information and referral services, legal issues, mental health, substance abuse treatment, and more. Some resource areas are Wayne County oriented although it serves southeast Michigan residents.

**Hours:** 24 Hours (database); Monday - Friday 9 am - 5 pm (phone)

**Fees:** No fee.

### **Jewish Family Services of Washtenaw County - RISE (Resettlement, Integration, Support, and Education)**

**Website:** [www.jfsannarbor.org/resettlement-and-immigration.html](http://www.jfsannarbor.org/resettlement-and-immigration.html)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Email:** [info@www.jfsannarbor.org](mailto:info@www.jfsannarbor.org)

**Services:** Social services, activities, and assistance for foreign-born seniors. Intake services in English and Russian with additional translating services as needed.

**Hours:** Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

**Fees:** No fee.

### **Jewish Family Services of Washtenaw County - (WISE) Washtenaw Integrated Senior Experience**

**Website:** [www.jfsannarbor.org/transforming-aging/](http://www.jfsannarbor.org/transforming-aging/)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Care management and aging in place service links seniors to systems, community organizations and experts in aging.

**Hours:** Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

**Fees:** No fee.

### **Jim Toy Community Center**

**Address:** PO Box 1152, Ann Arbor MI 48106

*560 S. Main Street, Ann Arbor MI 48104 opening early 2025*

**Phone:** (734) 274-9551

**Services:** Provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. Connects its network of business owners, professionals, and friends with those in the community. OUTreach works to increase access to justice for LGBTQ community members through a partnership with the MLaw Outlaws, Legal Services of South Central Michigan, and local volunteer attorneys.

**Hours:** Call for hours.

**Fees:** No fee.

### **Michigan Legislature - Publications**

**Website:** [www.legislature.mi.gov/\(S\(dh23vhrriegsujdaussrpo44a\)\)/mileg.aspx?Page=Publications](http://www.legislature.mi.gov/(S(dh23vhrriegsujdaussrpo44a))/mileg.aspx?Page=Publications)

**Services:** Information on various topics of interest to seniors

- [Peace of Mind \[A Guide to Legal and Medical Decisions:\]](#) (2022)
- [Services for Seniors: Laws and Programs for Senior Adults](#) (2022)

**Hours:** 24 Hours

**Fees:** No fee

**Michigan Medicine - Geriatrics Center - Social Work and Community Programs**

**Website:** [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)

**Address:** 4260 Plymouth Road, Ann Arbor MI 48109

**Phone:** (734) 764-2556 or (734) 998-9353 Turner Senior Wellness Program

**Services:** Geriatric social workers offer individuals and caregivers a wide range of information services including individual and group counseling, support groups, educational programs, and various other wellness programs.

**Hours:** Monday - Friday 9 am – 5 pm

**Fees:** No fee for support groups. There may be fees associated with other programs.

**Michigan Support for Older Adults Portal (Mi-SOAP) - Resources**

**Website:** [misoap.org/toolbox/resources/](http://misoap.org/toolbox/resources/)

**Address:** 3815 W. Saint Joseph, Suite C-200, Lansing MI 48197

**Services:** Use to find community resources to address senior needs, screen for available services and benefits, and help seniors apply for benefits.

**Hours:** 24 Hours.

**Fees:** No fee.

**Muslim Social Services of Washtenaw County**

**Website:** [www.muslimsocialservices.net](http://www.muslimsocialservices.net)

**Address:** 2301 Plymouth Road, Ann Arbor MI 48105

**Phone:** (734) 206-2239

**Services:** Provides educational support, employment consultancy, family counseling and literacy programming to refugee, immigrant, and political asylum individuals and families.

**Hours:** By appointment only

**Fees:** No fee.

**National Council on Aging (NCOA)**

**Website:** [www.ncoa.org](http://www.ncoa.org)

**Phone:** (571) 527-3900

**Services:** Links to resources for older adults, caregivers, professionals and advocates on economic security, healthy living and public policy.

**Hours:** Call for hours

**Fees:** No fee.

**National Hispanic Council on Aging (NHCOA)**

**Website:** [nhcoa.org/](http://nhcoa.org/)

**Facebook:** [www.facebook.com/NHCOA/](http://www.facebook.com/NHCOA/)

**Phone:** (202) 347-9733

**Email:** [nhcoa@nhcoa.org](mailto:nhcoa@nhcoa.org)

**Services:** Works to improve the lives of Hispanic older adults, their families and caregivers. Promotes, educates, and advocates for research, policy, and practice in the areas of economic security, health, and housing for Hispanic older adults. Offers Empowerment & Civic Engagement (ECET) and Caring for the Caregiver training programs.

**Hours:** 9 am - 6 pm daily

**Fees:** No fee

**National Kidney Foundation - Roadmap to Social Systems and Resources**

**Website:** [nkfm.org/conditions/finding-your-way-guide/](http://nkfm.org/conditions/finding-your-way-guide/)

**Services:** Steps needed to get help are outlined to assist in getting the answers. The manuals list federal, state, and county programs and services that are available, help break down applications process, list the basic guidelines for receiving help, and offers tips on finding resources for basic needs such as food, housing, healthcare, education, and more. Of most interest are:

[Finding Your Way ... Washtenaw County](#) and [Finding Your Way State of Michigan](#)

**Hours:** 24 Hours

**Fees:** No fee.

**National Resource Center on LGBT Aging - SAGE (Service & Advocacy for GLBT Elders)**

**Website:** [www.lgbtagingcenter.org](http://www.lgbtagingcenter.org)

**Address:** c/o SAGE, 305 Seventh Avenue, 6th Floor, New York NY 10001

**Phone:** (212) 741-2247

**Toll Free:** (877) 360-LGBT (5428)

**Fax:** (212) 366-1947

**Email:** [info@lgbtagingcenter.org](mailto:info@lgbtagingcenter.org)

**Services:** Provides training, technical assistance and educational resources to providers, LGBT organizations and LGBT older adults. Help available in English or en Español,

**Hours:** 24 Hours

**Fees:** No fee.

**National Resource Directory [for Wounded Warriors, Service Members & Veterans]**

**Website:** [nrd.gov](http://nrd.gov)

**Toll Free:** (800) 342-9647 Wounded Warriors (800) 827-1000 Service Members, Veterans

**Email:** [infonrd.osd@mail.mil](mailto:infonrd.osd@mail.mil)

**Services:** A searchable resource database that connects wounded warriors, Service Members, Veterans, their families, and caregivers to vetted programs and services that support them. Provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Find resources by category, and some subcategories, then limit by location (state).

**Hours:** 24 Hours

**Fees:** No fee.

**Office of Services to the Aging - State of Michigan - Adult Protective Services**

**Website:** [www.michigan.gov/adultprotectiveservices](http://www.michigan.gov/adultprotectiveservices)

**Toll Free:** Michigan 24 Hours (855) 444-3911

**Services:** Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults and cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.

**Hours:** 24 Hours

**Fees:** No fee.

**Office of Services to the Aging - State of Michigan - Michigan Long Term Care Ombudsman Program (MLTCOP)**

**Website:** [mltcop.org](http://mltcop.org)

**Address:** 15851 S. US 27, Suite 73, Lansing MI 48906

**Phone:** (517) 827-8040

**Toll Free:** (866) 485-9393

**Fax:** (517) 574-5301

**Services:** The Long Term Care Ombudsman program is available for residents or concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement. Local contact for Washtenaw County is the AgeWays Nonprofit Senior Services (formerly AAA 1-B) office. **Phone:** (800) 852-7795 (586) 980-9303 **Hours:** Monday – Friday 8 am – 5 pm  
**Fees:** No fee.

**Public Citizens of Washtenaw (formerly *Gray Panthers of Washtenaw*)**

**Address:** PO Box 7213, Ann Arbor MI 48107

**Phone:** Michael-David BenDor (734) 484-1628

**Email:** Michael-David BenDor [md@bendor.org](mailto:md@bendor.org) or Alan Haber [megiddo@umich.edu](mailto:megiddo@umich.edu)

**Services:** Intergenerational group which actively promotes changes in policy for economic security, health care, civil rights/liberties, political integrity, and other issues.

**Hours:** Group meets the 1st Saturday of each month from 10 am - 12 pm. (Please call to confirm).

**Fees:** \$35 individual membership or sliding scale; \$60 couples.

**Senior Resource Connect (formerly *Ahead of the Curve*) - Catholic Charities of Washtenaw County (formerly Catholic Social Services)**

**Website:** [seniorresourceconnectmi.org](http://seniorresourceconnectmi.org)

**Phone:** (734) 971-9781 ext. 352

**Services:** Online browsable and searchable directory of programs and services for older adults in Washtenaw County. Also provides telephone assistance during regular business hours. Also includes a weekly blog, resource quiz, and videos on how to prevent elder abuse. Printed senior resource directories available free of cost.

**Hours:** 24 Hours

**Fees:** No fee.

**Trinity Health - Community Resource Directory**

**Website:** [communityresources.trinity-health.org/](http://communityresources.trinity-health.org/)

**Services:** Helps find and connect with free and reduced-cost health resources and social services. Trinity Health works with [findhelp](#), social care solutions that improve health equity, to provide this online tool to find local resources to meet the needs of patients, colleagues and those living in the communities served. Not limited to services for persons 55+.

**Hours:** 24 Hours.

**Fees:** No fee.

**Trinity Health St. Joseph Mercy - Community Outreach Hotline**

**Toll Free:** (833) 247-1258 ext. 3

**Services:** Provides information on southeast Michigan resources for food, transportation, COVID-19 testing, health insurance, medication assistance and dependent care.

**Hours:** Monday - Friday 8 am - 4:30 pm

**Fees:** No fee.

**Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Fax:** (734) 998-9340



**Services:** Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, home care and support groups. The TSW Program publishes and updates the List of Local Resources aka "Local Resources for Older Adults in Washtenaw County" on the Michigan Medicine Geriatrics Center website.

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee

### **United Way for Southeast Michigan — 211**

**Website:** [unitedwaysem.org/get-help/](https://unitedwaysem.org/get-help/)

**Address:** United Way for Southeastern Michigan, 3011 W. Grand Blvd., Suite 500, Detroit MI 48202

**Phone:** 2-1-1 (313) 226-9200

**Text:** your zip code to 898211

**Email:** [LiveUnited@UnitedWaySEM.org](mailto:LiveUnited@UnitedWaySEM.org)

**Live Chat:** [unitedwaysem.org/get-help/](https://unitedwaysem.org/get-help/)

**Services:** Confidential service provides information and referrals to local health and human service agencies and to volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states. Under "Get Help" offers more than a dozen guided subject searches, using zip code locations, along with keyword and agency searches in their database. Merged with United Way of Washtenaw County in 2023. Online statewide searchable databases at [mi211.org](https://mi211.org) (enter zip code).

**Hours:** 24 Hours.

**Fees:** No fee

### **University of Michigan - Work-Life Resource Center - Elder Care**

**Website:** [hr.umich.edu/benefits-wellness/work-life/elder-care](https://hr.umich.edu/benefits-wellness/work-life/elder-care)

**Address:** 2600 Wolverine Tower, 3003 S. State Street, Ann Arbor MI 48109

**Phone:** (734) 936-8677

**Fax:** (734) 615-2776

**TTY:** (734) 647-1388

**Email:** [worklife@umich.edu](mailto:worklife@umich.edu)

**Services:** Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other services. Provides posting board of/for "Family Helpers" -- current students at UM, recent graduates or retirees from UM who can be employed for elder care, chores, etc.

**Hours:** Monday - Friday 8 am – 5 pm

**Fees:** No fee.

### **Washtenaw County - Office of Community & Economic Development Resources**

**Website:** [www.washtenaw.org/811/Resources](https://www.washtenaw.org/811/Resources) or

[Washtenaw County Community Resources - Directory - Older Adult Supports](#)

**Services:** Spreadsheet with information on housing, food assistance, older adult support, income support and financial services, health services, education services, and barrier busters.

**Hours:** 24 Hours

**Fees:** No fee.

### **Washtenaw County - Older Adults - Resource Links**

**Website:** [www.washtenaw.org/1584/Older-Adults](http://www.washtenaw.org/1584/Older-Adults) (multiple languages)

**Services:** Web page linking to county, local, and regional resources for seniors in the areas of mental health, housing and/or homelessness, food and nutrition, medical care, recreation and for persons with disabilities and veterans. Also includes links to social service agencies.

**Hours:** 24 Hours

**Fees:** No fee

### **Ypsilanti Township - Community Resources**

**Website:** [ypsitownship.org/community/community\\_engagement/community\\_resources](http://ypsitownship.org/community/community_engagement/community_resources)

**Phone:** (734) 544-4000

**Email:** [nhw.info@ypsitownship.org](mailto:nhw.info@ypsitownship.org)

**Services:** Searchable and browsable list of links for resources in the community that are available. Includes areas such as bill assistance, employment resources, food resources, health/mental health services, homeless services, housing repair services legal services, pet programs, police resources. senior services, substance abuse & recovery resources, transportation, utility assistance, and veteran services.

**Hours:** 24 Hours

**Fees:** No Fee.

## **INSURANCE ASSISTANCE - rev July 2022**

### **Department of Veterans Affairs - Washtenaw County**

**Website:** [washtenaw.org/959/Veterans-Affairs](http://washtenaw.org/959/Veterans-Affairs)

**Address:** 2155 Hogback Road, Ann Arbor MI 48108 or PO Box 8645, Ann Arbor MI 48107

**Phone:** (734) 973-4540

**Toll Free:** VA Health Benefits Services Center (877) 222-8387

**Fax:** (734) 973-4560

**Services:** Help for county veterans, survivors and dependents to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Call VA's Health Benefits Services Center for information about eligibility for its standard health plan.

**Hours:** Appointments (Public) 7:30 am - 12 pm; 1 pm - 6:30 pm; Closed for Lunch 12 pm - 1 pm; Closed Fridays - Sundays & Holidays

**Fees:** No fee for assistance in applying. Health benefits include fee and no-fee based services, depending on the veteran's condition, income, and status.

### **Michigan - MDHHS - Medicare Savings Program**

**Website:** [www.michigan.gov/mdhhs/MedicareSavingsProgram](http://www.michigan.gov/mdhhs/MedicareSavingsProgram) - [Brochure](#)

**Address:** MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**Fax:** (734) 481-9888

**Services:** The Michigan Department of Community Health (MDCH) may help pay the following, depending on the person's income: Medicare premiums, Medicare coinsurance, and/or Medicare deductible. In some cases, the MDCH may refund the person a portion of the Medicare Part B premium on an annual basis. Apply through the MDHHS Washtenaw County Office.

**Hours:** Vary; call

**Fees:** No fee

### **Michigan Medicare/Medicaid Assistance Program (MMAAP)**

**Website:** [mmapinc.org](http://mmapinc.org) and [www.ageways.org/medicare-medicaid-help](http://www.ageways.org/medicare-medicaid-help)

**Address:** Services offered at various locations

**Toll Free:** (800) 803-7174 or (800) 803-7174 AgeWays (formerly AAA 1-B)

**Services:** Help and information on Medicare and Medicaid health insurance, prescription/Rx insurance, and billing, plus long term care insurance. All Medicare recipients are eligible, including veterans, regardless of age. Washtenaw County served by AgeWays Nonprofit Senior Services.

**Hours:** Monday - Friday 8:30 am - 5 pm

**Fees:** No fee

### **Social Security Administration**

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Address:** 3971 Research Park Drive, Suite A, Ann Arbor MI 48108

**Toll Free:** (800) 772-1213 national (877) 402-0825 Ann Arbor

**Interpreter Services:** (800) 772-1213

**TTY Toll Free:** (800) 325-0778

**Fax:** (734) 929-6463 Ann Arbor

**Services:** Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions/Rx (Part D), and other federal financial programs.

**Hours:** Office Monday – Friday 9 am - 4 pm;

**Fees:** No fee.

### **State of Michigan - Department of Health and Human Services - Assistance Programs - Health Care Coverage**

**Website:** [www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)

**Address:** MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**Fax:** (734) 481-8382

**Services:** Various programs and assistance for health insurance. Call for more information.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

### **Washtenaw Health Plan (WHP)**

**Website:** [www.washtenaw.org/1878/Plan-B-Information](http://www.washtenaw.org/1878/Plan-B-Information)

**Address:** 555 Towner Street, Ypsilanti MI 48198

**Phone:** (734) 544-3030

**Services:** A health coverage program for low-income Washtenaw County residents who don't have access to affordable health insurance. WHP helps people get the health care services they need. WHP is NOT insurance so enrollment is only for those that would not be subjected to a tax penalty under the Affordable Care Act or for special situations.

**Hours:** Monday - Friday 9 am - 4 pm

**Fees:** Low fees only for prescriptions and Emergency Room visits.

**LEGAL ASSISTANCE - rev Aug 2022**

**Adult Protective Services - State of Michigan - Department of Health and Human Services**

**Website:** [www.michigan.gov/mdhhs/Adult Protective Services](http://www.michigan.gov/mdhhs/Adult%20Protective%20Services)

**Address:** MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

**Phone:** (734) 481-2000

**Toll Free:** (855) 444-3911 24 Hour - Michigan - Report Abuse & Neglect

**Fax:** (734) 481-8386

**Services:** Investigates whether the person suspected of being abused, neglected, exploited by coordinating with mental health, public health, law enforcement, the probate courts, the aging network, community groups and the general public.

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

**Crime Victims Legal Assistance Project - Elder Justice Initiative Michigan Advocacy Program**

**Website:** [cvlap.org/elder-justice-program](http://cvlap.org/elder-justice-program)

**Address:** 420 N. Fourth Street, Ann Arbor MI 48104

**Phone:** (734) 665-6181

**Toll Free:** Central Intake (888) 783-8190 or (888) 665-6181

**Services:** Through the Legal Services of South Central Michigan office, provides free legal assistance to adults age 55+ who have experienced abuse, domestic violence or neglect.

**Hours:** Monday - Friday 9 am – 5 pm

**Fees:** No fee.

**Dispute Resolution Center**

**Website:** [thedisputeresolutioncenter.org/](http://thedisputeresolutioncenter.org/)

**Address:** 4133 Washtenaw Avenue, Suite 125, Ann Arbor MI 48108

**Phone:** (734) 794-2125

**Fax:** (734) 794-2126

**Email:** [info@thedrcmi.org](mailto:info@thedrcmi.org)

**Services:** Provides confidential dispute resolution in schools, families, communities and businesses using trained professional mediators. Does not handle disputes involving serious violence and drugs.

**Hours:** Monday - Friday 9 am – 5 pm.

**Fees:** Depends on service; payment plans available.

### **Elder Law of Michigan (ELM)**

**Website:** [www.elderlawofmi.org](http://www.elderlawofmi.org)

**Address:** 3815 W. St. Joseph, Suite C-200, Lansing MI 48917

7310 Woodward Avenue, Suite 703, Detroit MI 48202

**Toll Free:** (866) 400-9164

**Fax:** (517) 372-0792

**Email:** [info@elderlawofmi.org](mailto:info@elderlawofmi.org)

#### **Services:**

- [\*The Mid-America Pension Rights Project\*](#) (MAPRR) (866) 735-7737: Assists retirees in finding, securing, and recovering pension benefits. Answers questions regarding pension plans and other retirement benefits. Monday - Friday 8 am - 4 pm
- *The Michigan Coordinated Access to Food for the Elderly* (MiCAFE) (877) 664-2233: Project is designed to increase the participation of older adults in the Food Assistance Program, Medicare/Medicaid, utility assistance and tax credits. Monday - Friday 9 am - 3 pm
- [\*Michigan Elder Justice Coordinating Council\*](#) (MEJCC) (866) 361-5558: Provides support to promote elder justice including resources and coordination efforts as well as direct services such as education, training and outreach.
- [\*Pooled Account Trust\*](#) (866) 400-9164: An estate planning tool designed to protect eligibility for public assistance programs for clients with significant long term health and financial needs. Pays expenses outside of the basic care provided by government benefits. Membership and monthly fees.

**Hours:** Monday - Friday 9 am – 5 pm

**Fees:** No fee.

### **Fair Housing Center of Southeast and Mid-Michigan**

**Website:** [www.fhcmichigan.org](http://www.fhcmichigan.org)

**Address:** PO Box 7825, Ann Arbor MI 48107 (appointments in downtown Ypsi)

**Toll Free:** (877) 979-FAIR (3247) leave message

**Fax:** (734) 340-6598 contact before faxing

**Email:** [info@fhcmichigan.org](mailto:info@fhcmichigan.org) or [complaints@fhcmichigan.org](mailto:complaints@fhcmichigan.org)

**Services:** Investigates complaints of illegal housing discrimination based on federal, state, and local fair housing laws, as well as resolves reasonable accommodation and modification requests for people with disabilities.

**Hours:** Call to leave message for call back or email [info@fhcmichigan.org](mailto:info@fhcmichigan.org)

**Fees:** No fee.

### **Geriatrics Center - Social Work and Community Programs - Advance Directives - Michigan Medicine**

**Website:** [www.uofmhealth.org/patient-visitor-guide/advance-directives](http://www.uofmhealth.org/patient-visitor-guide/advance-directives) (multiple languages)

**Address:** 4260 Plymouth Road, Ann Arbor MI 48105

**Phone:** (734) 764-2556 appointments

**Services:** Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care (DPOA-HC), Living Will, and end of life decisions. Volunteers will assist in completing the DPOA-HC. Appointments required. Open to the public.

**Hours:** Monday afternoons

**Fees:** No fee.

### **Grandfamilies.org**

**Website:** [www.grandfamilies.org/](http://www.grandfamilies.org/)

**Services:** A national legal resource in support of grandfamilies within and outside the child welfare system. Site provides for searches of laws, information on relevant topics, links to resources and downloadable publications which include checklists, tools and tip sheets.

**Fees:** No fee.

### **H.E.L.P. (Helping the Elderly Live Productively) - Forms & Tools**

**Website:** [www.help4srs.org/forms-tools/](http://www.help4srs.org/forms-tools/)

**Services:** Provides information geared toward California seniors; however TSWP attendees have found helpful information here. Of special interest are the checklists "[When A Person / Someone Dies](#)" and "[When Your Spouse Dies](#)."

**Hours:** 24 Hours

**Fees:** No fee.

### **Legal Services of South Central Michigan (LSSCM)**

**Website:** [www.lsscm.org](http://www.lsscm.org)

**Address:** 15 S. Washington Street, Ypsilanti MI 48197

**Phone:** (734) 665-6181

**Toll Free:** (866) 665-6181

**Fax:** (734) 665-2974

**Services:** Free legal assistance to low-income adults 60+ who are financially eligible. Offers services in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept fee-generating civil or criminal cases. Arrangements for special accommodations are available.

- **Family Law Project** (Washtenaw County Domestic Violence cases only)

**Phone:** (734) 998-9454

**Fax:** (734) 998-9125

**Hours:** Monday - Friday 9 am – 5 pm

**Fees:** No fee.

### **Livanta (formerly *KEPRO*) - Medicare Quality Improvement Organization - Michigan**

**Website:** [livantagio.com/en/states/michigan](http://livantagio.com/en/states/michigan) [livantagio.com/en](http://livantagio.com/en) (multiple languages)

**Toll Free:** 24 Hours-(888) 524-9900

**TTY Toll Free:** (888) 985-8775

**Fax Toll Free:** (855) 236-2423



**Services:** Hotline for Michigan Medicare beneficiaries to inquire about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice. Smartphone app available.

**Hours:** Weekdays 9 am – 5 pm

**Fees:** No fee.

### **Low Income Taxpayer Clinic (LITC) - University of Michigan Law School**

**Website:** [www.law.umich.edu/clinical/litc/](http://www.law.umich.edu/clinical/litc/)

**Address:** 701 S. State Street, Ann Arbor MI 4810

**Phone:** (734) 936-3535

**Services:** Helps low-income taxpayers with various issues -- IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more -- when the amount in dispute is \$50,000 or less per tax year.

**Hours:** Varies; call for information

**Fees:** Charged only for expenses incurred.

### **MI-Resolve**

**Website:** [cii2.courtinnovations.com/MIWDRC](http://cii2.courtinnovations.com/MIWDRC)

**Phone:** (734) 794-2125 (Dispute Resolution Center)

**Email:** [thedrc@washtenaw.org](mailto:thedrc@washtenaw.org)

**Services:** Online site provides a free, quick and easy means of resolving disputes that are typically filed as a small claims or landlord/tenant case in the district court. Can use with or without the help of a mediator. Available from computers or mobile devices.

**Hours:** 24 Hours

**Fees:** No fee.

### **Michigan Law Outlaws**

**Website:** [www.jimtoycenter.org/outlaw](http://www.jimtoycenter.org/outlaw)

**Phone:** (734) 419-9733 voicemail

**Email:** [outlawlegal@gmail.com](mailto:outlawlegal@gmail.com)

**Online Live Chat:** Yes

**Services:** Works to increase access to justice for LGBTQ community members. Provides free legal name change support, educational panels, self-representation kits, and attorney referral assistance for the LGBTQ community.

**Hours:** Call for information.

**Fees:** No fees.

### **Michigan Legal Help**

**Website:** [michiganlegalhelp.org](http://michiganlegalhelp.org) (also Español)

**Services:** For people who are handling legal problems without a lawyer. Learn about legal problems and get ready for court. There are many Do-It-Yourself tools to help create court forms. This website does not give legal advice, and it is not a substitute for having a lawyer.

**Hours:** 24 Hours

**Fees:** No fee.

### **Public Benefits Advocacy Project - University of Michigan Law School**

**Phone:** (734) 274-9358

**Email:** [pbapboard@umich.edu](mailto:pbapboard@umich.edu)

**Services:** Under the supervision of attorneys from Legal Services of South Central Michigan, UM Law School students hold weekly office hours to help clients navigate the public benefits system by helping with online applications for these public benefits: cash assistance, SNAP (food stamps), Medicaid.

**Hours:** By phone or mail.

**Fees:** No fee.

### **SafeHouse Center - Legal Advocacy Services**

**Website:** [www.safehousecenter.org/LegalAdvocacyServices](http://www.safehousecenter.org/LegalAdvocacyServices) (also Español)

**Address:** 4100 Clark Road, Ann Arbor MI 48105

**Phone:** (734) 973-0242 Business line

**24-Hour Crisis Line:** (734) 995-5444 24 Hours

**TTY:** (734) 973-2227

**Email:** [info@safehousecenter.org](mailto:info@safehousecenter.org)

**Services:** Provides informational and emotional support to survivors of domestic violence and sexual assault as they engage with the criminal or civil legal system. Uses **Language Line**, for non-English speakers to have a conversation with SafeHouse staff through a confidential interpreter. An advocate may be available to meet for personal protection orders (PPO) at the Washtenaw County Court House -- call (734) 222-3381 for an appointment.

**Hours:** Monday - Friday 9 am - 5 pm Lobby

**Fees:** No fee.

### **Washtenaw Bar Association - Lawyer Referral and Information Service (LRIS)**

**Website:** [www.washbar.org/lawyer-referral](http://www.washbar.org/lawyer-referral)

**Address:** 101 E. Huron Street, Suite 1111, Ann Arbor MI 48104

**Phone:** (734) 996-3229 Referrals

**Fax:** (734) 663-2430

**Services:** Client receives one attorney's name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney. Also offers the family law **Modest Means Program** where legal services are available for \$75 per hour to those of moderate means, according to federal income guidelines. Español services available.

**Hours:** Monday – Friday 9 am – 5 pm

**Fees:** \$30 per referral.

### **Washtenaw County / Eastern Michigan University - Legal Resource Center**

**Website:** [www.emich.edu/engage/community/legal-resource-center/](http://www.emich.edu/engage/community/legal-resource-center/)

**Address:** 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor MI 48107

Currently remote only via phone.

**Phone:** (734) 994-0160

**Email:** [emu\\_lrc@emich.edu](mailto:emu_lrc@emich.edu)

**Services:** Legal self-help center. Staff helps people in Washtenaw County locate and complete forms for civil and domestic issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Students from EMU's Paralegal Studies Program give information on legal procedures. No legal advice provided..

**Hours:** Tuesday - Thursday 9 am - 4 pm during academic calendar

**Fees:** No fee. Printing fees assessed for those who can pay.

**Washtenaw County - Prosecuting Attorney's Office - Victim / Witness Services**

**Website:** [www.washtenaw.org/1107/Victim-Witness-Services](http://www.washtenaw.org/1107/Victim-Witness-Services) (multiple languages)

**Address:** 200 N. Main Street, Suite 300, Ann Arbor MI 48104

**Phone:** (734) 222-6650

**Services:** Advocates work with victims of felonies, misdemeanors ~~and juvenile crimes~~. Help navigate the courts system; help with the return of personal property; provide information and assistance with filing applications for victim compensation or restitution; provide information and referral for community services; and act as liaison between the victim and other criminal justice agencies.

**Hours:** Call for hours.

**Fees:** No fee.

**MEALS - rev Oct 2023**

*All specific days / hours information have been replaced with the generic phrase  
"Visit the website or call for current days / hours."*

**Ann Arbor Meals on Wheels - Michigan Medicine**

**Website:** [www.med.umich.edu/services/meals-on-wheels](http://www.med.umich.edu/services/meals-on-wheels)

**Address:** 3621 S. State Street, Suite 650, Ann Arbor MI 48108

**Phone:** (734) 998-6686

**Email:** [aamealsonwheels@umich.edu](mailto:aamealsonwheels@umich.edu)

**Services:** Provides meals to older adults or individuals with disabilities who are homebound or unable to shop and prepare complete nutritious meals. Clients are served regardless of age or financial status and must be a resident of the Ann Arbor service area. There are options for standard or vegetarian entrées, Asian, and liquid meals and for hot meals or sack meals.

**Hours:** Visit website or call for current days / hours.

**Fees:** \$5 per day suggested donation.

**Bountiful Pantries - University of Michigan**

**Website:** [readymag.website/u4276046255/bountiful-pantries/](http://readymag.website/u4276046255/bountiful-pantries/)

**Email:** [bountifulpantries@umich.edu](mailto:bountifulpantries@umich.edu)

**Services:** 24/7 access to pantries housing donated food and hygiene products in Washtenaw County

\* Ibrahim Mosque, 315 S. Ford Blvd., Ypsilanti MI 48198

\* Northside Presbyterian, 1679 Broadway Street, Ann Arbor MI 48105

**Hours:** 24 Hours

**Fees:** No fee

**Chelsea Senior Center - Senior Nutrition Program - Senior Cafe & Meals on Wheels**

**Website:** [chelseaseniors.org/programs-activities/senior-nutrition-program/](http://chelseaseniors.org/programs-activities/senior-nutrition-program/)

**Address:** 512 Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Services:** Lunch available; 24 hour reservation required for Senior Cafe. Check webpage for lunch menu. Also provides Meals on Wheels for the home-bound who live in Chelsea & Manchester area (Washtenaw County)-

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+: \$3.00 suggested donation; others \$5.00 for Senior Cafe; Meals on Wheels are free.

### **Community Action Network - Washtenaw County Resources: Food and Meals**

**Website:** [www.canfamilies.org/food-and-meals](http://www.canfamilies.org/food-and-meals)

**Phone:** (734) 994-2985

**Email:** [info@canwashtenaw.org](mailto:info@canwashtenaw.org)

**Fax Toll Free:** (888) 343-4454

**Services:** Lists select locations in Washtenaw County which offer food and/or meals along with state resources. Not specific to seniors.

**Hours:** 24 Hour access to Resources list. Call for office hours.

**Fees:** May be minimal fee for hot meals at senior centers.

### **Dexter Senior Center - Senior Nutrition Program**

**Website:** [www.dexterseniors.org/meals/](http://www.dexterseniors.org/meals/) [dexterseniors.org/meals-on-wheels/](http://dexterseniors.org/meals-on-wheels/)

**Address:** 7720 Ann Arbor Street, Dexter MI 48130

*NOTE: Moving to temporary space end of March/April 2024 until mid/end of 2025.*

**Phone:** (734) 426-7737 main; (734) 253-2370 meals

**Services:** Lunch served to people 60+. A 48 hour advance registration is required. Provides Meals on Wheels for Dexter School District and Scio Farms; must be homebound, 60+ and unable to prepare meals.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+: \$3.00 suggested donation for lunch or Meals on Wheels; others \$5.50 lunch

### **Faith in Action (FIA) - Chelsea & Dexter - Food Pantry**

**Website:** [www.faithinaction1.org](http://www.faithinaction1.org)

**Address:** 603 S Main, Chelsea MI 48118

7651 Dan Hoey Road, Community Building C  
Dexter MI 48130

**Phone:** (734) 475-3305

(734) 426-7002

**Services:** Food pantry for residents of Chelsea and Dexter school districts plus Scio Farms Estates or Grass Lake. Provides Thanksgiving food baskets and a Christmas Day Meal.

**Hours:** Visit website or call for current days / hours.

**Fees:** Some services free; others are based on household income and residency.

### **FedUp Ministries**

**Website:** [fedupministries.org](http://fedupministries.org)

**Address:** Located in Zion Lutheran Church, 1501 W. Liberty Street, Ann Arbor MI 48103

**Services:** Has food trucks at three locations in Washtenaw County each week. Provides food (with gluten-free & vegetarian options) to communities that are food insecure and economically exploited. A ministry of the Evangelical Lutheran Church in America (ELCA) and the Southeast Michigan Synod, ELCA in partnership with Zion Lutheran Church, Ann Arbor. Community and faith-based partners are listed [here](#). Check for updates on meal & food distribution locations and times.

**Email:** [info@fedupministries.org](mailto:info@fedupministries.org)

**Hours:** Tuesdays 11 am - 1 pm Zion Lutheran Church, 1501 W Liberty Street, Ann Arbor 48103  
Check website or call for other locations and times..

**Fees:** No fee.

**Focus: HOPE Food Distribution**

**Address:** Pittsfield Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48104 - parking lot  
Turner Senior Resource Center, 2401 Plymouth Road, Ann Arbor MI 48105

**Phone:** (313) 494-4600 Focus: HOPE

**Services:** Free Supplemental Food Program Food Packages contain: milk, pasta/grains, cereal, protein, meat, vegetables/soup, fruits/juice and cheese. Income limitations: single seniors with annual income of \$18,954; or a two senior family with annual income of \$25,636. If income is slightly over, Focus: HOPE may be able to help. Please bring identification, proof of age, proof of residency, and household size.

**Hours:** Pittsfield Senior Center - Second Thursday 11-11:30 am  
Turner Senior Resource Center - day of month & time TBD

**Fee:** No fee.

**Hope Clinic - Food Programs**

**Website:** [thehopeclinic.org/get-food](http://thehopeclinic.org/get-food)

**Address:** 518 Harriet Street, Ypsilanti MI 48197

**Phone:** (734) 484-2989 pantry appointments

**Email:** [info@thehopeclinic.org](mailto:info@thehopeclinic.org)

**Services:** Provides meals and food on an emergency and ongoing basis.

**Hours:** Meals (carryout): Daily except Wednesdays 5 - 6 pm

Emergency Food bag: Monday - Friday 9 am - 5 pm in front office

Food Pantry: Tuesday - Wednesday & Friday - Saturday By appointment

Fresh Produce (Farm Stand, 454 Harriet Street): Monday, Wednesday & Friday 4 - 6 pm  
By appointment or during Food Pantry appointment

Walk up groceries (no dairy, meat or personal items) - Farm Stand at 454 Harriet Street:  
Monday 9:30 am - 12 pm; Thursday 12:30 am - 3 pm; Saturday 11 am - 12:30 pm

Grocery delivery Wednesday or Friday 1 - 4 pm By reservation  
call Monday - Thursday 9 am - 4 pm by the day before

**Fees:** No fee.

**Jewish Community Center of Greater Ann Arbor - Lunch Cafe**

**Website:** [jccannarbor.org/adult-services](http://jccannarbor.org/adult-services)

**Address:** 2935 Birch Hollow Drive, Ann Arbor MI 48108

**Phone:** (734) 971-0990

**Fax:** (734) 677-0109

**Email:** [jcc@jccannarbor.org](mailto:jcc@jccannarbor.org)

**Services:** Light, dairy- (meat-free) & nut- free lunch open to all; must register 24 hours before.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+ \$3.00 suggested donation; others \$5.50.

**Manchester Area Senior Citizens Council, Inc.**

**Facebook:** [www.facebook.com/people/Manchester-Area-Senior-Citizens/100090670113443/](https://www.facebook.com/people/Manchester-Area-Senior-Citizens/100090670113443/)

**Address:** 410 City Road, Manchester MI 48158

meals at Emanuel United Church of Christ, 324 W. Main Street, Manchester MI 48158

**Phone:** Meals / Transportation (734) 385-6308

**Services:** Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in meals twice a week; available without reservations. Call to reserve deliveries or transportation to meals.

**Hours:** Visit Facebook page or call for current days / hours.

**Fees:** 55+ \$4.00 suggested donation; under 55, \$4.50.

### **Manchester Meals on Wheels (via Chelsea Senior Center)**

**Website:** [chelseaseniors.org/programs-activities/senior-nutrition-program/](http://chelseaseniors.org/programs-activities/senior-nutrition-program/)

**Address:** 512 E. Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Services:** Meals provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+: \$3.00 suggested donation; others \$5.00.

### **Manchester Senior Cafe**

**Address:** Manchester United Methodist Church, 501 Ann Arbor Street, Manchester MI 48158

**Phone:** (517) 262-7828

**Services:** Lunch twice a week - Tuesdays & Thursdays. Call 2-7 days ahead to reserve a meal.

**Fees:** 60+ free; \$3.00 donation suggested. Under 60 cost is \$3.50

### **Milan Seniors for Healthy Living - Senior Cafe & Meals on Wheels**

**Website:** [milanseniors.org/nutrition/](http://milanseniors.org/nutrition/)

**Address:** 45 Neckel Court, Milan MI 48160

**Phone:** (734) 508-6229

**Fax:** (734) 439-4315

**Email:** [mshl@milanseniors.org](mailto:mshl@milanseniors.org)

**Services:** Lunch served and for those 60+; reserve 48 hours in advance. Meals on Wheels is also for those 60+ and homebound. Hot lunch plus optional second cold meal. Registration and verified homebound status required.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+: \$3.00 suggested donation.

### **Northfield Township Community & Senior Center - Senior Nutrition Program**

**Website:** [www.twp-northfield.org/community\\_visitors/senior\\_center/ongoing\\_services.php](http://www.twp-northfield.org/community_visitors/senior_center/ongoing_services.php)

**Address:** 8350 Main Street, Whitmore Lake MI 48189

**Phone:** (734) 449-2295

**Fax:** (734) 449-0123

**Services:** Senior Cafe meals provided; reservations required one week in advance. Meals on Wheels delivers meals with liquid dietary supplement available.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+ \$3.00 suggested donation; others \$5.50.

### **Saline Area Senior Center - Meals on Wheels (MOW)**

**Website:** [www.salineseniors.org/meals-on-wheels](http://www.salineseniors.org/meals-on-wheels)

**Address:** 7190 N. Maple, Saline MI 48176

**Phone:** (734) 429-9274 ext. 110

**Fax:** (734) 429-1079



**Services:** Provides Meals on Wheels services, in cooperation with EHM Senior Solutions, to homebound individuals of any age. A physician's form, available [online](#) or at the Senior Center, must be completed. No meals served on select holidays.

**Hours:** Visit website or call for current days / hours.

**Fees:** Ages 60+ suggested donations -- \$3.00 hot meal and/or \$1.00 sack meal. Monthly invoices sent via mail.

### **Turner Senior Wellness Program - Senior Nutrition Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Fax:** (734) 998-9340

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Services:** Serves a hot lunch; call to register 2 days in advance.

**Hours:** Tuesdays & Fridays 12 pm.

**Fees:** 65+ \$3.00 suggested donation; others, \$5.50.

### **Washtenaw County Senior Café Programs**

**Website:** [www.washtenaw.org/snp](http://www.washtenaw.org/snp)

**Address:**

- Dexter Senior Center - 7720 Ann Arbor Street, Dexter MI 48130 - (734) 426-7737
- Chelsea Senior Center - 512 E. Washington Street, Chelsea MI 48118 (734) 475-9242
- Jewish Community Center - 2935 Birch Hollow Drive, Ann Arbor MI 48107 (734) 971-0990
- Lurie Terrace - 600 W. Huron Street, Ann Arbor MI 48103 (734) 665-0695
- Manchester Area Senior Citizens Council @ Manchester United Methodist Church
  - 501 Ann Arbor Street, Manchester MI 48158 - (517) 262-7828
- Northfield Township Community Center - 9101 N. Main Street, Whitmore Lake MI 48198
  - (734) 449-2295
- Turner Senior Wellness Program - 2401 Plymouth Road, Ann Arbor MI 48105
  - (734) 998-9353
- Ypsilanti Senior Center - 1015 Congress Street, Ypsilanti MI 48197 (734) 483-5014
- Ypsilanti Township Community Center - 2025 Clark Road, Ypsilanti MI 48198 (734) 544-3800

**Phone:** (734) 787-0754 Program office

**Services:** Meals in a congregate setting at least once a week. Call site for more information.

**Hours:** Call individual locations for days and hours.

**Fees:** 60+ suggested donation \$3.00-\$5.50; guests under 60 cost \$5.50 - call site for specifics

### **Ypsilanti Meals on Wheels (YMOW)**

**Website:** [www.ymow.org](http://www.ymow.org)

**Address:** 1110 W Cross Street, Ypsilanti MI 48197

**Phone:** (734) 487-9669

**Fax:** (734) 217-4482

**Email:** [info@ymow.org](mailto:info@ymow.org)

**Services:** Hot lunch and cold dinner are offered to eligible homebound individuals regardless of age or financial status. Meals are low in salt and fat and are appropriate for diabetics. A Vegetarian option is available. Meals delivered on Thanksgiving, Christmas and New Years days; frozen meals

delivered in advance of Memorial Day, Fourth of July, Labor Day and the day after Thanksgiving. Six shelf-stable meals are delivered each year for use in an emergency. Fresh produce may be provided in addition to meals. Serves Eastern Washtenaw County.

- **Personal Care Pantry** — provides non-food essentials such as personal grooming items, medical equipment and incontinence products up to two times per week.
- **Pets Assisting the Lives of Seniors (P.A.L.S.)** — in partnership with the Humane Society of Huron Valley and MOW America's We Love Pets — food, treats and cat litter are delivered monthly.
- **Starbucks Bistro Paks** — Breakfast sandwiches, pastries, hard-boiled eggs, fruit, cheese, etc. are donated and delivered three times per week.

**Hours:** Visit website or call for current days / hours.

**Fees:** \$3.00 suggested donation; billed monthly.

### **Ypsilanti (City of) Senior/Community Center - Lunch Program**

**Website:** [ypsiseniorcenter.org/activities/](https://ypsiseniorcenter.org/activities/)

**Address:** 1015 N. Congress, Ypsilanti MI 48197

**Phone:** (734) 483-5014

**Fax:** (734) 480-0380

**Services:** Lunch is served daily. Alternatively, pick up a week's worth of lunches. Sign-up required.

**Hours:** Call for current days / hours and fees.

**Fees:** 60+: \$3.00 suggested donation; others, \$5.50

### **Ypsilanti Township Community Center - 50 & Beyond Program**

**Website:** [ypsitownship.org/departments/recreation\\_parks/50\\_beyond\\_program.php](https://ypsitownship.org/departments/recreation_parks/50_beyond_program.php)

**Address:** 2025 E. Clark Road, Ypsilanti MI 48198

**Phone:** (734) 544-3800

**Email:** [ytrd.info@ypsitownship.org](mailto:ytrd.info@ypsitownship.org)

**Services:** Lunch is served to persons 60+. Call 1 week in advance for a reservation.

**Hours:** Visit website or call for current days / hours.

**Fees:** 60+: \$3.00 suggested donation.

## **PHYSICAL FITNESS - rev May 2024**

*Specific hours have been replaced with the generic phrase  
“Visit website or call for current offerings & hours.”*

### **Ann Arbor Public Schools - Community Education & Recreation**

**Website:** [www.a2schools.org/reced](http://www.a2schools.org/reced)

**Address:** 1515 S. Seventh Street, Ann Arbor MI 48103

**Phone:** (734) 994-2300 x 1

**Activities:** Individual activities and team sports — in-person, online or hybrid include

- Abs & core for a strong back
- Baseball and softball
- Basketball and kickball
- Cardio barre
- Cardio dance & pilates
- Fencing
- First swing golf
- GROOVE movement
- Hiit Fit
- Kickball
- Self defense (co-ed)
- Strength training (women's and co-ed)
- Volleyball and sand volleyball
- Weight training
- Yoga — including Iyengar chair, flow style, hatha, therapeutic, & healthy back
- Yoga Pilates
- Yogilates
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Varies according to program. Scholarships are available to district residents who meet specific low-income guidelines. Seniors 65+ discount available for one class per session via mail or drop off registration.

### **Ann Arbor Senior Center, Burns Park - Ann Arbor - Parks & Recreation**

**Website:** [www.a2gov.org/senior](http://www.a2gov.org/senior)

**Address:** 1320 Baldwin Avenue, Ann Arbor MI 48104

**Phone:** (734) 794-6250

**Activities:** Programs and services promote fitness and activity, reduce the risk of adverse health events, and provide recreational and cultural activities that can improve physical stamina and maintain cognitive functioning. Free to members.

- Dance
- Strength training
- Tai Chi
- Yoga

**Hours:** Visit website or call for current offerings & hours.

**Fees:** \$25 single, \$35 family membership fee.

### **Ann Arbor YMCA**

**Website:** [www.annarborymca.org](http://www.annarborymca.org)

**Address:** 400 W. Washington, Ann Arbor MI 48103

**Phone:** (734) 996-9622

**Activities:** Promotes healthy living through facilities and programs that build healthy spirit mind and body. Offers in-person and virtual exercise opportunities.

- Exercise equipment, gymnasium, indoor track, swimming pools (lap & warm-water)
- Aerobics
- Arthritis warm water exercise
- Balance
- Basketball league
- Body core
- Conditioning and stretching
- Cycling — indoor and outdoor
- Dance classes
- Kettlebell
- Martial arts — Cardio karate
- Personal training
- Pickleball
- Pilates
- Self-myofascial release
- Senior fitness
- Stretch & toning classes
- Tai Chi
- TRX
- Swimming
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Depends on activity. Senior and senior couple monthly membership fee; scholarships available. Non-members pay higher class fees.

### **Chelsea Wellness Center**

**Website:** [www.chelseawellness.org](http://www.chelseawellness.org)

**Address:** 14800 E. Old U.S.12, Chelsea MI 48118

**Phone:** (734) 214-0220

**Activities:** Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs, and virtual programming. Members also have access to Dexter and Manchester Wellness Centers.

- Exercise equipment, grab & go cafe, therapy and lap pools
- Aerobics
- Aqua cardio and core
- Arthritis warm water classes
- Barre
- Core
- Cycling / Spinning
- Dance
- HIIT
- Kickboxing
- Medical fitness programs
- Personal training
- Pickleball
- Pilates
- Tai Chi
- Yoga, including chair
- Zumba, including chair

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Membership fee includes some classes; call for services fee. Senior membership fee. Scholarships available. Non-members pay higher class fee.

### **Chelsea Senior Center**

**Website:** [www.chelseaseniors.org](http://www.chelseaseniors.org)

**Address:** Washington Street Education Center, 512 E. Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Activities:** Enhances the quality of life and well being of area seniors. Members also have access to the Dexter Wellness Center.

- Dance
- Drumming
- Enhance fitness
- Fitness, standing and seated
- Pickleball
- Tai Chi, senior
- Walking

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Free with annual membership dues. Scholarships available.

### **Dexter Wellness Center**

**Website:** [www.dexterwellness.org](http://www.dexterwellness.org)

**Address:** 2810 Baker Road, Dexter MI 48130

**Phone:** (734) 580-2500

**Activities:** Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to the Chelsea Wellness Center. Some classes offered virtually.

- Gymnasium, swimming pools (lap & warm-water), cafe
- Aerobics
- Barre
- Cycling
- Dance
- Personal training
- Pilates
- Strength & conditioning
- Tai Chi
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Senior membership fees; non-members pay more for classes; scholarships available.

### **Jewish Community Center of Greater Ann Arbor**

**Website:** [www.jccannarbor.org](http://www.jccannarbor.org)

**Address:** 2935 Birch Hollow Drive, Ann Arbor MI 48108

**Phone:** (734) 971-0990 Ext. 140

**Fax:** (734) 677-0109

**Email:** [jcc@jccannarbor.org](mailto:jcc@jccannarbor.org)

**Activities:** Offered to include health and fitness as part of your day.

- Tai Chi for seniors
- Yoga and meditation
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Senior membership fees.

### **Manchester Area Senior Citizens Council, Inc.**

**Facebook:** [www.facebook.com/groups/manchesterseniors/about/](https://www.facebook.com/groups/manchesterseniors/about/) (private group)

**Address:** 410 City Road, (PO BOX 31) Manchester MI 48158

**Phone:** (734) 385-6308

**Activities:** Call for current offerings.

**Hours:** Visit website, if member, or call for current hours.

**Fees:** Call for rates; some programs free.

### **Manchester Wellness Center**

**Website:** [sites.google.com/mcs.k12.mi.us/manchesterwellnesscenter](https://sites.google.com/mcs.k12.mi.us/manchesterwellnesscenter)

**Address:** 710 E. Main Street, Manchester MI 48158

**Phone:** (734) 428-9960

**Activities:** Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs.

- Abs 'n stretching



- Cardio equipment
- Cycling & stretch
- Functional fitness
- Personal training
- Strength equipment
- Weights
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Senior membership fees; Silver Sneakers membership.

### **Michigan Medicine - Adaptive Sports & Fitness**

**Website:** [www.umadaptivesports.com/](http://www.umadaptivesports.com/)

**Email:** [asfoffice@umich.edu](mailto:asfoffice@umich.edu)

**Services:**

- Wheelchair basketball drop-in games
- Provides link to virtual program "[Staying Fit While Staying Put](#)"

**Hours:** Call for current offerings & hours.

**Fees:** No fee.

### **Milan Seniors for Healthy Living**

**Website** [milanseniors.org/activity-center/](http://milanseniors.org/activity-center/)

**Address:** 45 Neckel Court Milan MI 48160

**Phone:** (734) 508-6229

**Fax:** (734) 439-4315

**Email:** [mshl@milanseniors.org](mailto:mshl@milanseniors.org)

**Activities:**

- Cardio drumming
- Exercise Room
- Enhance Fitness
- Seated fitness
- Yoga, chair

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Depends on activity. Membership dues.

### **Pittsfield Township Senior Center**

**Website:** [www.pittsfield-mi.gov/AdultSenior-Programs](http://www.pittsfield-mi.gov/AdultSenior-Programs)

**Address:** 701 W. Ellsworth Road, Ann Arbor, MI 48108 by appt. only

**Phone:** Office (734) 822-2120

**Email:** [seniors@pittsfield-mi.gov](mailto:seniors@pittsfield-mi.gov)

**Activities:**

- Dancing — Ballroom, Line and Tap
- Cardio Drumming
- Morning Exercises
- Tai Chi
- Walking indoors

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Resident/Non-Resident fees. Some free programs.

### **Saline Area Senior Center**

**Website:** [www.salineseniors.org](http://www.salineseniors.org)

**Address:** 7190 N. Maple Road, Saline MI 48176

**Phone:** (734) 429-9274

**Fax:** (734) 429-1079

**Activities:**

- Balance
- Drumming
- Hula Hooping
- Pickleball
- Pilates
- Ping pong
- Strength
- Tai Chi
- Walking
- Yoga - adaptive hatha and chair
- Zumba, chair

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Fitness Membership available monthly or yearly; dues vary depending on age and residency.

### **Saline Rec Center**

**Website:** [www.cityofsaline.org/rec\\_center/](http://www.cityofsaline.org/rec_center/)

**Address:** 1866 Woodland Drive, Saline MI 48176

**Phone:** (734) 429-3502

**Fax:** (734) 429-5208

**Activities:**

- Aerobics
- Aqua Zumba
- Barre
- Basketball
- Cardio drumming
- Cycling
- Dance
- Fitness
- Jujitsu
- Personal training
- Pilates
- Racquetball
- Soccer leagues
- Softball leagues
- Swimming
- Tennis programs & courts
- Volleyball - Indoor and sand leagues & courts
- Water Aerobics

- Weights
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Reduced rates for Seniors / Senior Family payable monthly (facility use only), by 12-month contract or pre-paid annually. (Contract and pre-paid rates include facility use and land fitness classes with discounts for other classes and programs, including drop-in fees).

### **Silver Sneakers**

**Website:** [www.silversneakers.com](http://www.silversneakers.com)

**Services:** Check facilities by zip code. Check eligibility for a health and fitness program designed for those 65+ which is included with many Medicare plans. Requires an email address to check eligibility. Live online and on-demand classes include:

- Balance
- BOOM Mind - mix of yoga, pilates & barre
- Cardio (some in English & en Español)
- Circuit - upper body strength & low-impact cardio
- Classic - fall prevention, strength & endurance
- Dancing, line
- Fall prevention
- Flexibility / mobility
- Mindfulness and meditation
- Pilates
- Strength training
- Stretching
- Tai Chi
- Walking
- Yoga
- Zumba

**Hours:** Visit website for current offerings & hours.

**Fees:** Free or low-cost with Medicare.

### **Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Fax:** (734) 998-9340

**Activities:** Note: Some classes offered hybrid or virtually.

- Aerobic / Strength / Balance
- Flexibility through stretching
- Movement Medicine - chair dance
- Posture-Balance-Strength
- Tai Chi
- Yoga
- Walking in place

**Hours:** Visit website or call for current hours.

**Fees:** Depends on activity. No membership dues.

**University Of Michigan. School of Kinesiology. Community Programs - Lifetime Fitness**

**Website:** [www.kines.umich.edu/community-programs/lifetime-fitness](http://www.kines.umich.edu/community-programs/lifetime-fitness)

**Address:** Briarwood Mall, JCPenney wing

**Phone:** (734) 764-1342

**Fax:** (734) 647-6375

**Email:** [kinesiologycommunityprograms@umich.edu](mailto:kinesiologycommunityprograms@umich.edu)

**Activities:** Liability waiver required.

- Chair aerobics
- Strength, stretch & balance
- Zumba

**Hours:** Visit website or call for current offerings and hours.

**Fees:** No fee. Donations accepted.

**Washtenaw Community College - The Health & Fitness Center**

**Website:** [www.wccfitness.org](http://www.wccfitness.org)

**Address:** 4833 E. Huron River Drive, Ann Arbor MI 48105

**Phone:** (734) 975-9950

**Activities:**

- Aquatics
- Balance
- Barre
- Cardio
- Cardio / Strength
- Cardio Dance
- Cycling
- Flexibility
- Massage therapy
- Meditation
- Mobility
- [MyFitRx™ Pathways](#) - requires doctor's Rx; does not require Health & Fitness Center membership but offers discounts for members. Fee for 8-week session including customized fitness plan & assessment. Areas of focus: medical fitness: cancer, cardiac, cognitive health, diabetes, fitness for surgery, functional fitness, orthopedic, pulmonary, transitional care, weight management
- Move Virtual Fitness Classes
- Nutrition counseling
- Parkinson's exercise
- Personal trainer
- Pilates
- Remote Health Fitness Coaching
- Sit 'n Fit using chair or stability ball
- Strength
- Stepping
- Stretching
- Tai Chi
- Yoga

- Swimming
- VOLT Guided Fitness
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Varies with activity; many free with membership. Senior and senior couple monthly membership dues.

### **Washtenaw County - Parks & Recreation - Meri Lou Murray Recreation Center**

**Website:** [www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center](http://www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center) (multiple languages)

**Address:** 2960 Washtenaw Avenue, Ann Arbor MI 48104

**Phone:** (734) 971-6355

**Fax:** (734) 971-2094

**Email:** [dsk@washtenaw.org](mailto:dsk@washtenaw.org) (manager on duty)

**Activities:** Note: Some classes offered outdoors, hybrid or virtually.

- Aerobics
- Aquatics classes
- Badminton
- Basketball
- Cardio Drumming
- Cycling
- Dance, Line.
- Judo
- Pickleball
- Ping Pong
- Pilates
- Swimming
- Tai Chi
- Volleyball
- Walking / jogging track
- Weights
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Depends on activity. Senior rates available for day passes and membership dues.

### **Ypsilanti Senior / Community Center**

**Website:** [ypsiseniorcenter.org](http://ypsiseniorcenter.org)

**Address:** 1015 N. Congress Street, Ypsilanti MI 48197

**Phone:** (734) 483-5014

**Fax:** (734) 480-0380

**Email:** [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org)

**Activities:** Exercise classes offered in cooperation with Washtenaw Community College. Note: Some classes offered hybrid or virtually

- Ball exercise
- Chair exercise
- Fitness
- Line dance

- Tai Chi
- Yoga

**Hours:** Check online calendar or newsletter; or call for current offerings & hours.

**Fees:** No fee. No membership dues.

### **Ypsilanti Township - Recreation and Parks - 50 & Beyond**

**Website:** [ypsitownship.org/50-beyond-programs](https://ypsitownship.org/50-beyond-programs)

**Address:** 2025 E. Clark Road, Ypsilanti MI 48198

**Phone:** (734) 544-3800

**Email:** [ytrd.info@ypsitownship.org](mailto:ytrd.info@ypsitownship.org)

**Activities:**

- Dance — Line, Tap
- Enhance fitness
- Exercise bikes
- Fall prevention
- Lifetime fitness
- Pickleball
- Racketball
- Strength training
- Tai Chi
- T.O.P.S
- Treadmill
- Pickleball
- Walking indoors
- Yoga
- Zumba

**Hours:** Visit website or call for current offerings & hours.

**Fees:** Depends on activity; higher non-resident fee. Membership dues for residents, resident households, non-residents and non-resident households. Complimentary membership for ages 90+.

### **SENIOR CENTERS - rev May 2024**



*All specific open hours replaced with the generic phrase  
“Visit website or call for current hours.”*

**Ann Arbor Community Center**

**Website:** [annarbor-communitycenter.org/services-seniors/](http://annarbor-communitycenter.org/services-seniors/)

**Address:** 625 N. Main Street, Ann Arbor MI 48104

**Phone:** (734) 662-3128

**Hours:** Visit website or call for current hours.

**Ann Arbor Senior Center, Burns Park**

**Website:** [www.a2gov.org/senior](http://www.a2gov.org/senior)

**Address:** 1320 Baldwin Avenue, Ann Arbor MI 48104

**Phone:** (734) 794-6250

**Hours:** Visit website or call for current hours.

**Chelsea Senior Center**

**Website:** [www.chelseaseniors.org](http://www.chelseaseniors.org)

**Address:** Washington Street Education Center, 512 E. Washington, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Hours:** Visit website or call for current hours.

**Dexter Senior Center**

**Website:** [www.dexterseniors.org](http://www.dexterseniors.org)

**Address:** 2810 Baker Road (Wellness Center), Dexter MI 48130

*NOTE: Temporary space until mid/end of 2025.*

**Phone:** (734) 426-7737 (734) 253-2370 Meals

**Hours:** Visit website or call for current hours.

**Front Porch - Well Connected (aka Senior Center without Walls) and Well Connected Español -**

**Website:** [frontporch.net/connect/well-connected/](http://frontporch.net/connect/well-connected/) [frontporch.net/well-connected-espanol/](http://frontporch.net/well-connected-espanol/)

**Toll Free** (877) 797-7299

**Services:** Free telephone and online activities for adults 60+ anywhere in the U.S. Activities are about 30-60 minutes long and led by presenters or facilitators. Offers Español-language programs.

Also offers [Social Call](#), a friendly visitor program with a mission to foster connections between volunteers and older adults throughout the US.

**Hours:** Call for hours

**Fees:** No fee.

**Jewish Community Center of Greater Ann Arbor**

**Website:** [www.jccannarbor.org](http://www.jccannarbor.org)

**Address:** 2935 Birch Hollow Drive, Ann Arbor MI 48108

**Phone:** (734) 971-0990

**Fax:** (734) 677-0109

**Email:** [jcc@jccannarbor.org](mailto:jcc@jccannarbor.org)

**Hours:** Visit website or call for current hours.

**Lincoln Golden Ages Senior Center**

**Website:** [www.lincolnk12.org/community-partners/lincoln-golden-ages/](http://www.lincolnk12.org/community-partners/lincoln-golden-ages/)

**Address:** West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197

**Phone:** (734) 483-8366 (734) 484-7000 x 7557

**Email:** [LincolnGoldenAges@lincolnk12.org](mailto:LincolnGoldenAges@lincolnk12.org)

**Hours:** Visit website or call for current hours.

### **Milan Seniors for Healthy Living**

**Website:** [www.milanseniors.org](http://www.milanseniors.org)

**Address:** 45 Neckel Court, Milan MI 48160

**Phone:** (734) 508-6229

**Email:** [mshl@milanseniors.org](mailto:mshl@milanseniors.org)

**Hours:** Visit website or call for current hours.

### **Northfield Township Community & Senior Center**

**Website:** [twp-northfield.org/community\\_visitors/senior\\_center](http://twp-northfield.org/community_visitors/senior_center)

**Address:** 9101 Main Street, Whitmore Lake MI 48189

**Phone:** (734) 449-2295

**Fax:** (734) 449-8410

**Hours:** Visit website or call for current hours.

### **Pittsfield Township Senior Center**

**Website:** [www.pittsfield-mi.gov/AdultSenior-Programs](http://www.pittsfield-mi.gov/AdultSenior-Programs)

**Address:** 701 W. Ellsworth Road, Ann Arbor, MI 48108

**Phone:** (734) 822-2117

**Email:** [seniors@pittsfield-mi.gov](mailto:seniors@pittsfield-mi.gov)

**Hours:** Visit website or call for current hours.

### **Saline Area Senior Center**

**Website:** [www.salineseniors.org](http://www.salineseniors.org)

**Address:** 7190 N. Maple Road, Saline MI 48176

**Phone:** (734) 429-9274

**Fax:** (734) 429-1079

**Hours:** Visit website or call for current hours.

### **South Lyon Center for Active Adults**

**Website:** [www.centerforactiveadults.com/](http://www.centerforactiveadults.com/) or [www.slcs.us/departments/center\\_for\\_active\\_adults](http://www.slcs.us/departments/center_for_active_adults)

**Address:** South Lyon High School, Door #32, 1000 N. Lafayette (Pontiac Trail & Eleven Mile Road), South Lyon MI 48178

**Phone:** (248) 573-8175

**Email:** [centerforactiveadults@slcs.us](mailto:centerforactiveadults@slcs.us)

**Hours:** Visit website or call for current hours.

### **Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Hours:** Visit website or call for current hours.

### **Ypsilanti Senior / Community Center**

**Website:** [ypsiseniorcenter.org](http://ypsiseniorcenter.org)

**Address:** 1015 N. Congress, Ypsilanti MI 48197

**Phone:** (734) 483-5014

**Email:** [info@ypsiseniorcenter.org](mailto:info@ypsiseniorcenter.org)

**Hours:** Visit website or call for current hours.

### **Ypsilanti Township - Community Center - 50 & Beyond Programs**

**Website:** [ypsitownship.org/50 & beyond program](http://ypsitownship.org/50_beyond_program)

**Address:** 2025 E. Clark Road, Ypsilanti MI 48198

**Phone:** (734) 544-3838

**Fax:** (734) 544-3888

**Hours:** Visit website or call for current hours.

## **SUPPORT GROUPS - rev August 2024**

- [Addiction](#)
- [Alzheimer's / Dementia / Memory Loss](#)

- [Amputees](#)
- [Arthritis](#)
- [Cancer](#)
- [Caregivers](#)
- [Diabetes](#)
- [Domestic and Sexual Abuse](#)
- [Grandparents](#)
- [Grief](#)
- [Hearing Loss](#)
- [Heart Disease](#)
- [LGBTQ](#)
- [Low Vision](#)
- [Mental Health](#)
- [Multiple Sclerosis](#)
- [Osteoporosis](#)
- [Parkinson's Disease](#)
- [Pulmonary Disease](#)

**National & Michigan Self Help Groups - Michigan Mental Health Networker**

[www.mhweb.org/miscellany/selfhelp.html#o](http://www.mhweb.org/miscellany/selfhelp.html#o)

**ADDICTION**

**Addiction Recovery Resources in Washtenaw County - Workit Health**

**Website:** [www.workithealth.com/blog/addiction-resources-washtenaw-county](http://www.workithealth.com/blog/addiction-resources-washtenaw-county)

**Phone:** (734) 292-4020

**Services:** Lists general resources, support groups in the county, online support groups, resources for friends and families of addicts, and addiction treatment.

**Hours:** 24 Hours

**Fees:** No fee.

**Al-Anon / ACOA**

**Website:** [www.afgdistrict5.org](http://www.afgdistrict5.org)    [al-anon.org](http://al-anon.org) (also Español and French)

**Services:** Program of recovery for family and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. In-person, telephone, and virtual meetings in Ann Arbor, Chelsea, Saline, Ypsilanti and surrounding communities. Most in English only.

**Hours:** Varies

**Fees:** Based on ability to pay.

**Alano Club, Washtenaw**

**Website:** [washtenawalano.club](http://washtenawalano.club)

**Address:** 995 N. Maple Road, Ann Arbor MI 48103

**Phone:** (734) 668-8138

**Services:** Support groups and services for alcoholics, substance users, or individuals suffering from any addictive habits. Contact for meeting locations, dates and times or click on the [Meeting List](#).

**Hours:** Daily 8 (Sat/Sun) ,9 (Mon), or 11 (Tue-Fri) am - 9 pm

**Fees:** No fee.

**American Lung Association - Quit Smoking [or Vaping] Hotline**

**Website:** [www.lung.org/quit-smoking/](http://www.lung.org/quit-smoking/) (also en Español)

**Toll Free:** (800) LUNG-USA (586-4872)

**TTY Toll Free:** (800) 501-1068

**Hours:** Monday - Friday 7 am - 9 pm; weekends 9 am - 5 pm

**Fees:** No fee.

**Friends of Little House Recovery Center**

**Website:** [folhrc.wixsite.com/](http://folhrc.wixsite.com/)

**Address:** 802 N. River Street, Ypsilanti MI 48198

**Email:** [folhrc@gmail.com](mailto:folhrc@gmail.com)

**Services:** Creates an environment of recovery for alcoholics, addicts and people with addictive personalities. Meeting rooms for 12 Step and recovery oriented programs like Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, Overeaters Anonymous, and other programs. Has programs for LGBT, men-only, and women-only groups. Closed meetings.

**Hours:** Call for meeting information.

**Fees:** No fee.

**Gambler's Anonymous**

**Website:** [www.gamblersanonymous.org/ga/](http://www.gamblersanonymous.org/ga/)

**Address:** Area 9 Intergroup, Gambler Anonymous, c/o Washtenaw Alano Club, 995 N. Maple Rd., Ann Arbor, MI 43103

**Toll Free:** Michigan Hotline (855) CALL-GA (222-5542)

**Services:** Website provides links to locate a closed, modified closed or open meeting or to talk with someone nearby and to virtual meetings by state. Also provides a link to the [Gam-Anon](#) page for family or friends which lists virtual meetings by day or time zone. Offers printed materials in English and en Español.

**Hours:** Varies

**Fees:** No fee. Varied fees for printed materials.

**Greater Ann Arbor Area Intergroup of Overeaters Anonymous**

**Website:** [www.a2oa.org](http://www.a2oa.org) [oa.org](http://oa.org) (multiple languages) [oavirtualregion.org](http://oavirtualregion.org)

**Email:** [chair@a2oa.org](mailto:chair@a2oa.org)

**Services:** Sponsors open, closed, special focus and special topics meetings in the Ann Arbor area and northwest Ohio in varied formats -- in person, phone, video/virtual, and hybrid. Special meetings for men, women, LGBTQ+ and people of color available in other locations.

**Hours:** Click on "Meetings" to find local support group meetings.

**Fees:** No fee

**Huron Valley Area Intergroup - Alcoholics Anonymous — Lenawee, Livingston, Oakland, Washtenaw & Wayne Counties**

**Website:** [www.hvai.org](http://www.hvai.org) [aa.org](http://aa.org) (also en Español or French)

**Address:** The Annex, 2727 Fernwood, Ann Arbor MI 48104

**Phone:** Office (734) 482-0707

**Helpline:** (734) 482-5700

**Email:** [office@hval.org](mailto:office@hval.org)

**Services:** Support groups to help recovery from alcoholism. Locations and times for meetings — [searchable online](#), indicates whether virtual or in-person. Can limit by city — Ann Arbor, Chelsea, Dexter, Manchester, Milan, Saline, Ypsilanti and surrounding communities. Open to anyone who wants to stop drinking.

**Hours:** Monday - Friday 1 pm - 6 pm (office)

**Fees:** No fee.

### **MI Tobacco Quitlink - Quitline**

**Website:** [michigan.quitlogix.org/en-US/](http://michigan.quitlogix.org/en-US/) (also en Español)

**Toll Free:** (800) Quit-Now (784-8669)

**Online Chat:** Yes

**Services:** Offers programs to quit nicotine use — tobacco, e-cigarettes, vaping, cigars and chew — via phone, phone + online, or online only. All provide coaching, educational resources, creating and tracking a plan. Requires enrollment in a type of program — phone, online, email or text. Operated by National Jewish Health.

**Hours:** Varies. Coaches available 24 Hours.

**Fees:** No fee. Up to 2 weeks of medication free, if eligible.

### **Nicotine Anonymous (NicA)**

**Website:** [nicotine-anonymous.org](http://nicotine-anonymous.org) (multiple languages)

**Toll Free:** (877) TRY-NICA (879-6422)

**Hours:** 24 Hours

**Services:** Offers 12-step fellowship of men and women helping each other live nicotine-free lives. Use “Find Meeting” tab for face-to-face, phone, [video](#), and Internet meetings or pen and email pals.

**Fees:** No fee. Literature available for various fees.

### **SMART Recovery® (Self Management and Recovery Training)**

**Website:** [www.smartrecovery.org](http://www.smartrecovery.org) (also en Español)

**Services:** A mental health and educational program, focused on changing human behavior for any substance or activity addiction. Has forums and meetings in addition to in-person meetings. Use the [SMARTfinder](#) site to search for meetings by zip code. Can limit search results by day of week, type (online, in-person), distance, and tags – family & friends, women, LGBTQ, veterans, or Español. Select videos featured on site; subscription available for newsletters, blog posts, podcasts, videos and invitations to special SMART Recovery events. Mobile app also available.

**Hours:** Call for hours

**Fees:** No fee

### **SmokeFree 60+**

**Website:** [60plus.smokefree.gov](http://60plus.smokefree.gov) [women.smokefree.gov](http://women.smokefree.gov) [espanol.smokefree.gov](http://espanol.smokefree.gov)

**Phone:** (877) 44U-Quit 448-7848 (National Cancer Institute quitline) (also Español)

**Online Live Chat:** [livehelp.cancer.gov](http://livehelp.cancer.gov) [LiveHelp-es.cancer.gov](http://LiveHelp-es.cancer.gov) (Español)

Monday - Friday 9 am - 9 pm ET

**Services:** Provides free, accurate, evidence-based information and professional assistance to help support the immediate and long-term needs of older adults trying to quit smoking or vaping. Offers text messaging 24 Hours. Mobile apps are also available.

**Hours:** 24 Hours

**Fees:** No fee.

### **Washtenaw Area Narcotics Anonymous**



**Website:** [michigan-na.org/washtenaw-area](http://michigan-na.org/washtenaw-area) or [na.org](http://na.org)

**Toll Free:** Michigan Hotline (800) 230-4085     Detroit Area Hotline (877) 338-1188

**Email:** [washtenaw.na@gmail.com](mailto:washtenaw.na@gmail.com)

**Services:** Click on "Meetings" to find local support group meetings in Ann Arbor, Chelsea, Saline and Ypsilanti and nearby communities. Some meetings are virtual. National website offers the basic text, Narcotics Anonymous. free in streaming and downloadable mp3 audio files in English, Arabic, French (CAN), Greek, Hebrew, Hungarian, Portuguese (Brazil), Russian, Español, and Thai.

**Hours:** Varies

**Fees:** No fee. Literature and more available from the National site and [Michigan Service Office](#) for various fees.

## **ALZHEIMER'S / DEMENTIA / MEMORY LOSS**

### **Alzheimer's Association - Greater Michigan Chapter**

**Website:** [www.alz.org/gmc](http://www.alz.org/gmc)     [www.alz.org](http://www.alz.org) (also in en Español)

**Address:** Detroit Metro, 25200 Telegraph Road, Suite 100, Southfield MI 48033

**Phone:** (248) 351-0208

**Toll Free:** Hotline (800) 272-3900

**TTY Toll Free:** Hotline (866) 403-3073

**Online Live Chat:** [Support Groups](#)

**Services:** Support groups for people with Alzheimer's disease, their family members and care partners at various locations. Check [www.communityresourcefinder.org](http://www.communityresourcefinder.org) (limit search by delivery method, audience, language) for current locations, times and contact information.

Recent caregiver support group locations in Washtenaw County:

- Brecon Village, 101 Brecon Drive, Saline MI 48176
- Chelsea Retirement Community, 801 W. Middle St, Chelsea MI 48118
- Gilbert Residence, 203 S. Huron Street, Ypsilanti MI 48197
- IHA Senior Health, Towsley Health Building, 5361 McAuley Drive, Ann Arbor 48106
- King of Kings Lutheran Church, 2685 Packard Street, Ann Arbor MI 48104
- Silver Maples, 100 Silver Maples Drive, Chelsea MI 48118 (with respite)

**Hours:** Hotline available 24 Hours. Detroit Metro office: Monday - Thursday 9 am - 5 pm

**Fees:** No fee.

### **Ann Arbor LBD Support Group**

**Website:** [www.lbda.org/local-support-groups/?state=MI](http://www.lbda.org/local-support-groups/?state=MI)

**Address:** MADC, 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105

**Phone:** (734) 615-1715

**Services:** Monthly support group for both Caregivers of and those Living with Lewy body dementia. Open to members throughout Ann Arbor and surrounding areas. Groups will meet in separate rooms. Afternoon and evening virtual support groups offered by the LBDA are also listed here.

**Hours:** Fourth Thursday, 2 - 3 pm

**Fees:** No fee.

**Michigan Alzheimer's Disease Center - Catching Your Breath - Wellness Initiative**

**Website:** [medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative](http://medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative)

**Phone:** (734) 936-8803

**Services:** Programs for learning and practicing stress resilience skills for continued health, balance and well-being - for adults with cognitive loss and their care partners. Offered virtually, online and by phone. Registration required for some programs.

**Hours:** Vary; see schedule on web or call for information.

**Fees:** No fee for programs.

**Michigan LBD (Lewy Body Dementia) Support Groups**

**Website:** [medresearch.umich.edu/labs-departments/centers/madc/lbd/](http://medresearch.umich.edu/labs-departments/centers/madc/lbd/)

**Phone:** (734) 764-5137

**Services:** Click on Support Groups to find current virtual and in-person offerings for caregivers and family members of those diagnosed with LBD. Registration required.

**Hours:** 2nd Tuesday 2 - 3 pm (Caregivers and those with LBD)

**Fees:** No fee.

**Mitten Minds Support Group**

**Website:** [medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative](http://medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative)

**Email:** [mamcge@med.umich.edu](mailto:mamcge@med.umich.edu) first time attendees

**Services:** For individuals with mild cognitive impairment or early-stage dementia. Online registration required for each session.

**Hours:** Call for hours.

**Fees:** No fee.

**AMPUTEES**

**Amputee Coalition - Virtual Support Groups**

**Website:** [www.amputee-coalition.org/support-groups-peer-support/virtual-support-group-meetings/](http://www.amputee-coalition.org/support-groups-peer-support/virtual-support-group-meetings/)

**Phone:** (888) 267-5669 ext. 8124

**Email:** [supportgroups@amputee-coalition.org](mailto:supportgroups@amputee-coalition.org)

**Services:** Groups for amputees and families and for non-professional caregivers.

**Hours:** 1<sup>st</sup>-4<sup>th</sup> Thursdays 6, 7, 8 or 9 pm for amputees and families

2nd Wednesday 5 pm for non-professional caregivers

3<sup>rd</sup> Wednesday 6 pm for Black, Indigenous and People of Color (BIPOC)

**Fees:** No fee.

**Michigan Medicine - Orthotics and Prosthetics Center - U-CAN Amputee Support Group**

**Website:** [U-CAN-Amputee-Support-Group](http://U-CAN-Amputee-Support-Group)

**Address:** 2850 S. Industrial Hwy., Suite 400, Ann Arbor MI 48106

**Phone:** (734) 975-7432

**Services:** Support group for amputees and their families. Also meets virtually via Zoom.

**Hours:** 1st Tuesday 5:30 - 7:30 pm

**Fees:** No fee. Donations accepted.

**ARTHRITIS**

### **Arthritis Foundation - Michigan**

**Website:** [www.arthritis.org/local-offices/mi](http://www.arthritis.org/local-offices/mi)

**Toll Free:** (800) 283-7800 (national helpline)

**Online Live Chat:** Yes

**Services:** Chat groups on a variety of arthritis and related [topics](#) are available via Live Yes! Connect. Must create an account to join a group.

**Hours:** 24 Hours.

**Fees:** No fee.

### **Bone Health & Osteoarthritis Foundation - Ann Arbor Support Group**

**Website:** [www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/](http://www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/)

**Services:** Virtual support groups for osteoarthritis sufferers in addition to select state groups, which does not include Michigan as of November 2024.

**Hours:** Email for hours

**Fees:** No fee.

## **CANCER**

### **Cancer Support Community, Greater Ann Arbor - Support Groups**

**Website:** [www.cancersupportannarbor.org/programs/#supportgroups](http://www.cancersupportannarbor.org/programs/#supportgroups)

**Address:** 2010 Hogback Road, Suite 3, Ann Arbor MI 48105

**Phone:** (734) 975-2500

**Email:** [info@cancersupportannarbor.org](mailto:info@cancersupportannarbor.org)

**Services:** Programs, education, and weekly/bi-weekly/monthly groups — virtual via Zoom and hybrid, for people affected by cancer. Registration required for weekly support groups. Call for times and dates of specific cancer support groups which are listed online. Some of these include:

- *African American Fellowship*
- *Blood Cancer*
- *Brain Tumor*
- *Breast Cancer*
- *Head & Neck Cancer*
- *Hereditary Colorectal Cancer Peer Group*
- *Life Beyond Cancer Survivorship*
- *Lung Cancer*
- *Metastatic Cancer*
- *Pride Cancer (LGBTQ+)*
- *Prostate Cancer*

**Hours:** See listing for times.

**Fees:** No fee.

### **Michigan Medicine - Rogel Cancer Center - Support Groups**

**Website:** [www.rogelcancercenter.org/support](http://www.rogelcancercenter.org/support)

**Address:** 1500 E. Medical Center Drive, Ann Arbor MI 48109

**Toll Free:** Cancer Answer Line (800) 865-1125

**Email:** [CancerAnswerLine@med.umich.edu](mailto:CancerAnswerLine@med.umich.edu)

**Services:** Groups for people with cancer and their families.

- *Meditation with Cancer* - Tuesdays & Thursdays 1-2 pm Zoom
- *Prostate Cancer* - 1<sup>st</sup> Wednesday 6-7 pm in-person: 2010 Hogback Road, Suite 3, AA 48105

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** No fee.

## **CAREGIVERS**

*Ask at TSWP front desk for handout on “Caregiver Internet Resources”*

**AgeWays (formerly AAA 1-B) - Trualta - Practical Caregiver Support**

**Website:** [www.ageways.org/caregiver-resources/trualta-an-online-learning-and-community-for-family-caregivers/](http://www.ageways.org/caregiver-resources/trualta-an-online-learning-and-community-for-family-caregivers/) or [ageways.trualta.com/](http://ageways.trualta.com/) (also en Español)

**Address:** 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

**Phone:** (248) 357-2255 office

**Toll Free:** (800) 852-7795

**TTY Toll Free:** (800)-649-3777

**Services:** On-demand answers for caregiving challenges via online lessons, on-demand videos, toolkits, and articles. Private community chat, webinars and online events, care stories also available. and events. Provided by the Trualta Care Network.

**Hours:** 8 am - 5 pm office 24 Hours website

**Fees:** No fee. Registration required for free 1 year subscription.

**Arbor Hospice - Resources for Patients and Caregivers**

**Website:** [arborhospice.org/resources-for-patients-and-caregivers/](http://arborhospice.org/resources-for-patients-and-caregivers/)

Hospice of Michigan event calendar: [www.hom.org/events-calendar/](http://www.hom.org/events-calendar/)

**Address:** 2366 Oak Valley Drive, Ann Arbor MI 48103 (home office)

**Toll Free:** (800) 992-2273 (888) 247-5701 (office)

**Services:** Support for caregivers through decision-making resources. Its “Grief Journey Program” links to virtual and in person groups for coping with the death of someone close.

**Hours:** Vary with event — see calendar.

**Fees:** No fee.

**Jewish Family Services of Washtenaw County - CARES (Caregiver Assessment, Respite, Education & Support)**

**Website:** [www.jfsannarbor.org/cares/](http://www.jfsannarbor.org/cares/)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104 (Currently closed due to flood.)

**Phone:** (734) 769-0209

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Monthly small (10 or fewer attendees) virtual support group for adult caregivers provides information and peer support. [Check the website or call](#) for current monthly dates and times.

Registration required.

**Hours:** Call for hours.

**Fees:** No fee.

## **Memory Cafes in Michigan**

**Website:** [www.memorycafedirectory.com/memory-cafes-in-michigan/](http://www.memorycafedirectory.com/memory-cafes-in-michigan/)

**Phone:** (734) 475-9242 Chelsea Senior Center (734) 649-6806 St. Joe's, Ypsilanti  
(734) 483-5014 Ypsilanti Senior Center No phone for Saline

**Services:** Enjoy a dementia-friendly outing with your loved one. Activities and conversation with other caregivers. Locations in Chelsea, Saline and Ypsilanti.

**Hours:** Call for information

**Fees:** No fee.

### **MiGen - Michigan LGBTQ+ Elders Network - Caregiver Support Group**

**Website:** [migenconnect.org/](http://migenconnect.org/)

**Facebook:** [www.facebook.com/MiGenConnect](http://www.facebook.com/MiGenConnect)

**Services:** Provides information and programming for LGBTQ+ caregivers or those who care for LGBTQ+ older adults. Complete the Client Application Form - [MiGEN Program Enrollment Form](#) for services. [Caregiving and LGBTQ+ Concerns in Michigan: A Guide for Caregivers \(2017\)](#) is available for download.

**Hours:** 2<sup>ND</sup> Wednesday 6 pm - Virtual

**Fees:** No fee

### **Milan Seniors for Healthy Living - Caregiver Support Group**

**Website:** [milanseniors.org/activity-center/](http://milanseniors.org/activity-center/)

**Address:** 45 Neckel Court, Milan MI 48160

**Phone:** (734) 508-6229

**Fax:** (734) 439-4315

**Services:** Serves those caring for a loved one.

**Hours:** 2nd Tuesday 12:30 pm (Huron Valley Place, 2940 Ellsworth Road, Ypsilanti, MI 48197)

**Fees:** No fee

### **Turner Senior Wellness Program - Michigan Medicine**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 998-9353

**Email:** [tswp.info@umich.edu](mailto:tswp.info@umich.edu)

**Services:** Support groups for those caring for spouses, significant others or relatives.

- **Caring for Aging Relatives:** 2nd Wednesday 6 – 8 pm
- **Caring for Your Mate:** 4th Tuesday 1:30 - 3:30 pm

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee.

### **Veteran's Administration - Caregiver Support Program**

**Website:** [www.caregiver.va.gov/Care\\_Caregivers](http://www.caregiver.va.gov/Care_Caregivers)

**Phone:** (734) 222-7101 Support Coordinator

**Toll Free:** (855) 260-3274 24 Hour

**Services:** To help anyone who cares for a Veteran. VA's Caregiver Support Line has licensed caring professionals who will explain about assistance available from the VA and help caregivers access services and benefits including peer mentoring and online education. Also provides the Annie Caregiver Text Program for education, motivation or managing stress.

**Hours:** Monday - Friday 8 am - 4:30 pm

**Fees:** No fee.

### **Washtenaw Support Network for Caregivers**

**Website:** [michmed.org/washtenawcaregivers](http://michmed.org/washtenawcaregivers)

**Phone:** (734) 998-9352

**Email:** [washtenawcaregivers@umich.edu](mailto:washtenawcaregivers@umich.edu)

**Services:** Open to anyone who cares for an older adult (60+). Collaboratively provided by Silver Club Memory Programs, Catholic Charities of Washtenaw County (formerly Catholic Social Services), Jewish Family Services of Washtenaw County and Exhale - The Family Caregiver Initiative.

- Caregiver social outings with group transportation
- Educational programs
- Respite care
- Individualized care planning consultations
- Home chore and handyman services
- Paid focus groups.

**Hours:** Varies

**Fees:** No fee; paid focus group opportunities

## **DIABETES**

### **Michigan Medicine - Diabetes Adult Support Groups**

**Website:** [www.uofmhealth.org/endocrinology-diabetes-and-metabolism/diabetes-support-groups](http://www.uofmhealth.org/endocrinology-diabetes-and-metabolism/diabetes-support-groups)

**Phone:** (734) 998-2475 (Type 1) (734) 998-9353 (Type 2)

**Email:** [mend-diabetes@med.umich.edu](mailto:mend-diabetes@med.umich.edu) (Type 1) [mend-diabetes@med.umich.edu](mailto:mend-diabetes@med.umich.edu) (Type 2)

**Services:** Support groups to help adults with diabetes.

- Type 1 Diabetes Adult Support Group - Endocrinology Clinic Lobby, Domino's Farms
- *Type 2 Diabetes Adult Support Group* - Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Hours:** Type 1 - 3rd Tuesday 6:15 - 7:30 pm; Type 2 - 2nd Saturday 9:30 - 11 am

**Fees:** No fee.

### **Trinity Health - St. Joseph Mercy Chelsea - Diabetes Share Group**

**Website:**

[www.trinityhealthmichigan.org/location/chelsea-hospital-diabetes-education-chelsea-wellness-center](http://www.trinityhealthmichigan.org/location/chelsea-hospital-diabetes-education-chelsea-wellness-center)

**Address:** 14800 E. Old US Hwy. 12, Chelsea MI 48118

**Phone:** (734) 593-5280

**Fax:** (734) 593-5385

**Services:** Free support group offered to area residents and their families who have diabetes.

**Hours:** Call (Monday - Thursday 8 am - 5 pm) for hours and location of support group.

**Fees:** No fee.

## **DOMESTIC VIOLENCE and SEXUAL ABUSE**

### **Black Women Support Group**



**Website:** [www.safehousecenter.org/domestic-violence/supportgroups/](http://www.safehousecenter.org/domestic-violence/supportgroups/)

**Address:** SafeHouse Center, 4100 Clark Road, Ann Arbor MI

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** For black women survivors of sexual assault..

**Hours:** Wednesdays

**Fees:** No fee.

### **Domestic Violence Support Group**

**Website:** [www.safehousecenter.org/domestic-violence/supportgroups/](http://www.safehousecenter.org/domestic-violence/supportgroups/)

**Address:** SafeHouse Center, 4100 Clark Road, Ann Arbor MI

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** For female survivors of intimate partner domestic violence.

**Hours:** Thursdays

**Fees:** No fee.

### **Equality Michigan**

**Website:** [equalitymi.org/](http://equalitymi.org/)

**Phone:** (313) 537-7000 ext. 3

**Services:** Provides victim services to LGBTQ+ persons throughout the state who are experiencing bias, violence, harassment, discrimination or hate crimes. (Note: Clickable map does not work as of 12/2024.)

**Hours:** Monday - Friday 9 am - 5 pm

**Fees:** No fee.

### **Family Crisis Center of Washtenaw - Domestic Violence & Sexual Assault**

**Website:** [www.familycrisiscenterwashtenaw.org/programsservices](http://www.familycrisiscenterwashtenaw.org/programsservices) (multiple languages)

**Address:** 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

**Phone:** (734) 660-7059 24 Hours

**Services:** Support meetings

- **Domestic Violence Survivors/Abusers Support Group**
- **Sexual Assault Survivors Support Group**

**Hours:** Call for information

**Fees:** Vary; call for information.

### **Grupo de Apoyo en Español –Esperanza y Empoderamiento (Hope and Empowerment)**

**Website:** [www.safehousecenter.org/domestic-violence/supportgroups/](http://www.safehousecenter.org/domestic-violence/supportgroups/)

**Address:** SafeHouse Center, 4100 Clark Road, Ann Arbor MI

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** Español-speaking domestic violence / sexual assault support group.

**Hours:** Call for information.

**Fees:** No fee.

### **LGBTQIA+ Support Group**

**Website:** [www.safehousecenter.org/domestic-violence/supportgroups/](http://www.safehousecenter.org/domestic-violence/supportgroups/)

**Address:** Corner Health Center, 47 N. Huron Street, Ypsilanti MI 48197

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** Open to lesbian, bisexual, gay, trans, questioning, and all queer survivors of sexual assault and/or intimate partner violence..

**Hours:** Tuesdays

**Fees:** No fee.

### **Men's Domestic Violence / Sexual Assault Support Group**

**Website:** [www.safehousecenter.org/supportgroups/](http://www.safehousecenter.org/supportgroups/)

**Address:** SafeHouse Center, 4100 Clark Road, Ann Arbor MI

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** Domestic violence / sexual assault support group for men.

**Hours:** Wednesdays

**Fees:** No fee.

### **Michigan Coalition to End Domestic and Sexual Violence**

**Website:** [mcedsv.org](http://mcedsv.org)

**Phone:** (517) 347-7000

**Fax:** (517) 347-1377

**TTY:** (517) 381-8470

**Toll Free:** (866) VOICEDV (864-2338) Domestic Violence Hotline  
(855) VOICES4 (864-2374) Sexual Assault Hotline

**TTY:** (517) 898-5533 Domestic Violence (734) 381-8470 Sexual Violence

**Online Live Chat:** [mcedsv.org/hotline-domestic-violence/hotline-chat/](http://mcedsv.org/hotline-domestic-violence/hotline-chat/) Domestic Violence  
[mcedsv.org/hotline/hotline-chat/](http://mcedsv.org/hotline/hotline-chat/) Sexual Violence

**Text:** (877) 861-0222 Domestic Violence (866) 238-1454 Sexual Violence

**Hours:** 24 Hours for Hotline, TTY, Chat and Text.

**Fees:** No fee

### **National Domestic Violence Hotline**

**Website:** [www.thehotline.org/](http://www.thehotline.org/)

**Toll Free:** (800) 799-SAFE (7233)

**Text:** "Start" to 88788

**Online Live Chat:** Yes

**Hours:** 24 Hours

**Fees:** No Fee.

### **National Sexual Assault Online Hotline from RAINN**

[en Español](#)

**Website:** [hotline.rainn.org/online](http://hotline.rainn.org/online)

**Toll Free:** (800) 656-HOPE (4673)

**Online Live Chat:** Yes

**Chatbot:** [Iris](#) supplements the hotline and gives factual, not emotional, support.

**Mobile app:** RAINN app available for Apple & Google devices.

**Hours:** 24 Hours

**Fees:** No fee.

### **Spanish-Speaking Domestic Violence/Sexual Assault Support Group**

**Website:** [www.safehousecenter.org/domestic-violence/support-groups/](http://www.safehousecenter.org/domestic-violence/support-groups/)

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [supportgroups@safehousecenter.org](mailto:supportgroups@safehousecenter.org)

**Services:** For Spanish- / Español-speaking female survivors of domestic violence and/or sexual assault.

**Hours:** Wednesdays

**Fees:** No fee

### **Women's Sexual Assault Support Group**

**Website:** [www.safehousecenter.org/domestic-violence/support-groups/](http://www.safehousecenter.org/domestic-violence/support-groups/)

**Address:** SafeHouse Center, 4100 Clark Road, Ann Arbor MI

**Phone:** (734) 995-5444 24 Hour Helpline

**Email:** [info@safehousecenter.org](mailto:info@safehousecenter.org)

**Services:** For female survivors of sexual assault.

**Hours:** Mondays

**Fees:** No fee.

## **GRANDPARENTS**

### **Alienated Grandparents Anonymous (AGA)**

**Website:** [www.alienatedgrandparentsanonymous.com/](http://www.alienatedgrandparentsanonymous.com/)

**Services:** Focuses on the struggle millions of grandparents have in being part of their grandchildren's lives. Provides support, information, coping skills, and strategies for a hopeful reunification. Helps validate the feelings of those suffering various levels of alienation.

- **Alienated Grandparents Connect** [signup](#) then sign in via [GrandparentsAcademy.com](http://GrandparentsAcademy.com).
- [Grandparents Rights and Support](#) - private group on Facebook.

### **Grandparents Raising Grandchildren (GRG) (formerly GAP) - Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services Department**

**Website:** [ccwcwashtenaw.org/seniors/grandparents-raising-grandchildren/](http://ccwcwashtenaw.org/seniors/grandparents-raising-grandchildren/)

**Phone:** (734) 971-9781 ext. 352

**Services:** Offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children's special needs and to learn how and where to seek community resources. The support group meets at various times and locations; call for information.

**Hours:** Monday - Wednesday 8:30 am – 4:30 pm Office

**Fees:** No fee.

## **GRIEF**

### **Family Crisis Center of Washtenaw - Grief/Loss**

**Website:** [www.familycrisiscenterwashtenaw.org/programsservices](http://www.familycrisiscenterwashtenaw.org/programsservices) (multiple languages)

**Address:** 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

**Phone:** (734) 660-7059

**Services:** Grief/loss support meetings.

**Hours:** Wednesdays; call for information

**Fees:** Vary; call for information.

### **GrieveWell**

**Website:** [grievewell.com](http://grievewell.com)

**Address:** American Red Cross Bldg., 4624 Packard Street, Ann Arbor MI 48108

**Phone:** (734) 975-0238

**Email:** [info@grievewell.com](mailto:info@grievewell.com)

**Services:** This non-profit offers one-to-one peer counseling, workshops, community events, and online resources -- including podcasts -- for those experiencing grief.

**Hours:** Vary with service / event

**Fees:** No fee.

### **Hospice of Michigan - Grief Programming (formerly Arbor Hospice and others)**

**Website:** [www.hom.org/grief-journey-program/](http://www.hom.org/grief-journey-program/)

**Toll Free:** (888) 247-5701 Ann Arbor

**Services:** Support for those coping with the death of someone close.

- *Loss of an Adult Child - Virtual*
- *Loss of a Parent - Virtual*
- *Grief After Dementia - Caregivers - Virtual*
- *Living On - in person and Virtual*
- *Loss of a Spouse or Partner - Virtual*
- *Men Overcoming Loss - Virtual*

**Hours:** See calendar [www.hom.org/events-calendar/](http://www.hom.org/events-calendar/) for dates and times

**Fees:** No fee.

## **HEARING LOSS**

### **Hearing Loss Association of America, West Wayne County Chapter**

**Website:** [www.hearingloss.org/chapters-state-orgs/find-a-chapter/](http://www.hearingloss.org/chapters-state-orgs/find-a-chapter/)

**Phone:** (734) 664-3297

**Email:** [tony.ferack@hearingloss-mi.org](mailto:tony.ferack@hearingloss-mi.org)

**Services:** Monthly meetings offer socialization and education. William P. Faust Public Library of Westland (Meeting Room B), 6123 Central City Pkwy., Westland MI 48185

**Hours:** 2nd Wednesday 6:30-8:30 pm (September - May, except December)

**Fees:** No fee; optional \$15 annual membership fee for national association.

## **HEART DISEASE**

### **Michigan Medicine - Frankel Cardiovascular Center**

**Website:** [www.umcvc.org/cardiovascular-support-group](http://www.umcvc.org/cardiovascular-support-group)

**Address:** 5th Floor Boardroom (take elevators to 5 then follow signs), 1500 E. Medical Center Drive, Ann Arbor MI 48109

**Phone:** (734) 232-1559

**Services:** **Cardiovascular Support Group** offers patients and families affected by cardiac illness a space to learn, share and connect with one another. RSVP not required.

**Hours:** *Currently on hold as of March 2022.*

**Fees:** No fee.

### **Trinity Health Ann Arbor - Cardiac / Heart**

**Website:** [www.trinityhealthmichigan.org/health-and-wellness/events-search?q=heart](http://www.trinityhealthmichigan.org/health-and-wellness/events-search?q=heart)

**Address:** Trinity Health Heart Auditorium, 5325 Elliott Drive, Ypsilanti MI 48197

**Services:** Check event calendar for [dates & times](#). Registration needed to participate.

- **Living Well with Heart Failure** - sessions in person and virtual; for patients who have heart failure and their families

**Hours:** See class schedule.

**Fees:** No fee.

### **Trinity Health Michigan – Virtual Stroke Support Group**

**Website:** [www.trinityhealthmichigan.org/events-search?q=stroke](http://www.trinityhealthmichigan.org/events-search?q=stroke)

**Services:** For stroke survivors and their caregivers, family and friends. Open to all, not just Trinity patients.

**Hours:** 4th Wednesday 3 - 4:30 pm

**Fees:** No fee.

## **LGBTQ**

### **LGBT National Help Center - Senior Hotline**

**Website:** [lgbthotline.org/senior-hotline/](http://lgbthotline.org/senior-hotline/)

**Toll Free:** (888) 234-7243

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Services:** Provides telephone and chat peer-support, listening and affirmation about issues including isolation, relationship concerns, gender, bullying, workplace, and HIV/AIDS. Offers factual information and local resources for the senior community via the [GLBTnearme.org](http://GLBTnearme.org) national database.

**Hours:** Monday - Friday 4 pm - 12 midnight and Saturdays 12 pm - 5 pm

**Fees:** No fee

### **Michigan Medicine - Transgender Services - Support Groups**

**Website:** [www.uofmhealth.org/conditions-treatments/support-groups](http://www.uofmhealth.org/conditions-treatments/support-groups) (multiple languages)

**Address:** 4200 Plymouth Road, Ann Arbor MI 48109

**Phone:** (734) 998-2150

**Fax:** (734) 998-2152

**Email:** [genderservices@med.umich.edu](mailto:genderservices@med.umich.edu)

**Services:** All groups provide an accepting and inclusive space to find support and make connections with others. Participant interests direct the discussion. All are held virtually by Zoom.

**Contact agencies directly for current hours / services.**

- *Transgender and Gender Nonconforming Adult Support Group* - 1st Tuesday 6 – 8 pm
- *Parents of Transgender and Gender Nonconforming People* - 2nd Tuesday 6:30 – 7:30 pm
- *Partners of Transgender and Gender Nonconforming People* - 3rd Tuesday 6 – 7:30 pm

**Fees:** No fee. Registration requested.

**MiGen - Michigan LGBTQ+ Elders Network** (formerly **SAGE - Services & Advocacy for GLBT Elders - Metro Detroit**)

**Website:** [migenconnect.org/](http://migenconnect.org/)

**Facebook:** [www.facebook.com/MiGenConnect](http://www.facebook.com/MiGenConnect)

**Phone:** (313) 241-8994

**Services:** Provides training, information, advocacy and programming for the LGBTQ+ and supporting communities. [Client Application Form / MiGen Program Enrollment Form](#) then register for specific events through the [calendar](#).

- *Caregiver Support Group* - LGBTQ+ caregivers or those who care for LGBTQ+ older adults. 2<sup>ND</sup> Wednesday 6 pm - Virtual.
- *Food Box Delivery Program* - Boxes of healthy non-perishable food are delivered monthly to those 60+ by LGBTQ-friendly volunteers.
- *Friendly Caller* - commit to one call per week for four months.
- *MiSocials* - Virtually and in person. Thursdays 11 am
- *Technical and Computer Support* - TechBuddy offers online and in-person support.

**Hours:** Call for hours.

**Fees:** No fee.

**PFLAG (Parents Families and Friends of Lesbians and Gays)**

**Website:** [www.pflag.org](http://www.pflag.org)

**Services:** Support and information group for those learning to deal with the reality of homosexuality and how to provide loving support. For gay, lesbian, bisexual and transgender children, family, and friends.

**Hours:** Find a virtual meeting [pflag.org/meetings/?f-topic\[\]=virtual](http://pflag.org/meetings/?f-topic[]=virtual)

**Fees:** No fee.

**LOW VISION**

**Disability Network: Washtenaw, Monroe, Livingston - Your World: Navigating Life with Blindness and Low Vision**

**Website:** [dnwml.org/calendar/](http://dnwml.org/calendar/) (search for "vision" - drop down for future months)

**Phone:** (734) 971-0277

**Services:** Monthly meetings offer socialization and education at the Disability Network: Washtenaw, Monroe, Livingston (formerly Ann Arbor Center for Independent Living / CIL), 3941 Research Park Drive, Ann Arbor MI. 48108;

**Hours:** 1<sup>ST</sup> Wednesday 12-1 pm (Zoom)

**Fees:** No fee

**Greater Detroit Agency for the Blind & Visually Impaired (GDABVI)**

**Website:** [www.lifebeyondsight.org/resources/social-activities/](http://www.lifebeyondsight.org/resources/social-activities/)

**Phone:** (313) 591-3792 to RSVP



**Services:** Iok meetings to share experiences, connect with others on the vision journey, and learn about ways to maintain mental and physical health and well-being. Covers Washtenaw County.

**Hours:** 2nd Tuesday 12 noon

**Fees:** No fee.

### **Kellogg Eye Center - Peer Mentor Program - University of Michigan**

**Website:** [www.umkelloggeye.org/conditions-treatments/lowvision/peer-mentor-program](http://www.umkelloggeye.org/conditions-treatments/lowvision/peer-mentor-program)

**Services:** Mentors share their own experiences from a peer perspective and listen to patients and caregivers. They provide information, guidance and emotional support. help confronting challenging issues and emotions.

**Hours:** Hours TBD. Can be one time, via phone, etc.

**Fees:** No fee.

### **Turner Senior Wellness Program - Michigan Medicine – Low Vision Support Group**

**Website:** [michmed.org/tswp](http://michmed.org/tswp)

**Address:** Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

**Phone:** (734) 764-9353

**Services:** Provides free information and support through presentations to senior adults affected by macular degeneration and related retinal diseases.

**Hours:** 4th Wednesday 1 - 2:30 pm

**Fees:** No fee.

## **MENTAL HEALTH**

### **988 Suicide and Crisis Lifeline**

**Website:** [988lifeline.org](http://988lifeline.org) [988lifeline.org/es/](http://988lifeline.org/es/) (also other languages)

**Toll Free or text:** 988 **Español:** 988 then 2 **LGBTQI+:** 988 then 3

**Veterans Crisis Line:** 988 then 1

**TTY Toll Free:** 711 then 988 **Videophone:** 988 Videophone

**Text:** 988

**Online Live Chat:** [988lifeline.org/chat/](http://988lifeline.org/chat/)

**Services:** Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for those who are deaf, hard or hearing or who have hearing loss. Has specialized resources for individuals with neurodivergence, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQI+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.

**Hours:** 24 Hours

**Fees:** No fee.

### **Ann Arbor Area ADD/ADHD Support Group**

**Website:** [www.meetup.com/AnnArbor-ADHD-ADD-Support/](http://www.meetup.com/AnnArbor-ADHD-ADD-Support/)

**Services:** Support groups for adults with Attention Deficit / Hyperactivity Disorder to share wins and challenges, and exchange information or tips and tricks. Hybrid meetings with in-person and remote members connecting via Zoom.

**Hours:** 3rd Saturday 10 am. Must join the group to see location details.

**Fees:** No fee.

**American Association of Retired People (AARP) - Friendly Voice**

**Website:** [www.aarp.org/home-family/friends-family/friendly-voice/](http://www.aarp.org/home-family/friends-family/friendly-voice/)

**Phone:** (888) 281-0145      **Español:** (888) 497-4108

**Email:** [friendly.voice@aarp.org](mailto:friendly.voice@aarp.org)

**Services:** Trained volunteers call to say hello providing a friendly voice. Available only for US callers.

**Hours:** 9 am - 5 pm

**Fees:** No fee.

**Clutterers Anonymous (CLA) - Ann Arbor**

**Website:** [clutterersanonymous.org/](http://clutterersanonymous.org/)

**Email:** [meetings@clutterersanonymous.org](mailto:meetings@clutterersanonymous.org)

**Services:** Welcomes anyone struggling with an obsessive, compulsive or addictive relationship with clutter. Offers Daily Phone Lines, Activity Sessions, Zoom Meetings and Topic/Speaker Meetings.

- \* Daily Phone Lines: 12 pm — Divine Decluttering (267) 807-9611 Access code 852600#  
8 pm — (540) 792-0194 Access code 102163#

Check Meetings and Events Schedule [clutterersanonymous.org/meetings/calendar-of-all-events/](http://clutterersanonymous.org/meetings/calendar-of-all-events/) for other types of meetings. Drop down menu to find type of meeting desired. Literature and audio information, free and paid, is available from the Electronic Versions for Download page (under Store) [clutterersanonymous.org/electronic-versions-for-download/](http://clutterersanonymous.org/electronic-versions-for-download/)

**Hours:** Vary, see above.

**Fees:** No fee.

**Crisis Text Line**

**Text:** 741741

**Services:** First responses are automated then connects with a Crisis Counselor.

**Hours:** 24 Hours

**Fees:** No fee. Messaging rates apply if NOT on Verizon, Sprint, AT&T or T-Mobile.

**Depression and Bipolar Support Alliance (DBSA)**

**Website:** [www.dbsalliance.org/](http://www.dbsalliance.org/)

**Services:** In-person and online support groups give people living with depression and bipolar disorder a safe, welcoming place to share experiences, discuss coping skills, and offer each other hope.

\* Michigan in-person support groups — [www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=MI](http://www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=MI)

\* Online support groups — [www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/](http://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/) searchable by name, topic or category

\* Identity-based support groups — [www.dbsalliance.org/support/cifgroups/](http://www.dbsalliance.org/support/cifgroups/)

**Hours:** See specific group for days and hours.

**Fees:** No fee.

**Family Crisis Center of Washtenaw**

**Website:** [www.familycrisiscenterwashtenaw.org/programsservices](http://www.familycrisiscenterwashtenaw.org/programsservices) (multiple languages)

**Address:** 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

**Phone:** (734) 544-3050 Crisis line / mobile crisis services

**Services:** Suicide risk assessment, information and referral for behavioral health and substance abuse services, crisis planning and crisis stabilization and support for those on Medicaid. Crisis lines open to all Washtenaw County residents.

**Hours:** 24 Hours

**Fees:** Vary; call for information.

### **Michigan Peer Warmline - Michigan Department of Health and Human Services**

**Website:** [mcal.my.site.com/mical/s/michigan-warmline](https://mcal.my.site.com/mical/s/michigan-warmline)

**Phone:** (888) 733-7753

**Services:** For Michiganders living with persistent mental health and/or substance use conditions. The Warmline connects individuals with certified peer support specialists who have lived experiences of behavioral health issues, trauma or personal crises, and are trained to support and empower the callers. All calls are anonymous. Other states may have a Warmline that take out-of-state calls and speak languages other than English — search at Find A Warmline [www.warmline.org/](https://www.warmline.org/)

**Hours:** 10 am - 2 am

**Fees:** No fee.

### **Michigan Department of Health and Human Services - Stay Well Program Resources**

**Website:** [michigan.gov/StayWell](https://michigan.gov/StayWell)

**Services:** Programming ended in 2023 but the archive contains helpful and relevant mental wellness resources.

**Hours:** 24 Hour

**Fees:** No fee.

### **Michigan Medicine - Comprehensive Eisenberg Family Depression Center - Depression Center Toolkit**

**Website:** [depressioncenter.org/outreach-education/depression-center-toolkit](https://depressioncenter.org/outreach-education/depression-center-toolkit)

**Services:** Provides information, tools, support and resources to help individuals and families struggling with depression, bipolar disorder or other mental health conditions. Offers resources for family members and caregivers who are looking to better understand depressive illness and related disorders.

**Hours:** 24 Hour

**Fees:** No fee.

### **NAMI - Connection 55+**

**Website:** [naminycmetro.org/programs/nami-connection-55/](https://naminycmetro.org/programs/nami-connection-55/)

**Phone:** (646) 558-8656, enter Meeting ID: 839 6887 8972, Password: 954414

**Services:** Online [video](#) (Zoom) & telephone support group for adults 55+ with mental illness or any mental health challenge. Develop coping skills, share common experiences, gain self-advocacy skills, and find community. Closed captioning available. Observers not permitted.

**Hours:** 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays, 4 - 5:30 pm (join by 4:05 pm; no admission after 4:30 pm)

**Fees:** No fee.

### **NAMI (National Association on Mental Illness) - Washtenaw County**

**Website:** [namiwc.org/about/mental-health-support-groups/](https://namiwc.org/about/mental-health-support-groups/)

**Phone:** (734) 994-6611

**Services:** Support group meetings are structured in ways that encourage full group participation. Registration required. All currently (March 2022) meeting via Zoom.

**Contact agencies directly for current hours / services.**

- *Connection Recovery Support Group* - open to anyone with a mental health condition who is 18+. 1st & 3rd Wednesdays 7 - 8:30 pm via Zoom
- *Friends and Family* - for adults who have a friend/family member with a mental health condition. 1<sup>st</sup> Tuesday & 3rd Wednesday 7 - 8:30 & 4th Monday 6 – 8:30 pm.
- *NAMI Faith Group* - combines scripture lessons, educational topics and a sharing time to promote support and spirituality in mental health. Open to adults living with mental health challenges, and to anyone who wants to learn how to better support them. Inclusive and welcomes all religions and all people. 2nd Tuesday 7 – 8:30 pm & 4<sup>th</sup> Tuesday 7:30 - 9 pm.

**Hours:** See individual group information above. To register, go to namiwc.org, click on " Our Programs, or call 734-994-6611

**Fees:** No Fee

### **Perfect Pair**

**Website:** [www.perfectpair.org/](http://www.perfectpair.org/) (multiple languages)

**Email:** [info@perfectpair.org](mailto:info@perfectpair.org) [umich@perfectpair.org](mailto:umich@perfectpair.org)

**Services:** Fosters one-on-one, intergenerational connections between older adults and college students to combat loneliness and improve overall health and wellbeing. New fall 2024 is a "Pairs with Pride" pilot in the AA/Metro Detroit area for creating connections between LGBTQIA+ older and younger adults through intentional pairing to create meaningful friends, mentorship, career development, and advocacy. There will be in-person meetings. Email [pairswithpride@perfectpair.org](mailto:pairswithpride@perfectpair.org)

**Hours:** Determined by pair.

**Fees:** No fee.

### **Veterans Crisis Line**

**Website:** [www.veteranscrisisline.net](http://www.veteranscrisisline.net) <https://www.veteranscrisisline.net/es/>

**Toll Free:** 988 press 1 (888) 628-9454 en Español

**TTY Toll Free:** 711 then 1 (800) 273-8225

**Text:** 838255

**Online Live Chat:** Yes

**Services:** Confidential support for veterans -- including national guard and reserves, and their family members and friends.

**Hours:** 24 Hours

**Fees:** No fee

## **MULTIPLE SCLEROSIS**

### **Ann Arbor MS Support Group**

**Website:** [www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events/ann-arbor-ms-support-group](http://www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events/ann-arbor-ms-support-group)

**Email:** [annarbormsgroup@gmail.com](mailto:annarbormsgroup@gmail.com)

**Services:** Email for link to Ann Arbor meeting. Other MS support groups are also available for virtual meetings.

**Hours:** Mondays 7 - 8:30 pm (except legal holidays) meets virtually

**Fees:** No fee.

### **National MS Society - Michigan Chapter**

**Website:** [www.nationalmssociety.org/resources/get-connected/in-your-area/mig](http://www.nationalmssociety.org/resources/get-connected/in-your-area/mig)

**Phone:** (800) 344-4867

**Chat:** Yes, [www.nationalmssociety.org/contact-us](http://www.nationalmssociety.org/contact-us)

**Services:** Hosts a calendar of events [www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events](http://www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events) which includes exercise programs, support groups and more.

**Hours:** 24 Hours Website

**Fees:** No fee.

## **OSTEOPOROSIS**

**Bone Health and Osteoporosis Foundation (BHO) - Osteoporosis Online Support Community**

**Website:** [www.bonehealthandosteoporosis.org/osteoporosis-online-support-community/](http://www.bonehealthandosteoporosis.org/osteoporosis-online-support-community/)

**Services:** Brings people with and affected by osteoporosis together online to share experiences and provide support for one another. Message boards, moderated discussions and more. Must register for an online account with email address. These virtual support groups

[www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/](http://www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/) are open to all —

Bone Buddies Online (2<sup>nd</sup> Saturday 10 am plus others) and Osteoporosis Resources & Support Group (1<sup>st</sup> Tuesday 7 pm)

**Hours:** 24 Hours website

**Fees:** No fee.

## **PARKINSON'S DISEASE**

**Michigan Parkinson Foundation**

**Website:** [parkinsonsmi.org/wp-content/uploads/2024/12/2025-Up-to-Date-Support-Group-Listing-2.pdf](http://parkinsonsmi.org/wp-content/uploads/2024/12/2025-Up-to-Date-Support-Group-Listing-2.pdf)

**Address:** Ann Arbor Support Group & Glacier Hills Support Group

Trinity Health - Women's Health Center, 5320 Elliott Dr., Suite 203, Ypsilanti MI 48197

2<sup>nd</sup> Sunday 2 pm — no meetings July & August

Glacier Hills Senior Living, 1200 Earhart Road, Ann Arbor MI 48105

3<sup>rd</sup> Monday 1 pm

**Phone:** see website for current phone contacts

**Email:** see website for current email contacts

**Services:** Support groups for people with PD and their families listed by county. Virtual Support Groups, Caregiver Virtual Support Groups and African American Support Group information given at end of county listings.

**Hours:** See website for most current information.

**Fees:** No fee.

## **PULMONARY DISEASE**

**Michigan Medicine - Division of Pulmonary & Critical Care Medicine - Support Groups**

**Website:** [www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups](http://www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups)

(multiple languages)

**Address:** Michigan Medicine Pulmonary Rehabilitation Center, Suite 14, Burlington Office Center, 325 E. Eisenhower Parkway, Ann Arbor MI 48108

**Services:** Support group opportunities for those with lung diseases and their caregivers.

- *Harmonica Club* - Tuesdays 10 am (734) 998-8723 ask for club director
  - Participants must purchase their own harmonicas.
- *Quest for Breath Idiopathic Pulmonary Fibrosis Support (IPF) Support Group* - 1st Tuesday 2 - 3:30 pm (Meets on Second Level, Burlington Office Center)
  - Please bring supplemental oxygen tank/s as they will not be provided.

**Hours:** Call for current information

**Fees:** No fee except as noted above.

## **TRANSPORTATION - rev Nov 2022**

### **Ann Arbor Area Transportation Authority (AAATA) - The Ride**

**Website:** [www.theride.org](http://www.theride.org)

**Address:** 2700 S. Industrial, Ann Arbor MI 48104

**Phone:** General (734) 973-6500 normal business hours

Route/Schedule Information (734) 996-0400

A-Ride (734) 973-1611

Senior GoldRide

Flex Ride: (734) 794-0377 or [Mode Car](#) (734) 707-0707 or smartphone app

Holiday and Night Ride (734) 528-5432

**Toll Free:** myride2 (866) 977-9423 MyRide Mobility Management Service

**Online Live Chat:** Yes; canned responses; limited hours

**Services:** The AAATA provides bus service seven days a week on 34 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SH and WCC), Chelsea, and Dexter.

- **[A-Ride](#):** Wheelchair accessible transportation for disabled people unable to ride fixed-route buses free; advance reservations needed. Serves Ann Arbor and selected other locations (Pittsfield, Superior & Ypsilanti townships for a low fare). 8 am - 5:30 pm weekdays; 8 am - 5 pm weekends. Reservations required; may be made up to 3 days in advance.
- **[Fare Deal](#):** 30-day discounted passes for fixed routes based on income, age (60-64) or disability.
- **[Fixed-Route Bus Service](#):** 65+ free with GoldRide ID or discounts with Fare Deal card
- **[GoldRide](#):** Seniors citizens 65+ with an ID card issued by AAATA ride free on regular fixed routes. Includes the City of Ypsilanti and portions of Ypsilanti Township. One-way rides are available for \$20; book 24 hours in advance. (734) 973-6500 or [GoldRide@TheRide.org](mailto:GoldRide@TheRide.org)



- **Flex Ride**: A shared-ride transportation service for \$1, or discounts with Fare Deal card, providing connections to TheRide's fixed-route bus system and to other destinations in the greater Ann Arbor and Ypsilanti area. (734) 794-0377 or **Mode Car** (734) 707-9707 or smartphone app (*FlexRide by TheRide*). Provides curb-to-curb service during late-night hours and on major holidays when regular fixed-route service is not available. Next day and same day reservations.
- **Holiday and Late Night Ride**: late-night, door-to-door services in the City of Ann Arbor and downtown Ypsilanti by contract with local cab company. Call for fares. Reservations by phone (734) 528-5432 or via **ModeCar**
- **Michigan Flyer-Air Ride**: In addition to airport service for Ann Arbor, Brighton and East Lansing, provides transportation between Ann Arbor and Brighton as well as Ann Arbor and East Lansing on select routes. Motor coaches are wheelchair accessible. 24-hour advance reservations are recommended. (734) 707-7AIR (7247), (517) 333-0400 or **online**.
- **myride2** Connects seniors & adults with disabilities to rides within Washtenaw and surrounding counties. Provides transportation coordination to transit dependent individuals within Washtenaw County and to select locations in surrounding counties. Monday - Friday 8:30 am - 11:30 am & 12:30 pm - 5:30 pm 8 am - 4 pm **Toll Free** (855) myride2 (697-4332) **TTY Toll Free**: (800) 649-3777 multilingual. 24 hour advance scheduling is recommended. Responds within two (2) business days.
- **Senior Grocery Ride**: Provides weekly trips from select senior housing communities for \$.75 cents each way per person. (734) 973-6500
- **Washtenaw Express**: Route between Blake Transit Center and Ypsilanti Transit Center with limited stops. Route 104. Runs Mondays - Fridays.

**Fees**: Based on services used.

#### **Ann Arbor Community Center - Senior Ride Assist**

**Website**: [annarbor-communitycenter.org/services-seniors/](http://annarbor-communitycenter.org/services-seniors/)

**Phone**: (734) 662-3128

**Hours**: Call and leave message.

**Fees**: No fee.

#### **Ann Arbor (Jackson Road) Community Connector**

**Website**: [ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/](http://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/)

**Phone**: (734) 475-9494 reservations or route deviations - leave name + number after hours

**Services**: Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

**Hours**: Varies with route; see online [Maps and Schedules +](#).

**Fees**: Varies with route; see online [Maps and Schedules +](#)

#### **Care Management by Natalie**

**Website**: [caremanagementbynatalie.com](http://caremanagementbynatalie.com)

**Phone**: (734) 224-4144

**Email**: [info@cmbynatalie.com](mailto:info@cmbynatalie.com)

**Services**: Outpatient transportation and companionship for taking people to medical procedures when the patient needs a companion (e.g., colonoscopy). In addition to accompanying and staying, they will pick up prescriptions and communicate with family about instructions. Covers greater Washtenaw County, Brighton and Plymouth areas.

**Hours:** Call for hours.

**Fees:** Currently (October 2022) \$38/hour.

### **Care Transport**

**Website:** [www.caretransport.us](http://www.caretransport.us)

**Address:** 4180 Packard Road, Ann Arbor MI 48108

**Phone:** (734) 216-4231 dispatch (734) 434-6786 office

**Fax:** (734) 434-6782

**Email:** [info@caretransport.us](mailto:info@caretransport.us)

**Services:** Provides non-emergency transportation services by car, minivan, or wheelchair vans for ambulatory and wheelchair-bound persons. Wheelchair vans are equipped with lifts and raised roofs. Also provides shuttle service via buses and airport service.

**Hours:** 24 Hours; call to schedule during regular business hours.

**Fees:** Charge per mile or flat rate; call for details. Accepts cash, checks and major credit cards.

### **Chelsea Community Connector**

**Website:** [ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/](http://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/)

**Phone:** (734) 475-9494 reservations or route deviations - leave name + number after hours

**Services:** Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

**Hours:** Varies with route; see online [Maps and Schedules +](#).

**Fees:** Varies with route; see online [Maps and Schedules +](#)

### **Chelsea Community Ride**

**Website:** [ridethewavebus.org/maps-and-schedules/chelsea-community-ride/](http://ridethewavebus.org/maps-and-schedules/chelsea-community-ride/)

<https://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/>

**Phone:** (734) 475-9494

**Services:** Provides a free business district shuttle which can 'flex' between scheduled pickup points along the route to provide stops at the businesses of choice. [W.A.V.E.](#) policies and traffic conditions are considered when passengers request 'flex' stops.

**Hours:** Services provided 7 days a week. Phone Monday – Friday 9 am – 5 pm for information.

**Fees:** Free for Chelsea residents.

### **Chelsea Senior Center**

**Website:** [chelseaseniors.org](http://chelseaseniors.org)

**Phone:** (734) 475-9242

**Email:** [ROAM@chelseaseniors.org](mailto:ROAM@chelseaseniors.org)

**Services:** ROAM (Rural Older Adults in Motion) coordinator helps seniors 60+ connect to transportation options. Offers fare-free WAVE bus passes to seniors. Provides Ann Van transportation services to the Chelsea Farmers Market and special "ROAM Around Town" outings.

### **D2A<sup>2</sup> Connecting Detroit and Ann Arbor - Regional Transit Authority of Southeast Michigan**

**Website:** [d2a2.com](http://d2a2.com) (available in multiple languages)

**Address:** D2A2 Blake Transit Center, 328 S. 5th Avenue, AA MI 48104  
D2A2 Grand Circus Park, 1508 Park Avenue, Detroit MI 48226

**Phone:** (517) 333-0400

**Email:** [info@michflyer.com](mailto:info@michflyer.com)

**Services:** Pilot express bus service between Grand Circus Park, Detroit and the Blake Transit Center, Ann Arbor sponsored by the RTA and AAATA (The Ride; operated by Michigan Flyer). Wheelchair lift reservations available. Provides links to information on [Senior and Disabled Services](#)  
**Hours:** See schedule for Monday - Friday and Saturday - Sunday hours.  
**Fees:** c

### **Dexter Community Connector**

**Website:** [ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/](http://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/)

**Phone:** (734) 475-9494 reservations or route deviations - leave name + number after hours

**Services:** Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

**Hours:** Varies with route; see online [Maps and Schedules +](#).

**Fees:** Varies with route; see online [Maps and Schedules +](#)

### **Freedom Road Transportation**

**Website:** [freedomroadtransportation.org](http://freedomroadtransportation.org)

**Phone:** (248) 232-1259

**Fax:** (248) 232-1242

**Email:** [info@freedomroadtransportation.org](mailto:info@freedomroadtransportation.org)

**Services:** Provides a volunteer driver program for Washtenaw County residents in need of transportation. Provides monetary incentives for volunteer drivers.

**Hours:** Call for information.

**Fees:** No fee.

### **Health Plus Transportation**

**Website:** [www.healthplustransport.com](http://www.healthplustransport.com) (multiple languages)

**Address:** 124 Pearl Street, Suite 403, (PO BOX 972054) Ypsilanti MI 48197

**Phone:** (734) 547-7813

**Fax:** (734) 547-8293

**Email:** [info@healthplustransport.com](mailto:info@healthplustransport.com)

**Services:** Provides non-emergency 24 hour medical transportation via wheelchair vans, minivans and sedans for medical needs in southeast Michigan.

**Hours:** Services provided 24 Hours. Phone Monday – Friday 8 am – 5 pm or make reservations online. Need a minimum of 3 hours notice.

**Fees:** Call for fee. Accepts most insurances, workman's compensation and private pay.

### **Huron Valley Ambulance - Non-Emergency Transports**

(formerly **Wheelchair Vans**)

**Website:** [www.emergenthealth.org/schedule-a-transport/](http://www.emergenthealth.org/schedule-a-transport/)

**Address:** 1200 State Circle, Ann Arbor MI 48108

**Phone:** (734) 994-4111 dispatch

**Toll Free:** (800) 872-1111

**Services:** Provides non-emergency medically-necessary ambulance transport within Washtenaw and parts of Western Wayne counties.

**Hours:** Monday - Friday 6 am - 8 pm Saturday and after-hours pickup available by appointment.

**Fees:** Call for fee.

**JFS GO (formerly Transportation Services)**

**Website:** [www.jfsannarbor.org/jfsgo.html](http://www.jfsannarbor.org/jfsgo.html)

**Address:** 2245 S. State Street, Ann Arbor MI 48104

**Phone:** (734) 769-0209 Ext. 305

**Fax:** (734) 769-0224

**TTY Toll Free:** 711

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Provides rides within the Ann Arbor and Ypsilanti area to medical appointments, grocery stores, work, errands, and special events. Must be a JFS client and make reservations by phone during business hours 30 days to a minimum of one day in advance. May make appointments for recurring, standing appointments events up to one month in advance.

**Hours:** Office, Monday - Thursday; 9 am - 5 pm; Fridays 9 am - 3 pm

**Fees:** Call for rates. Fees may be adjusted by the JFS Fee Review Committee to accommodate those who are unable to pay the full fee.

**Kettles VA Medical Center (VA Ann Arbor) - Veterans Transportation Service (VTS)**

**Website:** [www.va.gov/ann-arbor-health-care/dav-vans-transportation-for-veterans/](http://www.va.gov/ann-arbor-health-care/dav-vans-transportation-for-veterans/)

**Phone:** (734) 222-7145

**Services:** Assists ambulatory Veterans (both inpatients and outpatients) with transportation to appointments. Must schedule by 4 pm the day prior to an appointment. Available to qualified veterans, caregivers, family and guests.

**Hours:** 5:30 am - 6:30 pm dispatch or leave voicemail

**Fees:** No fee.

**Manchester Area Senior Citizens Council, Inc.**

**Facebook:** [www.facebook.com/groups/manchesterseniors](http://www.facebook.com/groups/manchesterseniors)

**Address:** 410 City Road, (PO BOX 31) Manchester MI 48158

**Phone:** (734) 385-6308

Meals/Transportation

**Email:** [mascc2019@yahoo.com](mailto:mascc2019@yahoo.com)

**Services:** Transportation is available to medical appointments and to meals. Meals available Tuesdays and Thursdays for adults age 55+.

**Fees:** Call for rates. Vouchers may be available from the Community Resource Center by calling (734) 428-7722 before scheduling an appointment.

**MedSync Transportation & Services**

**Website:** [www.medsynctransportation.com](http://www.medsynctransportation.com)

**Address:** 2035 Hogback Road, Suite 103, Ann Arbor MI 48105

**Phone:** (734) 646-8846 24 Hours

**Fax Toll Free:** (877) 474-5065

**Email:** [contact@medsts.com](mailto:contact@medsts.com)

**Services:** Provides non-emergency transportation for seniors, the disabled and those in wheelchairs in Ann Arbor, Metro Detroit, and Ypsilanti and extended transportation to the entire state of Michigan and neighboring states. Also has accompaniment service. Service for trips from 200-500 miles must be scheduled 36 hours in advance.

**Hours:** Service provided & phones answered 24 Hours, including federal holidays.

**Fees:** Fees are flexible. Insurance accepted. Call for fares.

**Michigan Medicine - Guest Assistance Program**

**Website:** <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

**Address:** University Hospital, Room 2B203, 1500 E. Medical Center Drive, Ann Arbor MI 48109

**Services:** Evaluates all available resources and often provides the coordination of those services to get one to an appointment at Michigan Medicine.

**Phone:** (734) 764-6893

**Toll Free:** (800) 888-9825

**Hours:** Monday - Friday 9 am - 4 pm

**Fees:** No fee for assistance; transportation fee depends on provider.

### **Michigan Transportation Services, Inc. (MTS)**

**Website:** [www.michigantransportation.com](http://www.michigantransportation.com)

**Address:** PO Box 1118, Novi MI 48375

**Toll Free:** (877) 777-7900

**Fax:** (517) 552-1194

**Email:** [customerservice@michigantransportation.com](mailto:customerservice@michigantransportation.com)

**Services:** Provides non-emergency transportation in Washtenaw and adjoining counties for ambulatory and non-ambulatory individuals in sedans and wheelchair vans. Local and long distance door-to-door services available. Guarantees transportation with 24 hour notice; same day requests may be fulfilled.

**Hours:** Office Monday – Friday 8 am – 5 pm; Transportation services available 24 Hours

**Fees:** Accepts most major insurances and worker's compensation plus private pay. Call for fees.

### **Milan Seniors for Healthy Living - Transportation**

**Website:** [milanseniors.org/home/transportation](http://milanseniors.org/home/transportation)

**Address:** 45 Neckel Court Milan MI 48160

**Phone:** (734) 508-6229

**Text:** (734) 508-2739

**Fax:** (734) 439-4315

**Email:** [mshl@milanseniors.org](mailto:mshl@milanseniors.org)

**Services:** Transportation services for persons 60+ in the 48160 zip code up to 20 miles outside Milan. Care partners ride at no additional cost. Uses wheelchair accessible vehicles.

**Hours:** Monday - Friday 7:30 am - 4 pm; closed federal holidays and for extreme weather

**Fees:** Visit the website for the current fees.

### **myride2**

**Website:** [www.myride2.com](http://www.myride2.com) (multiple languages)

**Toll Free:** (855) myride2 (697-4332) also multilingual

**TTY Toll Free:** (800) 649-3777

**Services:** Provides telephone support and online information on finding transportation resources, continuing to drive safely, and using public transportation to seniors and adults with disabilities. Serves Washtenaw and other southeast Michigan counties, Developed by Area Agency on Aging 1-B.

**Hours:** Monday - Friday 8 am - 4 pm Leave message for call back within two (2) business days

**Fees:** No fee for assistance; usual fees for transportation.

### **Partners in Care Concierge (PiCC) - Jewish Family Services**

**Suspended due to COVID**

**Website:** [jfspartnersincare.org](http://jfspartnersincare.org)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104

**Phone:** (734) 769-0209



**Fax:** (734) 769-0224

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Medical appointment accompaniment service by and transportation with trained volunteer partners for older adults. Wheelchair accessible transportation provided.

**Hours:** Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

**Fees:** Call for rates.

### **People's Express (PEX)**

**Website:** [www.peoplexpressmi.com](http://www.peoplexpressmi.com)

**Address:** 10 Jennings Road, Whitmore Lake MI 48189

**Phone:** (877) 214-6073 Reservations

**Fax:** (734) 449-0840

**Services:** Transports seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Area Transit Authority (AAATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 am - 7 pm for scheduling.

**Hours:** Monday – Friday 8 am - 5 pm; closed on select holidays.

**Fees:** Call for fee.

### **People's Express (PEX) - Washtenaw County - Northfield Township to Ann Arbor-Ypsilanti Urban Area**

**Website:** [peoplexpressmi.com/washtenaw](http://peoplexpressmi.com/washtenaw)

**Phone:** (877) 214-6073 Reservations

**Services:** Transports residents of Northfield Township to the Ann Arbor-Ypsilanti Urban Area. Must make reservations 3 days ahead. Call 10 am - 7 pm for scheduling.

**Hours:** Closed on holidays and the day after Thanksgiving.

**Fees:** The fare for seniors 65+ and persons with disabilities is \$1.25 per mille or no more than \$7.00 each way.

### **People's Express (PEX) - Washtenaw County - Saline**

**Website:** [peoplexpressmi.com/washtenaw](http://peoplexpressmi.com/washtenaw)

**Phone:** (877) 214-6073 Reservations

**Services:** Transports residents of Saline to locations within the City of Saline and to certain destinations in Ann Arbor and Ypsilanti. Must make reservations 3 days ahead. Call 10 am - 7 pm for scheduling.

**Hours:** Closed on holidays and the day after Thanksgiving.

**Fees:** The fare for seniors 65+ and persons with disabilities is \$2.00 for one-way trips within the City of Saline and to select nearby destinations. Fares for out of town trips are per-mile pricing.

### **Reliable Home Care, LLC**

**Website:** [www.reliablecare2.com/](http://www.reliablecare2.com/)

**Address:** 2723 S. State Street, Suite 150, Ann Arbor MI 48104

**Phone:** (734) 395-7887 24 Hours

**Email:** [rhcareinyourhome@aol.com](mailto:rhcareinyourhome@aol.com)

**Chat:** Leave message for email response.

**Services:** Call for information.

**Hours:** Monday - Friday 7 am - 5 pm



**Fees:** Call for information.

### **Scio Township (Jackson Road) Community Connector**

**Website:** [ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/](http://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/)

**Phone:** (734) 475-9494 reservations or route deviations - leave name + number after hours

**Services:** Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

**Hours:** Varies with route; see online [Maps and Schedules +](#).

**Fees:** Varies with route; see online [Maps and Schedules +](#)

### **There & Back Transportation**

**Website:** [www.thereandbacktransportation.com](http://www.thereandbacktransportation.com)

**Address:** 1828 E. Michigan Avenue, Ypsilanti MI 48198

**Phone:** (734) 686-7300

**Fax:** (734) 905-7106

**Email:** [thereandback60@gmail.com](mailto:thereandback60@gmail.com)

**Services:** Provides non-emergency medical transportation and other transportation services including airport, casinos, business appointments, and special events. Offers wheelchair transport.

**Hours:** Monday - Friday 9 am - 5 pm Office

**Fees:** Call for fees.

### **Washtenaw Rides for Older Adults (formerly AARP Ride@50+<sup>SM</sup> - Washtenaw County)**

**Website:** [feonix.aarp.org/washtenaw](http://feonix.aarp.org/washtenaw) (multiple languages)

**Toll Free:** (734) 259-4125

**Email:** [support@feonixmobilityrising.org](mailto:support@feonixmobilityrising.org)

**Services:** Helps seniors find and book transportation for essential trips, like medical appointments and grocery shopping, and food pantry appointments. Scheduled and on-demand rides available. Book [online](#), via phone or with the Feonix smartphone app ("Catch-A-Ride"). 24 hour notice required. May be put on waitlist.

**Hours:** Monday - Friday 6 am - 11 pm Saturday 8:30 am - 6 pm phone support

**Fees:** Winter 2024 - grant covers fees; when grant expires — based on ride length and transportation option chosen; pay online, by phone or via app.

### **Western-Washtenaw Area Value Express (WAVE)**

**Website:** [www.ridethewavebus.org](http://www.ridethewavebus.org)

**Phone:** (734) 475-9494 Dispatch: 8 am - 4:15 pm

**Services:** Provides affordable transportation to everyone in need.

- Door-to-Door service in the Chelsea area and the Dexter school district via shared rides and standing ride appointments in accessible vehicles. Call in advance for this service.
- **Community Connector** (inter-urban express route) goes to AAATA transfer stop at Meijer on Jackson/Zeeb Road in Ann Arbor. Wheelchair lifts or ramps are available. Hop-On ride service; no reservations needed.

- **LifeLine Community Van** service is available to residents of western Washtenaw County. May be used for medical appointments, grocery shopping, pharmacy visits or general shopping. Reservations needed.
- **Stockbridge-Manchester Shuttle** operates fare-free from Chelsea to Stockbridge & Manchester via shared rides and standing ride appointments in accessible vehicles.

**Hours:** Door to door services: Monday – Friday 8 am – 4:30 pm; Community Connector Bus Service: [Maps and Schedules +](#). Stockbridge-Manchester Shuttle Monday – Friday 8 am – 4:15 pm

**Fees:** Dependent upon distance and service. Personal care attendants ride free. Discounts are available for those under 60, seniors, the disabled and students.

## **COMMERCIAL RIDE-SHARING & CAR-SHARING SERVICES**

### **GoGoGrandparent**

**Website:** [GoGoGrandparent.com](http://GoGoGrandparent.com) (also en Español)

**Phone:** (855) 464-6872 or (855) GoGo-USA 24 Hours

**Email:** [support@gogograndparent.com](mailto:support@gogograndparent.com)

**Services:** Manages screened and monitored services on-demand and scheduled such as rides via Lyft or Uber; delivery of meals, groceries and prescriptions and home services; wellness checks. Requires a touch-tone telephone or voice commands. Rides available up to 100 miles in any direction. Smartphone recommended for rides. Allows advanced and recurring scheduled ride and grocery reservations. Provides updates to designated person/s via text message.

**Hours:** 24 Hours (Rides); Monday - Friday 8 am - 9 pm (Meals) and 9 am - 10 pm (Pharmacy)

**Fees:** Four levels of monthly membership fees; may have added fees for rides or meal, grocery, and prescription delivery. Cancellation and no-show fees may apply for rides.

### **Lyft**

**Website:** [www.lyft.com](http://www.lyft.com) or [www.lyft.com/rider](http://www.lyft.com/rider) or smartphone app

**Services:** Offers Wait & Save, Standard (up to 4 riders), Shared (4 riders) or Priority Pickup rides in luxury (high-end vehicle seating 4) or extra seating (XL for 6 riders) options for rides up to 100 miles in the Ann Arbor area, including the airport. May schedule rides hours ahead of time and up to 7 days in advance. Riders must have an account with an email address and phone number. Some locations offer rentals of cars, bikes or scooters. Wheelchair Access Vehicles / Access Mode service are *not currently available in Michigan*. Apps compatible with smartphone voice features.

**Hours:** 24 Hours.

**Fees:** Fees vary by level of service, distance, traffic and demand. Offers a monthly Smart Savings Plan subscription. Payment via the app only which can be linked to major credit cards, debit cards, prepaid cards and PayPal, Apple Pay or Google Pay, Venmo or checking account. Cancellation fees may apply.

### **ModeCar.com**

**Website:** [mymodecar.com](http://mymodecar.com) and smartphone app (iOS app last updated 5 years ago)

**Phone:** (734) 707-9707

**Services:** Allows on demand and advanced reservations booking for transportation services in the Ann Arbor and Ypsilanti area. Uniformed drivers undergo background checks. Includes service to and from the airport (DTW) and non-emergency medical transportation for the ambulatory plus more.

**Hours:** 24 Hour dispatch

**Fees:** Vary by destination. All major credit cards accepted.

### **Obi (formerly *Bellhop*)**

**Website:** [www.rideobi.com](http://www.rideobi.com) for information; must use smartphone app

**Services:** Smartphone app for comparing prices of taxis, limos and ride sharing services including bikes and scooters (where available). Filter allows viewing of wheelchair accessible vehicles.

**Hours:** 24 Hours

**Fees:** No fee. Regular fees apply for using Lyft, Uber, etc.

### **RideGuru**

**Website:** [RideGuru](http://RideGuru) or smartphone app

**Services:** Price comparison tool gives accurate fare estimates and ride hailing information for companies such as Uber and Lyft or a traditional taxi or limo service in Washtenaw County. Site has general information on ride sharing and a forum for users to exchange information.

**Hours:** 24 Hours

**Fees:** No fee. Regular fees apply for using Lyft, Uber, etc.

### **Turo**

**Website:** [turo.com](http://turo.com) or smartphone app

**Services:** Search this car sharing marketplace for the geographic area desired – home or away, for available rentals. Includes towns in Washtenaw County. Results can be sorted in various ways; and it's easy to browse by make, category, or destination. Three levels of insurance available, each with liability. 24/7 roadside assistance. Full refunds with 24 hour advance cancellation.

**Hours:** 24 Hours

**Fees:** As quoted by host. Discounts may be available for weekly or monthly rentals and early bird (1 week ahead) reservations.

### **Uber**

**Website:** [www.Uber.com](http://www.Uber.com) or smartphone app (also Español and Chinese)

**Services:** Matches riders with independent drivers for local rides with up to 2 extra stops. May schedule rides 5 minutes to 30 days ahead of time. Riders must have an account with an email address and phone number. App does not require audio and is easy to use by deaf passengers. Those with low vision should enable smartphone voice services or use the wireless braille display.. [Uber Pet \(Pet Friendly Rides\)](#) available. Service animals permitted at all times with no extra charge.

**Hours:** 24 Hours

**Fees:** Fees vary depending on duration, distance, time and demand. Payment via credit or debit card, Uber Cash balance, PayPal or Venmo. Cancellation fees may apply.

### **UpHail**

**Website:** [UpHail.com](http://UpHail.com) or smartphone app

**Services:** A web tool or smartphone app which compares ride-sharing services Lyft, Uber and taxicabs (where each is available) and provides fare estimate and availability for residents of cities in Washtenaw County. No registration or login required for using the web site. Clicking on "Book It" goes to Lyft or Uber websites where an account is needed.

**Hours:** 24 Hours

**Fees:** No fee. Regular fees apply for using Lyft, Uber, etc.

### **ZipCar**

**Website:** [ZipCar.com](https://www.zipcar.com) for information and booking; smartphone app

**Services:** Access hourly, daily, weekly (14 day) car rentals available mostly on UM North and Central Campuses with a few locations downtown and on the outskirts. Vehicle must be returned to home location. Booking available through website or smartphone app. Account and smartphone app required.

**Hours:** 24 Hours

**Fees:** \$25 non-refundable application fee; monthly or yearly membership fee. Hourly or daily rates; \$0.58 per mile after 180 included miles per 24 hours; complimentary gas card; insurance included for members (\$1,000 deductible).

### **VOLUNTEER AND EMPLOYMENT OPPORTUNITIES - rev Sept 2024**

#### **Center for Workforce Inclusion (formerly *Senior Service America*)**

**Website:** [www.centerforworkforceinclusion.org](http://www.centerforworkforceinclusion.org)

**Address:** 8403 Colesville Road, Suite 200, Silver Spring MD 20910 (Note: Has office in Michigan.)

**Phone:** (301) 578-8900

**Email:** [contact@workforceinclusion.org](mailto:contact@workforceinclusion.org)

**Services:** The Center's Inclusion programs — SCSEP, SEE, ACES and others — empower workers 50+ and assist cities and employers, creating a wide-ranging positive economic impact. Programs exist to serve low-income, older job seekers with a focus on communities who traditionally underserved by workforce programs such as veterans, women, and job seekers who were formerly incarcerated.

**Hours:** Regular business hours.

**Fees:** Call for fees.

#### **Foster Grandparent Program - Washtenaw County**

**Website:** [www.washtenaw.org/782/Foster-Grandparent-Program](http://www.washtenaw.org/782/Foster-Grandparent-Program) (multiple languages)

**Address:** 415 W. Michigan Ave, PO Box 915, Ypsilanti, MI 48197

**Phone:** (734) 544-3040 Program Specialist

**Services:** Matches low-income adults 60+ with youth in various settings for 20 hours/week. The foster grandparent acts as role model, mentor and friend; s/he engages the youth in activities that develop literacy and provide emotional support. Volunteers receive a monthly stipend, training and professional development to better understand the needs of youth, transportation assistance, and a free annual medical checkup.

**Hours:** Monday - Friday 8:30 am - 5 pm

**Fees:** No fee.

#### **Jewish Family Services of Washtenaw County - GROW**

**Website:** [www.jfsannarbor.org/grow.html](http://www.jfsannarbor.org/grow.html)

**Address:** 2245 S. State Street, Suite 200, Ann Arbor MI 48104

**Phone:** (734) 769-0209

**Fax:** (734) 769-0224

**Email:** [info@jfsannarbor.org](mailto:info@jfsannarbor.org)

**Services:** Assists English and non-English speakers with employment searches, job readiness and resume preparation. Offers refugee assistance for employment and business development. Matched savings program available for educational / training goals.

- Micro Enterprise Development (MED) program offers financial literacy, business planning and technical support.
- MED SPARK offers those plus customer and employee retention best practices and access to craft fairs and markets to sell goods.
- SPARK also offers “Walk-In Wednesday” (program registration required) for guidance on the above topics, as well as hands-on help with business registration or other general consultation needs.

**Hours:** Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

**Fees:** Many services free, others based on ability to pay.

**Michigan Works! SE - Washtenaw Service Center (formerly E.T.C.S.)**

**Website:** [www.mwse.org](http://www.mwse.org) Workshop Registration

**Address:** 1201 East Ellsworth Road, Ann Arbor MI 48108

**Phone:** (734) 714-9814

**Toll Free:** (800) 285-WORK (9675)

**TTY Toll Free:** 711

**Services:** Provides job search strategies, resume & cover letter assistance; access to computers, copier, telephone and fax services. Website offers a jobs database, workshop registration, and a link to [Adult Education](#) information.

**Hours:** Mondays, Wednesdays, Thursdays and Friday: 8 am - 5 pm; Tuesdays 8 am- 7 pm

**Fees:** No fee.

**National Experienced Workforce Solutions (NewSolutions) (formerly National Older Worker Career Center)**

**Website:** [www.newsolutions.org](http://www.newsolutions.org)

**Address:** 3811 N. Fairfax Drive, Suite 900, Arlington VA 22203

**Phone:** (703) 558-4200

**Email:** [hq@newsolutions.org](mailto:hq@newsolutions.org)

**Services:** Administers the Agriculture Conservation Experienced Services (ACES) Program for the Natural Resources Conservation Service (NRCS) and for U.S. Forest Service (USFS) of the U.S. Department of Agriculture; the Senior Environmental Employment (SEE) Program for the Environmental Protection Agency (EPA); Senior Community Service Employment Program (SCSEP) in partnership with the AARP Foundation for U.S. Department of Labor and the Experienced Service Program (ESP) for the Bureau of Land Management (BLM) and the National Park Service (NPS) and the Fish & Wildlife Services (FWS) of the U.S. Department of the Interior, as well as for the Economic Research Service (ERS), National Agricultural Statistics Service (NASS), and Agricultural Research Service (ARS) of the U.S. Department of Agriculture.

Utilize its Jobs: Search <https://newsolutions.org/jobs/> database and/or contact recruiters <https://newsolutions.org/jobs/contact-a-recruiter/> for the above programs. Offers free workshops / events — register at <https://newsolutions.org/free-workshops/> or call (866) 523-4413.

**Hours:** Normal business hours.

**Fees:** Call for fees.

**RSVP (Retired and Senior Volunteer Program) - Catholic Charities of Washtenaw County (formerly Catholic Social Services)**

**Website:** [ccwcwashtenaw.org/seniors/rsvp-senior-volunteer-program/](http://ccwcwashtenaw.org/seniors/rsvp-senior-volunteer-program/)

**Address:** 4925 Packard Street, Ann Arbor MI 48108

**Phone:** (734) 971-9781 ext. 377

**Fax:** (734) 971-2730



**Email:** [rsvp@csswashtenaw.org](mailto:rsvp@csswashtenaw.org)

**Services:** Matches people 55+ with Washtenaw County non-profit agencies who need volunteers to mentor, provide tax assistance, tutor children in after-school programs, conduct friendly visits to homebound senior citizens, deliver meals and more. Also known as [AmeriCorps Seniors](#).

**Hours:** Monday - Friday 8:30 am - 4:30 pm; Saturdays by appointment.

**Fees:** No fee. Donations are welcome.

### **Senior Community Service Employment Program (SCSEP) - AARP Foundation**

**Website:** [www.aarp.org/aarp-foundation/our-work/income/scsep/](http://www.aarp.org/aarp-foundation/our-work/income/scsep/)

**Address:** 3185 Logan Valley Road, Traverse City MI 49684

**Toll Free:** (855) 850-2525 (national) Se habla Español.

**Services:** Program helps people 55+ who are unemployed and low-income find part-time work at nonprofit and public agencies to improve work skills in paid training assignments. Provides professional job placement in seeking full-time work. May also access via

- [Center for Workforce Inclusion](#)
- [National Caucus and Center on Black Aged, Inc. \(NCBA\)](#)

As of September 2024, there are opportunities for remote training in the program, although community service assignments have been temporarily suspended. You can call the Work Resources Hotline at 1-855-850-2525 to add your name to a signup list for when training assignments resume.

**Hours:** Monday - Friday 9 am - 6 pm

**Fees:** No fee.

### **Senior Environmental Employment Program (SEE/SEEP) - Environmental Protection Agency**

**Website:** [www.epa.gov/careers/senior-environmental-employment-see-program](http://www.epa.gov/careers/senior-environmental-employment-see-program)

**Services:** Provides paid temporary, part-time and full-time positions. These are clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed via organizations that administer the SEE Program:

- [Center for Workforce Inclusion](#)
- [National Association for Hispanic Elderly](#) (ANPPM)
- [National Asian Pacific Center on Aging \(NAPCA\)](#)
- [National Caucus and Center on Black Aged, Inc. \(NCBA\)](#)
- National Experienced Workforce Solutions, Inc.
  - <https://newsolutions.org/programs/see-program/>
- [National Older Worker Career Center, Inc. \(NOWCC\)](#)

### **Volunteer Center - United Way for Southeastern Michigan (was: of Washtenaw County)**

**Website:** [unitedwaysem.org/get-involved/volunteer/](http://unitedwaysem.org/get-involved/volunteer/)

**Address:** AA Location — 2305 Platt Road, Ann Arbor MI 48104

**Phone:** 211 (313) 226-9200 (734) 971-8200

**Email:** [LiveUnited@UnitedWaySEM.org](mailto:LiveUnited@UnitedWaySEM.org)

**Services:** Provides volunteers to help the community. Sign up for Volunteer Newsletter to see new opportunities.

**Hours:** Website 24 Hours Office Monday - Friday 8 am - 4:30 pm

**Fees:** No fee.

### **VolunteerMatch**

**Website:** [www.volunteermatch.org](http://www.volunteermatch.org)



**Services:** A database of opportunities available locally — **in-person** or virtually. Define skills and areas of interest to search. Create free account to save information for future searches.

**Hours:** 24 Hours

**Fees:** No fee.

**VolunteerMichigan - Michigan Community Service Commission (MCSC)**

**Website:** <https://michiganvolunteers.org/> or <https://www.volunteermichigan.org/>

**Services:** Programs of the MCSC, Search or browse by cause, explore Michigan nonprofits by name, and browse by ways to volunteer or volunteer centers. Share your interests and receive requests from nonprofits or browse and apply to open projects, consultation needs or board and committee positions. Contact is via web form or registration.

**Hours:** 24 Hours

**Fees:** No fee.