1. ADULT DAY SERVICES
Chelsea Senior Center Ease the Day Program.............734-475-9242
Dottie Crim Adult Day and Education Center.............734-429-1155
Huron Valley PACE........................................734-572-5777
Memory Support Center at Brecon Village..............734-295-9811
Silver Cliff........................................734-998-9352

2. CAREGIVER SERVICES
AgeWays Nonprofit Senior Services.....................800-852-7795
Caregiver Assessment, Respite, Education & Support (CARES) (JFS)........................................734-769-0209
Silver City Aging Programs................................734-998-9352
Washtenaw Intersected Senior Experience (WISE) (JFS)........................................734-436-4231
Washtenaw Support Network for Caregivers.............734-764-6831

3. CARE MANAGEMENT/CARE COORDINATION
AgeWays Nonprofit Senior Services.....................800-852-7795
Jewish Family Services (JFS)................................734-769-0209

4. HOME MAINTENANCE/REPAIR/SAFETY
CSSW Home Maintenance Services........................734-971-9781
Habitat for Humanity Critical Repair Program............734-263-2317
OCED Home Weatherization Program.....................734-544-3008
WC Dept. of Health and Human Services (DHHS)........734-481-2000

5. COUNSELING/MENTAL HEALTH SERVICES
CSSW Behavioral Health Services........................734-971-9781
NAMI Washtenaw County................................734-994-6611
Thrive Counseling/Jewish Family Services (JFS)........734-436-4249
Trinity Health JHA Psychiatry and Counseling.............734-593-5251
U-M Psychiatric Emergency Services (WISE) (JFS)........734-936-5900
WC Community Mental Health.............................734-544-3030

6. EDUCATION
American Association of Retired Persons (MI Office)...............866-227-7448
Emeritus Scholarship Program (WCC)......................734-973-3543
Enrichwave..................................................734-481-2980
Osher Lifelong Learning Institute (OLLI)....................734-998-9351
Senior Focus (WCC).........................................734-667-5060
Washtenaw Literacy ........................................734-337-3338

7. ELDER ABUSE/DOMESTIC VIOLENCE
Michigan Elder Abuse Hotline..............(toll-free) 855-444-3911
CSSW Domestic Violence and Anger Management........734-971-9781
CSSW Senior Services Department........................734-971-9781
SafeHouse Ctr (Domestic Violence/Sexual Assault).......734-995-5444
Senior Resource Connect Good Neighbor Training:
visit us at SeniorResourceConnectMI.org for our online searchable resource directory.

8. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)
Aid in Milan..................................................734-439-8420
Community Mental Health................................734-544-3050
CSSW Northside Food Pantry................................734-662-4462
Food In Action (Dexter & Chelsea School Districts)....734-475-3305
Friends in DeeDee............................................734-484-4357
Hope Clinic..................................................734-484-2989
House by the Side of the Road..........................734-769-4085
Housing Support for Washtenaw County (HAWC)........734-961-9261
JFS Food Pantry & Clothing Programs.....................734-769-0209
Manchester Community Resource Center (CRC)...........734-428-7722
National Suicide Prevention Hotline.....................988
Northfield Human Services.................................734-492-1717
Saline Area Social Services...............................734-429-4570
Salvation Army Family Store & Donation Center.........734-332-3948
Salvation Army Ann Arbor................................734-688-8353
Shelter Association of Washtenaw County...............734-662-2829
S.O.S. Community Crisis/Life Line............................734-485-0005
U-M Psychiatric Emergency Services 24-hr Crisis Ctr..734-936-5900
Washtenaw County Dept of Health & Human Services.....734-481-2000

9. FOOD PANTRIES/GROCERIES
Delivery Available
Aid in Milan Pantry on Wheels.............................734-439-8420
Bryant Community Center................................734-477-0292
CSSW Northside Food Pantry................................734-662-4462
Food Gatherers..............................................734-761-2796
Huron Valley PACE........................................734-572-5777
Soup Kitchen...............................................734-764-6835
Saline Area Social Services...............................734-429-4570
Salvation Army..............................................734-488-9945
Visit www.foodgatherers.org/foodresources for a complete list of food resources

10. FORECLOSURE INTERVENTION
Housing Bureau for Seniors................................734-998-9339
Legal Services of South Central Michigan.................734-665-6181
MSU Extension Housing Counselors........................734-222-9595
Washtenaw County Treasurer (tax foreclosure)..........734-222-6600

11. GRANDPARENTS & KINSHIP CARE SUPPORT
CSSW Grandparents Raising Grandchildren (GRG)........734-971-9781
MSU Kinship Care Resource Center......................800-535-1218

12. HEARING & SPEECH IMPAIRMENT
Deaf & Hearing-Impaired Services......................248-473-1888
Deaf Health Clinic/Michigan Medicine..................734-426-7296
Dexter Speech and Language Therapy......................734-227-6914
Lions Hearing Center of Michigan........................71-887 6640

13. HOME HEALTH CARE
Chelsea Hospital.........................................734-593-6000
EHN Senior Solutions (Shared Services)...................734-222-4037
HospiceCare of Washtenaw................................734-433-1000
Trinity Health At Home....................................855-559-7178
(Also see listings in Yellow Pages under “Nurses” or “Home Health”)

14. HOSPICE
Angela Hospice.........................................734-464-7810
Arbor Hospice...........................................734-662-5999
Trinity Health At Home....................................888-559-7178

15. HOUSING INFORMATION
Ann Arbor Housing Commission............................734-794-6720
Housing Access for Washtenaw County (HAWC).........734-961-1999
Housing Bureau for Seniors................................734-998-9339
Housing Access for Seniors................................734-961-1999

16. INFORMATION, REFERRAL & RESOURCE ADVOCY
AgeWays Nonprofit Senior Services.....................800-852-7795
CSSW Senior Services Resource Advocacy..............734-971-9781
Disability Network Washtenaw Monroe Livingston....734-971-0277
ElderCare Locator........................................734-971-8200 (from cell)

17. LEGAL SERVICES
Dispute Resolution Center................................734-794-2125
Legal Resource Center at EMU.............................734-994-0160
Legal Services of South Central Michigan.................734-665-6181
Michigan Advocacy Program Elder Justice Initiative.....734-665-6181
Washtenaw Bar Association Lawyer Referral............734-996-3229

18. MEALS
Group Meal Sites........................................734-971-8200 (from cell)

OCED Senior Nutrition Program
Visit www.foodgatherers.org/foodresources for a complete list of food resources
Call Catholic Social Services of Washtenaw County (CSSW) at 734-971-9781 or visit us at SeniorResourceConnectMI.org for our online searchable resource directory.

18. MEALS (continued)
- Curbside Meal Pickup
  Hope Clinic .................................734-480-9575
- The Breakfast Program @ St. Andrews, 734-663-0518 Ext 206

19. MEDICAL SERVICES
- Dental
  Hope Dental Clinic ..........................734-480-9575
  University of Michigan School of Dentistry 734-998-9640
- Geriatric Health Assessment
  Hope Medical Clinic .......................734-481-0111
  Trinity Health Senior Primary Care ....734-712-5189
  U-M Turner Geriatric Clinic ..............734-764-6831
  Washtenaw Internal Medicine 734-528-5700
- Health Services
  Chelsea Hospital ................................734-593-6000
  Hope Clinic ..................................734-484-2969
  Huron Valley PACI ..........................734-572-5777
  "Lifeline" (Medical Alert System) ....655-681-5351
  Medical Loan OaL (Sanitarian Lutheran Church) 734-482-9121
  Packard Health (Main) ......................734-971-1073
  Trinity Health Baub Building ..............734-547-7977
  Trinity Health IHA Medical Group ......734-712-1300
  Trinity Health Saline ......................734-977-0013
  U-M Turner Geriatric Clinic ..............734-764-6831
  Veteran Affairs A2 Healthcare System (V.A.) 734-769-7100
  Washtenaw County Health Department 734-544-6700

20. MEDICARE/MEDICAID HELP & INFORMATION
- CSSW Resource Advocacy Program ........734-971-7981
- Medicaid Beneficiary Helpline ..........734-602-3195
- Medicare ........................................734-603-2422
- Michigan MAP (MI Medicare Assistance Program) ..80-803-7174
- Washtenaw County DHHS .................734-481-2000
- Washtenaw Health Project .................734-544-3030

21. NURSING HOMES & INFORMATION
- Brio Senior Living Services ..........734-808-3610
- EHM Evangelical Homes (Saline) ....734-482-9121
- Gilbert Residence .........................734-482-9498
- Glacier Hills Care & Rehabilitation Center 734-769-6410
- Housing Bureau for Seniors .............734-998-9339
- Michigan Department of Children, Family, and Complaint Intake Unit ..........800-882-6006
- Michigan Long-Term Care Ombudsman ..866-485-9393

22. PET ASSISTANCE
- Friends For Life (HSHV) 734-661-3550
- Michigan Prescription Drug Discount Card (MIRx) ...800-642-3195
  (Press 2, then 1)
- Packard Health (Main) ......................734-971-1073
- Washtenaw Health Project .................734-544-3030

23. PHYSICAL FITNESS
- (See also your local Senior Center)
- Ann Arbor YMCA ................................734-996-9622
- Chelsea Wellness Center .................734-214-0220
- Dexter Wellness Center ..................734-580-2500
- Saline Recreation Center .................734-429-3502
- Trinity Health Women's Health Center ...734-712-5800
- U-M Turner Senior Resource Center ....734-998-9353
- Washtenaw County Community College 734-975-9950
- Washtenaw County Parks and Recreation 734-971-6337

24. RESPIRATORY CARE
- AgeWays Nonprofit Senior Services 800-852-7795
- Brecon Village ..............................734-429-1155
- Chelsea Community Center Ease the Day Program 734-475-9242
- CSSW Volunteer Caregiver Program ..................734-971-7981
- JFS .............................................734-769-0209
- MI Choice Waiver Program ..............734-213-7604
- Silver Maples Retirement Communities 734-475-4118
- Washtenaw Support Network for Caregivers 734-998-9352

25. SENIOR CENTERS
- For complete senior center info see website: SeniorResourceConnectMI.org

  Ann Arbor Senior Center ..................734-794-6250
  Chelsea Senior Center ....................734-426-7737
  Dexter Senior Center .....................734-426-7737
  Jewish Community Center .................734-971-0990
  Lincoln Golden Ages ......................734-483-8366
  Milan Seniors for Healthy Living ........734-508-6229
  Northfield Township Community/Senior Center 734-449-2295
  Pittsfield Township Senior Center ....734-822-2117

26. SENIOR SUBSTANCE ABUSE
- Addiction Treatment Services (U-M) ..1-800-525-5188
- Alcoholics Anonymous Helpline ........734-482-5700
- Chelsea Hospital Behavioral Health 734-593-5200
- Chelsea Hospital Behavioral Health –
  Clocktower Clinicals 734-593-5251
- CSSW Behavioral Health Services ........734-971-7981
- CSSW Get Connected ....................734-971-9781
- Dawn Farm (Spera Recovery Center) ....734-669-8265
- Families Against Narotics ...............734-710-9739
- Home of New Vision .......................734-975-1602
- Washtenaw ACCESS Helpline ..........734-544-3050
  (24hr Crisis Line): 800-886-7340

27. SOCIABLE ADMINISTRATION
- Social Security Administration: National Office 800-772-1213

28. SUPPORT GROUPS
- (See also your local Senior Center)
- Al-Anon .......................................800-955-4949
- Alzheimer’s Association 24/7 Helpline ..734-602-3195
- Arthritis Foundation (Michigan Chapter) 248-694-2891
- CSSW Grandparents Raising Grandchildren (GRG) 734-971-7981
- Jewish Family Services (JFS) ..............734-769-0209
- National Parkinson’s Foundation ........800-473-4636
- U-M Turner Geriatric Clinic:
  Caring for Aging Relatives, Caring for Your Mate,
  Diabetes, Living with Loss, Staying Smoke Free ..734-688-6381
  For additional support groups visit SeniorResourceConnectMI.org

29. TAX ASSISTANCE
- American Association of Retired Persons (MI Office) ..866-227-7448
- Housing Bureau for Seniors .............734-998-9339
- St. Francis of Assisi Tax Help ..............734-385-6308
- U-M Law School Low Income Tax Clinic 734-936-3535
- United Way Tax Clinic (VITA) .............517-258-1447

30. TRANSPORTATION
- AARP Ride @50+ ..........................844-900-4892
- Ann Arbor Transportation Authority (Info Line) ....734-973-6500
- Freedom Road ..................................248-232-1259
- HVA Mobility Transportation (Wheelchair Vans) ..734-994-4111
- Jewish Family Services (JFS) ..............734-769-0209
- Manchester Area Senior Citizens Council, Inc. 734-385-6308
- Milan Seniors for Healthy Living ..........734-508-6229
- Night Ride and Holiday Ride (AAATA) ....734-528-5432
- People’s Express .........................217-807-6103
- The WAVE (Western Washtenaw Area Value Express) 734-475-9494

31. VETERANS
- Michigan Alliance Partners ...............734-975-6880
- Michigan Veterans Affairs Agency ........1-800-642-4838
- OLHSA Housing .........................517-546-8500
- National Guard Family Assistance Center ..517-990-1155
- National Guard Transition Assistance Advisor 734-508-6229
- Veteran Affairs A2 Healthcare System (V.A.) 734-769-7100
- Washtenaw County Veteran Affairs ......734-973-4540

32. VISION IMPAIRMENT
- Greater Detroit Agency for the Blind 313-272-3900
- Kellogg Eye Center (U-M) ..................734-764-4190
- Lions of Michigan Foundation .............734-887-6640
- Michigan Bureau of Services for Blind Persons 313-456-1646
- The Visually Impaired Information Center 734-471-6090
- Washtenaw Library for the Blind and Print Disabled ..734-327-4224

33. VOLUNTEER OPPORTUNITIES
- CSSW RSVP (Retired & Senior Volunteer Program) ..734-971-7981
- Hospice of Michigan Volunteer Program ..........888-247-5701
- Jewish Family Services (JFS) ..............734-769-0209
- OCED Foster Grandparent Program ........734-544-3040
- United Way of Southeastern Michigan ..........734-971-8200

34. WEBSITES
- www.SeniorsResourceMI.org
  Senior Resource Connect .................SeniorResourceConnectMI.org
  Catholic Social Services of Washtenaw County ........cssw.michiganloanclosets.us/washtenaw
  AgeWays Nonprofit Senior Services ........ageways.org
  GetSetUp Virtual Programs ..............GetSetUp.org
  Michigan Senior Planet ..................MichiganSeniorPlanet.org
  Low-Cost Medical Equipment .............michiganloanclosets.us/washtenaw

2024 Senior Resource Directory for Washtenaw County

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