



Ann Arbor Senior Center

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Abbey Road Live Camera

Live cam of Abbey Road, made famous by the Beatles. Watch the hilarity ensue as tourists stop traffic in order to emulate the scene.

<https://www.abbeyroad.com/crossing#crossing-hof>

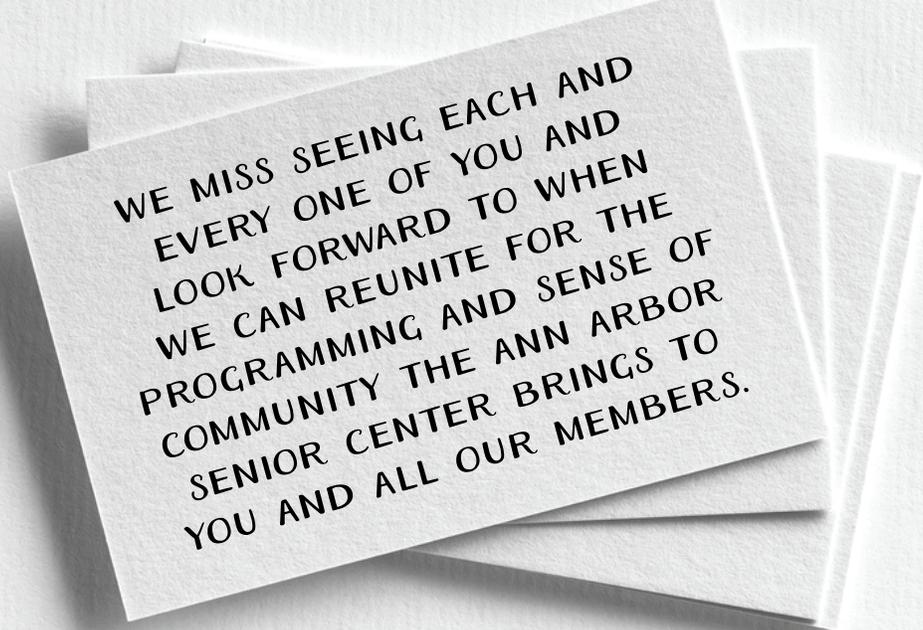


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ART IN THE COMMUNITY: ANN ARBOR ART CENTER ART CHALLENGE

We are in awe of these imaginative illustrations that incorporate simple household objects. Make a game of it and grab the closest small object next to you and use it to inspire a five-minute masterpiece. https://www.annarborartcenter.org/the-incredible-art-challenge/?goal=0_4fc5c854c8-5be73a5507-237162669&mc_cid=5be73a5507&mc_eid=b634dc0d6c

WATERCOLOR BLOOMS AND BASICS

Have you always been interested in watercolors but don't know where to start? Join the Ann Arbor Art Center as you go through some basic, easy to follow techniques for watercolor beginners. <https://www.youtube.com/vangoghmuseum>

SOCIAL GAMES: CHESS AT HOME

If you're passionate about chess or even if you're just starting to learn the game, www.chess.com offers a variety of options for you to play online chess or join a tournament; play chess via Facebook or against the computer generated opponent. <http://www.pogo.com/games/scrabble>

FREE ONLINE MEMORY AND CONCENTRATION GAMES

Memozor games provide intellectual stimulation, help prevent cognitive decline, improve memory and they're fun! www.memozor.com

FITNESS: FREE ONLINE WORKOUTS

New to exercising at home? Learn how to warm up before you exercise, increase strength and flexibility and improve posture and balance while watching these demonstration videos. <https://www.seniorexercisesonline.com/>

TOP FIVE YOUTUBE FITNESS CHANNELS FOR SENIORS

YouTube is now a gym alternative! Here's a few of the top fitness channels for seniors. <https://living.medicareful.com/5-great-youtube-fitness-channels>

WELLNESS AND ENRICHMENT: STORY POINT SENIOR LIVING LIVE CONCERTS

Enjoy a live country music performance Thursday, May 21, 2-3 p.m. as Story Point presents northwest Indiana country artist, Jonny James. Visit <https://www.facebook.com/StoryPointSaline/>

WATCH PEREGRINE FALCON CHICKS LIVE ON CAMERA

Newly hatched Eyasses have been stealing our hearts on Raptor Resource Project's Peregrine Falcon cam! A little over a week old, the chicks have been eager to grow and interact with their parents, Nova and Newman. https://explore.org/livecams/raptor-resource-project/peregrine-falcon-cam?utm_medium=email&utm_campaign=Meet%20the%20Peregrine%20Falcon%20Chicks&utm_content=Meet%20the%20Peregrine%20Falcon%20Chicks+CID_8b8c437008fdf678a918aa5dcc4382a2&utm_source=Campaign%20Monitor&utm_term=Peregrine%20Falcon%20cam