What to Wear to a NAP Workday

Long pants
Tall socks
Boots or shoes
Layered clothing

Cuts, bites, and rashes
- Thorns
- Brush
- Poison ivy
- Ticks
- Mosquitoes

Weather
- Direct sun
- Wind
- Rain
- Mud
- Snow
- Freezing temps

Trips and Falls
- Uneven ground
- Exposed roots
- Rocky trails
- Steep hills
- Fallen trees
- Dense brush

Nature happens! At a NAP workday, you may encounter these hazards:

Be prepared!
Make it easier to avoid nature’s hazards by wearing:

Long pants
Tall socks
Boots or shoes
Layered clothing

Also recommended: water bottle, sunscreen, bug spray, hat.

Be like this volunteer: cover those ankles!!