

LONG PANTS
TALL SOCKS
BOOTS OR SHOES
LAYERED CLOTHING

WHAT TO WEAR

TO A NAP WORKDAY



Be prepared!

Make it easier to avoid nature's hazards by wearing:

LONG PANTS
TALL SOCKS
BOOTS OR SHOES
LAYERED CLOTHING



Also recommended: water bottle, sunscreen, bug spray, hat.



Nature happens! At a NAP workday, you may encounter these hazards:

CUTS, BITES, AND RASHES

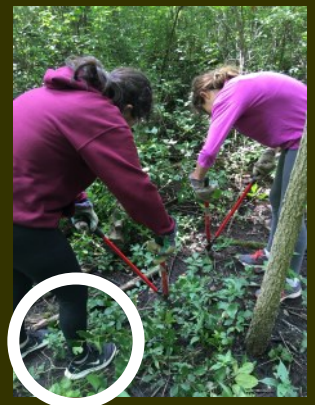
- Thorns
- Brush
- Poison ivy
- Ticks
- Mosquitoes

WEATHER

- Direct sun
- Wind
- Rain
- Mud
- Snow
- Freezing temps

TRIPS AND FALLS

- Uneven ground
- Exposed roots
- Rocky trails
- Steep hills
- Fallen trees
- Dense brush



Be like this volunteer: cover those ankles!!