



# Protect children from Sexual Assaults

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### To Protect you children from Sexual Assaults you must teach them:

- Most grown-ups are nice to kids and care about what happens to them. But every now and then there are grown-ups who try to touch a child in a way that is not okay. It might be a person you know and trust, like a relative, teacher or neighbor or it could be a stranger in the park.
- That their body belongs to them. Parents you need to empower your children. Give them the right to say no...I do want to do that.
- Tell them that "No one has the right to touch you, if you don't want them to". That includes teachers, grandparents, uncles and aunts, mom, dad ....everyone!
- Tell them that "there are places on your body that are private, like the places your swimming suit covers. An adult should not try to touch you there, unless it's the doctor and your parent is in the room with you".
- Teach them to trust their feelings. If something feels funny or wrong to you, YOU CAN SAY NO. It is good to say no to an adult who tries to do something that is wrong.
- Let them know that they must tell your parents or someone you trust what happened, even if the person said it was a secret or that they would hurt you or someone else if you told. Parent you must believe your children.
- Let them know that If someone does something to you that is wrong, they may tell you it is a special secret or make you promise not to tell. TELL! It is absolutely okay to break this kind of promise. The person who made you promise knows that they are doing something very wrong.
- Tele them to keep telling until someone listens. You can tell you parents, a teacher, your principal, the school nurse. Some adults do not know what to do when a young person tells them about sexual abuse. An adult may tell you not to talk about it or to forget it. They may even accuse you of making up stories. Don't give up. Keep telling until you find someone to tell who will help. The adult who gave you this paper cares about you. She or he might be a good person for you to talk to.

- Tell someone you trust even if the person said it was a secret or that they would hurt you or someone else if you told.
- Remember, adults and older kids should: Never ask you to keep a secret about touching.
- No one should ever ask you to touch them anywhere private.
- No one should reach under your clothes or try to get you to take off your clothes.
- No one should ever ask you to take off their clothes.
- No one should ever try to take pictures of you without your clothes.
- No one should ever ask you to touch yourself or other kids anywhere private.
- Remind them that if something did happen that they will not get in trouble for telling.
- Re assure them that you love them